

Annual Report 2023 -2024



REACHING HAND[®]



From the **President's Desk**



Dear Supporters and Partners

I would like to personally thank you for your generosity and continuous support, as we embark on yet another significant year.



At New Home and Light House School, Reaching Hand has made great progress in providing free education for vulnerable children. We have also encouraged government schools to digitise their classrooms under Namma Shale program. Under our Girls' Glory Program we promote WaSH and MHM for adolescent girls studying at government schools. Our Pratishtha program imparts skill development training to underprivileged students.

Your belief in our mission empowers us to reach new heights. This year, we have had a new project called Women's Glory focusing on empowering women on WaSH and MHM. These milestones are a testament to what we can achieve together.

We are thrilled to announce some of our upcoming projects, such as our emphasis on sustainability and a cleaner environment. As we work to strengthen communities from the most vulnerable segments of our society, your ongoing collaboration is essential.

Thank you once again for your trust, commitment, and partnership. Together, we are making a difference.

Warm Regards,

Mr. Abey Thomas



About us

We are dedicated to empowering underprivileged communities through sustainable development and education initiatives. Founded in 1996, our mission is to create opportunities and foster self-reliance among those we serve. We believe that every individual deserves access to quality education, healthcare, and the resources necessary to thrive.

Our programs focus on holistic development, including educational support for children, vocational training for youth, and health awareness initiatives for children and women. We collaborate with local communities, volunteers, and partners to implement impactful solutions that address the root causes of problems in the society.

With a team of passionate individuals and a commitment to transparency and accountability, Reaching Hand strives to inspire change and uplift lives. Together, we are creating a brighter future for marginalized communities,
“One step at a time!”

Our Vision



“To empower communities globally, bringing hope for a better tomorrow.”

Our Mission

- | | |
|-------------|--|
| Create | Opportunities to innovate strategies across our focus communities |
| Connect | with beneficiaries through life-transforming engagements. |
| Collaborate | With like-minded partners across the globe to raise volunteer & resources. |

Our core Strengths

Strong partnerships

Visionary Management

Beneficiary First

Holistic Approach

Research & Evidence based Initiatives

Skilled & passionate team

Diverse Programs

Quick to respond

Measurable Impact

Sustainable Development Goal Integrated Projects

Dynamic Takers

Community Focus

Impact in Numbers

We progressively impacted 50000+ children, 50% being girls.

Over 246 +Youth have been trained, skilled and employed.

500 + volunteers have been actively mobilised for community development.

28 Schools have been empowered with digital & STEM learning.

4161 Girls in Government schools have been trained on MHM.

615 Women have been empowered from Garment Factories on WaSH & MHM.



New Home

Objective

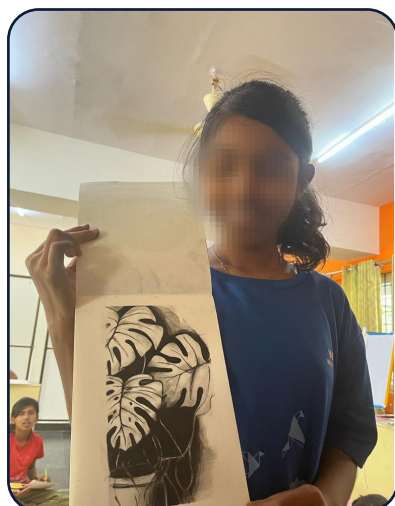
This program is designed to nurture the most vulnerable children's growth in all aspects of their life including physical, emotional, social, intellectual and moral values.

New Home campus is focused on creating a safe, supportive and child-friendly environment for children while emphasizing the importance of quality education. This dual approach is crucial for fostering both academic success and overall well-being.

Our Approach

- Ensure children's physical growth by providing nutritious & balanced diet.
- Ensure children's emotional well-being by providing psycho social support
- Ensure dignity of children by providing safe shelter, clothing and opportunity to thrive in an inclusive environment.
- Ensure intellectual development of the children by providing quality education, co-curricular activities and life skills.

Story of Hope



Neha's (Name Changed) story is one of resilience and personal growth. After losing her father at a young age, her family faced significant challenges. To provide support, Neha's mother enrolled her to New Home in 2019.

