



BRIGHT SIDE PROJECTS

臺灣嚮光協會

EDUCATION AND MEALS FOR TAIWANESE YOUTH

We are nearing the end of the year and find the simple act of being able to add to our ongoing list of things we've been doing such a joy. We are grateful for the youth that keep coming back to our workshops and have continued to become teachers and volunteers for us as a sense of pride in that they are enjoying what we are doing and also then want to continue to spread that love to others.

From Brighter Futures and afterschool care program in Taitung and our creative education workshops throughout Taiwan, boxing, yoga, surfing, animal welfare and senior dog care, cupcake making, sushi making,

pizza baking, elementary school graduation and indigenous harvest celebration, we just love being a part of it all, a part of life.

For the remainder of the year we are lining up DJ experiences courses with all of our locations, in addition to the year end Santa Jia-Xin necessities drive and staple foods delivery. We hope that you can continue with us on our life journey as we are heading into the next chapter in life.

THANK YOU!



BRIGHT SIDE
嚮光協會



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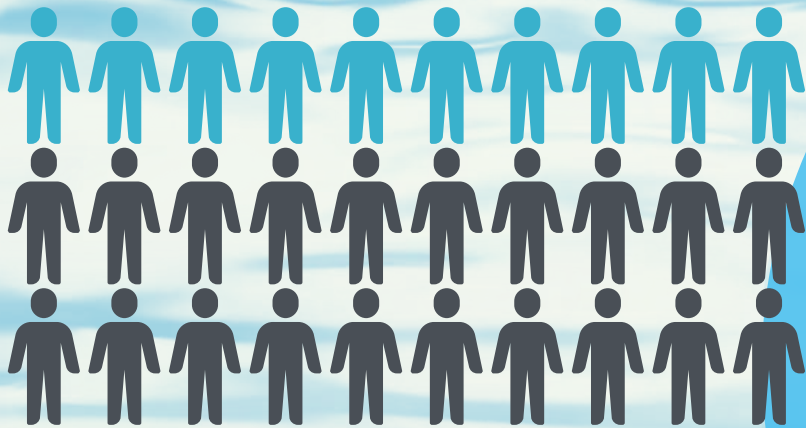
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Recap



20
WORKSHOPS

76
AFTERSCHOOL SESSION

6
LOCATIONS

556
YOUTH SPOTS
372 AFTERSCHOOL SESSIONS





Recap

526

**PLANT-BASED MEALS
SERVED**



SPECIAL MOMENTS

ChingChuan

TAOSHAN ELEMENTARY SCHOOL GRADUATION

We can't believe it as we approach June each year and our kids in ChingChuan continue to grow and graduate, moving onto the next phase in their lives. All the images that you see in our reports are just a small sample of the thousands that we've taken. Each year at this time I go through the past 10-12 years of images from ChingChuan and print out photos of the kids, personalized for them and their photo albums (some kids printing out over 160 images split into 4-5 albums). We tell them that we are still here and will continue to be there for them. Thanks to your support and that we continue to ChooseLove on a daily basis.

SKILLS LEARNED :

TO CHOOSE LOVE
LOVE MATTERS





SPECIAL MOMENTS

Taitung

TAITUNG SHINMALAN FUKID INDIGENOUS TRIBE

2015 is our 10th year in Taitung and this is also the first year we have been able to make it to the indigenous harvest festival. This is a celebration that is annually hosted by various Amis tribes throughout Taiwan. With the invite, we marked our anniversary in Taitung with the local community and also saw many of our youths from 2015 that have now grown up into young adults and took part in the festival.

We want to thank everyone for opening their hearts for us to be involved in their community to becoming neighbors, family, and friends. We look forward to the next decade!

SKILLS LEARNED :

TO CHOOSE LOVE
LOVE MATTERS
SPENDING TIME
INDIGENOUS RITUALS







Body & Movement

 **Wanhua**

BOXING CHAMPIONS

After our first training session last year, boxing was eagerly awaited by the children. We were happy to bring back Coach Andre and smiles and laughter were had all around with the coach and his team of Big Friend volunteers. Despite the language barrier, Andre was able to connect and tell us about his culture and how he became an instructor that allowed him to travel worldwide. Kids made chocolate chip cookies in the beginning of class, treating everyone to snacks after class.

