



ANNUAL REPORT 2023

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About us

Promoción y Acción Comunitaria is a Private Assistance Institution that works to guarantee the comprehensive human development of children and adolescents through its children's home program.

Our target population is children and adolescents at risk. There are two forms of channeling, through the DIF or through family members. Currently, we serve children from 4 years old to 17 year olds. The majority of them are admitted due to situations of violence, omission of care or abandonment.



Our mission

"Help people in vulnerable situations through its three assistance programs aimed at children and young people, through support for food, education, health, housing and clothing so that said assisted community has better living conditions"

"PACO's mission is done by all of us"

Vision

Continuously implement actions to strengthen and presence of Promotion and Community Action I.A.P. in the healthcare field, and, for the continuity of the work carried out in favor of vulnerable populations, with the quality and warmth that characterizes us.



Executive Summary

The project "Comprehensive Care for Children and Adolescents Limited in their Human Development due to Social Abandonment" is strategically positioned in the transition towards a development approach. Its fundamental objective goes beyond addressing immediate conditions of vulnerability, seeking to empower children and adolescents through the acquisition of knowledge and skills. This training not only aims to overcome conditions of vulnerability, but is also conceived as a means to provide people with the capacity for agency and encourage their active participation in resolving the challenges that affect them.



In line with these principles, the specific objectives of the project are aimed at guaranteeing access to formal education, developing academic skills in accordance with the school grade, improving nutritional and physical status, and providing psycho-emotional health services. These objectives not only outline the direction of the project, but also reinforce the idea that the intervention goes beyond addressing immediate basic needs.

Through strategies such as participatory assemblies and active listening spaces, the program not only informs, but strengthens the voice and active role of children and adolescents in decision-making. This participatory and empowering approach reflects the dynamic nature of the project, which not only seeks to improve the present, but also invests in the comprehensive growth of the people served.

Project development



■ Educational Area

100% of the children and adolescents participating in the project attend a formal educational institution, in addition to receiving personalized educational attention within PACO, I.A.P.



We are committed to providing guaranteed access to formal education, with the firm purpose of significantly increasing attendance rates and improving the academic performance of children and adolescents.

Beyond simply facilitating access to formal education, our educational approach offers school reinforcement sessions, homework support and regularization. We work hard to develop specific academic skills, and our success is objectively measured through project participants' report cards.

■ Educational Area (Workshops)



Our educational approach goes beyond traditional classrooms, incorporating practical workshops that complement and strengthen the comprehensive development of children and adolescents.

Bakery

This workshop is attended by teenagers, it offers the possibility of acquiring skills in making simple cookies and bread, complementing mathematical thinking and reading comprehension by following recipes.

computing

The computer workshop is a vital tool to improve technological skills, an essential competence in today's world. Participants not only gain practical knowledge about the use of technology, but also become familiar with educational applications that reinforce basic academic skills

Crafts

The craft workshop not only encourages creativity, but also develops fine motor skills and the patience needed to carry out detailed projects. In addition, it is linked to psycho-emotional aspects by providing a means of personal expression.

■ Nutrition and Physical Health

During 2023, a menu based on 2,500 calories was implemented to help improve the nutritional status of children and adolescents



In our commitment to improving the nutritional status and physical health of our children and adolescents, the implementation of a balanced menu with a caloric intake of 2,500 calories per day plays a key role. This nutritional approach not only seeks to address basic energy needs, but also focuses on providing an optimal supply of nutrients essential for growth and development.

Within this menu, we highlight the strategic inclusion of natural yogurt, recognizing its importance in improving intestinal health through the promotion of beneficial microbiota. Natural yogurt, rich in probiotics, promotes a healthy balance of bacteria in the intestine, thus helping to strengthen the immune system and improve nutrient absorption.

■ Physical and sports activities

Regarding sports and physical activation, it is important to highlight the collaborative alliances that have allowed us to offer more comprehensive care. In this sense, we have the support of the following institutions.

Cantera A.C. Project

Organization that promotes the comprehensive development and social inclusion of children and young people in vulnerable situations. Its educational work methodology uses football as a tool to promote values and life skills.

Nelson Vargas Swimming School

It offers the most complete program in swimming classes for babies, children, youth and adults. Added to the multiple benefits that swimming brings to physical and emotional health, it offers a teaching system with pedagogical foundations, which consists of comprehensively developing the physical and technical skills so that a person learns to swim and move in the water. with different styles.