Since then, Neha has

experienced a wealth of opportunities for learning and development. Her time at New Home has not only been on academics but also on uncovering her passion at art. With her natural leadership skills and infectious smile, she ultimately became the head girl at her school, inspiring her peers along the way.

Program Summary

Child Protection & Shelter Home for underprivileged girls

Number of Beneficiaries

50

Target Beneficiaries

Vulnerable girl children from ages (7 - 18 yrs) from severely deprived households

SDG

The program is aligned to SDG 2, SDG 3, SDG 4 and SDG 6

Our Goal

To facilitate most vulnerable girl children to lead a dignified life.

Duration

Ongoing Program

Program Started

2006

Impact

Holistic care of 50 underprivileged girls.

Three of our girls have graduated from 10th grade.

90 % of our girls have secured good marks and are promoted to the next class.

Highlights of the year...



Kabaddi match winners



Inter - home talent
competition winners



Graduation ceremony

Activities at a glance....



Art Classes



Taekwondo Classes



Sensory Development



Group Collaborative
Counseling Sessions



*“ In the
midst of adversity,
Seema found solace and
opportunity in New Home.”*

Seema (name changed) is a bright child and has progressed ever since she joined New Home. Seema says, “I’m so thankful for this home. It gave me everything I needed, and it introduced me to books. My dream is to be a doctor, so I can help people feel better.” She believes that by reading and learning, she could become the kind of doctor who heals both the body and the soul.



Girls Glory

Objective

Girls Glory Program is designed to facilitate dignified life for students, especially the girl children. To provide extensive awareness on the use of Water, Sanitation & Hygiene (WaSH). We also sensitize girls on Menstrual Hygiene Management (MHM). To bring behavioural change among students.

To ensure safe drinking water, sanitation, healthy lives & promoting well-being for all.

Our Approach

- To work in collaboration with Government, education department, schools and SDMC to ensure WaSH facility for all students.
- To construct and renovate washrooms in Government Schools to ensure hygienic and separate toilets for girls and boys.
- To conduct workshops for all the students in Government Schools in order to sensitize them on WaSH.
- To create awareness among girl children on menstrual health management and install incinerators in the respective government schools
- To form and equip WaSH committees to ensure sustainability of Girls Glory program.
- To ensure access to safe drinking water in Government Schools.
- To support schools with janitors to maintain cleanliness.



In the Pursuit of a Cleaner Future

Nimra Nikath | 14 year old

“The Menstrual Hygiene Management workshop covered practical knowledge & insights, my questions were answered which I was shy to ask my mother. Thank you to Reaching Hand for initiating the improvement of facilities at my school.”

Program Summary

Girls Glory Program aims to ensure the dignified life for Government School students

Number of Beneficiaries

8212

Target Beneficiaries

Students at Government Schools.

SDG

This program is aligned to SDG 3, SDG 4, SDG 5 and SDG 6

Reached

Schools - 24

Girls - 549

Boys - 549

Workshop undertaken

WaSH -Water, Sanitation & Hygiene

MHM -Menstrual Hygiene Management

Duration

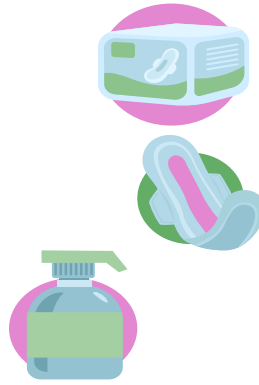
Project based

Program Started

2014

Impact

- 4483 Girls now have access to toilets
- 8212 Girls Sensitized on WaSH
- 4161 Girls Trained on MHM



WaSH Committee Created

Total MHM sessions
Reaching Hand has
Conducted is 42

- 21 Schools now have access to Pad incinerators
- 4177 No. of MHM Kits Distributed.
- 21 Schools assisted with Janitors.



Mrs. Bhagya, a social science teacher at Government Girls Higher primary School, Siddanahosalli. Has been dedicatedly serving for the past 10 years. Recently, Reaching Hand conducted MHM workshop for 240 adolescent girls.

