



## Healing Hands Proposed Shelter for the Vulnerable & Destitute 2022

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FB: Healing Hands Community Project

**Director M. Bangeree**

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## What is Healing Hands Foundation:

The Healing Hands Foundation is a facility situated in Central in Nelson Mandela Bay, Port Elizabeth, and is a registered NGO/ NPO and was a facility opened in 2010, focusing on Women and their children, who have been affected by Domestic Violence as well as providing a daily soup kitchen for those in need. We offer an in house meal daily to the street dwellers as well as conduct an outreach programme twice a week within the Metro.

Healing hands occupies one residential facility, at 12 Whitlock Street, in the suburb of Central, Port Elizabeth, run by (Maggie) Magdalene Bangaree and her team, it homes and protects as well as providing a haven to women and their children who have had to leave where they live due to Gender Based Violence,

Why was this facility opened? In 2010, the director Maggie noticed there was a great need for a shelter as the rate of domestic violence is so high in South Africa, international stats confirmed that S.A. has one of the highest incidences in the world, with that she decided to open a safe haven for the many victims that suffer each day in the Eastern Cape, that have no place to run too when in danger.

One other area that Maggie identified was the high incidence of HIV, in the Eastern Cape, and once again South Africa has the highest rate of HIV and Aids in the world, and she identified that some cases that approached her where effected as well as being victims of domestic violence, so with this in mind she decided to acquire a building and proceeded to develop an holistic approach for victims, that included assistance for those who are diagnosed with HIV, and also those that have drug addiction and as well as providing counselling for all.

Maggie ran the shelter herself for many years from her own pocket, and still today cooks for the residents to be close and make them feel at home, she constantly stays in contact with her families daily, so they feel for once in their lives somebody does care.

Over the 10 years the Healing hands foundation has assisted hundreds of women and their children, and have been there day and night, saving lives and offering hope where there was none, Maggie with her wonderful team of helpers, are there to make others' lives better safe and happy.

The Healing Hands Foundation started as a vehicle to help victims of domestic violence, by one woman who had a dream, and by her hard work and determination, she has succeeded in providing a safe facility with many services to assist, inform and educate, counsel, empower those that felt they had no future, with her team she have given them that, a bright future, and what was once started as a dream is now a labor of love.

*"The meaning of your life is to help others to find the meaning of theirs"*

*Victor. E. Frankl.*



### **Greater need evident within the Metro:**

Whilst carrying out their daily activities it has been proven that the need for shelter just not solely lie with women and children. There is a great number of street dwellers within our Metro, people that have unfortunately become victims of circumstance, due to financial constraints, substance abuse, victims of violence or disaster and are now unfortunately homeless. Keeping this in mind and seeing the great improvement the Shelter for women and children has established, we have undertaken to open a fully fledged shelter for the street dwellers. Not only offering them a safe place to lay down at night but also all meals. We will also have a full-time nurse on hand for minor medical emergencies. We will host counsellors to assist those in overcoming their substance abuse with the rehabilitation programmes that will be available. We also have skills development programme offered by a qualified trainer so that the residents can have access to assistance in easing them back into society as sober, contributing, self-sustaining members of society once again. It is a second chance for them to embrace life and ensure they have access to all opportunities offered to keep them off the streets.

### **BUILDING ACQUIRED:**

The building itself is in great disrepair as it has been abandoned for several years. It is going to take much hard work, dedication, and funds to bring it to a habitable state. In saying this, even though it is a huge undertaking, we are not going to let that deter us in anyway shape or form from achieving the realization of our end goal. As an NPO we rely solely on donations and support from the business community as well as the private community at large. We intend to intensify our efforts to solicit for the necessary funds/ products to achieve our end goal. The funding received will be 100% utilized in achieving this as soon as possible so that we can open our doors and start the process of changing lives on a larger scale. As per the attachment of our Year 1 Budget and pertinent quotes, you can see that a proficient needs assessment was conducted, and we ensured that we have the relevant quotations for what is required just to get the project of the ground.

### **RESIDENT PLAN:**

Each person reaching out to the shelter, will have to undergo a stringent needs assessment, health, and sobriety screening before acceptance. There is a stringent Rules and Regulations Policy that will be followed to ensure that every resident has a safe and secure environment to thrive in and keep them away from the scourge that drove them whilst being on the street. It will also not be a permanent residence, with each resident being given a time period to absorb into a daily routine again, utilize the rehabilitation programmes to gain sobriety as well as the skills development programmes to help them acquire the necessary skills to re-enter society as productive self-sustaining members. Each resident will have their own personal space to sleep and keep their belongings, however the dining areas, lounge, library areas etc will be communal. The building will be divided into 1 Floor for families, 1 Floor for single females and 1 Floor for single males. Each floor will have its own bath/ toilet/ laundry facilities. Once we are fully operational, we plan to have a daycare area for the children that are of non-school going age to be cared for whilst their parent/s are engaged in rehabilitation and skills development, counselling, etc. There will be sufficient strict security to ensure rules and regulations are followed. Should we have any infringement a book of violators will be kept, and each violation documented and receiving the necessary measures to ensure that the offences are not repeated. In the event of repeated offences or sever offences, ie: drug usage within the facility, violence, bullying, immediate eviction will be sought. Whilst that will be a last resort action as our intention is, was and always will be, assisting these residents to overcome their destitution and change their lives.

### PROGRAMMES OFFERED:

The first and most important programme offered will be our rehabilitation programmes. Our rehabilitation programmes will follow a prescribed formula based on SANCA but will be adapted to each, individuals needs and circumstances. The first is to address the core reason for the addiction and helping the individual overcome that and then move forward in order to finally kick the habit. Secondly skills development will be offered to each individual based on their level of education, their personal tendencies as well as personal hobbies. We would like to tailor make our skills development toward encouraging them to do something to enjoy whilst at the same time using that enjoyment to earn and become self sustaining. We will have qualified counsellors and skilled trainers on board to ensure the success of these programmes.

### YEAR ONE:

Our first quarter we hope to dedicate to getting the shelter into a habitable state so that we can open our doors as soon as possible. Our needs for this to happen is great and at great cost however these costs will be once off and therefor not put any more strain on the organization in the years going forward.

OUR NEEDS LIST in respect of above:

1. Entire building needs to be thoroughly cleaned out
2. Entire building needs to be repainted
3. Entire building needs to be refloored
4. All plumbing needs to be installed
5. All electrical needs to be installed
6. Building needs to be furnished and equipped totally
7. Most windows need to be replaced
8. All doors and gates need to be installed
9. Security system, ie: CCTV cameras need to be installed
10. Counsellors, Nurses and Security guards need to sign employment contracts

The rest of the year will be dedicated to operating the shelter on a daily basis as a fully operational residence of its kind.

As the facility is not supported by the government, Maggie and her team spend quite a lot of time, sending out funding requests, as a lot of what is done at the shelter is provided by Maggie, it's a tough road and help is required, from the community and overseas.

**The monthly costs of running the Shelter will include**

Telephone  
Electricity  
Water  
Fuel for the vehicle  
Food  
Baby needs e.g.: nappies, baby food, clothing.  
Upkeep of house  
Purchasing bedding from time to time  
Purchasing new pillows every month, for hygiene reasons.  
Rent of facility  
Insurance  
Stationary  
Security  
Salaries  
Maintenance (repairs for building)

**Our pledge to donors:**

Healing Hands commits to being fully transparent of all funds received. As a registered NPO this is vital to ensuring that we continue as a registered entity. We are able to provide all certificates confirming our legitimacy.