



MATERNITY HOME

COMMUNITY HEALTHCARE CENTRE



A PROJECT OF IMKAAN WELFARE ORGANIZATION

ABOUT IMKAAN

Imkaan Welfare Organization was founded on the tenet that each child not only has the right to live but to thrive.

Based in Machar Colony, the largest slum in Karachi, Imkaan focuses on overall wellness of children and the community through education, recreation and sports, healthcare, solid waste management and legal aid support.



"No child's life shall be curtailed by the circumstances of his or her birth because each one deserves absolute love and infinite opportunity to grow" - Imkaan's Mission Statement



PROJECTS

Established in 2012, Imkaan has implemented various projects in the community of Machar Colony with an aim to replicate the same in other underprivileged/stateless communities.

Imkaan Welfare Organization focuses on child welfare through all its projects by providing opportunities of growth and a clean environment to live and thrive.

Khel - A
Learning &
Recreational
Centre

Community
Healthcare
Centre

Maternity
Home &
Neonatal
Support

Legal Aid
Services

Pasban-e-
Mahaul - A
Solid Waste
Management
Project

THE COMMUNITY

Machar Colony is one of the largest informal settlement (Katchi Abadi) in Karachi with a population of 700,000+ people. The inhabitants of the community face several issues including but not limited to:

- lack of identification,
- lack of educational opportunities and institutions,
- lack of healthcare initiatives, proper housing and,
- seasonal employment.

[CLICK TO TAKE A QUICK TOUR OF MACHAR COLONY](#)

63% Bengali & Burmese while the rest are Pathan, Sindhi & Mohajir

57.7% households comprises of families with 6-10 family members.

5-15 years old is the majority age group

82.2% of the community is uneducated

MATERNITY HOME

The closest maternity home/hospital is 45 minutes away from Machar Colony. Lack of transportation makes it difficult for women of the community to seek help/consult with qualified midwives during their pregnancies.

The community is also known for using traditional birth attendants or dais for giving birth at home. Such measures lead to complex home birth leading to the demise of either the mother or the child.

With the aim to decrease infant mortality rate and to provide the women of the community with a medically conducive environment to give birth to in the women of the community, Imkaan established a 24/7 maternity home in January 2018.

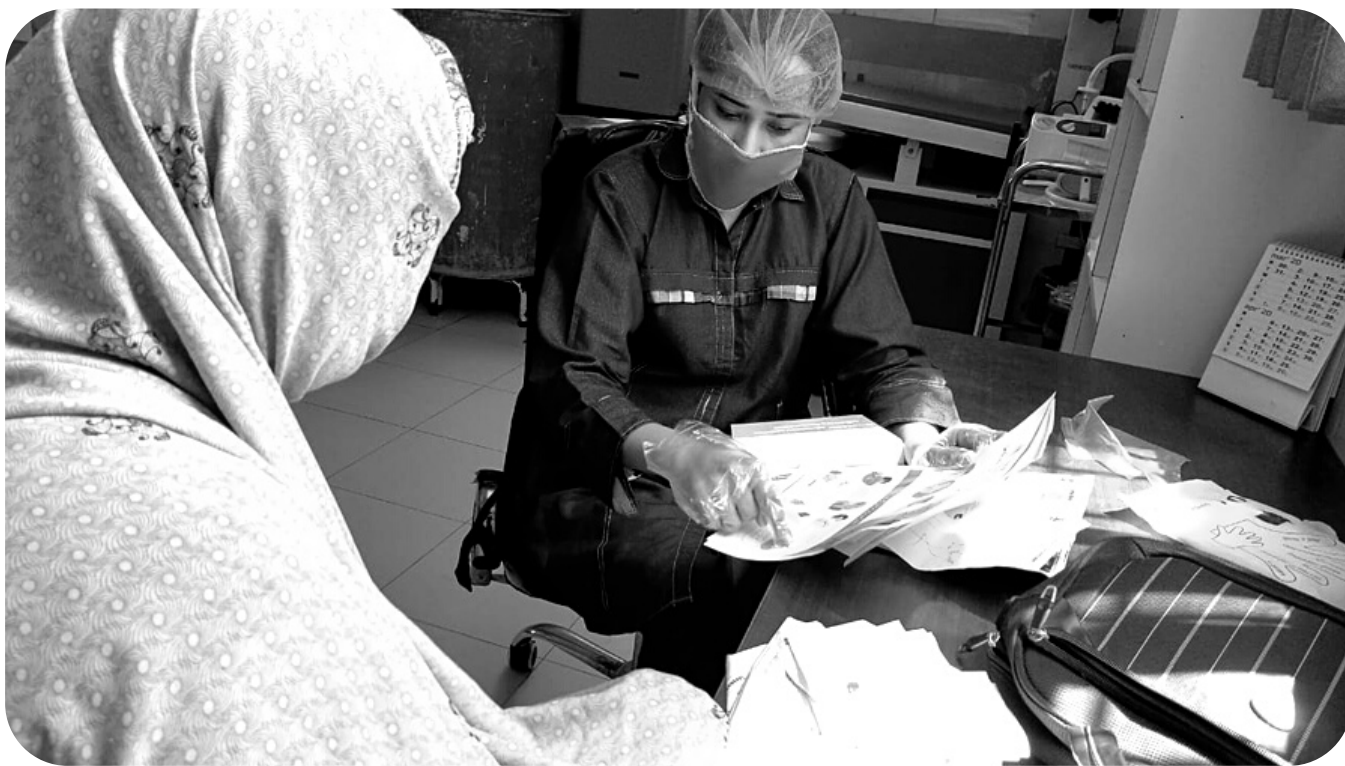
To reduce the incidence of maternal and newborn mortality and morbidity in the area.