SKILLS LEARNED

MUAY THAI AND
BOXING
BRAZILIAN CULTURE
TEAMWORK
CAREER PATHS

FUNDAMENTALS OF
BAKING

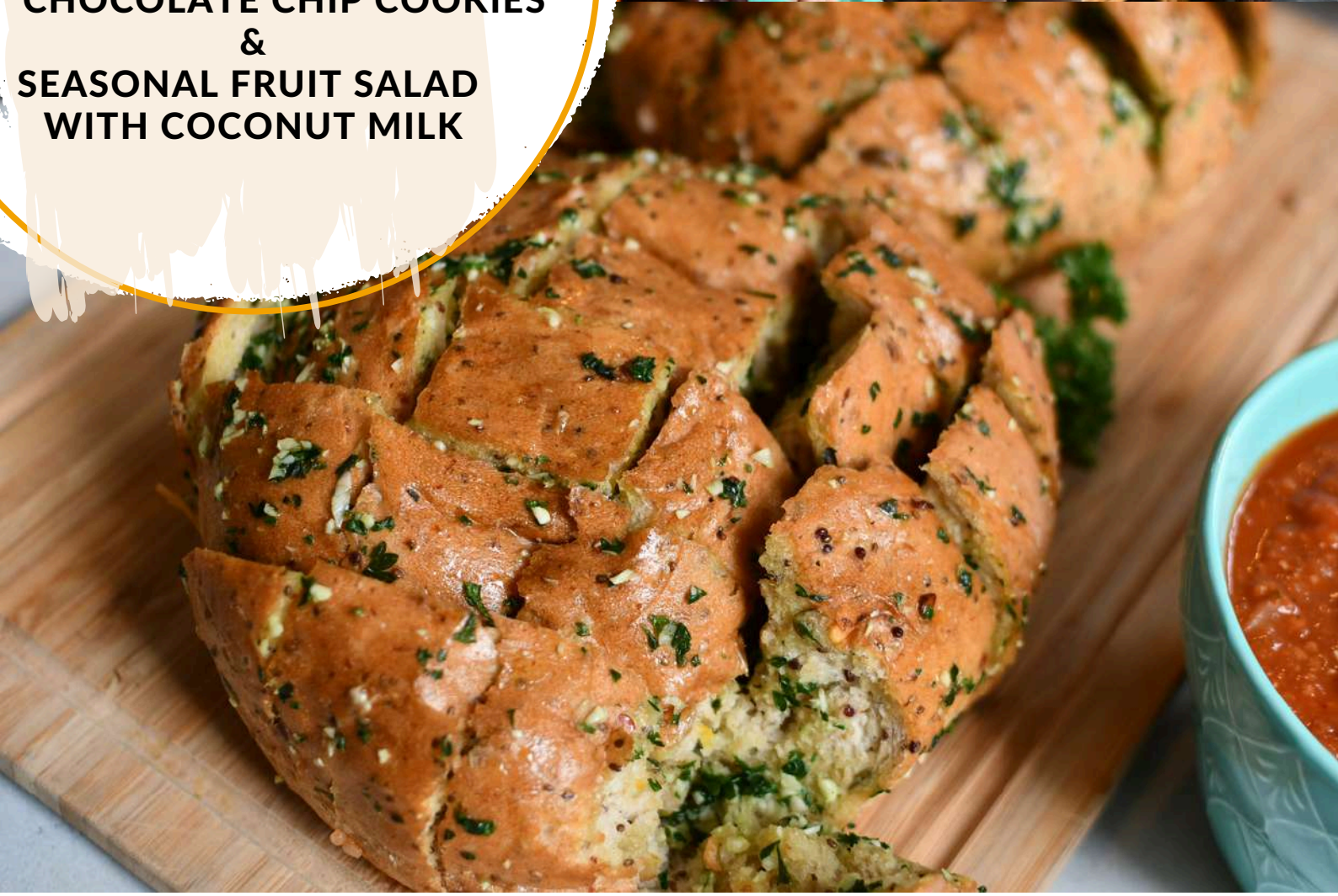






menu

**MULTI LAYERED FRESH
BAKED GARLIC BREAD
TOMATO SAUCE PASTA
CHOCOLATE CHIP COOKIES
&
SEASONAL FRUIT SALAD
WITH COCONUT MILK**





Body & Movement



ALOHA DANCE

Bringing creative education that provides sensory experiences for our disabled youth is important to Bright Side Projects, as it enhances the experience for our friends in MiaoLi YuAn boarding school. Through the art of dance and some delicious pineapple fried rice, our students were able to learn the basics of this traditional dance taught by our teacher for the day.

