

## [PROJECT REPORT "With you, it is possible Amigos de San Cristobal" \(58900\)](#)

We are pleased to share that thanks to the funds raised by this project, we have been able to hire a person, Patricia López, for a few months to monitor the projects funded this year. She will join the Projects and Strengthening area and her work will consist of monitoring the projects, conducting two follow-up visits per year, reviewing reports submitted by organizations and groups, as well as preparing reports and providing feedback to these groups to strengthen their work and, together, achieve a greater impact in the region. The health, education, and environmental projects selected this year by Amigos de San Cristóbal, A.C. and being implemented in 2025 are:

1. Tierra Roja Cuxtitali, A.C.
2. Hogar Comunitario, Yach'il Antzetic, A.C.
3. Melel Xojobal, A.C.
4. Sanando Heridas, A.C.
5. Ideas, Información y Diseños Educativos para Acciones Saludables, A.C. (CHIELTIK).
6. Cooperación y Organización Integral para el Desarrollo Rural, A.C. (Conider).
7. Formación y Capacitación, A.C. (FOCA).
8. Foro para el Desarrollo Sustentable, A.C. (Semillero 259 y Patrulla Roja & Centavitos Rojos).
9. Agua y Vida: Mujeres, Derechos y Ambiente, A.C.
10. Promedios de Comunicación Comunitaria, A.C.
11. Jóvenes Construyendo Territorios, A.C. (JOVENARTE).

### Tierra Roja Cuxtitali, A.C.



**Project Name:** "Tierra Roja Cuxtitali: 10 Years of Peace and Community Learning."

#### **Beneficiaries:**

- Direct: 70.
- Indirect: Between 275 and 530.

### **Project Description:**

The 2025 project continues the 2024 project, maintaining its four key operational areas: comprehensive education, socio-emotional education, socio-environmental education, and community participation, all with a focus on popular outdoor education and peace education. These areas continue to strengthen learning and healthy relationships between children, youth, and families.

The training program is enriched with differentiated activities for girls, women, and men of all ages, promoting a more equitable and aware community regarding issues of gender, violence, and discrimination.

Partnerships with the local community are also strengthened through outings, events, volunteering, knowledge exchanges, and the "Healing Our Hearts" campaign, which celebrates 10 years of the project with 10 public presentations in San Cristóbal de Las Casas, Chiapas, and abroad.

### **General objective of the project:**

To strengthen the social fabric of the multicultural community of Tierra Roja Cuxtitali, promoting actions that promote the right to education and a dignified and healthy life for children, youth, and families in the urban periphery.

### **Specific objectives of the project:**

1. To offer a dignified, inclusive, and comprehensive learning space for children and youth, both in school and out of school, of diverse backgrounds, identities, abilities, and genders.
2. To promote healthy relationships, individual and collective health and well-being through a social space free from discrimination and violence.
3. To share and build knowledge and practices of socio-environmental education as a means to contribute to the ownership and care of the territory.
4. Strengthen the connections and alliances between the Tierra Roja Cuxtitali community and the local community by sharing experiences with other organizations with similar visions and practices.

### **Municipalities and communities where the project will be implemented:**

Urban outskirts of San Cristóbal de Las Casas: neighborhoods of La Garita, Molino de Los Arcos, Molino-Utrilla, Peje de Oro, 31 de Marzo, and 4 de Marzo.

## **Hogar Comunitario, Yach'il Antzetic, A.C.**



**Project Name:** "New Women: Comprehensive Development Free of Violence for Indigenous and Mestizo Women, Girls, Boys, and Adolescents. Chiapas, Mexico 2025."

**Beneficiaries:**

- Direct: 737.
- Indirect: 630.

**Project Description:**

For almost 30 years, the project has provided ongoing support to women, girls, boys, and adolescents, adapting to contexts of violence, labor exploitation, and criminal risks. To improve their living conditions, the current proposal outlines five key outcomes:

1. Internal Organization: Strengthening the work team.
2. Primary Care: Emotional and prenatal care.
3. Preventive Education: Actions against early pregnancies and violence in various settings.
4. Training and Self-Employment: Capacity Building and Talent Promotion, especially through the TRAMA group.
5. Liaison and Dissemination: Coordination with regional stakeholders and visibility of the Community Home's work.

