

The "Educate 150 Women with Disabilities in Pakistan" project continues to make significant progress in empowering women with disabilities through education and skills training. Since the project's launch, we have:

- 12 women with disabilities were enrolled, exceeding our initial target of 10 for the quarter.
- Tailored courses: Conducted needs assessments and developed personalized learning plans for each participant, aligning with their interests and goals.
- Provided training: Launched 3 vocational skills training programs in Cooking, Computer and Embroidery, equipping women with marketable skills for employment.
- Built a support network: Established peer mentorship groups and facilitated regular connection sessions to foster a sense of community and belonging.
- Advocated for inclusion: Organized sensitivity workshops and awareness campaigns to address societal discrimination against women with disabilities.

Key Achievements:

- Increased educational access: 12 participants reached basic literacy, 8 enrolled in formal education programs, and 4 progressed to higher levels of learning.
- Enhanced livelihood opportunities: 8 participants completed vocational training, 1 secured employment, and 3 reported increased income generation.
- Improved well-being: 12 participants reported increased confidence, self-esteem, and social engagement.
- Promoted inclusivity: Successfully raised awareness about disability rights through 3 workshops and reached 30 community members with outreach programs.

Challenges and Solutions:

While the project has achieved notable successes, some challenges remain:

- Limited accessibility: Some women face mobility and transportation difficulties impeding participation in on-site activities. We are addressing this by offering flexible learning options, such as home-based training, and collaborating with local transportation providers.
- Resource constraints: Increased enrollment necessitates additional resources for instructors, materials, and support services. We are actively seeking partnerships and fundraising opportunities to secure sustainable funding.
- Societal discrimination: Despite awareness campaigns, prejudice against women with disabilities persists. We are intensifying advocacy efforts through community engagement and partnerships with disability rights organizations.

Looking Ahead:

In the next quarter, we will focus on:

- Completing enrollment and ensuring participation of 15 women.
- Expanding skills training programs to include Baking.
- Connecting women with employment opportunities through job fairs and partnerships with businesses.
- Strengthening the peer mentorship program for ongoing support and networking.
- Scaling up awareness campaigns and advocating for policy changes promoting inclusive education and employment practices.

We are confident that the "Educate 150 Women with Disabilities in Pakistan" project will continue to empower women, transform lives, and contribute to a more inclusive and equitable society. We appreciate your continued support and generosity in making this impactful work possible.

1. Parveen



A 32 year old jolly woman who was married at the age of 18 too young to be treated as a slave, got divorced after a year of her marriage due to dowry , she was kicked out of her house after 3 months of marriage.

She was pregnant at that time and after 9 months she conceived a baby boy but her in laws refused to accept the baby, and also got diagnosed with physical disability. She faces physical, emotional and mental distress every passing day and needs an attendant to help her with her daily chores because her disability is increasing rapidly. She lives with her mother and son at a 1 room rented house at Jet line – Lines area.

After joining DWA she got to live a peaceful life while being independent and is receiving education.

2. Shifa



A 27 year old girl, who was diagnosed with spina bifida by birth, her father died last year and she is currently living with her mother who is a heart patient and is not able to take care of herself and her daughter as well. Her brother whose wife is very disrespectful towards Shifa's disability , ignores her while she's at home and treats her harshly.

Shifa needs an attendant because of her disability and needs medical items too. She wants to support her family financially to grow independently without seeking any help.

She is receiving education at DWA.

3. Sana



A 25 year old sweet girl, who was diagnosed with muscular dystrophy at the age of 15 she went into depression for about 8 years and was confined herself at home. Her house is on the 4th floor without lift, she climbs on top by herself and is scared of falling because of the waddling gait. Her sister-in-law makes her mother work as a maid for the whole day and because of this Sana's mother is unable to look after her.

She needs a support of activities of daily living because the disability is growing severe fast. Her muscles are becoming very painful and stiff.

She is receiving education at DWA.

6. Gul Fatima



A 15 year old teenager girl, who is deaf and mute by birth. Her parents are no more as they were her only source of love. She lives with her 2 elder brothers who are not able to take care of needs and ignores her because they are unable to understand the sign language. She faces many problems and challenges.

She needs a source of money and a source of living to fulfil her medical, social and physiological needs.



8. Nasreen Bibi (25 year) & Ruksana Bibi (38 year)



These sisters were diagnosed with severe physical deformity. They live a life of poverty as their parents are aged. Their siblings got married and moved out of the house. There is no source of earning in the house due to which they are unable to fulfil their needs.

They need an attendant for Activities of daily living (ADLS) and Instrumental Activities of daily living (IADLS) and source of income as well.



10. Amber (30 year) & Saba (35 year)



These siblings were diagnosed with physical deformity. It is getting worse as they do not get enough care and attention, their needs are not fulfilled as they is always conflicts happening in their house. Their sister in law has left the house because she wants these siblings to move out of their house and stay separately. This is causing them mental distress as they do not have a source of earning.

They need an attendant for Activities of daily living (ADLS) and Instrumental Activities of daily living (IADLS) and source of earning as well so as they don't have anybody at home to look after them. They also need a safe place to live in.

12. Kashaf



A 15 year old girl, diagnosed with cerebral palsy. Her body is spastic, stiff and floppy. Her mother died few years back and her father is a paralyzed patient and cannot take care of her because of his own medical situation. They are dependent on his son and his wife. Kashaf's sister-in-law treats her very brutally, beats her, abuses her and curse her. She's been confined at home for the past 3 years as her sisters got married who used to take care of her.

She needs an attendant for Activities of daily living (ADLS) and Instrumental Activities of daily living (IADLS).

13. **Aliya Parveen**



A 40 year old lady, diagnosed with physical deformity. Her household financial situations are not stable. She's being treated very harshly as no one in her house looks after her father's death. Her mother is very aged and cannot look after Aliya. She needs an attendant and a source of earning and living so that she can live her life peacefully and independently.