



MEDACROSS
FREE CARE AND COACHING



EMERGENCY HEALTH IN MYANMAR

PROJECT OUTCOMES IN 2024



PROJECT GOAL

The project aims to provide free medical care to remote villagers in the Kawthaung district in southern Myanmar, where health facilities are among the poorest in the country. This area is particularly affected by the ongoing civil conflict, which started with the coup d'état on 1 February 2021. The situation has worsened the availability of resources, increased the cost of essential goods and made access to health services more difficult, especially in rural areas.

Since 2019, MedAcross has been providing free medical care through fully equipped mobile clinics. It also trains local health volunteers to maintain contact with communities during times when villages are out of reach due to conflict or the rainy season, exacerbated by climate change. The health staff provides support for disease prevention and care for patients with chronic diseases.

Thanks to the support of GlobalGiving donors, MedAcross treated more than 2,000 patients who live distant from hospitals in Myanmar and free of charge in 2024, despite economic and logistical challenges that are threatening the activities.

MOBILE CLINIC

In ten months, the MedAcross Mobile Clinic treated a total of 2106 patients in Myanmar, of whom 924 were women (43.8%) and 287 men (13.6%). This figure confirms a significant trend already seen in previous years: the majority of those treated are women, many of whom suffer from chronic diseases related to difficult living conditions and lack of regular healthcare.

During the year, 459 patients were visited by the Mobile Clinic for the first time. This figure highlights both the continued expansion of the project's health coverage and the growing need for medical services in rural and remote areas of Myanmar.

The number of new patients is particularly relevant because it shows that the project is reaching people who probably never had access to medical care before. But MedAcross is not only emergency in nature, we create a caring bond with each patient and knowing that 742 patients have returned to our village visits shows us the commitment and success of the project.

2024 HIGHLIGHTS

2106

MOBILE CLINIC
PATIENTS

459

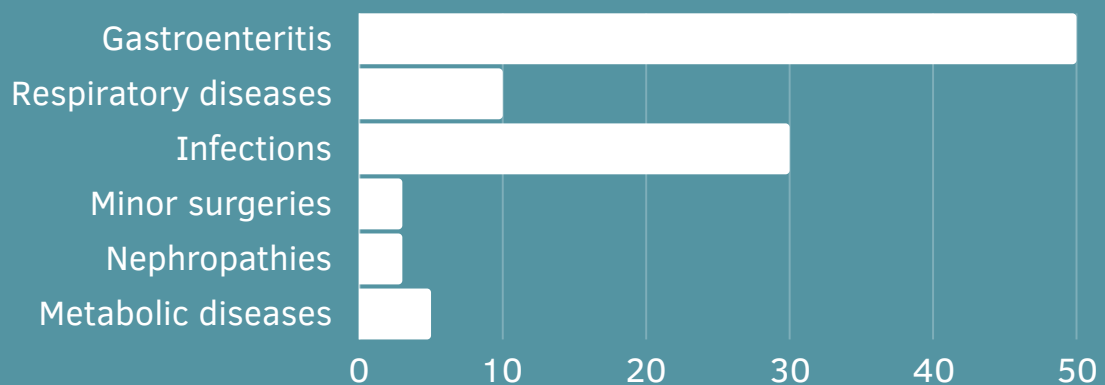
NEW PATIENTS
REACHED IN
REMOTE VILLAGES





The mobile clinics addressed a variety of illnesses, some of them chronic, others related to health emergencies and acute conditions.

- Gastroenteritis (50 cases per month), associated with poor sanitary conditions. Gastrointestinal infections are common in rural areas.
- Respiratory diseases (10 cases per month), include both chronic conditions such as bronchitis and asthma, and acute infections such as pneumonia, often caused by the use of fossil fuels in the home.
- Infections (30 cases per month), usually seasonal, more frequent due to the lack of vaccination campaigns.
- Minor surgeries (3 cases per month), necessary for the treatment of wounds or infections caused by hard work on the plantations, which may worsen considerably if medical care is not provided.
- Nephropathies (3 cases per month), often related to difficult access to drinking water and poor eating habits.
- Metabolic diseases (5 cases per month), such as diabetes are increasingly common, even in these remote areas due to the diet rich in glutamate and low in protein and fresh foods. These diseases require regular interventions to avoid serious complications.





MedAcross project in Myanmar continues to be a vital resource for thousands of people living in severe economic and social hardship, exacerbated by the ongoing civil war.

Data of 2024 show an ongoing commitment to the treatment of complex diseases and the expansion of the health network in the most remote areas of Kawthaung district. **Currently, MedAcross is the only health NGO active in southern Myanmar, as the political crisis and lack of resources have forced many other organisations to leave the country.**

Thanks to donor support, MedAcross can continue to provide essential and life-saving care. However, the challenges remain enormous as the national health situation worsens and the demand for assistance increases. The involvement of the international community and global solidarity, as demonstrated by donations on GlobalGiving, are crucial to ensure the continuity of these crucial initiatives for the people of Myanmar.

Thank you for allowing us to heal burmese population



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