



## Lesedi la Batho – a holistic approach for developing self sustaining communities

### Our Vision

Making South Africa a beacon of hope by providing our youth and our community with the opportunities and skills to realize their fullest potential and purpose and so become contributing members of society. Our Mission Lesedi la Batho is a Christian faith based NGO that seeks to inspire, empower, motivate, engage and equip the youth and the community at large through sport, education, skills training and social enterprise development, community wellness and arts & culture.

### Our Values



**CARING:**  
We care about individuals and communities.



**SHARING:**  
We share knowledge and ideas to maximize our impact.



**POSITIVITY**  
We never give up – for there is always goodness to be found in people.



**ENERGY:**  
the smallest success energizes us.



**ETHICS:**  
We work with integrity.

### “it takes a village to raise a child“

in our community, we face many multi-faceted challenges which need to be overcome in order to break the cycle of poverty. We are confronted with a shattered health care system, poor academic attainment, high unemployment and fragmented families, all of which leads to an even bleaker future for the next generation. To combat these problems, we needed to adopt an innovative and holistic approach, focusing on early intervention. For this reason, we began working with the youth in the schools.

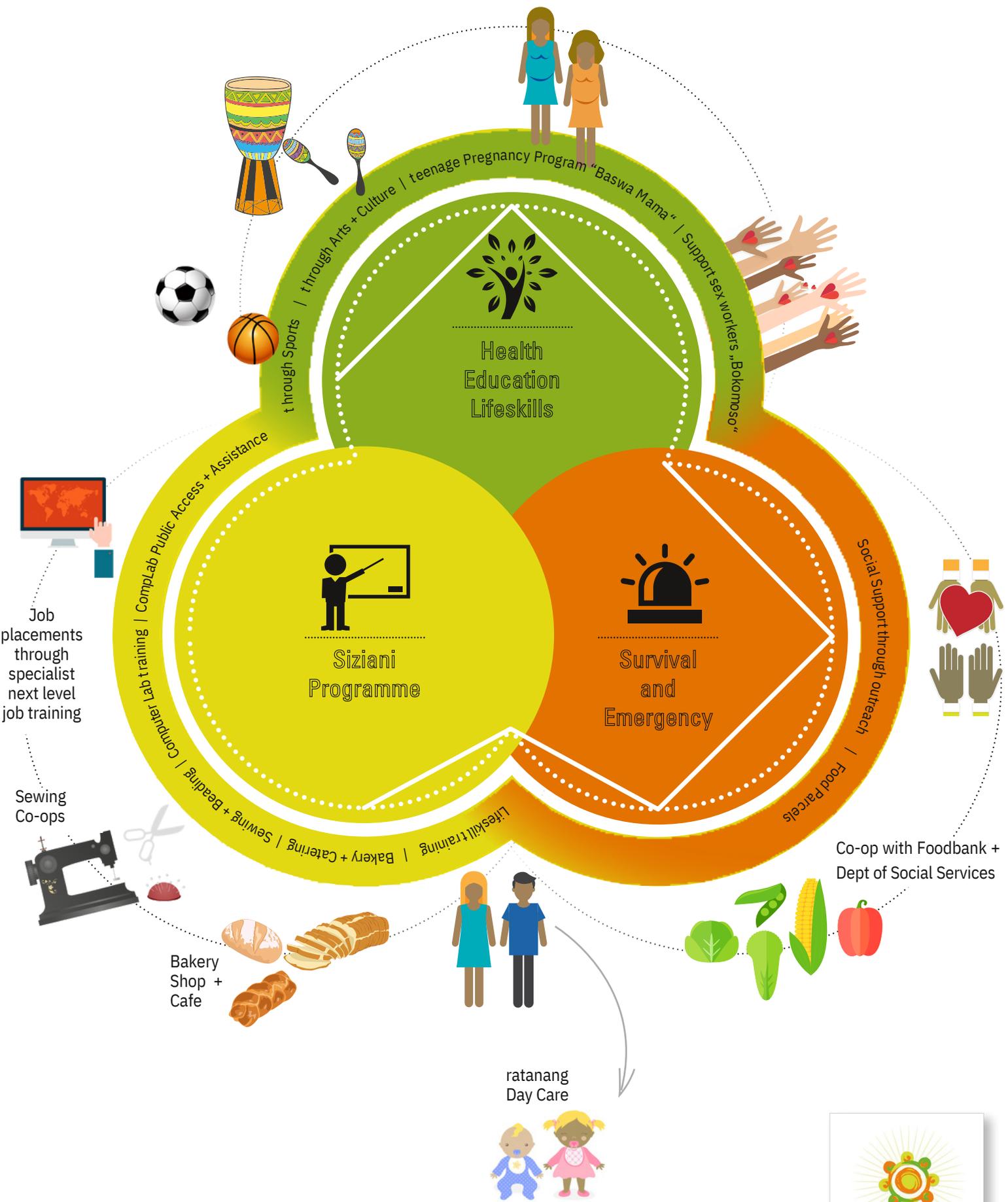
Over time, we have expanded our scope of work significantly. Today we are able to support the community on a broader base via grass root projects in fields such as; sexual and reproductive health and rights, employability skills, job creation, empowerment training for young adults as well as providing social relief e.g. baby day care facilities, food parcels etc. We also provide internet and telecommunication facilities free of charge to the community in order to keep up to date with advancing technologies.