Activities within the institution

Through sport, a space for comprehensive development is forged where participants not only acquire physical skills, but also internalize fundamental principles for the active promotion of Human Rights. Beyond simply being a physical activity, sport promotes essential values such as fraternity, inclusion and respect, cultivates discipline and explores emotional containment in a sporting environment.

■ Psychoemotional development

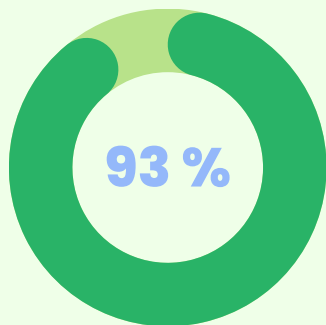
100% of children and adolescents receive psycho-emotional care through individual, group therapy or through workshops.



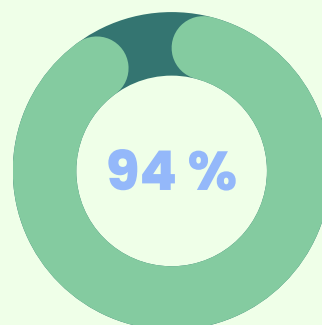
In our solid commitment to the psycho-emotional health of children and adolescents, we implement a comprehensive approach that includes individual and group care and specialized workshops. The psychologist's work is reflected in narrative reports that detail, in a comprehensive and respectful manner, general progress without compromising privacy. Attention is not only directed to children and adolescents, but also to their families, extending to mothers, fathers and educators. We have expanded our impact through alliances, providing a Diploma aimed at PACO educators with the PAS Foundation and joint sexual abuse prevention projects to Gendes and the OMA Foundation.

This strategy, which merges individual attention, group dynamics and specialized workshops, reflects our commitment to the active promotion of psychoemotional health, ensuring a real transformation in the lives of children and adolescents.

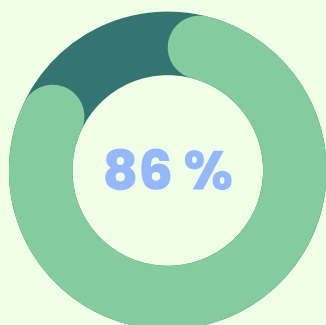
■ User perceptions



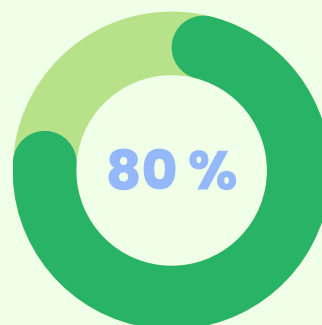
93% of users express that the therapists listened to them carefully



94% of users would recommend individual therapy to their colleagues



86% express feeling satisfied with the project.



80% of users express feeling good after therapy



93 %

93% of users express feeling better thanks to the project

■ Results 2023 PACO

100% of users completed the school year

The participants successfully completed the immediate school year.

100% of users support

Academic support sessions were provided at the institution for all participants

Healthy eating for everyone

Participants receive 3 meals a day plus two snacks and nutritional monitoring is carried out.

100% of users with access to health services

The institution provides medical consultations, evaluations and additionally has alliances such as Salud Digna, Dr Simi Foundation and Health Centers for comprehensive care.