They learned about various local fruit native to Hawaii through a small game of smell and touch. We loved the colors and also that one of our Bright Side kids came back as a Big Friend for the day!

SKILLS LEARNED

HAWAIIAN CULTURE
HAWAIIAN DANCE
LANGUAGE EXCHANGE





Body & Movement



EARTH DAY

As we approached April, we could not forget about the upcoming international Earth Day and choosing to celebrate this with our kids and adults in MiaoLi YuAn Boarding Shelter for the Disabled. Through the five senses, and rummaging through trash, we went through the importance of reducing our waste and the impact that it and they have on the planet. With some leftover colored paper we constructed mini earths along with adding on colorful pieces of topography.

SKILLS LEARNED
SDGS
UPCYCLING MATERIALS
EARTH DAY
HAND DEXTERITY







menu

CLASSIC TAIWANESE
NOODLES
TOPPED WITH CHILI AND
CILANTRO



Advocacy through Art

 ChingChuan

FROSTY FACES PORTRAITS

Wrapping up our year end series of animal welfare introduction with paintings for charity sale, we were happy to be able to introduce a cat rescue association to our ChingChuan indigenous kids. We paired the day's meal with vegan filet o fish burgers and olive oil seasoned mixed grilled vegetables and their favorite coconut milk salad.

SKILLS LEARNED

BASIC PAINTING SKILLS
ANIMAL WELFARE
CATS APPRECIATION







Menu

- **OMNISEAFOOD FILET O FISH BURGERS**
- **OLIVE OIL GRILLED VEGETABLE MIX**
- **SEASONAL SALAD WITH COCONUT MILK**



Advocacy through Art

 **Wanhua**

MARYS DOGGIES CLEANUP

This wrapped up a series of animal welfare workshops from Bright Side x Wanhua ; we started with letting kids know about the plight of stray dogs in Taiwan through baking and donating doggy treats and inviting Mary's Doggies for photo session plus a meet and greet with children of many who were initially very hesitant to approach them. Through photography, kids overcame their fear and apprehension.

The next step came at the end of 2024 working with Sioh Sioh that features senior dogs and kids painting and donating their artworks to the charities. We rounded up this year with a day trip to Mary's Doggies rescue center where they learned that taking care of doggies is not just about play and fun but also ensuring that their environment are optimized, cleaning and snaitizing their homes and kennels. Kids were amazing! The dogs are amazing!

SKILLS LEARNED

Taking care of dogs
Training dogs
Cleaning and hygiene









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Culture through Cuisine

Taitung

TRIP TO ITALY

As we headed down to Taitung to build even stronger bonds for our ShinMaLan FUKID Likat Afterschool Care Program, we were also excited to be able to have a day or two for kids to join in some of our renowned Culture through Cuisine workshops!

Although some were still busy with the annual indigenous celebrations or had left for the summer, we were more than happy to spend time with the youths that were there. In our first day, we got kids “passports” ready for their trip to Italy, learning about the culture and how to make pizza from scratch.

After prepping all the materials, we measured out the flour and ingredients, slammed the dough for ten minutes (also a great reliever of stress!) and let it rest on the side for a hour. We began to cut the veggies that would top our delicious handmade pizzas, including plant-based cheese and sausages.

Making and sharing food that you prepared is one of the many ways that we can express love and we were glad that he was able to have this opportunity in class!