Facilitate communities to access quality skilled maternity care.

To provide post-natal and antenatal support to women of Machar Colony including awareness regarding nutritional needs.

To provide a clean and favorable environment for delivery.

To create awareness regarding family planning and the importance of planned parenthood;.



SERVICES PROVIDED

Delivery Rooms & Antenatal Care

Due to poverty and the added challenge of lack of identity women are unable to give birth at government clinics and hospitals while private institutes are not within their financial reach.

Imkaans maternity home provides a safe and medically conducive space to give birth along with supervision and support of qualified midwives during the gestation period and delivery making antenatal care a possibility for the women of the marginalized community

[CLICK HERE TO TAKE A QUICK TOUR OF THE MATERNITY HOME](#)

SERVICES PROVIDED

Manual Vacuum Aspiration

Due to early marriages, malnourishment and giving multiple births , a large number of miscarriages are reported.

Imkaan's maternity home provides the services of manual vacuum aspiration by removing the tissue from the womb without general anesthetic and decreasing the chances of infection, internal bleeding and/or damage to the uterus.



Consultation & Lab Work

The maternity home helps the women of the community to consult regarding safety measures and nutrition throughout their pregnancy and allows the diagnosis of high-risk pregnancies at an early stage.

Consultations with the gynecologist, health workers and midwives also initiates a process of learning and awareness regarding their own health issues and those of the family.

FAMILY PLANNING

With an average of 9 to 10 children per family and seasonal employment, the maternity home provides a safe facility to the women of the community to discuss options of family planning/spacing.

Family planning helps protect women from any health risks that may occur before, during or after childbirth. These include high blood pressure, gestational diabetes, infections, miscarriage and stillbirth.

There is also a trend of early marriages in the community. Younger girls below 19 years of age are unable to carry a child full term which is aggravated due to malnourishment. This increases the maternal mortality as well as neonatal mortality rate.



On average 80+ women per month consult the staff at the maternity home to understand their options regarding family planning.