The objective is to provide comprehensive support that promotes self-care, autonomy, and more dignified living conditions for women.

**General objective of the project:**

To contribute—through work with women, girls, boys, and adolescents experiencing violence and unplanned pregnancies who live in contexts of poverty and high marginalization—to the dignity and exercise of their rights, through primary care, human development, preventive education, and the development of skills for their economic autonomy. This comprehensive approach seeks to prevent violence and build more equitable communities.

**Specific objectives of the project:**

1. Implement care, human development, and prevention strategies through clear and culturally appropriate information for the empowerment of women experiencing violence and unplanned pregnancies.
2. Develop comprehensive practices that leverage the talents of the women we work with, so that they improve their skills for self-employment and their income.
- 3.- Promote the denormalization of violence against women, girls, boys, and adolescents through culturally appropriate preventive education strategies, as well as coordination-reflection-action with other actors working in the region.

**Municipalities and communities where the project will be implemented:**

Municipality of San Cristóbal de Las Casas, both in the city and in the rural area. We also plan to work with two schools in the municipality of Mitontic and with artisans from Aldama, San Andrés Larráinzar, Tenejapa, and San Juan Cancúc. The women we will work with in primary care at our headquarters in San Cristóbal are mostly from communities in Los Altos de Chiapas.

## Melel Xojobal, A.C.



**Project Name:** "Protagonistic Participation for Contextual Education as a Right for Working Children in San Cristóbal de Las Casas."

### **Beneficiaries:**

- Direct: 145
- Indirect: 580

### **Project Description:**

The project seeks to strengthen non-formal training spaces for working children ages 4 to 11 in four markets and public squares, guaranteeing their right to education. Through daily sessions, activities are developed on contextual literacy, children's rights, motor skills, reading and writing, mathematical thinking, and personalized academic support.

In addition, life skills, conflict resolution, emotional management, and identity building are promoted, with the aim of reducing peer violence. These actions are complemented by community awareness-raising processes aimed at mothers, fathers, and adults in the public sphere, promoting care, safety, and the right to the city through cultural events, fairs, and campaigns for the right to identity and education.

### **General objective of the project:**

To promote the right to contextual education for indigenous working children aged 4 to 11, through support and awareness-raising for positive conflict resolution and the prevention of educational gaps.

### **Specific objectives of the project:**

1. To strengthen contextual learning circles to reinforce the academic skills of working children through recreational activities within their workplace and appropriate to their age.
2. To promote participatory advocacy for children's rights through self-awareness and emotional management, to prevent violence among peers and in their daily lives.
3. To strengthen access to the right to identity and education for indigenous working children through support and awareness-raising activities for parents to prevent educational gaps at the preschool and primary levels.

### **Municipalities and communities where the project will be implemented:**

San Cristóbal de Las Casas, in four public spaces: the Santo Domingo Handicraft Market, the Southern Popular Market (Merposur), Plaza Catedral (at night, while parents sell their products to tourists, children have fun and learn through educational activities), and the 20 de Noviembre Walkway.

### **Sanando Heridas, A.C.**



**Project Name:** "Strengthening Oral Health in the Tzotzil Communities of the Chiapas Highlands."

### **Beneficiaries:**

- Direct: 1,030.
- Indirect: 2,495.

### **Project Description:**

The Healing Wounds Care Program has two areas of intervention: 1) Health care provided at the San Cristóbal Clinic to low-income families and in seven communities in the Chiapas Highlands region, through six strategies: comprehensive medical consultations, basic dental care, care for four monitoring groups: growth and development of children ages 0 to 5, pregnancy, childbirth, and postpartum care, care and follow-up of family planning methods, and care for chronic diseases in adults, as well as specialized medical management actions. 2) Health education through training courses promoting healthy habits for children in basic education (preschool and primary) on topics such as healthy eating and oral health. This proposal prioritizes dental care for children and women and the promotion of healthy habits for children through training courses in elementary schools.

### **General objective of the project:**

To contribute to strengthening the health and comprehensive education of Tsotsil families in Los Altos de Chiapas by providing basic dental care at the Sanando Heridas Clinic and in seven indigenous communities, with specific dental care days, and promoting healthy habits from childhood through training courses for children in basic education.

