



**HEART AND HAND FOR THE HANDICAPPED
P.O. BOX 520230
FLUSHING, NY 11352**



FEEDBACK FORM

NAME OF ORGANIZATION:

Sister Nivedita Foundation

ADDRESS OF ORGANIZATION:

**3-Balmukund Plots
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GOVT OF INDIA TAX EXEMPTION CERTIFICATE NUMBER AND EXPIRATION DATE:

AAATS8972MF19922 Dt. 23/09/2021 Exp. Dt. 31/03/2026

STATE TAX EXEMPTION CERTIFICATE NUMBER AND EXPIRATION DATE:

N.A.

RESERVE BANK OF INDIA PERMIT NUMBER (ALLOWING RECEIPT OF FUNDS FROM OVERSEAS) AND EXPIRATION DATE:

042080040 DATED 05-08-2016

Valid for 5 years from the date of issue.

Applied for renewal in November 2021, but Govt. of India, Ministry of Home Affairs extended Date of Validity up to 30-09-2023. Herewith attached Public Notice released by Govt. of India

CONTACT PERSON AND EMAIL ADDRESS:

1. Mr. Rashmikant Trivedi rashmitrivedi25@yahoo.com
2. Dr. Deepa Raja drdeeparaja@gmail.com

MISSION STATEMENT OF ORGANIZATION:

In partnership with our community, we will ensure that each student acquires the knowledge, skills and strategies, necessary to reach his or her full potential, and become a good, productive and responsible citizen.

FUNDS UTILIZATION:

Year	Revenue	Amt.(Rs.)	Expense	Amt.(Rs.)
2022-23	From Heart and Hand for the Handicapped, USA	5,81,827	Facility & Administration Charges	10,20,000
	From Fees	2,22,858		
	Total:	8,04,685	Total:	10,20,000

TYPES OF SERVICES PERFORMED :

With the outbreak of the Covid'19 pandemic, the world underwent a major shift and the concept of social distancing and quarantine constituted the new normal. This abrupt change affected different parts of the population giving rise to mental health issues. One such section of the population is that of children with Special Educational Needs and Disabilities. The lack of human interaction combined with self quarantine took a toll on such children.

We at the Institute of Quality Education were compelled to abide by the rules of the nationwide lockdown imposed in the country. Hence, our institution also faced a quick shutdown from March 2020 till June 2020. The fact that we could no longer meet our children due to the vicious virus on the loose made us uncomfortable and our staff felt a yearning for the

kids. We could no longer hold ourselves back and finally kick-started our online sessions from the month of June.

Fortunately, our students also felt the same way and joined the online session with zest and enthusiasm. Soon, the difficulties of the online sessions kicked in as we observed that constant parental supervision became mandatory in order to make the students sit for these virtual classes. Moreover, the kids were also distracted very easily which made our work even more difficult in an online setup. We soon fell upon the realization that online classes couldn't do justice to kids with special educational needs as many of our activities were not possible in a one hour virtual meeting. Activities such as sensory activities as well as the ones that involved writing proved challenging as a 15 inch screen did not enable us to proceed with these tasks.

Human touch forms a very integral part of our sessions as therapies such as Sensory Integration Therapy (SIT) which requires skin-to-skin connection in order to make the child feel his/her senses. A major setback of the online sessions was the lack of human touch which made us pause some of our crucial activities/therapies.

Aristotle rightly said that, "Pleasure in the job puts perfection in the work". We at HHH strongly believe that satisfaction is brought by doing something that we love and that is the key to a good night's sleep. Conducting classes online did not bring contentment as we always felt as if something was missing. As soon as the lockdown guidelines were relaxed, we were eager to start offline classes and meet our children after a long time. Since then, we are lucky to have continued to conduct offline classes while keeping in mind the rules of physical as well as social distancing and sanitization.

The offline response has been overwhelming since the reopening of the classes as the kids feel extremely homely at our Centre for Child Development and Learning Disability. Our method of teaching, which is a hybrid model of learning as well as playing, makes the child feel welcomed and enjoyable. However, it has come to our notice that there are still many kids with Special Educational Needs who do not have the necessary monetary resources accessible to them, which is the major cause for the lack of treatment and diagnosis. The under-privileged section of the society does not have sufficient resources in terms of money as well as the lack of awareness has caused the kids to suffer.