100% of users access to a workshop

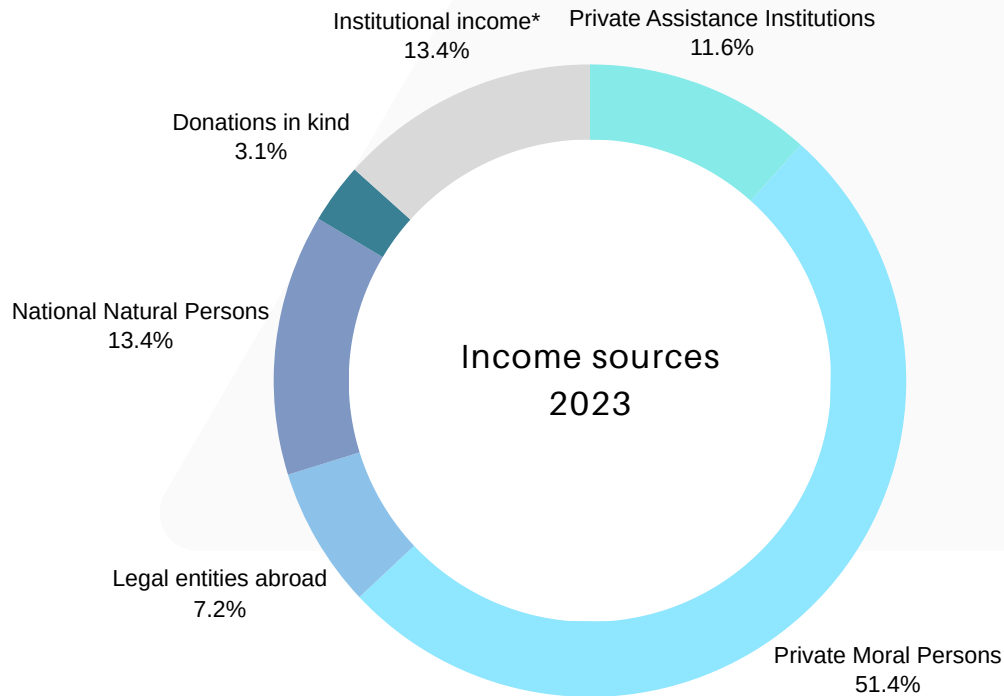
Crafts, baking, and computing workshops were offered.

100% of Users with access to psychoemotional health services

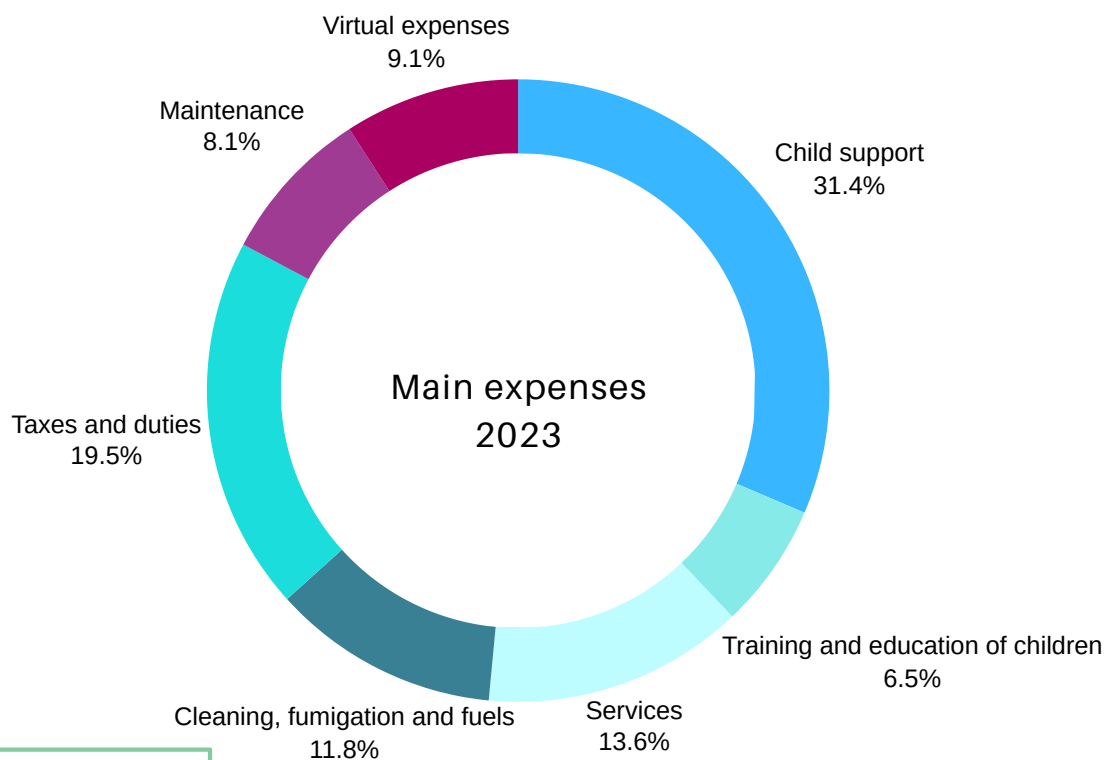
Through individual, group and workshop processes



Transparency



*Bazaar, tax reduction, recovery fees, property rental



*Depreciation on buildings, vehicles, furniture and equipment



Contact us



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Discover how to join our
cause



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