



**YOUR SUPPORT**  
C H A R I T Y F U N D

**COMPREHENSIVE SUPPORT FOR  
CHILDREN AND WOMEN AFFECTED  
BY WAR**

# Project Scope:

The war in Ukraine caused by Russian aggression is a tragedy for the Ukrainian people. Its impact is felt in every oblast, region, city, community, village, home, and every Ukrainian family.

Children during the war are a particularly vulnerable category that is negatively affected by military realities.

Regardless of the circumstances, all of them have undoubtedly experienced stress and trauma from war events, refugee trauma, etc. Children who have been through war events may suffer from post-traumatic stress disorder (PTSD) or other psychological problems related to stress and trauma. They may have low self-esteem, anxiety, depression, alienation, difficulty establishing social ties, and other psychological problems. If left untreated, these problems will have a negative impact on the child's future, personal development, learning ability and education, as well as the ability to build relationships, etc.



# ***Target groups of the project:***

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Children who have been affected by the war, living in the Bucha district, including those with special educational needs.



Children with IDP status living in the Bucha district, including those with special educational needs.

***All of these children need to be supported in their harmonious development, anxiety management, psychological resilience and the ability to discover and achieve their potential regardless of the negative circumstances resulting from the war.***

**2 369**

Children from IDP families who have been internally displaced to Bucha district

**2 420**

Children with one parent serving in the Armed Forces, according to local authorities data

**107**

Children from families of fallen defenders, according to local authorities data

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**102 912**

Children who permanently resided in Bucha district and survived the occupation or returned after evacuation

**CENTER FOR PSYCHOLOGICAL AND  
SOCIAL SUPPORT,  
REHABILITATION AND  
DEVELOPMENT "YOUR SUPPORT"**

**IN THE BUCHA DISTRICT**



**We have 470 square meters of premises and 9 acres of land**

**This is the territory of the center, where the following will be realized:**

***The program is based on the principles of respect for the rights of each child, an inclusive and participatory approach, and includes:***

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- social support with the preparation of an individual plan
- professional psychological assistance
- Hibuki therapy, which is a leading Israeli method of overcoming the consequences of trauma in a child's life
- access to a sensory room, which is an innovative method of reducing emotional stress and formation of emotional lability, resilience to a crisis or stressful event
- speech therapist services
- services of a defectologist
- services of a specialist in therapeutic exercise
- educational activities on sex education
- activities aimed at personal development
- measures to raise awareness of the manifestations of gender-based and domestic violence and methods of protection against it and counteracting it
- measures to combat bullying

