



## Youth with A Mission DR Congo

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| <b>Name of lead applicant</b> | Youth With A Mission DR Congo “ YWAM DRC”  |
| <b>Project title</b>          | Empowerment training for Women victims of conflict   |
| <b>Place of execution</b>     | Uvira city   |
| <b>Duration of action</b>     | 7 months.  |
| <b>Project cost</b>           | USD 10 000   |
| <b>Our Information</b>        | <p>E-mail: <a href="mailto:ywamdrcongo@gmail.com">ywamdrcongo@gmail.com</a> ,<br/><a href="mailto:fahamuzihi2007@yahoo.fr">fahamuzihi2007@yahoo.fr</a> , <a href="mailto:jonni05@aol.com">jonni05@aol.com</a> ,</p> <p>Facebook: Youth With A Mission D.R Congo<br/><a href="https://www.ywamdrcongo.com/index.html">https://www.ywamdrcongo.com/index.html</a></p> <p>Account Name: YOUTH WITH A MISSION-RD CONGO- ASBL<br/>Account number: 1275-3018217-00-80<br/>CODE SWIFT: TRMSCD3L<br/>Bank name: TRUST MERCHANT BANK S.A.</p> |

## I. Overall context

The town of Uvira, located in the South Kivu province of the Democratic Republic of Congo, faces several challenges, particularly regarding the situation of children and women, as well as flooding. Women and children in Uvira are particularly vulnerable to domestic violence. Because cultural and social norms, as well as power imbalances between the sexes, contribute to perpetuating this problem. Domestic violence has devastating consequences on the physical and mental health of victims, and is often underreported due to stigma and fear.

As in the entire eastern part of the country, South Kivu, Uvira has been the scene of armed conflicts and violence for many years. These conflicts have devastating consequences on civilians, particularly women and children, who are often victims of sexual violence and forced displacement. Armed conflicts also impact access to education, health care and livelihoods.

Children in Uvira face many challenges, including poverty, lack of access to education and health care, and risks related to armed conflict and population displacement. Many children are forced to work from a young age to contribute to their family's needs, compromising their access to education and a better future.

Women in Uvira face similar challenges, with high levels of poverty, gender-based violence and discrimination. Women often face barriers to accessing education, health care and economic opportunities, limiting their ability to provide for their families and achieve their full potential.

Uvira also faces flooding problems, particularly during rainy seasons. Floods are often caused by torrential rains and rising water levels in Lake Tanganyika, leading to population displacements, material losses and risks to public health. The floods have a negative impact on the infrastructure, homes and livelihoods of the inhabitants of Uvira.

So, as UN agencies and international organizations refer to in their following reports: “Human Rights Watch. (2021). Democratic Republic of Congo. <https://www.hrw.org/africa/democratic-republic-congo>”, “UNICEF. (2021). Democratic Republic of the Congo. <https://www.unicef.org/drcongo/en>” and “UN Women. (2021). Democratic Republic of the Congo. <https://africa.unwomen.org/en/countries/drcongo>”; The city of Uvira faces several challenges, particularly regarding children and women. It is crucial to put in place measures to improve access to education, healthcare and economic opportunities for children and women, while strengthening the city's resilience to flooding and other environmental challenges. .

## II. Presentation of the applicant structure

Created in 2014, YOUTH WITH A MISSION D.R.CONGO, YWAM D.R.C is an organization of YWAM International. Based in the city of Uvira in the Kivimvira district along the road leading to Bujumbura, it pursues various missions within its ministries or departments for the benefit of the community in the city of Uvira and in the villages and localities of the Territory of Uvira.

Aware that as they grow up, young people need to be surrounded by men and women who are filled with wisdom, and that they must be edified in good and great values, in order to build and develop a

nation responsible for towards itself and responsible towards others, without distinction or discrimination of any kind;

Given that the fundamental values of the human person and those of a society are in decline in our current societies;

Considering that the rise or fall of a society's future is determined by the moral principles and attitudes of its youth;

Convinced that the family is a sphere of influence in our society and that it needs to be solid and stable;

In order to pay particular attention to each person placed in front of us, and at our side every day, with the aim of showing them love towards their neighbor, so that each person is reconciled with themselves, with others and with their nation ;

The essential vision of YOUTH WITH A MISSION – R.D. CONGO, (YWAM –R.D. Congo) a.s.b.l includes various disciplines:

- For youth: helping young people grow in great human values and consciousness,
- The creation of schools and technical and practical training, refresher seminars, periodic seminars for local committees and local communities (leaders, women, young people, children, schools) and community development. Support the education of orphans through school fees and clothing.
- For mutual aid activities or works: assisting vulnerable people, creating health structures, providing aid to orphans, widows, vulnerable children, etc.