ULTRASOUND ROOM

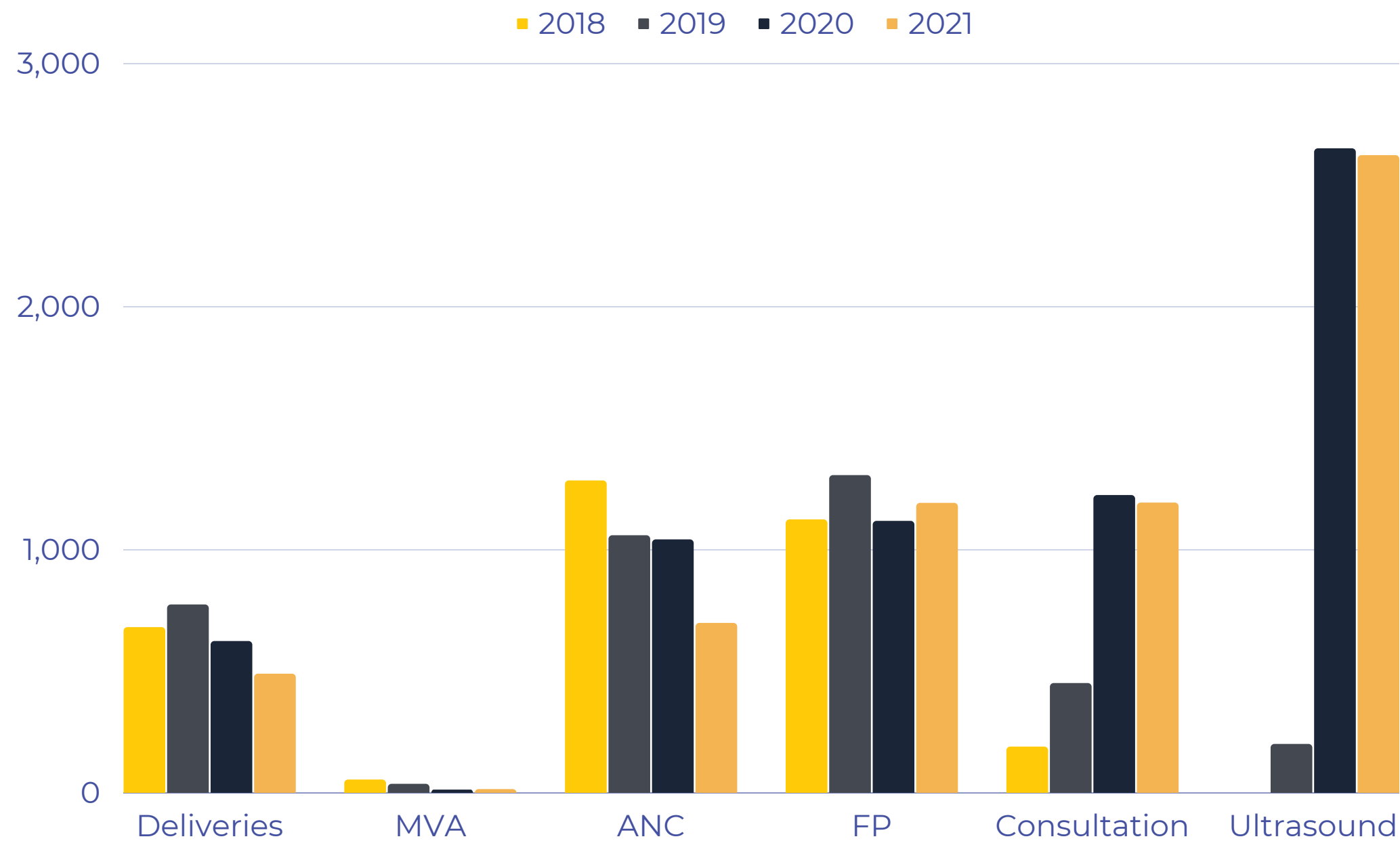


Imkaan's ultrasound room supports mother & child health clinic and the maternity home since 2014 and 2018 respectively. The ultrasound facility dedicated to reproductive & child health allows medical team to obtain:

- accurate diagnostic imaging for pregnant women and babies,
- fetal well-being and heart activity
- gestational age
- imaging for delivery assistance
- determine early on whether a woman is high-risk and experiencing complications
- devise life-saving solutions that can contribute to reducing maternal and perinatal mortality in our area.

The ultrasound facility has encouraged the women of the community to come to a health care facility for skilled antenatal care and delivery assistance instead of utilizing more traditional methods or consulting unqualified practitioners/quacks.

SINCE INCEPTION



Since its inception in January 2018 Imkaan has provided various services to the community via the maternity home. From a safe space to give birth, qualified doctors for consultation, midwives and lady health workers for family planning, the maternity home not only caters to the women in Machar Colony but also helps patients from other marginalized and stateless communities.

Details of the number of patients treated till December 2021 is below:

- No of Deliveries: 2576
- Manual Vacuum Aspiration: 117
- Antenatal Care: 4080
- Family Planning: 4736
- Consultation: 3056
- Ultrasound: 5467

COMMUNITY OWNERSHIP

Community ownership encourages responsibility and accountability amongst the people we serve, promoting co-operation, coordination and collaboration between the stakeholders and the community. Resulting in new ideas and strategies through the bottom- up approach. It also empowers people and helps in long term sustainability of the program.

In order to curb the infant and maternal mortality rate in the community, the maternity home was a project suggested by the community and implemented by Imkaan. The community takes ownership of the project and is willing to pay a percentage of the cost for the services being provided.



HOW CAN YOU HELP US ?

Donation's can be directly to Imkaan's bank account:

Title: Imkaan Welfare Organization

Bank: Muslim Commercial Bank

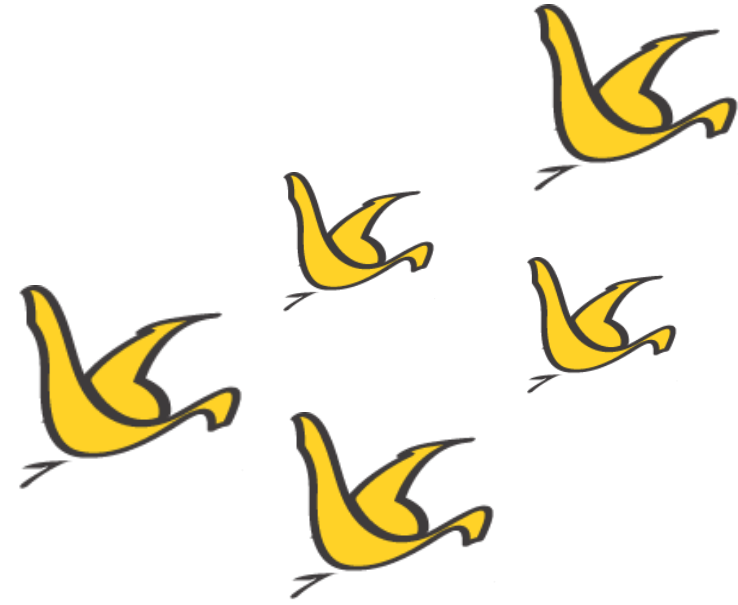
Account No: 0595026121003100

IBAN: PK03MUCB0595026121003100

Khayaban-e-Saadi Branch, Karachi

Branch Code: 1451





“Communities and countries and ultimately the world are only as strong as the health of their women.” – Michelle Obama



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