

**Campaign Update Summary:**

The BEAM Education Foundation is dedicated to fostering social change in Myanmar and Thailand by providing education and mental wellness support to migrant youth. By empowering students to promote resiliency, healing, and development within their communities, BEAM aims to create a lasting impact. The funds collected from this project will ensure the continuation of BEAM's vital programs, supporting teachers, social workers, administrative staff, volunteers, and, most importantly, the students themselves. Throughout the fundraising campaign from the last four months to the present, we have raised €1,167 out of the targeted fund of €277,206. However, despite funding difficulties, we are dedicated to providing our services to the communities in need as the demand is high. Your generous donation can significantly impact these individuals' lives, helping sustain and expand BEAM's efforts to transform communities through education and mental health initiatives.

## **Progress Report on Activities Conducted by RISE Center and BEAM Education Foundation for promoting resiliency, healing, and development in their local communities (August - October 2024)**

In **August 2024**, the RISE Center organized a series of impactful programs aimed at community development, mental health awareness, and capacity building. The **Internship Program**, which ran for 10 weeks, was conducted on August 5, 6, 13, 14, 20, 21, 27, and 28. On August 8, the center held a meeting with Parami University regarding their LAB Program and facilitated two individual counseling sessions, one in-person and one online, on August 8 and 15, respectively. Additionally, the **Human Color Workshop**, held on August 22-23, saw active participation from 17 attendees. Meetings with the Japan & Myanmar Aspiration Hoyo Association were held on August 27, furthering collaboration efforts. The month concluded with a **Mental Health Awareness Workshop** on August 29-30 in collaboration with the CDM Network, which involved 18 participants

### **August Beneficiaries:**

- Individual counseling: 2 (in-person: 2, online: 1)
- Human Color Workshop: 17
- Mental Health Awareness Workshop: 18

**Total: 37 beneficiaries**

In **September 2024**, the center focused on workshops and counseling services. The **Minmahaw Staff Workshop** was conducted on September 4 with 17 participants, followed by the **Minmahaw Student Workshop** on September 5, involving 20 participants. On September 6, a combined workshop for staff and students brought together 21 participants. The Internship Program continued on September 2, 3, and 17, culminating in a **Closing Ceremony** on September 19. Individual counseling was also offered online on September 23. On September 30, the center hosted a **Child Abuse and Child Protection Workshop** attended by 18 participants, which extended into October.

### **September Beneficiaries:**

- Minmahaw Workshops (staff, students, combined):  $17 + 20 + 21 = 58$
- Individual counseling: 1
- Child Abuse & Child Protection Workshop: 18

**Total: 77 beneficiaries**

In **October 2024**, the RISE Center addressed critical community needs through workshops, counseling, and outreach activities. The **Child Abuse and Child Protection Workshop** on October 1 drew 18 participants. On October 10, the center hosted multiple programs, including a **Free Storytelling of Youth** session with 20 participants, a **Focus Group Discussion on Parenting** involving 15 attendees, and a **Safe Place for Children** workshop, which engaged 40 participants. Individual counseling services were provided online throughout the month, with 31 sessions recorded. On October 18, the center conducted a **Community Visit** to Mae Pa, engaging 15 community members. Mental health awareness remained a priority, with a workshop for the SET group held online from October 28-30, involving 31 participants. The month concluded with a **Workplace Wellbeing Psychological Support Session** on October 31, which had seven attendees.

#### **October Beneficiaries:**

- Child Abuse & Child Protection Workshop: 18
- Free Storytelling of Youth: 20
- Focus Group Discussion on Parenting: 15
- Safe Place for Children: 40
- Individual counseling: 31
- Community visit to Mae Pa: 15
- Mental Health Awareness (SET): 31
- Workplace Wellbeing Session: 7

**Total: 177 beneficiaries**

#### **Final Totals**

**Total Beneficiaries:** 37 (August) + 77 (September) + 177 (October) = **291 beneficiaries**

**Total Activities:** 4 (August) + 5 (September) + 8 (October) = **17 activities**

These activities demonstrate the RISE Center and BEAM Education Foundation's commitment to addressing community needs through targeted interventions, capacity building, and mental health support.

**Reporting on Activity Photos:**



The Wellness Session for Mental Resiliency



The Wellness Session for Mental Resiliency



The Wellness Session for Mental Resiliency



Child Abuse Workshop: Prevention, early detection, and intervention



Child Abuse Workshop: Prevention, early detection, and intervention



Child Abuse Workshop: Prevention, early detection, and intervention





Workshop for World Mental Health Day



Workshop for World Mental Health Day



Workshop for World Mental Health Day



Workshop for World Mental Health Day



Breathe & Release & Community Garden Workshop



Breathe & Release & Community Garden Workshop



Breathe & Release & Community Garden Workshop



We Stretch, Relax, Connect Workshop





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