

**PROPOSAL FOR 2023-2024
TO HEART AND HAND FOR THE HANDICAPPED, USA
FOR FITS, PSYCHIATRIC & GENERAL MEDICINES
– FOR SRI ARUNODAYAM**



Dear Sir / Madam,

Thank you for the opportunity to present this proposal to you. Our work is not new to you as you have been a partner to us for a year. With your support we are growing rapidly year on year and are proud to present the scale of such growth to you. Before I proceed with the details of new development programs at our home, for the record I present a brief introduction about Sri Arunodayam below.

Who we are

Sri Arunodayam is a home in Chennai for abandoned children with intellectual disabilities (ID). Our home came into existence in 2002 on account of the despicable practice of families who abandon their vulnerable children on account of ignorance, poverty, social stigma, and a lack of moral conscience that has never been disciplined to safeguard our country's most vulnerable citizens. Abandoned children with ID continue to be found in public places such as hospitals, bus and railway stations, and at times even in dustbins! The Departments of Social Defense and Social Welfare (Govt. of Tamil Nadu), Child Welfare Committees, and India's ChildLine Services are the channels through which these children enter our home where they are loved, nurtured, restored to health, and rehabilitated. Today we have 120 precious lives in our care.

Early this year in February 2023, we celebrated [21 years of dedicated service](#) to abandoned children with ID.

What we do

Despite data showing a rising trend in abandonment of children across the country, there are very few homes set up to address this problem. Sri Arunodayam is one of very few residential homes while most others function as Day Care centers funded by parents. In the initial years, our focus was mainly to rescue and nurture these children but in time we transformed into a 'residential-cum-rehabilitation' home offering comprehensive services and therapies for the holistic development of children with developmental delay and intellectual disability. Sri Arunodayam assumes life-long responsibility for these children, providing them with a safe/permanent shelter, nutritious food, medical care, and rehabilitation therapies so that they can lead purposeful lives and be integrated back into society at their own pace. Our home is widely recognized in South India as a pioneer and high caliber home of its kind, receiving many recognitions and awards over the past 21 years. <For more information, visit: <https://sriarunodayam.org/our-story/>>

We seek support to sponsor the essential medication required by these children, ensuring their health and well-being are effectively maintained. Your sponsorship will make a significant impact on the lives of these vulnerable children, providing them with a chance for a healthier and brighter future.

1. The Need: Abandoned intellectually challenged children are among the most vulnerable members of our society. Their cognitive disabilities render them dependent on external care and support, particularly in terms of medical attention. The prevalence of seizures and susceptibility to psychiatric illness in this population further intensifies their need for consistent and specialized medication.

- **Seizure Medication (55 Children):** 55 children suffer from seizures, a condition that requires daily medication to manage. These medications are prescribed by Neurologists after consultation, which takes place once every three months. Consistent access to these medications is crucial to preventing life-threatening seizures and ensuring the children's stability.
- **Psychiatric Medication (55 Children):** Our data shows that 55 children demonstrate susceptibility to psychiatric illness, necessitating critical psychiatric medications. These children require monthly consultations to identify and address underlying health issues. Proper medication and mental health support are pivotal in helping these children lead fulfilling lives.
- **General Medication:** Additionally, all children receive general medications for common ailments like cold, cough, fevers, skin rashes, and minor injuries. These medicines are vital to maintaining the overall health of the children and preventing the escalation of minor issues into major health concerns.

2. Impact and Benefits: Sponsoring the medication for intellectually challenged children will have far-reaching impacts on both the children and the community at large.

- **Improved Quality of Life:** Proper medication ensures that these children's medical needs are met, reducing discomfort, pain, and the risk of life-threatening events. This directly contributes to their overall well-being and enhances their quality of life.
- **Enhanced Cognitive Development:** Effective medication management can positively influence cognitive development in intellectually challenged children. By addressing health issues promptly, we create an environment where these children can better engage in learning and skill development.
- **Community Welfare:** A healthier community benefits everyone. By ensuring the well-being of intellectually challenged children, we contribute to a more inclusive and caring society, where each member is valued and supported.

3. Full Medication Sponsorship: We request Heart and Hand for the Handicapped to sponsor the entire cost of medication for the children. Your contribution will have a direct and significant impact on their health and well-being.

Beneficiaries

- 120 children of Sri Arunodayam.

Project Budget (For 1 Year)

S. No.	Description	No. of Beneficiary	Cost/Month (INR)	Cost/Annum (INR)	Cost/Annum (USD) (Calculated \$ @ 83 INR)
1	Fits Medicine	55 (Boys & Girls)	58,324	699,888	8,432
2	Psychiatric Medicine	55 (Boys & Girls)			
3	General Medicine	120 (Boys & Girls)	16,000	192,000	2,313
Total			74,324	891,888	10,745

At all times, Sri Arunodayam's Board of Trustees will be accountable for these projects and will submit periodic reports on their progress.

On behalf of the children, staff and Board of Trustees of Sri Arunodayam Charitable Trust, I sincerely thank you for considering this appeal. At Sri Arunodayam, we never lose hope. Our decision to nurture these children reflects this hope!

We eagerly await your partnership in making a lasting impact on the lives of intellectually challenged children.

For **Sri Arunodayam Charitable Trust,**




Iyyappan Subramaniam
Founder Managing Trustee

Sri Arunodayam Charitable Trust,
35, Sivananda Nagar, Kolathur, Chennai - 600 099 (TN), India
91-44-26511450 | 9444915803 | sriarunodayam@gmail.com | <https://sriarunodayam.org/>