

FLOOD RELIEF OPERATION- KHYBER PUKHTOONKHUWA AND SOUTH PUNJAB-

HELP US DRY THEIR TEARS

The worst floods in memory in Pakistan have devastated the lives of more than three million people so far. Flooding has ravaged hundreds of villages in Pakistan, destroying homes, soaking crops, wiping out livestock, and threatening more lives. According to weather reports, bloated rivers are expected to surge further south soon, flooding more areas. According to the National Weather Forecasting Center in Islamabad, the country has received 25-30 percent more rain this season than the annual monsoon averages. The catastrophe has already killed more than 1,600 people, and is likely to deepen as more rains are expected and conditions remain threatening for the outbreak of disease.

Nur Foundation has joined hands with Fatima Memorial Hospital, to undertake a medical relief initiative as well as a general relief and rehabilitation programme for flood victims, particularly in the most acutely hit areas in the north-western province of Khyber Pukhtoonkhuwa, and Muzzafargarh in Southern Punjab. All donations in cash and kind, as well a donation of voluntary commitment are welcomed. At this time Nur Foundation and Fatima Memorial Hospital are equipping mobile health and relief units to operate in the target areas. The most pressing need at this time is for:

Cash donations

Tents

Dry Rations (Atta, Daal, Sugar, Ghee)

Bottled water

Watercoolers

Small diesel generators (to provide power for essential medical and relief services at base camps)

Volunteer Doctors, Nurses and Support Staff

FUNDS ARE URGENTLY REQUIRED FOR PROVISION OF MOBILE MEDICAL AND FOOD RELIEF TEAMS

Basic Workup for a 7 Day Trip

Staff	TADA Per Day in addition to present salary being drawn
One Male Family Medicine MO / PG / SR	Rs.2,000
One Female Family Medicine MO / PG / SR	Rs.2,000
One Male Nurse / Tech	Rs.1,000
One Female Nurse	Rs.1,000
One Driver	Rs.500
One Guard	Rs.500
Total	50,000 per week
Facilities / Supplies	Cost
One branded Coaster slightly modified i.e. one couch, one trolley along with procedure light, suction machine. nebulizer etc. installed in the back area along with roof carrier and tarpal	One time modification Rs.20,000 Rent per week excluding Diesel 30,000
Small Generator or 240 kva engine output	-
Dry Ration (Ready to Eat) for 5,000 meals	250,000
5,000 1.5 litter mineral water bottles	125,000
Medical and Surgical Supplies (as per list attached)	250,000
Diesel (1,000 liter, 16 hour engine running per day) and engine replacement parts	100,000
Stationary and other consumables etc.	25,000
Total	800,000

Please check our website www.nurfoundation.org for status updates as they come in.

ABOUT NUR FOUNDATION

NUR Foundation is a non-profit organisation, registered with the Securities and Exchange Commission of Pakistan. Founded in 2005, the vision of NUR is “Nurturing Lives, Building Futures.”

ABOUT FATIMA MEMORIAL HOSPITAL AND ASSOCIATED INSTITUTIONS

Fatima Memorial System (FMS) located in the heart of the provincial capital of Punjab, Lahore, Pakistan is a third sector, not for profit, non-government organization working in the field of social development, health care, education, research & community development. Fatima Memorial System is one of Pakistan's oldest and largest non-profit organizations. Fatima Memorial Hospital is registered under the Directorate of Social Welfare of the Government of the Punjab via the Voluntary Social Welfare Agencies Ordinance (1962) vide registration# DDSW-LD/88-214 and under the Societies Registration Act XXI (1860) vide registration number RC/422 and approved by CBR under Section 2 (36) of the Income Tax Ordinance 2001. Fatima Memorial Hospital is certified by the Pakistan Centre for Philanthropy. The Fatima Memorial System consists of:

1. Fatima Memorial Hospital (est. in 1977)
2. Saida Waheed FMH College of Nursing (est. in 1978)
3. ABNI-Community Outreach Program (est. in 1985)
4. FMH Centre for Postgraduate Training (est. in 1995) To enhance the professional skills of graduate healthcare providers.
5. Student Leadership Programme (est. in 1995)
6. FMH College of Medicine & Dentistry (est. in 2000)
7. FMS Centre for Health Research (est. 2005)
8. FMH Institute of Allied Health Sciences (est. in 2005)
9. CME Programme for General Practitioners (est in 2005)
10. FMH Specialist Care Centre (est. in 2007) To offer care at par with international practices.
11. Nur Centre for Research & Consulting (*established in 2008*)

HOW CAN YOU HELP?