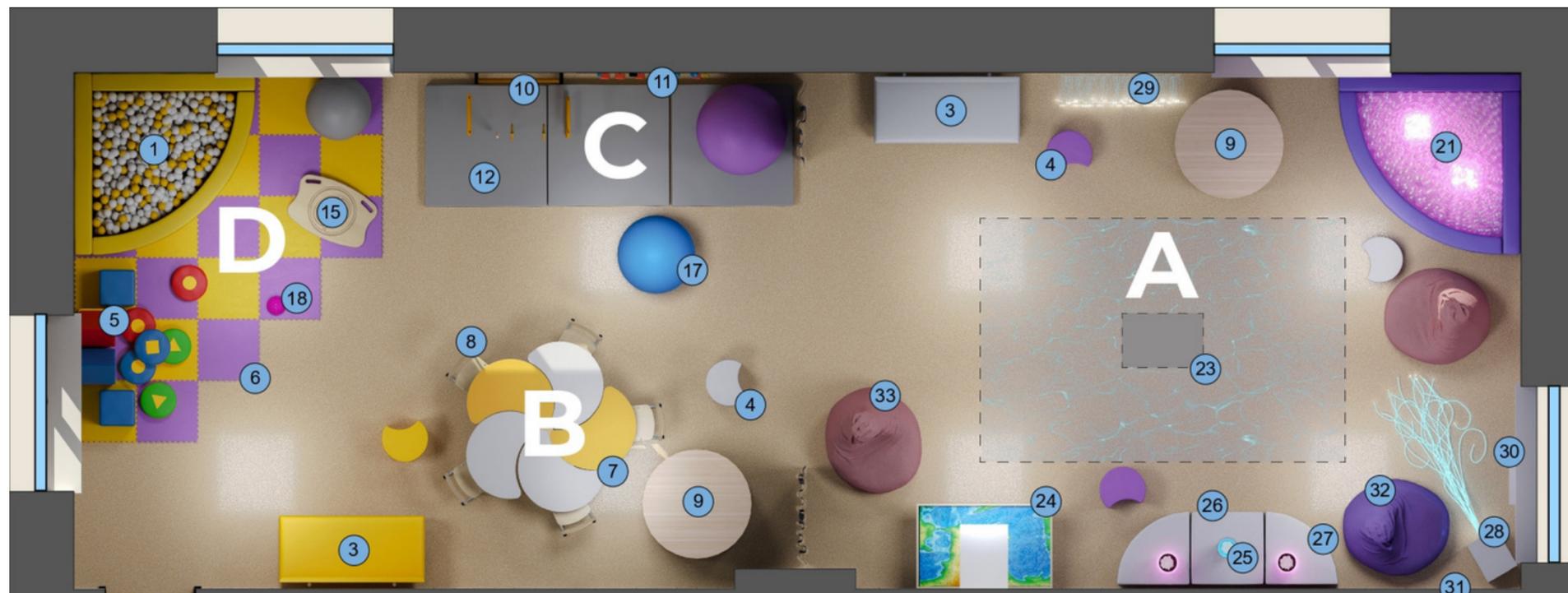


# A SAFE SHELTER. SENSORY ROOM

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**Equipping a sensory room in a safe shelter** aims to ensure two things at once – provide safety in our difficult times and stabilize psycho-emotional state

The sensory room is an innovative tool for eliminating neurological disorders. The special atmosphere and equipment used as a complex help to eliminate neuroses, adaptation tantrums, attention deficit disorder, and reduce hyperactivity disorder. Visits to sensory rooms are recommended for children with cerebral palsy, autism, speech, physical, moral and emotional development delays. In such an atmosphere, the child feels very comfortable.



- A** a space for psychological relief
- B** a space for creativity and learning
- C** a space for sports and therapeutic exercise
- D** a space for play and sensory motor development



# A

## *A space for psychological relief*

In times of war, this becomes especially important. This space is used in sensory integration therapy, sand therapy, snoezelen therapy. Psychologists consider it an integral part of rehabilitation in case of: neuroses, hyperactivity, anxiety, delays in psychomotor development, speech problems, adaptation disorders





## **B** *A space for creativity and learning*

This is a space where a child can read, write, and learn something new. It can also be effectively used for art therapy. Art therapy simultaneously develops the child, increases self-esteem, and is used to correct anxiety, aggression, hyperactivity, hypoactivity, and other psychological problems.





## **C** *The space for sports and therapeutic exercise*

Every child has a need for physical activity, and the use of therapeutic exercise techniques can serve to fulfill these needs and at the same time prevent the development of many diseases such as flat feet, scoliosis, posture disorders, and obesity.