### Specific objectives of the project:

- 1) To reduce the prevalence of oral diseases in children and women—primarily at the Sanando Heridas Clinic and in seven communities—through dental care, providing comprehensive prevention, treatment, and dental health education services.
- 2) Implement training courses promoting healthy habits for girls and boys in elementary schools (preschool and primary) in eight communities in the Los Altos region, focusing on oral health and healthy eating during the 2024-2025 school year.
- 3) Propose and design linguistically and culturally relevant educational materials for girls and boys related to healthy eating and/or oral health.

### Municipalities and communities where the project will be implemented:

The target population is located in eight communities in five municipalities in the Los Altos region of Chiapas. Medical and dental care is provided in seven of these communities, and training courses are implemented in elementary schools in eight communities: in the municipality of Chalchihuitán, in the Canalumtic community (Health Care and Health Education); in the municipality of Chenalhó, in communities such as Poconichim, Bachen, and Naranjatik Alto (Health Care and Health Education); San Cristóbal municipality, Los Llanos community, and Sanando Heridas Clinic (Health Care); Teopisca municipality, Chichihuitán community (Health Care and Health Education); Lindavista community (Health Education); and Zinacantán municipality, Tierra Blanca community (Health Care and Health Education).

## Ideas, Información y Diseños Educativos para Acciones Saludables, A.C. (CHIELTIK)



**Project Name:** "Socio-emotional education for Mayan children, adolescents, and young people to promote school retention."

### Beneficiaries:

Direct: 195.

Indirect: 716.

### Project Description:

The project seeks to train youth radio promoters, strengthening their communication, production, voiceover, and editing skills. This will enable adolescents and young people to

generate content that promotes the values of the Mayan worldview, as well as human rights, sexual and reproductive rights, and the rights of Indigenous peoples. Additionally, content will be produced in Tseltal, Tsotsil, and Spanish, addressing topics related to Mayan identity and the rights of children and adolescents.

The project ensures that it will not put people in vulnerable conditions at risk, following principles of harmonious and nurturing coexistence based on the traditional values of Mayan communities. Agreements have also been reached with educational and community institutions to support these activities.

#### **General objective of the project:**

The general objective of this proposal is to contribute to strengthening the socio-emotional capacities of Mayan adolescents and young people as a protective factor against school dropouts through the municipal community radio stations of Ch'ieltik.

Monitoring and evaluation of the results will include an outcome indicator: the percentage of children, adolescents, and young people who significantly improve their socio-emotional knowledge and skills conducive to preventing school dropouts.

#### **Specific objectives of the project:**

- 1) Improve the socio-emotional skills and capacities of Mayan adolescents and young people in three communities in the state of Chiapas.
- 2) Strengthen youth leadership in school and civic participation spaces by carrying out preventive actions regarding school dropouts among their peer groups and at the community level.
- 3) Expand partnerships and local public advocacy to create spaces of trust and shared responsibility, free from adult-centric and patriarchal perspectives, so that women and girls, in particular, can make decisions on issues that affect their lives and communities.

#### **Municipalities and communities where the project will be implemented:**

San Pedro Chenalhó, municipality of Chenalhó; Chilolj', municipality of San Juan Cancuc; El Pozo, municipality of San Juan Cancuc.

## **Cooperación y Organización Integral para el Desarrollo Rural, A.C. (CONIDER)**



**Project Name:** "Same Moon."

### **Beneficiaries:**

Direct: 194.

Indirect: 238.

### **Project Description:**

This 8-month project will be carried out at Technical Secondary School No. 77, with first-grade students. Through practical and awareness-raising workshops, the goal is for adolescent girls to acquire tools for dignified menstruation, and for adolescent boys to become aware of this issue.

In addition, we will work with some teachers to promote changes within the school that benefit female students. Community participation is not contemplated due to the lack of conditions for informed dialogue on the topic.

### **General Objective of the Project:**

To implement a comprehensive menstrual education and management program for girls and adolescents in Indigenous communities.

### **Specific project objectives:**

- a) Promote knowledge about menstrual cycles and reproductive health, teaching girls and adolescents how to take control of their health.
- b) Create support networks among young women.
- c) Ensure access to menstrual hygiene products.

