BRIGHT SIDE PROJECTS 臺灣嚮光協會

EDUCATION AND MEALS FOR TAIWANESE YOUTH

Nearing year end, we ran a series of workshops that focused on being thankful and giving back to others, so we empowered communities through art and also taught animal welfare. Through painting featuring various types of species of animals and their current status, we will then sell the artwork and donate funds back to animal rescues.

The "Advocacy Through Art" series welcomes us to learn about a new world and empowers by kids (us) channeling their artistic talents to make a positive impact on the world. We created the curriculum so that everyone knows that they are also capable of helping others. Art in any medium can be utilized for much more than self expression and self help but also to make the world into a better place. Nothing is more empowering than being able to rise others up.

This year our series used upcycled frames and went the traditional route of observing and painting various animals. We started in Miaoli (youth with disabilities) introducing hamsters into Wanhua highlighting leading attention needed for senior dogs. understanding and not fearing snakes, then had seniors get cuddly with adorable rabbits. We will wrap up the series later in March introducing cats indigenous our vouth in to ChingChuan. Thank you for your support in helping kids make a difference in the world!

THANK YOU!



IG @BRIGHTSIDEPROJECTS FB HTTP://FB.ME/BRIGHTSIDE.T HTTP://BRIGHTSIDE.TW



WORKSHOPS

7

31

AFTERSCHOOL SESSION

LOCATIONS

4



YOUTH







HT SIDE 光協會

396 PLANT-BASED MEALS SERVED

\$

Recap

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65

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70 RG OF ORGANIC RICE DISTRIBUTED **25** FAMILIES PROVIDED WITH INT BASED FOOD STAPLES

PL

DU NDS WISHLIST FULFILLED INCLUDING FOOTWEAR AND WINTER CLOTHES

325

PORTIONS OF PLANT BASED FOOD STAPLES

BRIGHT SIDE ##

ChingChuan Gifts and Necessities Delivery

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Taitung Gifts and Necessities Delivery