## **D** *Space for play and sensory motor development*

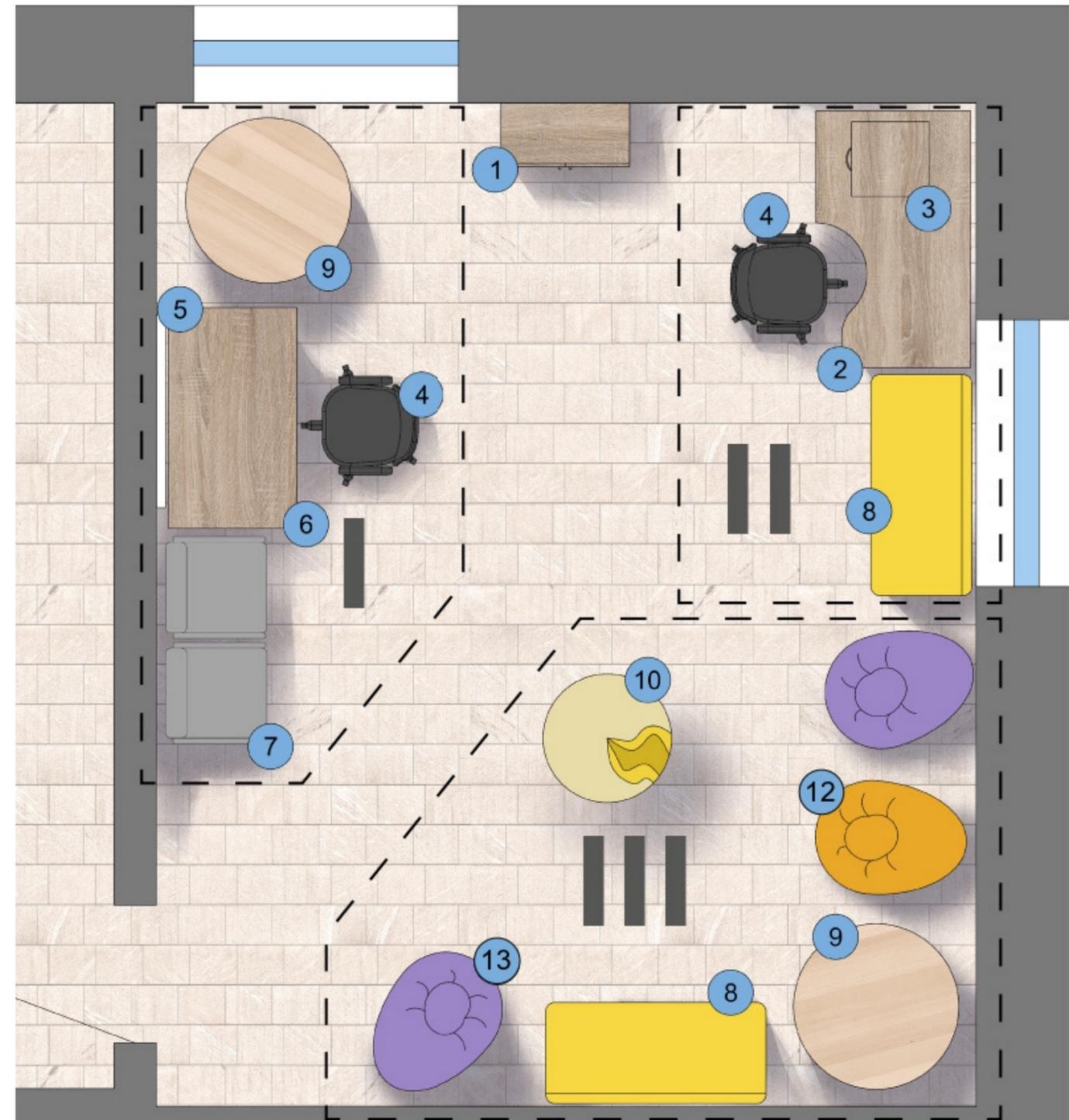
This is a safe area with a dry pool filled with balls, soft modules, soft large-sized constructors, sensory balls, tactile mazes, etc. In this pool, children strengthen all muscle groups, including those that form posture. They develop a sense of balance and safe falling skills. Walking around the pool stimulates tactile sensations throughout the body and develops fine motor skills.



## ***A safe shelter. A room for professional staff***

When equipping a room for professional staff work, it is important to ensure comfortable conditions and provide them with modern equipment and facilities in accordance with established standards.