Mrs Bhagya says - "The Reaching Hand Staff effectively covered various topics,

including the right way of using a Sanitary Pad, Safe disposal Methods, physical changes our body goes through during Puberty & debunking myths around Menstruation."

"We are grateful to Reaching Hand for creating a space where students are able to discuss menstruation openly. Such initiatives can truly empower young minds!"



Testimonial

Project Activities of Girls Glory Program



Handwash Unit & Pad Incinerator



WaSH Workshop



Focus Group Discussion



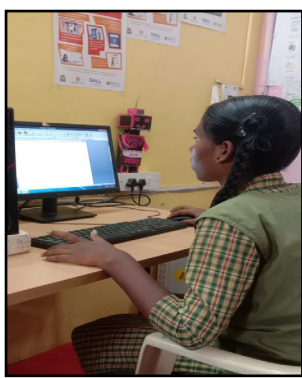
MHM Workshop



Toilet Constructed



MHM Kit



Namma Shale

Objective

To ensure access to quality education in Government schools through STEM learning and digitalization of classrooms.

Our Approach

- Collaborate with like- minded stakeholders ie., Education department, Schools and SDMC to ensure quality education.
- Providing well-equipped computer labs to Government Schools to provide basic computer skills to students.
- Providing Digital Interactive Panels to facilitate advanced teaching and learning methodology.
- Providing STEM Labs to enhance the interest in the field of Science, Technology, Engineering and Mathematics
- Providing infrastructure to enhance conducive teaching and learning environment.
- Promoting green environmental activities such as plantation & cleanliness drives.
- Promoting extra curricular activities to identify and recognise the talents of the students.



Program Summary

To enhance quality education in Government schools

Number of Beneficiaries

15404

Target Beneficiaries

Students from Government Schools

SDG

This Program is aligned to SDG 4 and SDG 5

Implemented in Schools

| | |
|-------------------------|----|
| Digital Panel Installed | 6 |
| Computer Lab Installed | 1 |
| STEM Lab Installed | 21 |

Reached

| | |
|----------|-----|
| Schools | 28 |
| Teachers | 352 |

Duration

Project based

Program Started

2015

Impact

- 11093 Students have been benefited through the Installation of STEM Lab.
- 3821 Students are have access to better learning through Installation of Digital Interactive Intelligent Panel.
- 490 Students have access to Computer education
- 5 Districts in Karnataka have digital Literacy & better learning opportunities.

Testimonial

**Mr. Mallikarjuna, Science teacher,
GHS Kyalanur , Kolar**

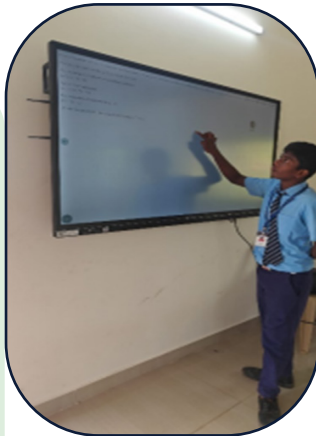


The STEM Lab provided by Reaching Hand is very useful and now our teachers are able to teach students using the working models. The students are able to enjoy the mathematical equations which are explained using the boards. Most of the students enjoy the physics models. We are grateful to Reaching hand for selecting our school & providing the STEM LAB.

**Danush, 8th Grade
GHS Makali, Bangalore**

Danush aspires to become a police officer some day. He says “Now with the help of the Digital Panel,I am able to study well. The digital board is helping me study through visual pictures & videos.”

Additionally, My English Language pronunciation is improving day by day. I am more confident in my life”



**Namashree M.S , 9th Grade
Adarsha Vidyalaya, Mysore**

“My favourite subject is biology. In my free time I usually read information about the human anatomy. Since my school now has a STEM Lab. I’m thrilled to learn concepts of science. The models are easy to understand. Thank you Reaching Hand.”



STEM Learning



Study Guide Support given to students



Back to School - Bag distribution



Sapling plantation



Tiffin Boxes distributed to students



Pratishtha

Objective

The primary goal of Pratishtha is to equip underprivileged youth with essential ,technical and entrepreneurial skills. This comprehensive skill development approach ensures that young individuals are not only capable of securing jobs but also prepared to excel in various professional environments.