### III. Project rationale

The Kavimvira women's empowerment project carried out by YWAM DRC through its national base in Uvira is crucial for several reasons. First of all, the targeted women are among the most vulnerable in the region, facing domestic violence, the consequences of armed conflicts and natural disasters such as floods and rising waters in Lake Tanganyika. These women often have limited access to education, health care and livelihoods, compromising their well-being and that of their families.

By offering literacy upgrading, technical training in soap making and capacity building in production unit management, the project aims to empower these women by giving them the skills necessary to generate a stable income and improve their conditions. of life. Soap making training, in particular, is a valuable skill in the region, providing employment and business development opportunities.

The provision of free weekly rations to the households of these women beneficiaries is essential to ensure their participation in the training. As heads of household, these women often have the responsibility of providing for their families, and food support will help them focus on their education without having to worry about their family's food security.

Finally, the distribution of nutritious porridge to malnourished children under 10 years old aims to improve their health and well-being. Malnutrition is a widespread problem in the region and has a devastating impact on the health and development of children. By providing nutritious food, the project helps reduce the harmful effects of malnutrition and improve the quality of life of children.

In sum, this project is a vital response to the challenges faced by women and children in Kavimvira, by providing opportunities for economic empowerment, improved health and well-being, and capacity building for women to contribute positively to their community.

#### IV. the project's objectives

##### a. Primary objective :

Empower 20 vulnerable women from Kavimvira in Uvira through education, vocational training and access to nutritious food resources to improve their economic and social well-being.

##### b. Specific objectives :

- Provide quality technical soapmaking training to 20 women, strengthening their skills and enabling them to establish their own businesses.
- Contribute to improving the health and well-being of 300 malnourished children under 10 years old by distributing nutritious porridge.
- Raise community awareness of health and nutrition issues, putting in place sustainable mechanisms to support these efforts in the long term.

#### V. Planned activities:

1. Organization of practical and theoretical training sessions in soap making, covering aspects of manufacturing, business management and marketing.
2. Individual support for participants to develop a solid and viable business plan for their future soap business.
3. Establishment of post-training follow-up to provide ongoing support to women in starting and managing their businesses, helping them to overcome obstacles encountered.
4. Identification of malnourished children under 10 years old through a nutritional assessment.
5. Weekly distribution of nutritious porridge adapted to the nutritional needs of children, ensuring their regular medical monitoring.
6. Raising awareness among parents and caregivers on good dietary practices and the importance of a balanced diet for children's health.
7. Organization of information and awareness sessions on health and nutrition issues, with emphasis on disease prevention and promotion of healthy eating.
8. Training community members, including local leaders and women, to become agents of change and relay awareness messages.
9. Establishment of community health committees to ensure the continuity of awareness-raising activities and monitoring of food and health practices in the community.

## VI. Expected results

1. The 20 women beneficiaries acquired the necessary soap making and business management skills to effectively start and manage their own businesses.
2. The women developed a viable business plan for their soap business, demonstrating their understanding of management and marketing principles.
3. Post-training follow-up is in place to support women in starting and managing their businesses, thus guaranteeing their long-term economic autonomy.
4. The 300 malnourished children benefit from an improvement in their nutritional status thanks to the regular distribution of nutritious porridge.
5. Children are subject to regular medical monitoring to assess their nutritional progress and overall health.
6. Parents and caregivers of children are made aware of good dietary practices and understand the importance of a balanced diet for children's health.
7. Community members are made aware of health and nutrition issues, resulting in positive behavioral changes regarding diet and health.
8. Change agents are identified and trained within the community to continue to raise awareness and promote good food and health practices.
9. Community health committees are established to ensure the sustainability of awareness efforts and to monitor dietary and health practices in the community.

## VII. Partnerships:

The project will be implemented in partnership with local authorities, local organizations, financial institutions and civil society actors, in order to guarantee a lasting impact and successful integration of beneficiary women into the local economy.

## VIII. Implementation methodology:

### 1. Identification and selection of beneficiaries:

- Identification of the most vulnerable women affected by domestic violence, armed conflicts, floods, and rising water levels in Lake Tanganyika.
- Assessment of the specific needs of each woman to adapt training to their individual needs.

### 2. Technical training in soap making:

- Recruitment of a qualified soapmaking trainer.
- Organization of theoretical and practical training sessions.

- Individual monitoring of participants to ensure understanding and assimilation of the skills taught.

### 3. Capacity building in production unit management:

- Training on financial management, product marketing and record keeping.
- Support in developing a personalized business plan.