We as an institute have always believed that the sole reason we have two hands is because one is for helping oneself while the other is for helping others.

With this belief ingrained in our value system, our major objective is to reach maximum number of children with Special Educational Needs in

order to provide them with a better future. We are doing our best to fulfill this aim by charging a subsidized consultation charge to the disadvantaged strata of the society. This is our little way of giving it back to the society.

Given below is a detailed report of the work that is done by our institution.

- **Types of regular services performed**
 - **Sensory Integration Therapy (SIT)**

Learning in children takes place through all the senses they possess. The process of interpretation and organization of the sensory experiences by the brain is called Sensory Integration. These sensory experiences entail touch, movement, body position, vision, smell, taste, sound and pull of gravity.

Sensory integration is implemented through the process of Brain Gym and Learning Gym. The child is taught a series of exercises that aid him/her to respond accurately and appropriately to their senses. Apart from this, SIT also helps in developing the attention span of the kids along with having a significant impact on the time of the task undertaken. Observations constitute an innate part of the learning.
 - **The Literacy Programme**

This program facilitates phonological awareness, vocabulary skills, numeracy skills, comprehension enhancement, structuring sentences and developing reading readiness. Moreover, it also encourages children to think out of the box. Various ICT based multisensory programs like word shark, number shark, toe by toe structured reading manual, units of sound, speed up Kinesthetic writing program (based on a detailed knowledge by occupational therapists), audio-visuals, worksheets, role plays and group interactions are a part of this literacy programme. Our aim is to combine benefits of individual needs along with independent learning.
 - **Speed Up!**

Speed Up is a carefully structured kinesthetic programme, which is highly recommended by pediatric occupational therapists that focuses on movements to develop handwriting fluency and speed. It promotes writing rhythms and patterns laying emphasis on the fine motor exercises and activities.
 - **Emotional Intelligence/ Quotient (EQ)**

Emotional Intelligence is the level of your ability to understand other people, what motivates them and how to work cooperatively with them. It is responsible for 80% of success in life as it is more important than one's intelligence (IQ). It helps each one of us develop a mature emotional intelligence skill required to

understand emotions better and deal with other people. The programme will cover the six areas of Emotional Competency such as Self Awareness, Self-Confidence, Self-Control, Empathy, Motivation and Self-Competency. This was done through role plays, storytelling, discussing moral stories and Art expressive therapy.

- **The Memory Booster program**

This program facilitates memory and retention skills among children. This ICT based program incorporates a number of structured activities that aid the children in utilizing their memory to the maximum extent. Constant and continuous practice of which can help them gain valuable skills and techniques to help them remember things throughout their lives. This program also consists of exercises that enhance mental alertness and processing.

- **Speech Therapy**

Speech therapy was inoculated as we came across the fact that a lot of students were facing difficulties in speech with respect to clarity, sound and pronunciation. It not only helps the children to overcome difficulties related to speech but also makes them more confident in terms of expressing their thoughts and ideas. With this program, we provide them with better opportunities to articulate their perceptions and engage in stimulating discussions.

- **Counseling and Mental Health Services**

Stress is an inevitable part of today's lifestyle and awareness regarding mental and emotional wellbeing is of utmost importance. This has led us to introduce such services to help children and adults with mental health challenges. Customized plans are made for individuals keeping in mind their strengths and weaknesses.

B. Evaluation of the child

Screening and Detail Assessment

The screening, profiling and ongoing assessment of students who have been identified as Dyslexic/LD is significant to ensure a successful plan of work and study in all areas of the curriculum. Early identification of the child's strengths and weaknesses is important in order to come up with an action plan and also to reinforce the strengths and debilitate the weaknesses.

The children are called for observations for 2 sessions, which are an hour long, in order to not make a mistake in the evaluation of the problem as well as guide the parents with utmost clarity. After the evaluation of the problem, a session with the parents is arranged to discuss the potential strategies which are to be implemented along with discussion of the best

course of action for the child. The initial session with the parents include discussions on child development, normal milestones and also the warning signs regarding when to seek help. Moreover, in the session we also include topics on talking to the kids the right way so that they will listen. The assessment also entails administering tests such as Wide Range Intelligence Test, Wide Range Attainment Test, TOMAL, DASH test for Dysgraphia, DALI 2018 etc. to have a clear psycho-educational picture of a child.