Our Approach

- Students are mobilized through a variety of targeted strategies designed to reach diverse communities. Our dedicated staff conduct community visits in key areas, including colleges and slum regions, to engage directly with potential students.
- Providing career and life skills training which enhances the employability of the youth. Our training focuses on theoretical knowledge and practical skills giving them opportunities to visit relevant industries,companies, research facilities to give first hand experience of that field.
- Organise placement drives with local business' and organisations who are looking for fresh talents. Students are provided with sessions on resume building, interview preparation and personal branding enhancing their job opportunities.

A turning point in life

Krutika Nadgeri, a B.E Civil Engineering graduate, having pursued her degree from Godutai Engineering College for Women was unable to get a decent Job. "Hailing from a small village & a low-income family, proved to be a barrier & I was unable to upskill or get a job. I was keen on enrolling for a CAD Course."

She found Reaching Hand's social media handle, became a turning point in her life. She goes on to say - "The opportunity to access these courses at no cost through Reaching Hand was truly a blessing! Thanks to Reaching Hand 's CAD course, I have secured a position as an Evaluation Engineer at reputed construction company.



Program Summary

To creating livelihood opportunities and contribute towards reducing poverty and nation building.

No of beneficiaries

246

Target beneficiaries

Underprivileged students who are unemployed or lack job skills.

SDG

This program is aligned to SDG 1 , SDG 8 and SDG 10

Skill Development Courses

Auto CAD 2D and 3 D

Revit Architecture

3Ds Max

Core Employability Skills

Tally

Retail/Customer Relationship Management Skills

Digital Marketing

Course Duration

3 Months

Program Started

2015

Impact

- 246 Youth trained with employable skills
- 227 Youth employed in different companies



Activities at a glance



A new door of opportunities



Sunil E, was not able to find a suitable Job. He says " After completing my B. Com, I began searching for a job, but soon discovered that many employers required technical skills that I did not possess, particularly in computers & accounting software like Tally. Recognizing the gap in my skills, I looked for courses that could help me become more employable. I came across several private organizations that offered courses

in computer literacy, Tally and other technical skills. However, the fees for these courses were around Rs 35,000/- which I simply could not afford given my financial situation. A friend of mine told me about Reaching Hand. I decided to enroll in Core Employability Skills course. This was a life-changing decision. I now proudly can say that I have got a Job in Accenture with a very handsome salary.



Light House International Academy

Objective

Light House International is a school dedicated for underprivileged children facing educational challenges due to poverty and trauma. The school focuses on creating a nurturing environment that supports healing and personal growth. The school emphasis on the academic excellence of the children.

Our Approach

- Underprivileged children suffering from poverty & students who have no access to quality education, are exclusively admitted into our school.
- To provide quality education in English Medium from nursery to tenth grade.
- Tailored and comprehensive curriculum to suit student's capacity.
- Provide free mid-day meals and regular medical check ups to ensure physical well being.
- Provide transportation for children to and fro to ensure regular attendance
- Our teaching methodology involves imparting knowledge to our students through the best possible ways in a nurturing environment through remedial classes, curricular & co-curricular activities, STEM learning.
- Special focus is given for Sports by appointing two coaches to train our students in football , Athletics, Kabaddi and Cricket.
- Our facilities include well equipped classrooms, Computer Labs, a library, a STEM Lab, digital interactive Panel and well maintained playground.



Program Summary

School for underprivileged children.

No of beneficiaries

134

Target beneficiaries

Most Vulnerable students deprived of quality education

SDG

This program is aligned to SDG 2, SDG 3, SDG 4, SDG 5 and SDG 6

Our Goal

To enable, empower and equip underprivileged students with holistic education in a caring environment

Duration

On going program on the basis of School Academic Year

Program Started

2017

Impact

134 students have access to free and quality education.

Physical and mental well-being of the children has improved.

Students were exposed to educational opportunities and inter school sports competitions

A student got a scholarship from South United Football Academy (SUFA) to get trained.