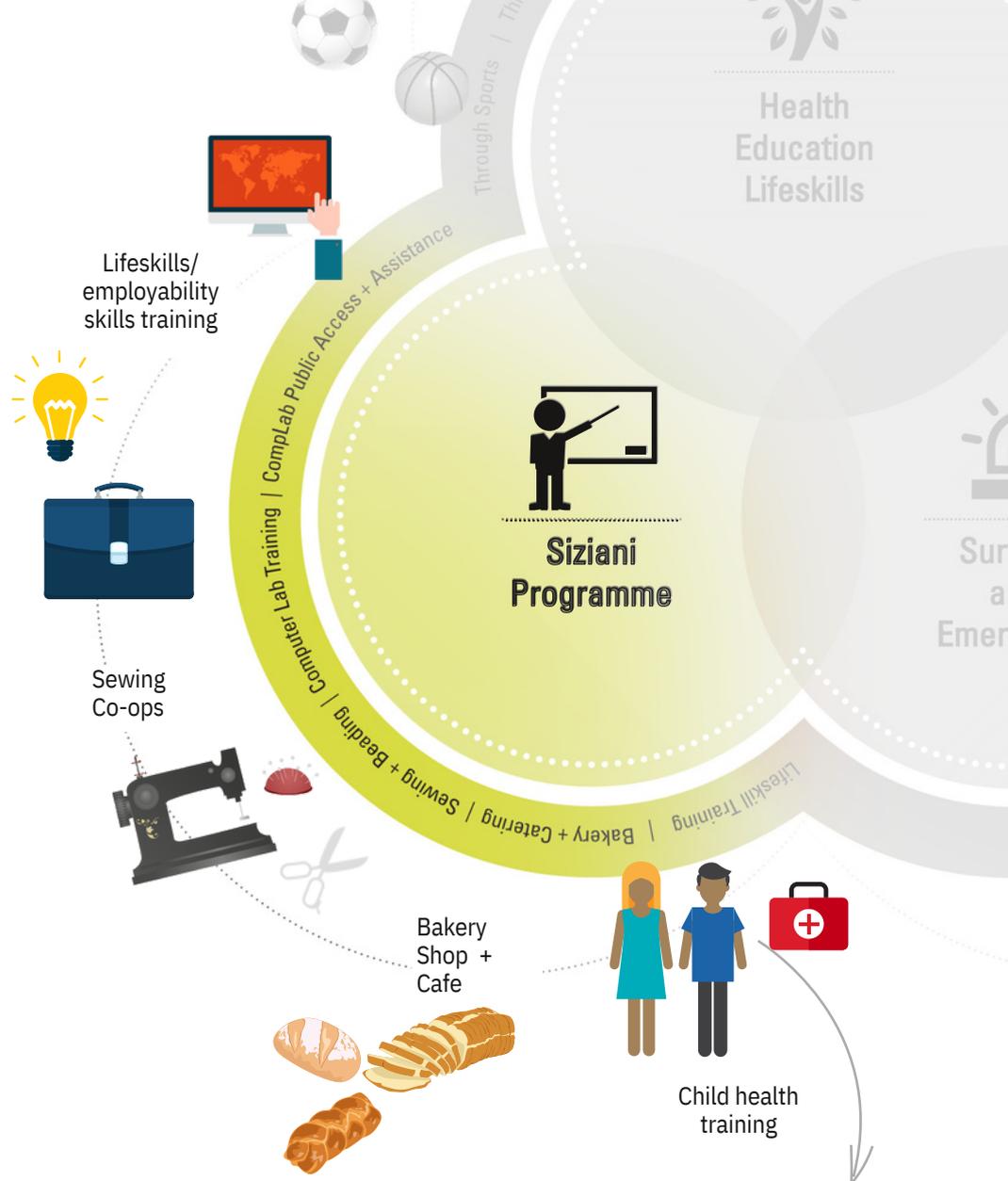
rather than working alone to reach our vision, we instead choose powerful and professional partners who share in our goals. For example, the USAID for our TB-prevention program, the Sizani Foundation for our skills development project, the German international Corporation (GiZ) for the youth Development through Football (yDF) toolkit and the Department of Social Development for implementing the Sustainable Livelihoods Programme .