- **Festivities and Celebration**

Reading Enhancement workshop May '2022

A reading enhancement program was conducted from the 2nd of May to the 14th of May 2022 by iSEN. The program consisted of 2 parts namely phonic shark and reading shark. The former was for kids between the age group of 3.5 years to 7 years and focused on basic sound/letter relationships, blending and segmenting skills, various multisensory strategies, and pottery sessions for fine motor skills.

The Reading shark part of the workshop was for kids above the age of 7. It included a structured course on reading and writing and focused on improving confidence, concentration, emotional intelligence, and self-esteem. This workshop was conducted free of cost as a way of spreading awareness and also helping the less

Privileged kids. It has been found that 70% of the 10-year-olds are not able to read simple text because of the pandemic. Hence, iSEN thought of a way of giving it back to society in the form of this free workshop ensuring that the less privileged kids can make the most out of it.

Independence Day August '2022

iSEN celebrated the 75th Independence Day of India with various activities, such as making the Indian flag with thumbprints that combined art with the sensory integration program to help the students learn and engage in the spirit of independence at the same time.

Dyslexia Awareness week 2022

A Free Dyslexia Screening and guidance camp was held for parents whose kids face learning difficulties to help them understand the special learning needs of their child and curate individualized learning programs to cater to their unique needs.

Through the course of the week, Dr. Deepa Raja and team worked closely on each case by taking the child's history, screening, observation, and standardized tests, according to which the detailed educational plan of each child was created. All these services were

provided completely free of cost, with the support of HHH and Sister Nivedita Foundation.

We are glad that through this initiative, we were not only able to guide parents about the special education needs of their children, but were also able to spread awareness about learning difficulties and the importance of early diagnosis and intervention. We hope to continue spreading awareness and uplifting parents through camps like these every year.

Teacher Training at K G Dholakiya School '2022

Dr. Deepa Raja conducted an interactive teacher training on “Understanding Learning Difficulties and Importance of Early Diagnosis” at K G Dholakiya school. The purpose of this training was to help teachers understand the learning difficulties of their students in a better way, in order to adapt unique teaching styles to cater to their needs. The training session included discussion about the causes of developmental delays, detailed information about learning difficulties such as Dyslexia, Dyscalculia, Dysgraphia, Autism Spectrum Disorder, and ADHD, and the consequences of late diagnosis and intervention. The training session aimed to educate teachers about learning difficulties in order to help students receive early diagnosis and intervention.

Vidyaniketen School Interactive Workshop 2022

Dr. Deepa Raja conducted an interactive workshop on “Understanding aspects of Learning Difficulties and Inclusive Education” with the parents of Vidyaniketen School, Rajkot. The workshop gave the parents a detailed overview about the process of learning takes place in a mind, and how developmental delays lead to learning difficulties. It also gave an insight into learning difficulties such as Dyslexia, Dyscalculia, Dysgraphia, ADHD and Autism spectrum disorder, along with their symptoms. Finally, ma’am talked about the roles of screening and intervention and the importance of early diagnosis. This workshop turned out to be a successful attempt in helping parents understand the special educational needs of their child in a better way allowing them to provide their child with personalized educational plans.

Christmas Celebration 2022

The iSEN team of teachers and students had a blast on Christmas. The teachers and students bonded over decorating the classroom and the Christmas tree with bells, candy canes, tinsels and a lot more colourful ornaments. This was accompanied by activities like cutting out masks and hats that worked on the students' fine motor skills. The students also participated in activities like Christmas tree entangle, and concluded the day by having cupcakes and Christmas special snacks. Celebrations like these help the students remain engaged in learning and improve their ability to work and share with each other, developing their interpersonal skills.

Uttarayan Celebration 2023

The festival of Uttarayan was celebrated with activities such as making kites. This was a part of art based therapy that targeted the motor skills, behaviour and concentration of the students. The students enjoyed the day as their regular learning was disguised into fun activities to celebrate the festival.