Activities at a glance....



Kitchen Garden

Field trip to
National Aerospace Laboratories



Karnataka
Rajotsava
Celebration



School Excursion



Science Practical



Upcoming Plans

We plan to reach out to 200 underprivileged children, from nearby villages & other group foster homes. We have started the construction of additional classrooms & a computer Lab for our school to facilitate our vision





Women's Glory

Objective

- To sensitize women on Menstrual Hygiene Management.
- To bring behavioural change among women in handling their Menstruation effectively.
- To facilitate women to save money by using menstrual cups and environmental friendly bio-degradable pads.
- To create Eco- friendly atmosphere at workplace and the community.

Did You Know ???

\$87 Billion GDP is lost due to Period Poverty in India?

Our Approach

- Identify most vulnerable women who are working in small scale industries.
- Sensitizing women on Menstrual Hygiene Management by trained health workers
- Setting up help desk/ Helpline to address the Menstrual Hygiene Management issues of women.
- Organising health camps for women facing health issues.
- Promoting Bio degradable Menstrual products such as Menstrual cup
- Ensuring an Eco-friendly atmosphere by setting up of Incinerators for better hygiene Management.



Health Camp was conducted for 787 Women successfully.



The menstrual cup changed the way I think about my period. I have been using it for the past three months. It is so comfortable to use. No discomfort ! Environment friendly too.

Menstrual Awareness Session was informative. Thank you for the MHM Kit. The Gynac Health Check Up Camp organised by Reaching Hand was helpful for me and my colleagues. We needed that !

Nagarathana

Employee at Shell Apparel



Beneficiary Feedback



**Vasudha, Proprietor
Shell Apparels**

"I am amazed to hear the hygiene transformation among our staff. 70% of our staff have pledged to use the menstrual cup as part of the sustainability initiative that our organisation has undertaken to keep after the intervention of Reaching Hand.

After the installation of the pad incinerator there has also been a decrease in blocked toilet sewage pipes and an increase in hygiene. This has created an eco-friendly environment in our premises thus increased productivity at workplace. This truly is remarkable!"



Impact

- 615 Women at Garment Factories were trained on Menstrual Hygiene Management.
- Help Desks / Helplines have been established to cater to the needs of women workers, which has significantly improved the working environment for women, fostering a sense of respect.
- 615 women received bio-degradable Menstrual products such as Menstrual cups /Sanitary pads, Intimate hygiene wash, Toilet Roll.
- Pad Incinerators have been installed at both the Apparel factories which has reduced 99% pipe blockages.
- 787 Women were screened at the health camp for gynac related health issues and needy women were provided with follow up treatment.

"Over the years, I've spearheaded initiatives aimed at promoting hygiene among our women workers. However, our efforts faced many challenges.

Reaching Hand Stepped in to support our cause. Their Interventions have aimed to dispel stigma and myths surrounding Menstrual Hygiene. Our heartfelt gratitude to the team at Reaching Hand for providing us with Help Desk, health works and for promoting the most needed change and a positive work environment.

Mr. Srinivas
General Manager , Sunita Impex Manufacturing Company



Volunteer Engagement

Get Involved

Reaching Hand is privileged to partner with like minded Corporates for their valuable time and support to benefit the underprivileged children studying in government schools and communities. We value their time spent with children and the communities.

Reaching Hand believes Volunteers from Corporate Companies & other walks of life have the potential to make a difference in the lives of less fortunate children. We engage like minded people in our programs who can donate their time, skills & expertise in teaching & capacity building of children & our staff . This provides an excellent space for working professionals & others to experience the joy of Volunteering.

Highlights of Volunteering activities during the year

We engaged 500+ Volunteers last year
and we look forward to engage more
in the coming year



A fruitful step towards sustainability



As part of the Reach Plantation drive we are thrilled to share the first yield of Pomegranates from Chikkabanavara Government School. This was possible with the collaborative effort of like-minded Corporate.

Testimonial



Mr. Harishgowda SK

Principal | Chikkabanavara Government School

Our school has taken the pledge to promote a greener environment. We have planted various fruit trees in our campus which was supported by Reaching Hand's Plantation Drive. We have noticed that more students are now interested in nurturing these saplings. The saplings are now yielding.