SKILLS LEARNED

ITALIAN CULTURE,
LANGUAGE AND
ARCHITECTURAL SITES

PIZZA CREATION FROM
DOUGH TO CUTTING
VEGETABLES AND
TOPPINGS







Menu

- PIZZAS TO TAKE HOME
- ENGLISH MUFFIN PIZZAS
- PASTA WITH BOLOGNESE SAUCE
- FRUIT SALAD WITH COCONUT MILK

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Culture through Cuisine

Taitung

TRIP TO JAPAN

Day two of our Culture through Cuisine workshop during this summer in Taitung! With two new students joining and everyone becoming fast friends, the crowd was lively as we “took” them on a trip to Japan, with their passports with new passport photos ready.

Kids were simply adorable as we took them on a nature walk after having them guess which country we would be visiting - they quickly yelled out the answer as the theme song for Doraemon came on. The goal of the nature walk was not just to familiarize themselves with the plants in their immediate surroundings but also to select some for their sushi plating.

They sliced and cut all the necessary ingredients for the sushi and smiles were on their faces as they intently watched us demo a roll and then continued to make their own rolls. If today had anything memorable it was definitely the smiles and the laughter on their faces as they created another delicious meal not just for themselves but also for us. We were able to use some of the plant-based sausages from the pizza class the day before and Taiwan localized it with a sprinkling of our veggie floss.

All in all a memorable day and new friendships were made, new things were learned about Japanese culture, a new meal, each other, and ourselves.

SKILLS LEARNED

JAPANESE CULTURE,
LANGUAGE AND
ARCHITECTURAL SITES
SUSHI MAKING
INCLUDING WASHING
AND CUTTING
VEGETABLES



Menu

- SUSHI ROLLS WITH OPTIONS OF SWEET POTATO, CARROTS, CUCUMBER, VEGGIE PORK FLOSS, KIMCHI, VEG SAUSAGE

MISO SOUP WITH UDON NOODLES

FRUIT SALAD WITH COCONUT MILK





Culture through Cuisine

 ChingChuan

DAY OF THE DEAD

We love the vivid colors and rich history in Mexico's Day of the Dead, so this is a special one we first hosted a decade ago, learning about unique holiday through hands on craft and cuisine inspired from the culture.

Kids were able to relate and share the similarities within their own family traditions on how they honored loved ones that have passed away. After sketching and getting a better understanding of the colors and symbols, kids set out to decorate their terracotta and cement flower pots, many of which that were donated. While the pots dried, we began to prepare for lunch together, first by making guacamole!

Prepping their guacamole and tasting if the lemon juice and salt was enough was a great experience for the kids who would then be more open to testing this out in their burritos. Getting kids involved in the steps is essential in the learning process and something that Bright Side Projects is proud of in our workshops.

For many it was their first time trying a burrito and we have to say it was very successful and we were able to head into the next section of the workshop, learning how to care for flowers and then planting them. We love being able to share experiences and have these moments with the children!

SKILLS LEARNED

MEXICAN CULTURE
DAY OF THE DEAD
CELEBRATION
ARTS AND CRAFTS
FLOWER CARE
HOW TO MAKE
GUACAMOLE









Menu

- CALIFORNIA STYLE BURRITOS WITH OPTIONS OF RICE, REFRIED BEANS, OMNIPORK MEAT, LETTUCE, SALSA, CORN, GUACAMOLE
- NACHO BOWL WITH KID MADE FRESH GUACAMOLE AND SALSA
- FRUIT SALAD WITH COCONUT MILK

BRIGHT
MOMENTS

 ChingChuan

FRUITY FLORAL CUPCAKES

Kids love delicious classes and making vegan chocolate cupcakes was no exception. Topped with dairy free whipped cream which the kids took upon themselves and two forks to manually whip up and the cutting of various seasonal fruit as toppers, it made for a delicious afternoon snack. For their lunch they also made potato croquettes. Spending time making food and sharing a meal together is an essential aspect of learning and socializing.

SKILLS LEARNED

BASIC VEGAN BAKING
FRUIT DECORATIONS







Menu

- POTATO CROQUETTES
- FLORAL CUPCAKES WITH FRESH FRUIT
- SEASONAL FRUIT SALAD WITH COCONUT MILK



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BRIGHT SIDE



BRIGHT MOMENTS

 Wanhua

FIRST AID AND CPR

Prepping for our third annual surf and ocean conservation camp, we were able to invite the fire department to host an introductory CPR and first aid class with our kids, big friends, and social workers. This was a two hour training session and allowed kids to have access to spotting and know how to ask for help and also on helping others. Our surf camp took place just days after - we hope to provide you with updates on it in the next exciting report. Thank you for your support!

