

# IOANNINA



In October, we had many new arrivals in Katsikas Camp, of which many are young men. This brought new energy to the project, making it more crowded in the gym space as well as in Habibi.Works' makers space. Luckily, the weather was good, and we could profit from the sun and lack of rain to train outside and organize outdoor activities.

## In the project

This month was filled with birthday celebration as it marked the seventh year of YSR as well as the eight year of operations of our partner Habibi.Works.

We started the month with Habibi.Works' birthday event, where we cooked pancakes, organized kids activities, to put the cherry on the pie, ended the day with a dance party. On that day, our YSR team organized a popular ping pong tournament and we held a women's space in the gym, where our female members could dance and feel free.

Our YSR Birthday was unsurprisingly focused on moving together and doing sport! We honored our seven years of existence on a Saturday filled with extra fitness classes circled around teamwork, followed by a climbing class with funny games and a challenging boxing class. We ended the day with volleyball and celebrated into the night, as we held a women's dance party in the gym. All sports classes that day were especially tailored to fit everyone's needs and besides the activities, we ate cakes and served juices to re-fill our energy.

Moreover, we organized a volleyball tournament with over 25 players. The players and community cheering on the sidelines were bustling with energy and enthusiasm.

We are not only thrilled about the great attendances, but are also super happy to welcome Fenta as a new volunteer in our project. We noticed his enthusiasm and team spirit a couple of weeks ago, where he partook in the volleyball trainers' course.

Besides the events and highlights, we continued with our regular classes, volleyball, fitness, climbing, MMA, and bodybuilding. As well as our woman-only classes: fitness and climbing.



Climbing class with a lot of new people joining



Volleyball Tournament



Fitness class where teamwork is key

7 SPORTS

5 Coaches

2 Coordinators

6 Volunteers

# THE PROJECT IN NUMBERS

## Indicator of the month: Number of female coaches per month

Target	Target	Achieved
Lesvos	3	5
Athens	3	3
Ioannina	1	2

The indicator we chose for this month is the one that measures the number of female coaches delivering courses in our projects. The set target is to have at least 3 female coaches each month in Lesvos and Athens, and 1 in Ioannina. We can proudly say that across the year, so far, we were able to achieve our targets in each location. This result is particularly important for us. In fact, the participation of female coaches is crucial for our projects. Indeed, their contribution allows us to offer classes dedicated to women, creating a safe space for them, especially considering the demographics of the students. Through their work and their support, we are able to include women in our activities, and this is fundamental for the organisation and the values it stands for.

## # of registered Visits

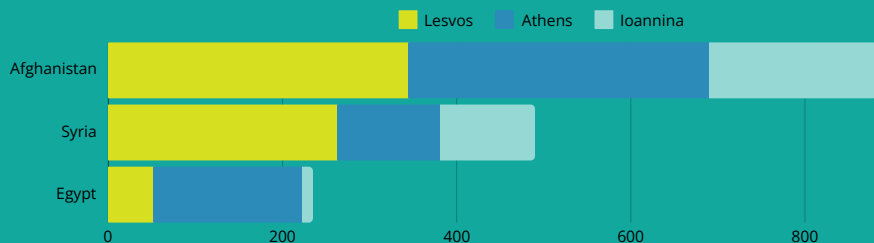
(deviation to previous month)

<b>TOTAL</b>	<b>4265 (+1004)</b>
Lesvos	1.394 (-92)
Athens	2.221 (+822)
Ioannina	650 (+274)

## attendance of most popular sports per location

total number of visits per sport

Lesvos	Athens	Ioannina
Bodybuilding: 603	Bodybuilding: 1700	Volleyball: 210
Football: 269	Kickboxing/Muay Thai/MMA: 121	Women Fitness: 102
Volleyball: 116	Boxing: 101	Fitness: 83



### % Adults

### % Minors

### % Male

### % Female

Average	81%	19%
Lesvos	86%	14%
Athens	77%	23%
Ioannina	86%	14%

Average	83%	17%
Lesvos	84%	16%
Athens	87%	13%
Ioannina	60%	40%