We have Mangoes, Pomogranets and many more fruits. In the coming months we will be planting more medicinal herbs and plants so that more of students are aware of the importance of plants and trees

Volunteering Opportunities

- Creative painting in government schools
- Mentoring, Coaching & Career Guidance
- Workshops on Health & Hygiene
- School Clean Drive
- Basic Computer Skills
- Social Media Marketing
- Run for us at Marathon and Fundraising Events
- Make a heart whelming documentary

Our Governance & Management

Reaching Hand is governed by a Trust Deed, which specifies its objectives & powers. Our governing Board consists of 5 members who take the vision and mission of the organization forward to create a lasting impact for the less privileged.

We also have a passionate and experienced Social Development Professionals committed to transform, empower and develop so to make a positive impact in our community. Our dedicated Management & the staff are the driving force behind our mission.

Members on the Board

Mr. Abey Thomas

President

Mr. K. T. Saju

Secretary

Mr. T. M. Santhosh

Treasurer

Mr. Abraham Eapen

Trustee

Adv. Sashmeeta Mulmi

Trustee

Dates of Board Meetings

From April 23 to March 24

24 - 06 - 2023

30 - 09 - 2023

16 - 12 - 2023

16 - 03 - 2023

Reaching Hand Trust - Consolidated Financial Statement

Income & Expenditure Account for the year 31st March 2024

(Consolidated)

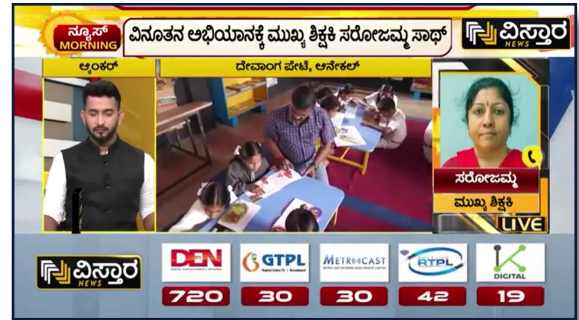
| | Amount | | Amount |
|------------------------------|----------------|-----------------------------------|----------------|
| To Programmes | 8,55,32,934.52 | By Donations -- Local | 7,92,35,022.76 |
| Programme Mangement | 8,55,32,934.52 | Donations -- FC | 52,96,009.62 |
| Fundraising and Volunteering | 14,08,465.28 | Bank Interest -- Local | 3,92,872.00 |
| Depreciation | 35,69,152.00 | Bank Interest -- FC | 39,085 |
| | | Other Incomes & Sale Proceeds | 33,31,761.32 |
| | | Excess of expenditure over Income | 68,06,689.45 |
| Total | 9,51,01,440.15 | Total | 9,51,01,440.15 |

Balance Sheet as on 31st March 2024

(Consolidated)

| | Amount | | Amount |
|-----------------|----------------|------------------------|----------------|
| Corpus Fund | 1,000 | Fixed Assets | 6,88,72,905 |
| General Fund | 6,96,87,296.68 | Fixed Deposit | 5,54,190 |
| Loans Liability | 48.63,830.76 | Advances & Deposits | 12,78,274.59 |
| | | Current Assets | |
| | | <u>Closing Balance</u> | |
| | | Cash | 80,922.50 |
| | | Bank | 37,65,835.35 |
| | 7,45,52,127.44 | | 7,45,52,127.44 |

Media Clippings



Highest in Children Cause Category

Fundraising Event

Reaching Hand raised the most money in the category for children's causes at the TCSW10K Marathon May 23. The TCS World 10K Bengaluru is an event that has been a phenomenal influence on social change.

Having been a catalyst for 600+ NGO's in all causes be it Health,Animals, Human Rights,Skill Development, Women Empowerment,etc.,

Our Donors & Partners

Reaching Hand collaborates with Corporates, Business' along with their CSR teams to create impactful and sustainable programs. To connect with our team you could mail reach@reachinghand.org



Informatica



Azim Premji
Foundation





REACHING HAND[®]

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