SKILLS LEARNED

CPR
FIRST AID







BRIGHT MOMENTS

📍 Toucheng, Yilan

SURF OCEAN CONSERVATION

Our two day surf and ocean conservation camp with the full support of VAST came to fruition in July, with many kids excited for the third year of festivities. We began with a guide of the historic streets of Yilan with a delicious lunch at Vast's Fish & Chips Eatery in Yilan before heading out to also our third beach cleanup with Race for the Beach's charismatic founder Wendy. Surf lessons awaited the excited kids afterwards, with some older youth from Taoyuan Mushiang Children's Home and ChingChuan also making the journey out with us to volunteer with the youth. Kids all pitched in to make a plant-based dinner for everyone, including the adults. The next day began with yoga taught by our ChingChuan youth and a river tracing activity with gorgeous waterfalls, ending with another meal at Vast!

SKILLS LEARNED

SURF BASICS
OCEAN CONSERVATION
COOKING
TEAMWORK
HISTORY OF TOUCHENG









Lunch Menu

- VAST FISH & CHIPS EATERY
- OMNISEA FISH & CHIPS
- FRESH VEGETABLE WRAPS



Dinner Menu

- BBQ VEGETABLE DUMPLING
BALL SKEWERS
- BBQ OMNIFOOD JUICY STEAK
BURGERS
- OLIVE OIL MASHED POTATOES
- FRESH FRUIT SALAD

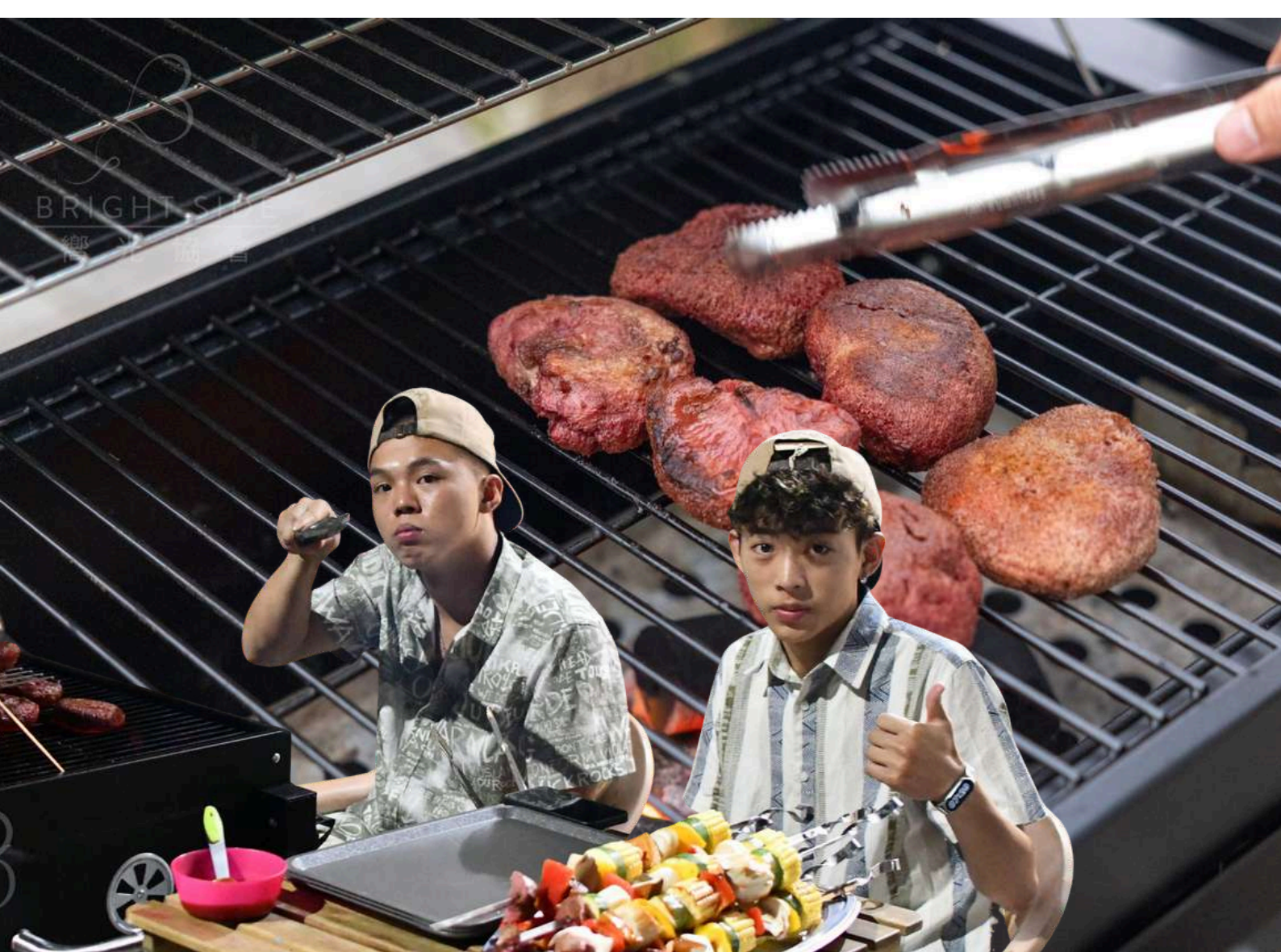


Brunch Menu

- ENGLISH MUFFIN WITH
VARIETY OF SPREADS
- COCONUT CHIA PUDDING
WITH FRESH FRUIT
TOPPINGS

VAST FISH AND EATERY
TOMATO PASTA





BRIGHT SIDE
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SPECIAL MOMENTS

Taiwan

NO MEAT FESTIVAL AND SUSTAINABILITY MARKET

