



PROJECT PROPOSAL

REHABILITATING EX -INMATES PROJECT

**Submitted by: Tumaini Fund for Economic Development
International (TFEDI)**

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Executive Summary

Inmates usually have a hard time to reintegrate back to the society as they face many challenges such as Stigma from society, Unemployment and lack of basic needs e.g. food, clothes and shelter. It is for this reason that our organization has come up with this project in order to curb these challenges. Our project aims at building a rehabilitation center for ex-inmates. A place they can call home for three months after their release. We will use this duration to equip them with technical skills such as Tailoring, Hair and Beauty, Mechanics and Carpentry that they will use to improve their life quality and livelihood. We will also continue to nurture their Faith in God in order to restore their hope and reassure them that the Almighty loves them regardless of the circumstances. They will also undergo therapy session to help them heal from any traumatic experience they might have experienced while serving their term in prison. The rehabilitation center will create an environment where they feel loved, wanted and have a sense of belonging. After the three months will take them home and make peace with their families. As we reassure them that they are changed individuals. We will also assist them set up various business and give them capital of \$200.

Alongside with the rehab center we are also looking forward to have a greenhouse as an income generating activity that will enable us to sustain the living expenses in the rehabilitation center. This will enable this project to be independent and avoid asking for grants every now and then. Other additional expenses such as a van for transportation of ex-inmates from prison to rehabilitation center and from rehabilitation center to their homes. Four cows for milking in order to cut cost of always buying milk and to get extra revenue from selling extra milk. A dispensary in order to treat their illness when they get ill while in the rehabilitation center. Total living expenses for the three months and rehab equipment along sides with the equipment for the technical skills mentioned earlier. The total budget estimate is \$99247 USD

As Tumaini what we are actively doing prison missions in partnership with CFF church, Umoja under senior pastor John Blessed. Where we go to various prisons around the country and minister the gospel to them to give them hope and reassure them that not all is lost. Most importantly that they give their lives to Christ. In these missions, we distribute basic hygiene essential such as soaps, tissue and sanitary towels. We have also donated a two-acre land in Subukia, Nakuru County in the pursuit of this project.

To conclude, we do believe in our project ability to be impactful to the society as it will not only improve the lives of the ex-inmates but also reduce crime and recursion rates in the country.

The problem

Many prisons in Kenya face recursion because ex-inmates are stigmatized by the society. Their old friends who led them to commit crime in the first place are the ones who accept them. They end up been lured to their old habits and as result up back in prison and the cycle continues. Lack of jobs or unemployment is a big issue that the ex-inmates face as their certificate of good conduct is tarnished once they go to jail hence most companies and intuitions are reluctant to hire

them and do not want to be associated with them. After our research we as Tumaini found out that a higher percentage of inmates are the poor, the less privileged in the society. As in most cases, some are in for petty crimes such as walking in town without mask and could not afford to pay bail of \$200 or hawking in the streets yet they are trying to make ends meet for their families. In such instances, they are jailed from a duration of 6 months to a year. While others could not afford legal representation. All these are the problems that the poor face as the affluent in society could easily get off the hook by paying bail money or getting a good lawyer to represent them. While these people have families, children at home who also get affected once their loved one is taken behind bars. They also face many traumatic experiences in jail that may haunt them for long time. Some of these traumatic experiences are caused by the poor living conditions and lack of basic hygiene practices of the inmates. Not to mention the vulgar language used there that they might not be accustomed to. In the process some lose hope in the essence of life, some are hurting emotionally as they think their lives are over. On addition when they leave, prison the society is hostile towards them and isolate them. As a result they end up contemplating suicide. After having serving their jail term most ex-inmates have to start life all over again from zero and even trying to catch up with what has happened in the society over the years they were behind bars might be overwhelming for an individual.