### **Municipalities and communities where the project will be implemented:**

The municipality is San Juan Cancuc, and work will primarily be carried out in the municipal seat at Technical Secondary School No. 77, with Code: 07DST00790. Our priority (due to our limited capacity) will initially be first-year secondary school groups, with a target population of 90 girls and, if conditions permit, an equal number of boys.

## **Formación y Capacitación, A.C. (FOCA)**



**Project Name:** “Visibility and Strengthening of Midwives and Apprentices: Continuing Training from a Gender, Interculturality, and Rights-Based Perspective for Community Health Care.”

### **Beneficiaries:**

- Direct: 30
- Indirect: 35

### **Project Description:**

The project promotes generational dialogue between master midwives and apprentices, integrating traditional knowledge with comprehensive health tools from an intercultural, gender, and women's rights perspective, focusing on Indigenous peoples.

The project seeks to strengthen emergency care, combat obstetric violence, and develop political leaders who defend traditional midwifery at the community and regional levels. The project has grown, incorporating midwives from Chamula and Las Rosas, with increased participation from young women interested in continuing this legacy.

Three key workshops will be held in San Cristóbal de Las Casas on rights, comprehensive health, and leadership. Each will bring together five women from each municipality and will be replicated in their communities. FOCA will follow up with visits to reinforce learning and support new leaders.

### **General objective of the project:**

To guarantee the continuity of traditional midwifery and community knowledge, ensuring that new generations of midwives are trained to preserve and transmit this vital knowledge, thus contributing to the overall well-being of their communities.

### **Specific objectives of the project:**

- 1) Improve emergency care: Train apprentices to respond effectively in critical situations, ensuring adequate and timely care.
- 2) Strengthen the political training of leaders: Empower midwives to advocate for the defense and continuity of traditional midwifery and community knowledge, promoting their recognition at the regional, state, and national levels.
- 3) Promote a women's rights approach: Ensure that midwifery training and practice are carried out from an intercultural and gender perspective, respecting and valuing ancestral knowledge and women's right to decide about their birthing process.

### **Municipalities and communities where the project will be implemented:**

San Cristóbal de Las Casas, Oxchuc, Tenejapa, Chanal, Chamula, Las Rosas, and San Juan Cancuc.

## **FORO PARA EL DESARROLLO SUSTENTABLE, A.C. (SEMILLERO 259 Y PATRULLA ROJA & CENTAVITOS ROJOS)**



**Project Name:** "Agroecological Community for Good Living."

**Beneficiaries:**

- Direct: 123
- Indirect: 3,800

**Project Description:**

We are a community of collectives that carry out activities on the outskirts of the city, offering workshops, training, sports, and artistic activities for children and youth, promoting self-care, conscious eating, physical activity, arts, and community work.

Our activities are visible because we work in the streets of our locations. In this way, we build connections and support networks to share these activities throughout the city and promote these topics.

Knowledge is created by sharing knowledge with people from the Highlands area, reviving our ancestral traditions by being settled in places where there is a large population of the Tseltal and Tsotsil regions of Chiapas.

**General objective of the project:**

To transmit to new generations an awareness of self-care, collective care, and the care and preservation of our Mother Nature, through the practice of a set of learning experiences based on culture, agroecology, art, and local flavors and knowledge.

**Specific objectives of the project:**

- 1) To provide recreational workshops covering topics such as food, agroecological food production, and the environment.
- 2) To consolidate two training centers for children and youth.
- 3) To create ways to educate about current food and environmental issues through creative techniques that are easy to understand for all audiences, such as theater, murals, and artistic and sports activities.

**Municipalities and communities where the project will be implemented:**

San Cristóbal de Las Casas, Chiapas, in both the northern and southern parts of the city.

**AGUA Y VIDA: MUJERES, DERECHOS Y AMBIENTE, A.C.**



**Project Name:** "Toward Empowering Women in Participatory Water Management in San Cristóbal de Las Casas, Chiapas - Stage 2."

**Beneficiaries:**

- Direct: 30
- Indirect: 330

**Project Description:**

Although women's participation in water issues in San Cristóbal de Las Casas is increasing, they still face challenges such as care overload and machismo in their communities. This project seeks to strengthen their organization and participation from an ecofeminist and climate justice perspective, through activities such as a municipal and regional meeting of women water defenders, the production of a video featuring their testimonies, and monitoring the international campaign "Women Are Water."