### 4. Distribution of food rations:

- Identification of household nutritional needs.
- Weekly distribution of food rations adapted to the specific needs of beneficiaries.

### 5. Distribution of nutritious porridge to malnourished children:

- Identification of malnourished children under 10 years old.
- Weekly distribution of nutritious porridge and regular medical monitoring.

### 6. Community Awareness:

- Organization of awareness sessions on health, nutrition and the importance of informal education.
- Training of change agents within the community to ensure the sustainability of awareness efforts.

### IX. Chronogram:

- Month 1: Identification and selection of beneficiaries, recruitment of the soapmaking trainer.
- Month 2: Theoretical and practical training in soap making, start of distribution of food rations.
- Month 3: Training in production unit management, individual monitoring of beneficiaries.
- Month 4: Finalization of training, development of business plans, continued distribution of food rations.
- Month 5: Continuous distribution of food rations, medical monitoring of malnourished children.
- Month 6: Community awareness, training of change agents, establishment of community health committees.
- Month 7: Monitoring and evaluation of results, necessary adjustments, project closure.

### X. Project alignment with the SDGs

This project aligns with the UN Sustainable Development Goals (SDGs) in several ways:

**SDG 1: No poverty** - By offering technical training in soap making and building capacity in production unit management, the project aims to empower the poorest women, thus reducing poverty in the community.

**SDG 2: Zero Hunger** - By distributing nutritious porridge to malnourished children, the project helps improve their health and nutrition, thereby helping to reduce hunger and malnutrition.

SDG 3: Good health and well-being - By raising community awareness of health issues and providing basic health services, the project contributes to improving the health and well-being of participants and the community as a whole.

SDG 4: Quality education - By offering literacy upgrades and providing informal education to women, the project contributes to improving the education and skills of beneficiaries.

SDG 5: Gender Equality - By focusing on women's empowerment, the project helps promote gender equality and the empowerment of women and girls.

SDG 8: Decent work and economic growth - By strengthening women's entrepreneurial skills and helping them establish their own businesses, the project helps promote decent work and economic growth.

SDG 10: Reduction of inequalities - By targeting the poorest and most marginalized women, the project aims to reduce inequalities within the community.

SDG 13: Fight against climate change - By providing training focused on sustainable practices in soap making, the project contributes to mitigating the effects of climate change by promoting environmentally friendly production methods.

SDG 16: Peace, justice and effective institutions - By strengthening women's capacities and promoting community resilience, the project contributes to strengthening stability and social cohesion in the community.

In summary, this project directly contributes to several SDGs by aiming to empower women, improve their health and well-being, promote gender equality and reduce poverty and inequality within the community.

## XI. BUDGETING

| ACTIVITY                       | UNIT/ PIECE/ DAY | QUANTITY | P.U. EN USD | P.T. EN USD |
|--------------------------------|------------------|----------|-------------|-------------|
| <b>1. Food supply</b>          |                  |          |             |             |
| Food rations                   | Household        | 20X6     | 24          | 2880        |
| Nutritious meals               | Month            | 4X6      | 85          | 2040        |
| <b>A. Subtotal</b>             |                  |          |             | <b>4920</b> |
| <b>2. Training</b>             |                  |          |             |             |
| Literacy                       | Person           | 20       | 26          | 520         |
| Soap factory                   | Person           | 20       | 100         | 2000        |
| <b>B. Subtotal</b>             |                  |          |             | <b>2520</b> |
| <b>3. Empowerment</b>          |                  |          |             |             |
| Empowerment Packages           | Package          | 20       | 74          | 1480        |
| Constitution of groups WITH    | Group            | 2        | 25          | 50          |
| <b>C. Subtotal</b>             |                  |          |             | <b>1530</b> |
| <b>4. Trainer remuneration</b> |                  |          |             |             |

|                           |         |   |     |              |
|---------------------------|---------|---|-----|--------------|
| Literacy                  | Month   | 2 | 50  | 100          |
| Soap making trainer       | Month   | 3 | 80  | 240          |
| Entrepreneurship Trainer  | Month   | 1 | 75  | 75           |
| <b>D. Subtotal</b>        |         |   |     | <b>415</b>   |
| <b>5. Operation</b>       |         |   |     |              |
| Remuneration contribution | Month   | 7 | 70  | <b>490</b>   |
| Communication             | package | 1 | 125 | <b>125</b>   |
| <b>E. Subtotal</b>        |         |   |     | <b>615</b>   |
| <b>GENERAL TOTAL</b>      |         |   |     | <b>10000</b> |

It's ten thousand American dollars.