

ALABIAMO MATERNAL & CHILD WELLBEING FOUNDATION

Alabiamo Maternal and Child Wellbeing foundation is a local non-governmental organization with the determination to achieve the United Nations Sustainable Development Goal 3: Good Health and Wellbeing particularly Target 1,2, 3 & 7; Reduction of maternal mortality (Target 3.1), Ending all preventable deaths under 5 years of age (Target 3.2), Fight communicable diseases (Target 3.3), & grant access to sexual and reproductive health care, family planning and education (Target 3.7) in the slums, underserved and hard-to-reach communities within Lagos, Nigeria.

Our projects are unique to each community and people-centered especially, mothers and under-five children. Most slums, underserved and hard-to-reach communities are a mix of land and water dwellers. Health workers might not be prepared to take the waterways into these communities even if they will do; it is occasionally. Nigerian is a multilingual country consisting of various tribes but officially speaks English inclusive Lagos but these dwellers hardly under the official language. Most dwellers of these communities only speak Yoruba and Egun fluently. Often, interpreters are needed to communicate with these women. Specifically, we discovered that their residency type, language, financial status, educational background, and Cultural& Religious belief has debarred their access to quality health care services.

Reduction of Maternal Mortality, According to the World Health Organization. Trends in Maternal Mortality: 1990 to 2015, Nigeria and India records about 34% of global maternal death. The W.H.O associated the high prevalence of maternal death in Nigeria to inequalities in access to health services as women in resource-poor settings are least likely to receive adequate, timely, and affordable health services by skilled personnel compared to their counterparts in more developed countries. To combating these barriers the foundation is joining forces with entry pointers which are the Primary Health care centers to provide access to free and quality Antenatal and postnatal care by qualified Health care practitioners to hard-to-reach communities.

Maternal morbidity and communicable diseases, Noncommunicable diseases (NCDs) account for approximately two of every three deaths among women globally, and the majority of these deaths occur in low- and middle-income countries. The occurrence of NCDs and treatment for them may increase the risk of developing childbirth-related complications for both women and their babies. The potential impact of several NCDs that are particularly relevant to maternal health; Diabetes during pregnancy, both pregestational and gestational, Hypertensive pregnancy disorders, namely pre-eclampsia and eclampsia, and Perinatal mental health issues can persist through all stages of pregnancy and delivery and adversely affect maternal relationships with their infants and partners. Blood pressure is usually checked in all routine antenatal clinics to help detect any traces of hypertension in pregnancy. Treated Mosquito Nets are given periodically to pregnant women and infants mothers, glucometers are used to check blood sugar levels for pregnant women and routinely advice and support are given to mothers pre and post-pregnancy.

Preventable deaths of under 5 years children, In September 2020, UNICEF declared Nigeria the world's number one contributor to deaths of children under the age of five. Access to major childhood vaccination

is still a major limitation and nutrition supplements to combat malnutrition poses stress on family wealth. Alabiamo makes vaccination a necessity for all children especially those in hard-to-reach by talking it into their communities to get the child vaccination by qualified health practitioners.

Access to sexual and reproductive health care, family planning, and education, undoubtedly the need for family planning is increasing exponentially as the population grows, more women are using family planning options to space their children or to halt pregnancy. In light of this, some of these underserved communities have instilled a culture and religious embargo on access to usage of Family Planning while some women have listened to forged tales of Family planning. Alabiamo foundation makes it a duty to educate mothers on the importance of the Family Planning method to their children, themselves, their families, and the economy itself.

Alabiamo Foundation continues to offer Maternal and under-five Child health services to more hard-to-communities/ slums/ underserved communities, educating women on the need to use health care services and qualified personnel. To further encourage access to Health care services incentives such as clothing, foodstuffs, flannels, contraceptives are usually given for free. Alabiamo Foundation aims that by 2030 Maternal & child mortality and morbidity will have reduced drastically through their intervention outreach in these Hard-to-reach, slums, and underserved communities within Lagos, Nigeria.