

SOUTH AFRICAN SPORTS CONFEDERATION AND OLYMPIC COMMITTEE



WE RUN FOR AFRICA

DAKAR 2026

FLAME TOUR

12 SEPTEMBER 2026



NELLMAPIUS COMMUNITY GROUND



Khotso Mokoena, SASCOC Board Member with a short word of motivation.



Gert Potgieter, Executive Director of Altus Sport did the welcoming word and Patience Shikwambana, Chief Executive Officer at SASCOC delivered the closing word.

Strengthen Olympic values and build anticipation for the Dakar 2026 Youth Olympic Games.



Lwazi Mabona and Dudu Gama from Altus Sport giving a short explanation of the significance of fire / the flame.
Right is Neo Molai from SASCOC as well as two participants.

ACTIVITIES!

1883 km

CORE ACTIVITY

Running for the flame 80km

Mix-it-up Relay Race 216km

Streetsoccer tournament 272km

Touch Rugby tournament 272km

FUN KIT

Colouring sheets 121km

Dakar Word Hunt 242km

ART & CULTURE

Racing with Rhythm 204km

Dance of Transmission 204km

SUSTAINABILITY

Seeds of the Future 68km

From Nature to Art 68km

FUTURE THINKING

Future Skills Badge 136km

Number of children: Colouring/word hunt TOTAL 1210 (617 girls 593 boys)

Number of children: Flame tour event TOTAL 136 (74 girls 62 boys)

Educators/Youth Leaders TOTAL 77 (63 female 14 male)

Schools reached: 21







CORE ACTIVITIES

1. RUNNING FOR THE FLAME

Torchbearers Khotso Mokoena,
Board Member of SASCOC and Dudu
Gama, Youth Sport Leader from Altus
Sport.











3. FLAME TOUR TOURNAMENT STREETSOCCER





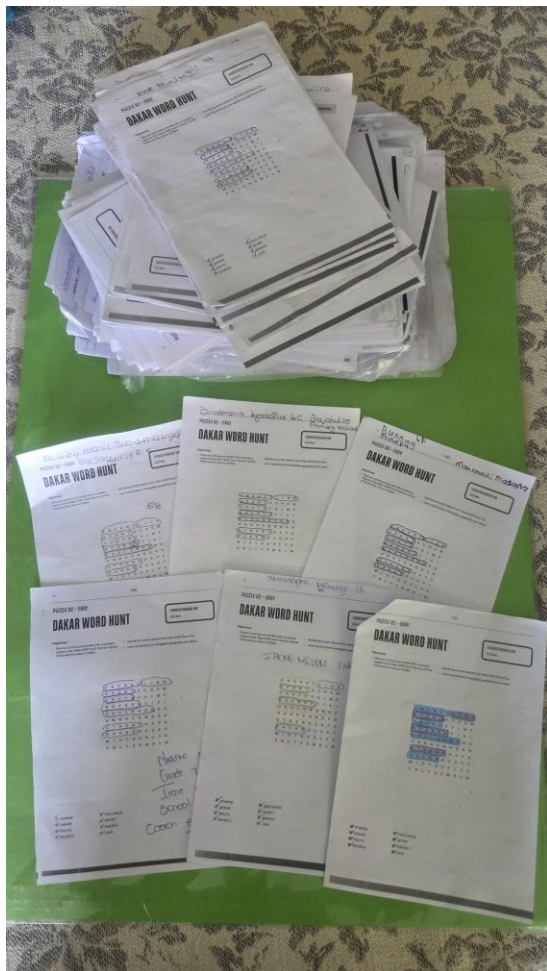


4. FLAME TOUR TOURNAMENT TOUCH RUGBY





FUN KIT



COLOURING SHEETS



DAKAR WORD HUNT



ART & CULTURE



1. RACING WITH RHYTHM



2. DANCE OF TRANSMISSION



SUSTAINABILITY



1. SEEDS OF THE FUTURE





2. FROM NATURE TO ART





FUTURE THINKING



1. FUTURE SKILLS BADGE







CERTIFICATES



Our thoughts would be in Dakar with our Olympic athletes.
Here we have lit the flame of Olympism to burn within each and every one of us.
We will strive for positive values, build friendships, be active and have fun!





THIS EVENT WAS PRESENTED BY ALTUS SPORT IN PARTNERSHIP WITH SASCOC

A big thank-you to all who made this day possible:



- Lyborn Mudau for always going out of his way to assist.
- City of Tshwane for the venue.
- Youth Sport Leaders – you put effort into your stations and made it fun for the kids. Thanks for being there from set-up to pack-up.
- Spar Silver Oaks for the delivery of the lunch.
- Sam and Zi – setting up and packing away – luckily you could skip one gym session! Thanks!
- Special word of thanks to Khotso Mokoena and Gert Potgieter, both former Olympians, giving their time and enthusiasm – much appreciated.
- SASCOC marketing team – you made the day comfortable!
- SASCOC team thanks for your assistance and energy.
- Last but not least – SASCOC for offering us this partnership and without you the event would not be financially possible.



Toolkit produced by the International Olympic Committee and the Olympic Foundation for Culture and Heritage
Thanks, it made it easy to setup the event!