**General Objective of the Project:**

To strengthen the personal and collective power of women water defenders in San Cristóbal de Las Casas through ecofeminist political training and information, enabling the development of processes for the defense of the right to water.

**Specific objectives of the project:**

- 1) Create training and exchange spaces for women water defenders in San Cristóbal de Las Casas.
- 2) Raise awareness of the issues and actions women are taking regarding community water care and management.

**Municipalities and communities where the project will be implemented:**

San Cristóbal de Las Casas: Alcanfores, Cuxtitali, and neighborhoods in the southern zone. Women water defenders from other municipalities in Chiapas, yet to be fully defined. Currently, we have identified the following: Tuxtla, Chenalhó, Tenejapa, Chilón, Palenque, and Tonalá, seeking representation from the regions of Chiapas.

**PROMEDIOS DE COMUNICACIÓN COMUNITARIA, A.C.**



**Project Name:** “El Fogón de las Palabras: Community Stories Laboratory.”

**Beneficiaries:**

- Direct: 147.
- Indirect: 3,500.

**Project Description:**

El Fogón de las Palabras is an interdisciplinary project that creates spaces for encounter through community art, popular communication, and narrative practices, where people can tell their stories with dignity and promote their identity and culture.

After collaborating with 22 organizations in Chiapas, Guatemala, and Honduras (2022–2024), in 2025 the focus will be on communities recording and editing their narratives through technical workshops. Seven meetings will be held in five communities and two universities, strengthening networks and making the content already created visible. Priority will be given to the participation of women, facilitating their attendance with financial and logistical support and childcare facilities.

**General project objective:**

The project seeks to strengthen the practical, critical, and creative skills of participants through workshops and listening sessions, enabling them to produce radio programs centered on their own voices and experiences. These narratives will promote a culture of peace, dialogue, community health, healthy eating, agriculture, territorial defense, and good practices for coexistence.

**Specific project objectives:**

- a) To strengthen participants' creative popular communication skills so they can develop their own narratives through radio programs, using art, technology, and narrative practices.
- b) To disseminate the work of 14 organizations in Los Altos de Chiapas with which we collaborated between 2022 and 2024.
- c) To provide technical training to people from three communities in audio, recording, and editing.
- d) To hold 7 Listening Sessions/Meetings in 5 communities and 2 universities, fostering coexistence, reflection, and networking.
- e) Expand the dissemination of the created content by sharing it on digital platforms, community radio stations, and social media.

**Municipalities and communities where the project will be implemented:**

San Cristóbal de Las Casas (with collectives in the north and south of this municipality).  
Tenejapa (with the network of women healers).

## JÓVENES ARTICULANDO TERRITORIOS, A.C. (JOVENARTE)



**Project Name:** "Agroecological Youth for Good Living in Huixtán, Chiapas."

### **Beneficiaries**

- Direct: 82.
- Indirect: 465.

### **Project Description:**

The project will strengthen the school garden with an irrigation system, shade netting, and a nursery for propagating native seeds and forest trees. A Local Action Plan for Climate Risks will be developed, based on a participatory assessment with students, teachers, and families. Youth will also be trained in risk prevention and management, promoting intergenerational learning. The plan will be presented to the city council for possible inclusion in the Municipal Development Plan, and a reforestation activity will be carried out.

In addition, the organization will monitor processes at CEMSaD 137 and update its bylaws to process its authorization as an Authorized Donor, strengthening its institutional capacity in Los Altos de Chiapas.

### **General objective of the project:**

To contribute to improving community prevention, response, and resilience to the effects of climate change by strengthening tools and capacities for natural risk management with 80 Tseltal youth from the Distance Higher Secondary Education Center 300 in San Pedro Pedernal, Huixtán, Chiapas.

### **Specific objectives of the project:**

- 1) To design, in a participatory manner, a tool for the prevention and management of community natural risks associated with climate change.
- 2) To strengthen learning spaces and agricultural capacities of youth for the prevention and management of natural risks.
- 3) To promote natural risk prevention by disseminating the local action plan to community members and local authorities in San Pedro Pedernal.

### **Municipalities and communities where the project will be implemented:**

San Pedro Pedernal, Huixtán.