



Desembolê Project Arca Rugby

**Sports, linguistic and cultural trip to
France for 17 Brazilian youths from
the favela of Vila Prudente (East zone
of São Paulo) in July 2023**

Desembolê : Travel to France for 17 young Brazilians in July 2023

What is it about?

- An opportunity for cultural, linguistic and sports immersion in France for a mixed group of young Rugby players from Arca do Saber in July 2023
- In order to celebrate the ten years of partnership between Arca and the PAC and on the eve of the Rugby World Cup in France (October 2023)



Participants

- 17 girls and boys from Arca do Saber, aged 12 to 17, who have been playing rugby within the PAC for several years
- Two educators from Arca do Saber will accompany the youth group, from the departure from São Paulo until the return. There are 19 participants from Brazil.

Preparing young people

- Participation of young people in activities by Arca do Saber
- French course focused on rugby from May to December 2022 and French course in partnership with the *Alliance Française* between March and June 2023
- Participation in training, matches, tournaments and rugby internships organized by the PAC

Dates

- 21 days of travel
- From 12 July to 1 August 2023 (From and to Sao Paulo)
- During school holidays in Brazil and France

The trip will begin with the celebrations of July 14 in Paris and end with the largest Beach Rugby tournament in France that is held annually in Gruissan during the last weekend of July.

3 stages

- 1st stage – 10 days in **Paris** (from 13 to 22 july)
- 2nd stage - 5 days in Lyon (July 22 to 27)
- 3rd stage - 4 Days in Montpellier and Gruissan (July 27 to 31)

12 July – August 1st 2023

Lun.	Mär.	Mär.	Jeu.	Vend.	Sam	Dim
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1					

1. Rugby

Rugby practice in partnership with 3 renowned French clubs in Paris, Lyon and Montpellier:

- Rugby Club Suresnes (RCS)
- Lyon Olympique Université (LOU)
- Pic Saint Loup Rugby School



These clubs are committed to the training of young players and support the project through:

- Provision of facilities for training and matches during the stay
- Mobilizing a group of young French players for joint training sessions



To round off the trip, Arca players and players from the two French partner clubs will take part in the **Gruissan Beach Rugby** tournament.



3 Sporting, linguistic and cultural experience: the 3 pillars of Desembolê (2/2)

2. French language and culture

Immersion in French culture and practice of French during the trip

- **Learning and practising French** through preparatory courses and courses during the trip
- **Accommodation in French families** in Paris and Lyon (within the Arca volunteers network)
- **Meeting with French players** from partner rugby clubs
- **Cultural visits** throughout the trip

3. Capoeira

- **Capoeira practice with young French capoeiristas** in partnership with masters in France
- **Capoeira demonstrations** during events organized during the trip
- **Initiation** of French friends to capoeira



Arca's rugby team



Wender



Rafael



Pablo



Reginaldo



Yasmin



Anne



Layane



Diogo



Guilherme



Kauã



Samira



Livia



Maria



Yuri



Antônio



Daniel



Nicolý