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Advocacy through Art

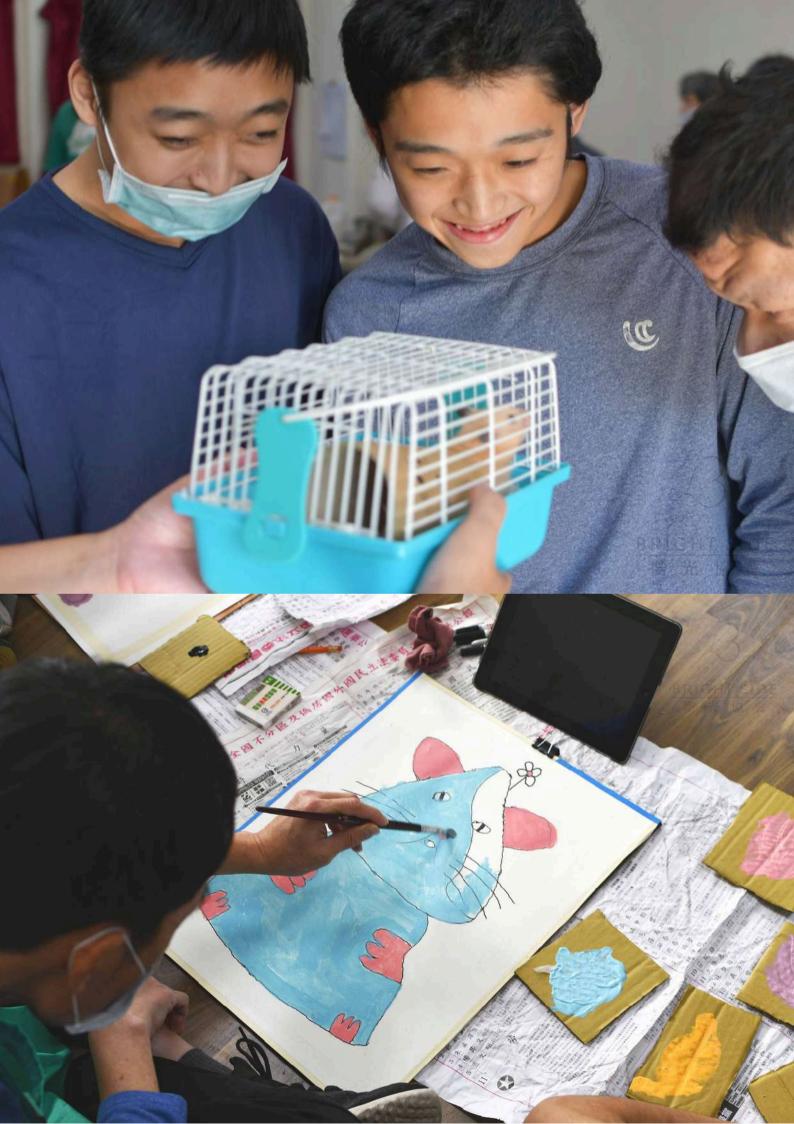
9 MiaoLi

HAMSTERS

Observing and understanding shapes was essential to our students at YuanLi Boarding Center for Youth and Adults with Disabilities. With adorable hamsters, we analyzed the shapes and features of the aptly named "Croissant" and more understanding of their habitat and also how to care for smaller creatures. **SKILLS LEARNED**

BASIC PAINTING SKILLS SMALL RODENT ANIMAL WELFARE CONTOUR & IDENTIFYING SHAPES





Menu

OMNIPORK PAN FRIED DUMPLINGS 2'

OMNI

B R I G H T M O M E N T S

OhingChuan

WINTER WONDERLAND

A whimsical workshop that brought back the origins of Christmas and Christmas trees, made from upcycled cardboard. We used what we had in our arts & crafts storage and topped it off with baking delicious gingerbread cookies with the children. **SKILLS LEARNED**

ORIGINS OF CHRISTMAS ARTS AND CRAFTS FUNDAMENTALS OF BAKING GINGERBREAD CREATION



ChingChuan Year End Forest Workshop



Menu

DE

 TATOR TOTS
GINGERBREAD COOKIES
PASTA IN TOMATO SAUCE
OMNIFOODS TUNA AND CORN PANINI
&
SEASONAL FRUIT SALAD WITH COCONUT MILK

Advocacy through Art

🗣 Wanhua

FROSTY FACES PORTRAITS

As a subject very dear to our hearts, we wanted to highlight senior dogs and the issues that they face. We were delighted to have one of Taiwan's wonderful organizations "Sioh Sioh" work with us and bring a model that also helped "paint" with the kids. We hope that kids and adults can learn to love and know that older dogs are beautiful and also are deserving of love and care!

SKILLS LEARNED

BASIC PAINTING SKILLS ANIMAL WELFARE SENIOR DOGS APPRECIATION





Menu

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A.

OMNIFOOD TUNA PANINI MELTS TATOR TOS MUSHROOM CREAM SPAGHETTI &

SEASONAL FRUIT SALAD WITH COCONUT MILK

> 翻光 BRIGH

B R I G H T M O M E N T S

Taipei / Wanhua

VAST CHRISTMAS DINNER

Having our kids from Wanhua share in a Christmas dinner has become an annual treat! Other than gingerbread decoration and going over what we had learned this year and were grateful for, they shared in a beautiful plant-based meal that was created by Vast California Eatery. Vast has provided huge support for our annual surf and ocean conservation camp with the children and we look forward to our next camp this summer.