Donations via Cash or Cheque:

Within Pakistan:

Donors from within Pakistan can donate in the form of cash or cheque made payable to 'Nur Foundation' and drop it off with our authorised focal personell in Lahore or Karachi.

Lahore: Dr. Haroon Ihsan: +92 333 476 6648

Karachi: Maha Rehman: +92 300 944 8177

Donations via Bank Transfer: Within Pakistan and from Abroad:

Donors in Pakistan may also deposit funds via direct deposit into any branch of Bank of Punjab in Pakistan

If Donation to NUR Foundation is in Pak Rupees, the routing will be:

Title of Account: NUR Foundation

Account Number: 0005-CPA-1508-8

Bank Details: Bank of Punjab, Kasuri Tower Branch, Lahore, Pakistan.

Swift Code: BPUNPKKA024

If Donation to NUR Foundation is in Euro, the routing will be:

Please transfer Euro to Standard Chartered Bank, 37-Grace Church Street, London, EC3VOBX, UK for credit to account number 01-7087888-96 of BOP International division, Karachi, Pakistan for outward credit to account number 0005-CPA-001508-000-8 of M/S NUR Foundation, at Bank of Punjab, Kasuri Tower (Hub) Branch, 4-Fane Road, Lahore with (SWIFT CODE : BPUNPKKA024)

If Donation to NUR Foundation is in GBP, the routing will be:

Please transfer GBP to Standard Chartered Bank, 37-Grace Church Street, London, EC3VOBX, UK for credit to account number 01-7087888-01 of BOP International division, Karachi, Pakistan for outward credit to account number 0005-CPA-001508-000-8 of M/S NUR Foundation, at Bank of Punjab, Kasuri Tower (Hub) Branch, 4-Fane Road, Lahore with (SWIFT CODE : BPUNPKKA024)

If Donation to NUR Foundation is in US \$, the routing will be:

Please transfer USD to Standard Chartered Bank, 1 Madison Ave., New York, NY 10010-3603, USA for credit to account number 3582-040168-001 of BOP International division, Karachi, Pakistan for outward credit to account number 0005-CPA-001508-000-8 of M/S NUR Foundation, at Bank of Punjab, Kasuri Tower (Hub) Branch, 4-Fane Road, Lahore with (SWIFT CODE : BPUNPKKA024)

If Donation to NUR Foundation is from Middle East:

Title of Account: NUR Foundation

Account Number: 0005-CPA-001508-000-8

Bank of Punjab, Kasuri Tower (Hub) Branch, 4-Fane Road, Lahore.

IMPORTANT INFORMATION FOR DONORS WHO TRANSFER FUNDS VIA BANK TRANSFER IN PAKISTAN AS WELL AS FROM ABROAD:

Donors who wish to deposit funds via bank transfer, both within Pakistan, as well as from abroad, are requested to fill out this form and return it via e-mail to Nur Foundation. Please note that this information is necessary to allow us to track and confirm receipt of your donation.