The solution

As Tumaini, we want to help them re-integrate back to society by building a rehabilitation center for them. Where they would stay for a period of three months. We are targeting 40 individuals that is 20 women and 20 men to begin with. In the rehabilitation center, they will be taught various technical skills that they could use to improve their living standards. They include Beauty, Tailoring, Mechanics and Carpentry. We also want to help them heal from their traumatic experience hence we will have therapy sessions. We also want to continue to nurture their faith in God and give them hope while reassuring them that God has not forsaken them. That God is able and willing to accept, forgive and love them unconditionally. We are certain that giving the ex-inmates such a platform where they feel loved, accepted and where they can create good social networks is essential. It is better than the isolation and rejection they face from society, as human beings are social in nature.

We are also planning in retrospect to have an income generating activity that it will help enable us to continue to support the organization in the end. That is where the idea of a greenhouse came to be, where we will be able to grow crops for commercial purposes in order to get revenue that will sustain our recruits and staff at the rehabilitation center. The green house is also key as we want to be independent and do not want to always be asking for grants every now and then for the rehabilitation center.

After their time at the rehabilitation center is up. We intend to go with them to the homes and make peace with their families. They ask for forgiveness if needed. We also give them capital of \$200 to start their business and assist them in the process. That way they will not feel the pressure of re-inventing their lives from absolute zero. At this time they would have undergone healing, forgiveness and in turn feel hopeful and worthy of a second chance in life. We will also do regular checks on them to see how they are faring on. With an income generating activity,

they would not feel the need to steal or do malicious activities in the pursuit of money. As a result, the rate of crimes in the country and the rate of recursion in prisons will significantly reduce. After going through our Bible teachings and therapy sessions, they will have a changed their perspective towards life and will be willing to live better and fulfilling crime free lives.

Our progress / what we are doing as Tumaini.

The founder of Tumaini fund, Pastor David Karanja has dedicated his life mission to ministering to prisons. As a result, he has been to many prisons around the Country together with the team. Various well-wishers and our recent partnership with CFF church, Umoja under senior pastor John Blessed, have made this possible. During our various visits we do minister the gospel to enable the inmates have hope in God, help them forgive, heal and most importantly give their lives to Christ.

We are well aware of the unfortunate poor hygiene conditions of the inmates as they lack basic hygiene essentials. As Tumaini, we make these products accessible as we distribute soaps, tissue, sanitary towels to the inmates when we visit various prisons.

Due to our many visits, we have contacts with various chaplains all around Kenya prisons and we are aware when inmates get out and have no church or community to support them or continue to nurture their faith in God. Hence, it will be easy to get individuals to rehabilitate at the center by the help of the chaplains.

Our organization is passionate about this project and has dedicated two- acre land in Subukia, Nakuru County in pursuit of the same. We are now actively seeking for grants to aid in making the project a reality.

GOALS AND OBJECTIVES.

Below is a list of our goals and objectives that this project is geared towards achieving:

To rehabilitate 120 ex-inmates every year

To assist the ex-inmates through the healing process from various traumatic experiences they might have faced in prison

To nurture the faith of the ex-convicts in the Lord

To help them re-integrate back to society by making peace with their families

To empower them to be economically independent

To equip them with technical skills that they may use to improve their livelihood.

To reduce the rate of crimes in the country

To reduce the rate of recursion in prisons around the country

To give the ex-inmates a second chance and a better life opportunity.

PROJECT BUDGET.

The Building of the rehabilitation center and labor

We are looking towards building 9 rooms that include:

2 Dormitories (one for women and one for gents)

1 kitchen

1 Dining hall/ Multi-Purpose hall

2 Classrooms (for Bible teachings and Therapy sessions)

A beauty workshop/ station (where they will have hair and beauty trainings)

A tailor workshop (where they will be able trained about tailoring)

1 dispensary (In case they fall sick during their stay at the rehab center)

The following are the estimates per room inclusive of the finishes i.e. Windows, ceiling, roofing, painting, piping etc.

2 Dormitories inclusive of bathrooms and restrooms area \$10000

1 kitchen - \$2500

2 Classrooms - \$5000

1 beauty workshop -\$2500

1 tailor workshop - \$ 2500

1 dispensary -\$2500

1 dining and multipurpose hall - \$5000

Labor -\$ 5000

In total \$35000

Equipment

Tailoring equipment – 5 tailor machine @ \$1250

In addition, additional \$500 for yarns, needles, material for clothes.

