

LOVE THROUGH FOOD: SUPPORT ELDERLY IN MEXICO



HERMOSILLO





THE CHALLENGE IS: ACHIEVE A SONORA WITHOUT HUNGER

We are a non-profit Private Assistance Institution that avoids wasting food that is in perfect condition to eat, by rescuing and channeling the product to families living in food insecurity in the region.

Proof of the responsibility and professionalism with which we carry out our work are the awards and accreditations that have been awarded to the #BAMXCommunity.





WHY DO WE FIGHT AGAINST HUNGER?

After decades of a steady decline, the number of people with hunger (as measured by the prevalence of malnutrition) began to slowly rise again in 2015. ¹

For someone to find themselves in a situation where they have run out of food and gone a day or more without eating is due to human-caused conflicts, climate change, and economic downturns.

It is necessary to act quickly to provide food and carry out a profound change in all activities related to the production and distribution of food products. ²

1. ONU, 2022; 2. PROGRAMA MUNDIAL DE ALIMENTOS 2020.



IS BETTER TOGETHER



The rescue and delivery of food is achieved by working as a team. We belong to the BAMX Network (Food Banks of Mexico) the second largest network of food banks in the world, with 53 Banks in the country.

In turn, we are partners and founders of The Global FoodBanking Network, working together to achieve a world without hunger.

Our work model is focused on the UN "Sustainable Development Goals", being the main responsible for achieving "Zero Hunger" in Mexico.



The **Global FoodBanking** Network®

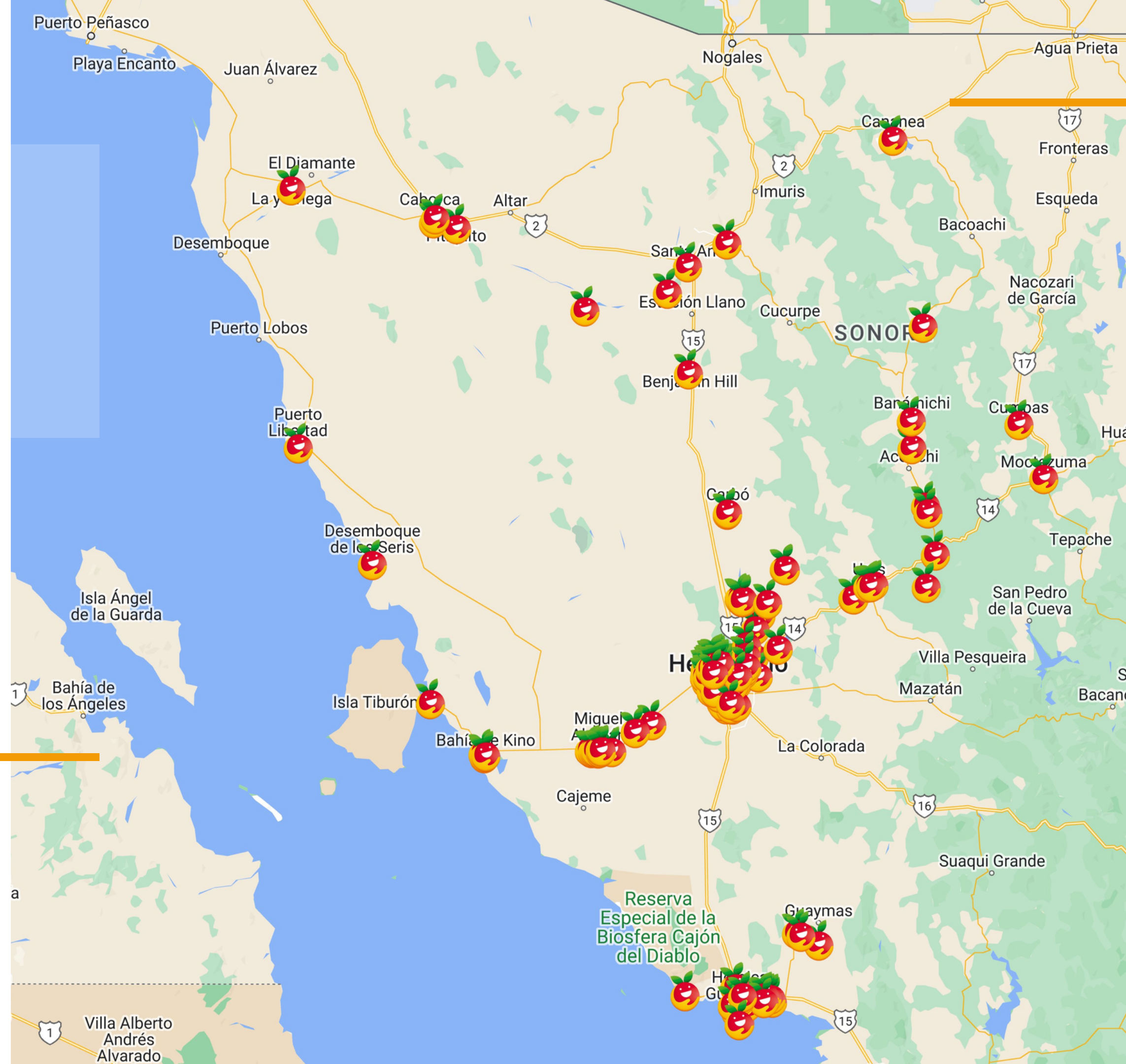


 **OBJETIVOS DE DESARROLLO SOSTENIBLE**



COVERAGE AND REACH

We deliver food to 29 locations in the state of Sonora.



FOOD PACKAGE

To ensure nutritious and sufficient food for the families that we serve together, food packages are channeled with everything they need so that they can improve their nutritional status.

Elements of the food package:

- Seasonal fruit and vegetables.
- Vegetable protein in the form of 4 grains: beans, chickpeas, peas, lentils.
- Quality carbohydrates: rice, bread and tortilla.
- Grocery products: canned goods, condiments and oil.
- Nutritious beverage: milk and juice.



WHO DO WE HELP?

Our care programs are focused on serving vulnerable groups that, due to their social, economic, cultural, physical or psychological conditions, may hinder their right to nutritious and sufficient food.



INFANCIAS



ADULTOS MAYORES



MUJERES



DISCAPACIDAD



POBLACIÓN INDÍGENA



MIGRANTES

In this project we´ll help vulnerable elderly to have their nutritional package that includes all the food they need to eat to have a dignified life.



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AYUDA DE CORAZÓN

Goal:

Facilitate access to nutritious and varied foods to improve nutrition and dignify elderliness for vulnerable adults in Sonora through the channeling of food packages.

Beneficiary Profile:

- **Adults over 65 years of age who live in food insecurity, conditions of marginalization and/or abandonment.**

Social Impact

Greater food security and a dignified elderliness.



LEARN MORE ABOUT HOW WE FIGHT HUNGER

Click on the icon that will take you directly to the page

    **BAMXHermosillo**



**IN FILLING THEIR PLATES,
WE'RE FILLING THEIR HEARTS WITH LOVE AND CARE.**



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