Name	
Postal Address	
E-mail	
Contact number	Country code: City Code: Phone number:
Details of Donation	Amount: Currency in which donation was wired: Form of donation: Cash (OR) Cheque number: Bank Branch in which donation deposited: Date of deposit: Would you prefer a hard copy or an electronic receipt?
Any Suggestions	

Please e-mail the above information to the following e-mail addresses:

tehminalrashid@fmsystem.org

tehminarashid@gmail.com

maharehman@hotmail.com

PAST EXPERIENCE OF NUR FOUNDATION IN RELIEF AND REHABILITATION ACTIVITIES

1) RELIEF FOR INTERNALLY DISPLACED PERSONS (IDPs) IN NWFP: 2009

Pakistan faced one of its worst humanitarian emergencies in 2009 as millions of people were displaced from their homes due to a prolonged army operation in parts of NWFP. Thousands of our citizens remained in distress, and did not have a roof over their heads, did not have food, access to clean drinking water or access to any healthcare facilities. NUR Foundation and its sister organization Fatima Memorial Hospital set up a relief camp in Mardan in summer 2009 to provide immediate relief to IDPs in the area. The focus of this operation was to providing primary health care, with the approach that medical care was supplemented by other relief items such as food, clothing, cooking utensils etc based on ground realities and felt need in the camp.

2) EARTHQUAKE RELIEF IN NWFP: 2005 TO PRESENT

NUR Foundation, together with Fatima Memorial Hospital, was amongst the first organisations to respond with a relief and rehabilitation efforts for victims who suffered in the tragic earthquake which struck northern Pakistan in 2005. **FMS-NUR received a certificate of commendation in this regard from the Government of Pakistan.** Key elements of the relief and rehabilitation efforts included:

- Medical Relief through a team of 83 doctors, nurses and paramedical staff from Fatima Memorial Hospital and its affiliated colleges of Nursing, Medicine and Dentistry. Fatima Memorial was one of the first hospital to arrive in Abbottabad during the acute phase, equipped with a team of Trauma specialists, Orthopaedic surgeons, General and Thoracic surgeons, Oral and Maxillo Facial Surgeons, Paediatric Surgeons, Gynaecologists, Anaestheologists, Nurses and Paramedical Staff. These team members served with all the strength of their hands, hearts and souls, to relieve the agony of their brothers and sisters in distress.
- Medical care along with medicines were dispensed by our relief team through a network of hospitals in Abbottabad: CMH Abbottabad, District Headquarters Hospital, Women's and Children's Hospital, Ayub Medical Complex and Gillani Hospital Abbottabad.
- A field team headed by a specialist in family medicine provided medical care through a mobile dispensary to patients in Balakot and Jared.
- Immediate medical care to over 2000 patients and perform over 1100 surgeries
- Provision of food, clothing, tents, blankets, quilts, shawls, sweaters and shoes to quake affectees in Hazara Division.
- On October 19, Fatima Memorial Hospital also constructed a temporary ward on the premises of CMH Abbottabad which operates till today as a 50 bedded permanent ward.
- Our relief efforts led FMS-Nur to provide long term health care the affected population in village Jared (40 km from Balakot), and a mini-hospital has been set up in Jared which continues to operate to date

3) FLOOD RELIEF: OPERATION SHASHAAN IN BALOCHISTAN: 2007-2009

In June 2007, FMS-NUR took the lead in channeling relief for flood affectees in Balochistan. The devastation caused by Cyclone Yemyin and the resulting floods which left thousands without food, water and shelter. To make matters worse the floods affected communities who were already based in underserved and remote locations.

Within two days of the floods, FMS-NUR, dispatched the Coordinator Representative of the Outreach Program, Dr. Nasir Shah, to Quetta - the provincial capital of Balochistan to assess the needs and put a relief coordination system in place. As a native of Balochistan, Dr. Nasir Shah was not only able to rapidly assess the ground realities, but also put into place a systematic programme for relief in collaboration with the Government of Balochistan, Balochistan University (Quetta) and Balochistan University of Engineering and Technology (Khuzdar-Makran). Key elements of the relief and rehabilitation efforts included:

- a) Provision of dry rations in the forms of a packet consisting of atta, biscuits, ghee, dates, pickles
- b) Provision of clothes to the flood affectees
- c) Provision of Medical Aid to Flood Affectees through a Health Center in Turbat set up and staffed by physicians from our sister organisation, Fatima Memorial Hospital, Lahore. The center remained in operation for over two years following the flood relief efforts.

We thank you once again for your generosity and look forward to your continued support.

For and on behalf of the Board of Directors,

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