

## Campaign Update Summary:

The BEAM Education Foundation is dedicated to fostering social change in Myanmar and Thailand by providing education and mental wellness support to migrant youth. By empowering students to promote resiliency, healing, and development within their communities, BEAM aims to create a lasting impact. The project is “Myanmar Migrant Youth: Education and Mental Health (62933), and the funds collected from this project will ensure the continuation of BEAM's vital programs, supporting teachers, social workers, administrative staff, volunteers, and most importantly, the students. Throughout the fundraising campaign from the last nice months to the present, we have raised €4,064 out of the targeted fund of €277,206. However, despite funding difficulties, we are dedicated to providing our services to the communities in need as the demand is high. Your generous donation can significantly impact these individuals' lives, helping sustain and expand BEAM's efforts to transform communities through education and mental health initiatives.



## **Progress Report on Activities Conducted by RISE Center and BEAM Education Foundation for promoting resiliency, healing, and development in their local communities ( November 2024 – March 2025)**

### **Speak Your Mind, Child Psychoeducation Pilot Program**

From December 2024 to February 2025, the Academic Children Development Center (ACDC), in collaboration with the RISE Center under the BEAM Education Foundation, conducted a two-month mental health education program titled "Speak Your Mind" in the Mae Sot region to address the growing need for mental health support among migrant children facing displacement, instability, and social challenges. The program aimed to build emotional resilience, promote mental well-being, encourage empathy and peaceful values, and create a safe, inclusive space free from bullying and aggression. Designed to be child-centered, interactive, and engaging, it incorporated educational workshops on emotional intelligence and conflict resolution, learning through play, group discussions to encourage open expression and peer learning, and mindfulness exercises such as breathing techniques and guided meditation for stress management. By integrating these approaches, the program ensured that learning was informative, participatory, and meaningful, making mental health education accessible and engaging for young learners. The RISE Center and BEAM Education Foundation remain dedicated to fostering peaceful, inclusive communities through education, and the success of "Speak Your Mind" highlights the ongoing need for mental health support in migrant education. Future collaboration with partners and supporters will be essential to strengthen emotional resilience among children and expand these impactful initiatives.

## Reporting on Activity Photos:

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ACDC

Academic Children Development  
Center(Mae Kon Ken)

RISE



SPEAK

YOUR

MIND

Child Psychoeducation Pilot  
Program (Conducted by Daniel and Joseph  
under the supervision of Dr. Grace, RISE Center)



The Wellness Session for Mental Resiliency



The Wellness Session for Mental Resiliency



The Wellness Session for Mental Resiliency



The Wellness Session for Mental Resiliency

## **Resilience and Striving: The Power of Youth, 9th Youth Conference**

From February 25 to 27th, 2025, 125 youths proudly participated in the 9th Resilient, Persevering, and Youth Empowerment **Conference** organized by BEAM Education Foundation in Mae Sot, Thailand. This gathering provided a meaningful space for young people to share their experiences, explore new perspectives, and collaborate on impactful social projects to create positive change in their communities. Participants strengthened their leadership skills through engaging sessions on self-reflection, resilience-building, design thinking, and community development and worked together to develop innovative solutions for social challenges. One of the highlights was the opportunity to connect with youth from diverse backgrounds, exchange ideas, and create community-based projects, with three outstanding teams receiving funding to implement their initiatives.

**Reporting on Activity Photos:**





**Youth Conference**



**Youth Conference**



**Youth Conference**



**Youth Conference**

**Reporting on Activity Photos:**



The Wellness Session for Mental Resiliency Weekly



The Wellness Session for Mental Resiliency Weekly



The Wellness Session for Mental Resiliency Weekly



The Wellness Session for Mental Resiliency Weekly





Saturday weekly wellness session



Saturday weekly wellness session



Saturday weekly wellness session



Homemade Three-day Training





Homemade Three-day Training



The Wellness Session for Mental Resiliency Weekly



The Wellness Session for Mental Resiliency Weekly

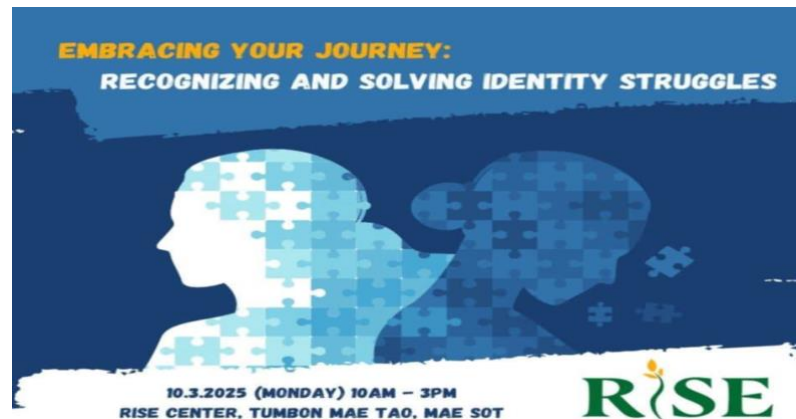


The Wellness Session for Mental Resiliency Weekly

## Recognizing & Solving Identity Struggles Workshop

In March 2025, the RISE Center hosted an awareness workshop titled "Recognizing & Solving Identity Struggles," led by Dr. Grace. This workshop provided a warm and open space for participants to connect with one another, fostering a sense of belonging and trust. Throughout the session, attendees engaged in honest and open discussions about their inner conflicts, allowing them to reflect on their personal identity struggles and gain new perspectives from their peers. Dr. Grace also provided insightful explanations from a psychological and mental health approach, addressing participants' questions and offering guidance on self-awareness and emotional well-being. In line with the RISE Center's mission, the workshop created a safe, welcoming, and supportive environment, helping participants feel understood, valued, and mentally refreshed.

### Reporting on Activity Photos:



Recognizing & Solving Identity Struggles Workshop



Recognizing & Solving Identity Struggles Workshop