We just wanted to give you a few images of some of the weekend festivals and markets we were able to attend this year, promoting what we do and allowing more children and adults to participate in our Advocacy through Art workshops so that they know what our Bright Side Kids are up to. This year we headed to the No Meat Festival in Taichung both times in April and June; and did a back to back session at the Taipei Sustainability Market in June. We invited some of the animal welfare organizations we worked with to join us with their rescued babies as models and even artists themselves!

SKILLS LEARNED :

BASICS OF PAINTING
AI ANIMATION
ANIMAL WELFARE
UPCYCLING













BRIGHT
MOMENTS

 Taitung

FRUITY FLORAL CUPCAKES

As we went down to Taitung to check on our afterschool care program, we also decided to host a mini workshop with our indigenous Amis kids there. As most of the meals are usually prepared or purchased, this is one of the few times we were able to cook with the kids in FUKID. The kids were especially dedicated to carefully measuring the baking ingredients to make the perfect chocolate cupcakes.

SKILLS LEARNED

BASIC VEGAN BAKING
BASIC COOKING







Menu

- PASTA TOMATO SALAD
- ROUND BREAD GRILLED WITH GARLIC SAUCE
- CHOCOLATE CUPCAKES
- SEASONAL FRUIT SALAD WITH COCONUT MILK



BRIGHTER
FUTURES



LIKAT AFTERSCHOOL CARE PROGRAM

We first to know the indigenous youth of Taitung FUKID, an Amis tribe, in 2015. In 2024 we started our LIKAT Afterschool Care Program due to need and popular demand. With the launch, it means that three days a week in addition to providing educational support and the local's own language and cultural studies, our indigenous youth are able to receive plant-based meals at night.

A small stimulant for the local community in hiring one of our youths to assist with local parents and children. Children are responsible for the washing of their dishes and cleaning the center. We started providing additional sports and art workshops after tutoring.