Literacy skills improvement in children with challenges program 2023

Dr. Deepa Raja conducted a free certificate program on the topic “Strategies to Improve Literacy Skills in Children with Challenges.” The program covered points such as understanding developmental delays and its effect on literacy skills and listening, speaking, reading and writing skills, and the effective strategies to improve literacy skills in children. This program was aimed at educating people, especially teachers and parents, about how to aid the education of children with learning difficulties. The program was held online in order to be able to spread awareness about special educational needs to people in various countries: India, Nigeria, Singapore and Philippines, to name a few.

Holi Celebration 2023

The festival of Holi was celebrated colourfully at iSEN. The students drew and coloured pictures of colours and Pichkaris to get into the spirit of Holi. This was followed by exciting sensory integration activities like palm paintings. The teachers and students spent a hearty time together playing Holi flowers and having snacks together with music and dance activities. This Holi brought a refreshing wave of enthusiasm in the students of iSEN that helped them enjoy learning thoroughly.

Autism Awareness Day Free Consultation Camp 2023

In the light of World Autism Awareness Day on 2nd April, iSEN Multisensory Lab organized a free consultation camp on 31st March. This initiative made iSEN's consultation and observation services available for free as a symbol of inclusivity. Through the camp, many parents got the opportunity of understanding their children better and many children got a chance of embracing their differences and meeting other kids like themselves. The smiles of satisfaction in the faces of the parents made our attempt a huge success. We look forward to hosting more events like these to take our initiative of inclusivity forward.

D. Ashramshala Visits

India still has a long way to go when it comes to providing basic education facilities across the entire country. Although we have come a long way, the goal is still not close. Under the act of Right to Education, the government extends its support towards the children

who are deprived of such basic amenities. Such schools which are backed up by the government are known as Ashramshala. These schools provide education to classes from 1st to 8th to children whose parents are daily wagers and/or who can't make two ends meet. These Ashramshalas (schools) also provide these kids with meals and ~~h~~ services with minimal fees.

The main aim of such visits is mass screening of kids with Dyslexia and helping them build a strong base for the future. With our aim to reach the maximum number of people with dyslexia, we have such visits twice or thrice a year. However, the pandemic compelled us to put pause on such visits.

E. Dyslexia/ LD kits

The Covid 19 pandemic has disrupted lives in all parts of the world and kids with Special Educational Needs are also equally affected by this. The educational system has been greatly affected worldwide with closure of schools, leading to an online mode of studying. This new virtual mode of studying has impacted learning outcomes for students, especially kids with dyslexia/LD.

Children with special learning needs faced a great academic burden and additional efforts were required to make sure their needs are being met in the midst of a pandemic. This pandemic has got us thinking of new ways of helping such kids and one such method is by providing them with customized Dyslexia/LD kits. In order to minimize the unprecedented impact of the third wave of Covid-19 on the learning habits of such kids, the idea of customized kits can prove helpful. The main idea is to ensure that the kids don't experience a break in their treatment for successful results. The items to be included in the kit are difficult to find in India and are often quite expensive. The kits are customized as per the needs of the child and entail items of sensory integration therapy, worksheets for dyslexic/LD kids and other products which aid their learning as well as concentration power. All the resources provided in the kit are carefully thought of and chosen to accommodate special learning needs.

The cost of making every kit is quite high, hence we are looking for funds to support the same. We have come across kids whose growth has plummeted because of a break in their treatment due to the pandemic. It is difficult to get such kids back to the initial level of progress that they've made in the past.

With the third wave of Covid around the corner, we do not want our kids to be unable to avail our services and also want them to get the benefits of the same by sitting at the comfort of their home.

These kits can help the lives of many kids who do not have the appropriate resources as well as those who cannot come to our institute during such times. As it is rightly said, “We cannot help everyone but everyone can help someone”. We believe that the iSEN team at Centre for Child Development and Learning Disability can together help such kids and ensure them a better future.