the good news is, it works: we are proud that these efforts lead to a changed mind-set of trained community members, as they become significantly healthier, stronger and self confident. Some even became the new role models for the next generation. Moreover, seed initiatives grow and empower some trainees to form their own co-operatives or gain employment for the first time.



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# SIZANI

## What is it all about?

Sizani follows a holistic approach: it encourages the participants to become empowered, financially independent, and self-sufficient members of the community. it improves the quality of life for both vulnerable young women and their children.

Sizani is based on 3 pillars:

- Education towards job qualification
- Life skills training and empowerment
- Additional support for young mothers enabling them to follow the training program

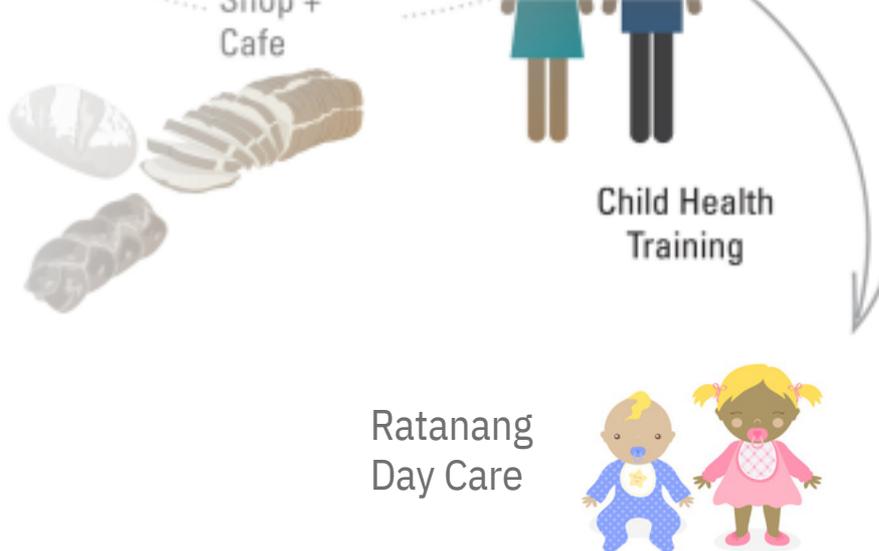
the education and life skills modules comprises of a range of workshops. Each workshop lasts for 2-3 months and ends with a graduation before rotating to the next training workshop.