SKILLS LEARNED :

CHRISTMAS HOLIDAY ORIGINS

> GINGERBREAD DECORATION





Vast Christmas Menu

CALIFORNIA BURRITO VEGGIE TORTILLA WRAPS CHIPS AND SALSA PUMPKIN SOUP AVOCADO TOAST GINGERBREAD COOKIES

> BRIGHT SIDE 標 発 協 会

Culture through Cuisine

ShinMaLan FUKID, Taitung

PERFORMANCE & GINGERBREADS

What a treat! Other than making gingerbread cookies - which amazingly is our first time to do so with children in Taitung, we had a very special performance of indigenous songs from the youth. This wrapped up their semester of cultural lessons and we loved hearing them sing.

SKILLS LEARNED

INDIGENOUS AMIS LANGUAGE SINGING ORIGINS OF CHRISTMAS FUNDAMENTALS OF BAKING GINGERBREAD COOKIES





Taitung Gingerbread Workshop & Indigenous Performance

EENTIALS

Menu

OMNIFOODS FISH FILET BURGERS FRENCH FRIES & "CHICKEN" NUGGETS

SEASONAL FRUIT SALAD WITH



Advocacy through Art

ShinMaLan FUKID, Taitung YEAR OF THE SNAKE

We were able to take our animal welfare workshop to the next level in Taitung; two amazing teachers drove from Pingtung and brought four very beautiful snakes so that children would be able to interact and see these majestic living entities as something to be respected and not feared. This coincided with the year of the Snake so we were able to bring in a cultural aspect in learning about the history of the horoscope in addition to animal welfare. SKILLS LEARNED

BASIC PAINTING SKILLS ANIMAL WELFARE OF SNAKES

HISTORY YEAR OF THE SNAKE





Taitung Advocacy hrough Art

To



Taitung Advocacy through Art Menu

 OMNIFOOD BOLOGNESE MEAT SAUCE PASTA & SEASONAL FRESH FRUIT SALAD WITH COCONUT MILK



Body & Movement

💡 Wanhua

BOXING CHAMPIONS

After our first training session last year, boxing was eagerly awaited by the children. We were happy to bring back Coach Andre and smiles and laughter were had all around with the coach and his team of Big Friend volunteers. Despite the language barrier, Andre was able to connect and tell us about his culture and how he became an instructor that allowed him to travel worldwide. Kids made chocolate chip cookies in the beginning of class, treating everyone to snacks after class.

SKILLS LEARNED

MUAY THAI AND BOXING BRAZILIAN CULTURE TEAMWORK CAREER PATHS

FUNDAMENTALS OF BAKING





RIGHT SIDE 嚮 光 協 會

menu

SPIDERY

MULTI LAYERED FRESH BAKED GARLIC BREAD TOMATO SAUCE PASTA CHOCOLATE CHIP COOKIES & SEASONAL FRUIT SALAD WITH COCONUT MILK

B R I G H T E R F U T U R E S

Q TaiTung

AFTERSCHOOL CARE PROGRAM

We first to know the indigenous youth of Taitung FUKID, an Amis tribe, in 2015. Closing in our tenth year anniversary we are pleased to announce that we have started our afterschool care program here. With the launch, it means that three days a week in addition to providing educational support, our indigenous youth are able to receive plant-based meals in the evenings. We also provide a small stimulant for the local community in hiring one of our youths to assist with two local mothers; one in charge of administration and the other responsible for meals. Children are responsible for the washing of their dishes and cleaning the center.

SKILLS LEARNED :

HOMEWORK TEAMWORK RESPONSIBILITIES



Taitung Afterschool Likat Program

Taltung Sample Menu I.P.

"PORK SQUARE" FRIED RICE MINCED "MEATBALL" FRIED RICE **CHICKEN NUGGETS** CORN OAT MILK SOUP HOTPOT BROTH NOODLES **TOMATO SOUP "FISH" TOFU ORGANIC RICE STIR FRY VEGETABLES** XX **FRESH FRUIT**

> OTATUNG * 繁光

> > 10







THANK YOU!

WELCOME TO FOLLOW US ON SOCIAL MEDIA FOR MORE UPDATES



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