FUTURE PROJECTS:

Requirements

Sr No	Items	AMOUNT
1	DUPLO LEGO SET-3 Cost of each one is 37500	1,46,,500
2	GIANT ABACUS 10 TO 10	4500
3	CRAB ROCKER	3,990
4	ROUND JUMBO PLAY PEN (8FT DIA)	19,990
5	SOFT GYM SET	57,725
6	WOODEN PLATFORM SWING	9,950
7	TRAMPOLIN WITH SAFTY NET '8'	25,000
8	TORTOISE SAND PIT WITH LID-BIG	6591
9	JUNIOR PLAY STATION 16[SIZE; L24*W9.5*H12FT]	2,74,990
10	LIQUID FLOOR BILES HEXAGON 6-PCS	30,000
11	BUBBLE TUBE	9,900
12	BEAN BAG UPPER & LOWER CASE	2,550
13	BEAN BAG NUMBER & DOMINO	950
14	PIN ART- BIG –[3]	5,400
15	SANDPAPER UPPER CASE	1,550
16	SANDPAPER LOWER CASE	1,550
17	SANDPAPER NUMBERS	1,550
18	SANDPAPER 31 TP 31:	1,450
19	MEDIUM MAZE CHASE	3500
20	BASE PLATE FOR BLOCKS	4300
21	SPIRAL ROUND MAZE	2000
22	Wooden Lazy 8	2500
23	Alphabet Fishing board	1,569
24	Babrain Sensory Balls Toys pack of 6	499
25	Kinesthetic sand	3500
26	Rainmaker Toys	1160
27	Autism Bundle	3999
28	Aukfa Stress relief stretchy Sensory toys	1812
29	Jam and honey theme 3 in 1 combo tunnel	1499
30	body sox	241
31	Squishy balls	470
32	Set of sensory tent with lights for children with Autism	2464
33	Otismo app - 5	7500 each
34	TTRS - Touch type read and spell (USD 306) yearly for 10 students	29000

We require the above to be able to help more children with Autism, ADD/ADHD, and Learning Difficulties.

The number of students needing the intervention has increased.

However, due to lack of resources, it is not possible to reach out to all.

Total 34 items Value US\$ 3,600/-

SUPPORTING DOCUMENTS/PHOTOGRAPHS:





REQUEST FOR FUNDS IN THE COMING YEAR:

We need around US\$ 20,000/- Additional to subsidize more than 50 poor students who are unable to get trained even at very subsidized fees due to their inability to pay these minimal fees. A special Student Aid type of fund may be provided to support such deprived students.

REQUEST FOR FUNDS FOR ANY SPECIAL PROJECT IN THE COMING YEAR (e.g., NEED FOR BUS TRANSPORTATION, BUILDING A REHABILITATION CENTER, NEED FOR LARGE NUMBER OF TRICYCLES, ETC.):

N.A.

BANK ACCOUNT INFORMATION

Please provide the **State Bank of India, New Delhi Main Branch (NDMB) bank account information** below. For wiring funds, please make sure you give us the correct and complete bank account information including the renewed FCRA certificate.

Incomplete or incorrect information will delay payment and may even disqualify you for the grant. If you do not comply with new FCRA regulations, it will result in a delay or withholding of payment.

STATE BANK OF INDIA, NEW DELHI MAIN BRANCH (NDMB) ACCOUNT DETAILS:

Attached herewith

FCRA DETAILS:

Have you shared with HHH the renewed FCRA certificate?

Under process for renewal.

CERTIFICATION:

We certify that we have not and will not discriminate against any person or group on the basis of race, ethnicity, disability, caste or religious belief.

We also certify that we do not employ or do business with groups or individuals who are suspected of terrorist activities.

We certify that HHH reserves the right to use any and all materials submitted herewith to HHH (e.g., photos, videos, or other related material shared) for the purpose of raising funds to support its mission. HHH may also elect to use such information on social media, HHH website or other such platforms.

Date: 22nd April, 2023

Signed _____

Title Managing Trustee
Sister Nivedita Foundation
Rajkot

RESERVATION OF RIGHTS:

HHH reserves all its rights to choose, amend, alter, change or repeal any provisions of this form.

Completing this feedback form and sending us pictures or other material will allow us to consider you for future support. **The grant that you have received now or in the past should not be construed as an indication of our future support.**

We request that you display prominently at your facility that you have been supported by "Heart and Hand for the Handicapped, United States of America"