- I - workplace for a speech therapist
- II - workspace for a psychologist I
- III - workspace for a speech pathologist



# Support for women:

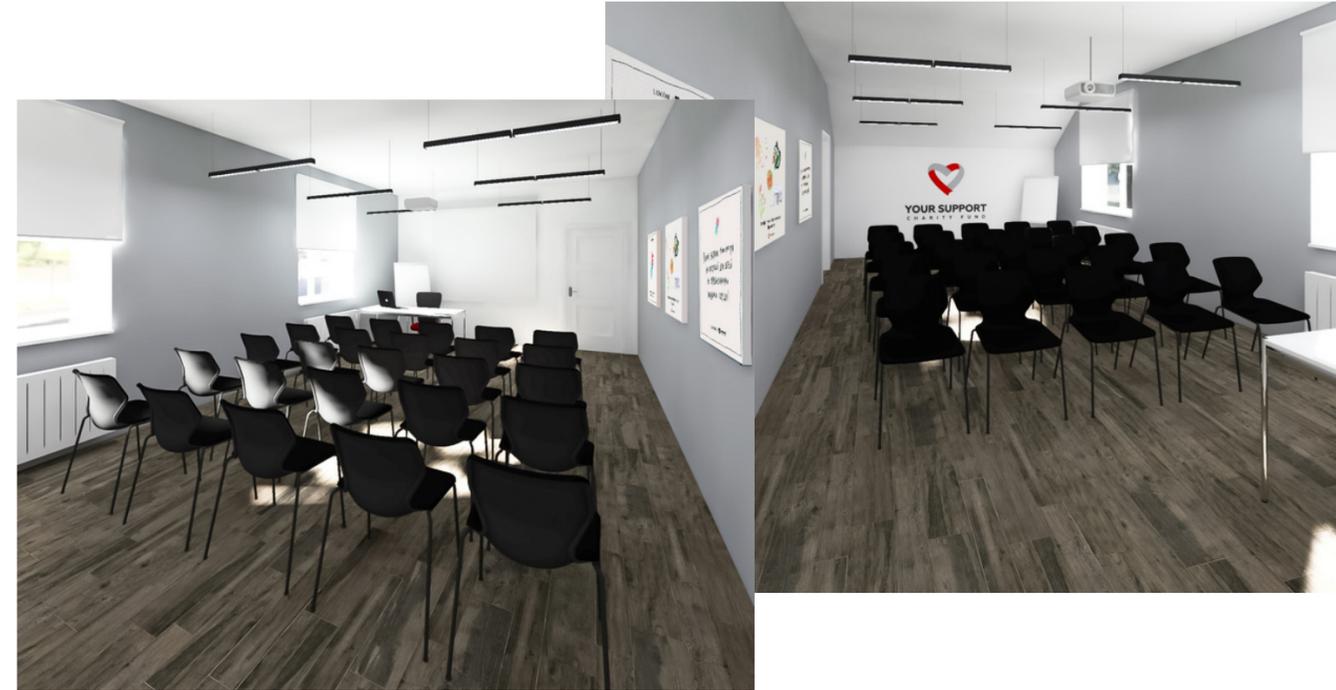
On the 1st floor, women will be able to consult a psychologist, lawyer, employment specialist, etc. At the same time, their children will be recovering in the sensory room or working with a psychologist/speech therapist/speech pathologist



# Lectures and trainings

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The second floor will be equipped with lecture halls where trainings on sexual education, financial literacy, etc. will be held. These are necessary for both children and their parents. Also, educational events will be held here for specialists in various fields: psychologists, CSOs, etc.





# WHO ARE WE?

CF "Your support" is one of the largest humanitarian organizations in Ukraine. Established in 2014, CF "Your support" is a professional, transparent and accountable organization and one of the few in Ukraine whose reports are audited annually by an independent auditor. The Foundation actively cooperates with business and international organizations.

## VALIDATED BY CAF INTERNATIONAL

Organizations that have been validated by CAF International have undergone a comprehensive application and due diligence process at one of CAF International's global offices. The CAF International Validated Organization Badge is awarded to organizations that are structured and operate as non-profit organizations. This is confirmed by a verification process that goes far beyond simply using a foreign government database.