A final certificate of attendance is supplied at the end of the full training course.

Ideally this is the first step to entering the job market, setting up a business or enrolling in further education.

All of which will lead to financial independence and a well functioning society.





## RATANANG DAY CARE CENTRE

The Ratanang Day Care Centre provides a concrete stimulation and education program from 3 months up to grade R.

**Basic Education, Social Development** and **Spiritual Guidance** are accomplished by **healthy child-oriented nutrition**.

**Services are provided by professionally trained local educators.**

This allows the young mothers in school to finish their education and for their infants to receive a high standard of care and stimulation. This service is free of charge to SIZANI trainee's, and to paying employed community members.

It also allows for the grandparents, who are often the main carers for the child, to go back into employment, thereby breaking the cycle of poverty.

## OUTCOMES AND ACHIEVEMENTS TO DATE ...

- To accommodate the children on our waiting list by opening a 4th group
- Continue to improve the children's nutrition
- Become a registered day care centre with the Department of Social Development

## GIVE ME THE STATS

20 Children per group 2 Emergency places

5-10 Children from SIZANI trainee's  
2 days per week

**2011**  
initially started with 5 children and 2 teachers

**2012**  
Expansion to 27 children and employing a 3rd teacher

**2014**  
Started a "train the trainer" program facilitated and supervised by a professional Swiss trainer implemented sound routines and structure to the day care centre

**2015**  
Starting 2nd and 3rd group in total: 66+ places  
22 children per class now divided according to age  
4 additional teachers employed  
Kitchen installed



# RATANANG DAY CARE CENTRE

Lesedi la Batho recognised the need in the community for a day care project which would help the teenage mothers to finish their education and create a better future for them and their baby. This was the birth of the ratanang Day Care centre, and to this day, our focus remains on providing this essential support to young mothers in need.

What first started as a small group of 3 month to 3 year olds soon became a group of 20+ children. the need for expansion became ever apparent, and today we have a group of 66+ babies and children, spanning over 3 groups. By providing a concrete education from an early age, we are trying to closing the educational gap between those coming from poverty and those deriving from affluent circumstances. This service not only allows the young mothers in school to finish their education and for their infants to receive a high standard of care and stimulation, it also allows for the grandparents, who are often the main carers for the children, to go back into employment, thereby breaking the cycle of poverty.



## OUR DAY CARE CENTRE COMPRISES OF 3 MAIN COMPONENTS:



### BASIC EDUCATION :

ABC, number fluency until 20, colours and shapes, road safety, Animals, Seasons, time and dates, the 5 senses, body parts, English and tswana writing skills.



### SOCIAL DEVELOPMENT :

Abuse prevention and safety, singing, dancing, painting, social and life skills, understanding rules and boundaries.



### SPIRITUAL GUIDANCE:

Understanding biblical stories and their principals.

## PLEASE INVEST IN US

if you would like to invest in the lives of our little ones, please see our ratanang Day Care pledge form to make a life changing contribution. Alternatively, you could make a direct donation to our project.

### Option 1

1 Group (22 Children) for 1 year = 105.600 rand  
1Group (22 Children) for 1 month = 8800 rand

### Option 2 (Baemedi sponsorship)

1 Child for 1 year = 4800 rand  
1Child for 1 month = 400 rand

You'll be matched with a child in need of sponsorship, receiving their unique introductory profile as well as two letters a year, on your birthday and for Christmas, as well as regular general updates from the day care

### Option 3

you can donate money to the following Bank account

**BANK DETAILS:**

Name of Bank: Standart Bank

Name of Account: Lesedi La Batho Day Care

Account number: 012203858

Branch: Lynnwood ridge Branch Code: 012 445 Electronic Branch Code:

051001 Swift Code: SBZAZAJJ

: if you make a donation, please ad your Email address under referance, so that we can contact you

## CONTACT DETAILS

If you have any questions or need any additional information, please contact us :

### Contact Numbers

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+27 81 281 8797

### General Information

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www.lesedilabatho.co.za

### Physical Address:

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