SKILLS LEARNED :

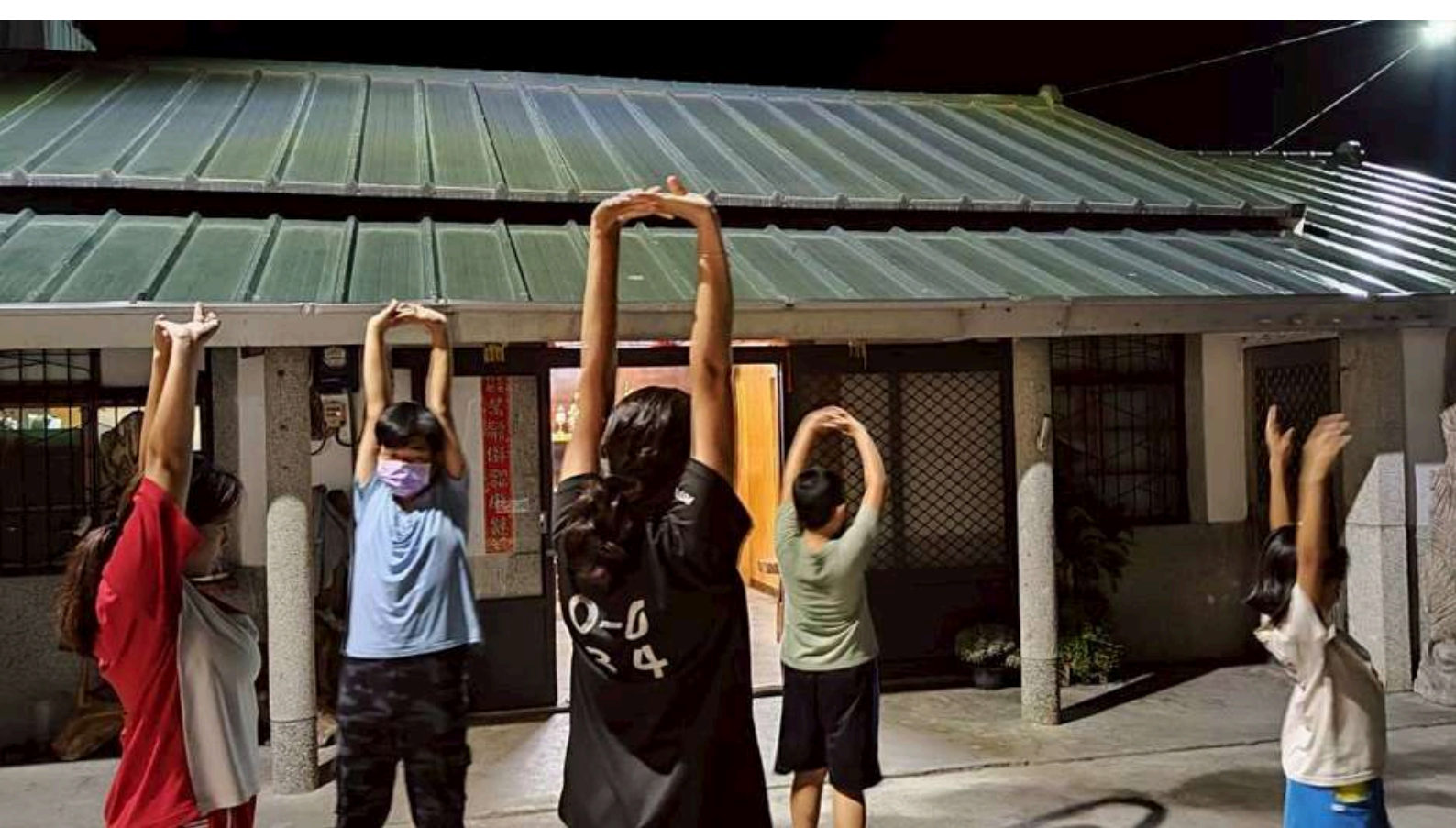
HOMEWORK
TEAMWORK
RESPONSIBILITIES





Taitung Afterschool Likat Program









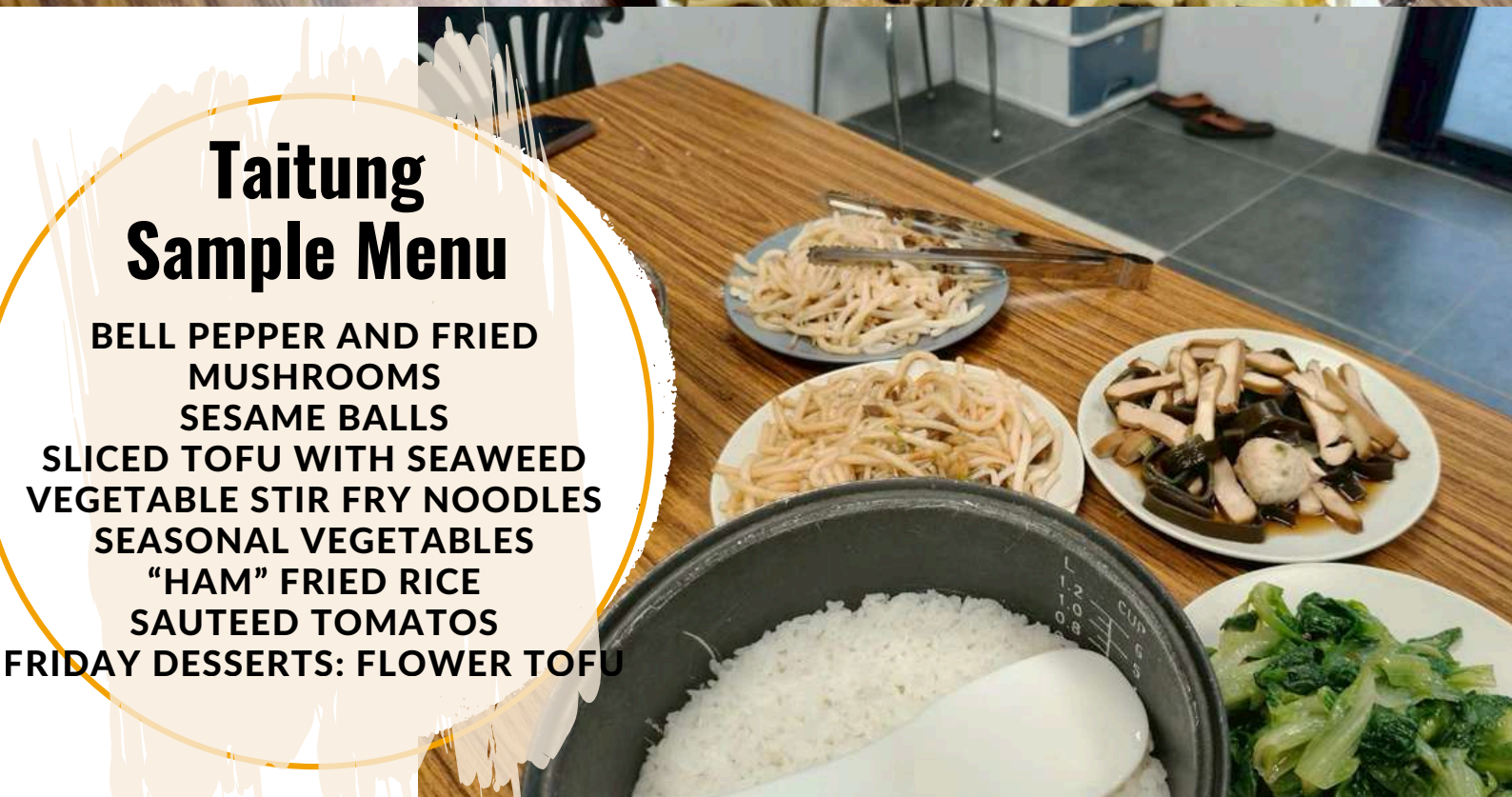
Taitung Sample Menu

BELL PEPPER AND FRIED
MUSHROOMS
SESAME BALLS

SLICED TOFU WITH SEAWEED
VEGETABLE STIR FRY NOODLES
SEASONAL VEGETABLES

"HAM" FRIED RICE
SAUTEED TOMATOS

FRIDAY DESSERTS: FLOWER TOFU





Taitung Sample Menu

**FOLDED SEAWEED RICE PACKS
TOFU, PROTEIN, LETTUCE, RICE,
AND VEGGIE FLOSS**

**WESTERN BACON SPAGHETTI +
MARSHMALLOW CONES**

JAPANESE ODEN + RICE

**MUSHROOM SALAD
MIXED WITH THE FIVE ELEMENTS'
COLORS**





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THANK YOU!

**WELCOME TO FOLLOW US ON
SOCIAL MEDIA FOR MORE UPDATES**



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