CHARITY FOUNDATION "YOUR SUPPORT" IS THE ONLY ACTIVE LOCAL COORDINATOR OF THE INTERNATIONAL HUMANITARIAN ORGANIZATION SPHERE IN UKRAINE

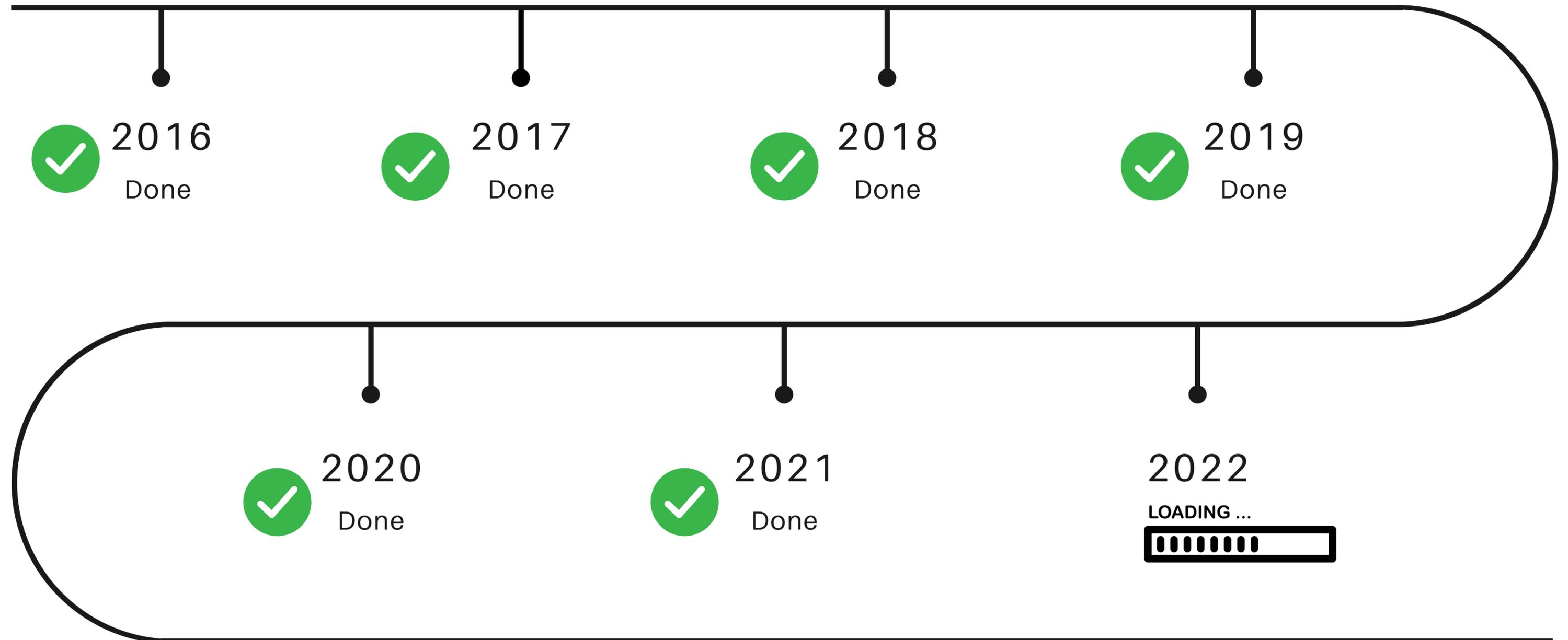


CF "YOUR SUPPORT" IS THE ONLY ORGANIZATION IN UKRAINE THAT IS A MEMBER OF THE WORLD HEART FEDERATION (WHO)



# The Foundation undergoes an independent audit on an annual basis, which confirms the targeted use of donor funds.

Transparency is one of the Foundation's values, so it is important for us that our donors have reliable and independent confirmation of such use.



# CONTACT US

 +38 (044) 321 09 00

 [info@tvoya-opora.org.ua](mailto:info@tvoya-opora.org.ua)

 [tvoyaopora](https://www.facebook.com/tvojaopora)

 [www.tvoya-opora.org](http://www.tvoya-opora.org)

 6 Amosova St., Kyiv, Ukraine

 [tvoyaopora](https://www.instagram.com/tvojaopora)