Total - \$1750

Beauty school

2 Hair dryer - \$ 400

Blow dryer- \$ 30

Nail equipment kit - \$200

Combs and Hair oils, shampoos, treatment and conditioners
- \$200

Synthetic hair - \$ 500

Sink / washing area - \$450

Rollers sets - \$ 10

2 Mirrors – \$30

6 Chairs – \$ 90

5 training Hair dummy head - \$ 125

5 Hair relaxers - \$ 100

Any Additional items - \$ 200

Total - \$2335

Carpentry school

Carpentry shed - \$ 1000

Carpentry equipment \$2000

Total - \$ 3000

Mechanic school

Mechanic shed - \$ 1000

5 Mechanic toolbox - \$1000

Mechanic spares (car spares e.g. tires) - \$ 1000

Total - \$3000

Dormitories equipment

20 double decker @ \$2800

6 Curtains @ \$ 600

Total - \$ 3400

Classroom equipment

80 lecture chairs @ \$2240

2 whiteboard @ \$20

Total = \$ 2260

Multipurpose hall equipment

6 dinning tables with laminate boards @ \$ 810

12 dinning benches @ \$1200

Total = @ \$2010

Kitchen equipment.

1 freezer - \$1000

5 (24 size ultra-heavy duty with lead sufuria) - \$700

1cooker with oven - \$ 800

3 big mwikos - \$6

5 Serving equipment's (catering chaffing dish) \$400

2 (Hotpoint 15l tea urns) - \$376

50 spoons - \$15

Kenstar plastic plates 10 (6 pcs set) - \$25

5 serving spoons - \$2

1 fridge - \$ 500

Gas (3months) - \$613

Any Additional items \$200

Total - \$4637

Living expenses for the 3 months

Food - \$ 7200

Electricity bill - \$ 120

Water - \$ 40

Total -\$ 7360

Salaries

2 cooks - \$ 400

1 driver - \$ 150

1 administrator - \$ 200

4 professionals for beauty, tailoring, mechanics and carpentry - \$ 800

1 Nurse - \$ 150

1 Therapist - \$200

Total - \$ 1900

Transport

Van for transporting inmates from prison to rehab center and from rehab center to their homes.

Van (Toyota used Hiace) 12 seater - \$16950

Maintenance cost (for 3 months) - \$ 750

Total - \$ 17700

Dispensary

Dispensary bed - \$ 70

Dispensary medicine - \$500

Additional expenses curtain, table, chair, and mirror - \$200

Total cost - \$770

Other expenses

Rehabilitation center tank (for water storage) 10liters - \$1055

4 cows for milk - \$4800

Cow shed - \$ 500

Total - \$5300

Stationary

200 Books - \$100

100 Pens - \$20

1 Computer - \$860

1 Printer - \$250

1 Photocopier - \$ 850

10 Record keeping books - \$ 60

Total- \$2140

Income generating activity (GREEN HOUSE) Metallic

8m by 30: Plant capacity 1000 tomatoes seedlings, 800 capsicum

Green house structure price - \$ 3200

Drip irrigation + 1000-liter tank – \$ 220

Training and nursery pack - \$ 150

Soil sampling and analysis- \$60

Additional expenses include 2-bag cement, 2 wooden ladders, water connection to the greenhouse tank, sand and ballast 6 wheelbarrows each -\$ 2000

Total - \$5630

Total Project cost = \$99247 USD

The estimated budget above is for first three months of the project as we hope that future expenses will be catered for by our income generating activity that is the green house. With an 8 by 30m, green house and 1000 plants of intermediate tomatoes varieties you can get 30kg per plant in one season that translates to 15tonnes for 1000 stems selling at 50 per kg should give revenue of \$7500 per season. In addition, the revenue we will get from selling extra milk from cows will also be used to cover the expenses of the rehab center. We also intend to practice subsistence farming so that we cut cost on food.

Conclusion.

To conclude, Tumaini as an organization believes in this project capacity to change, save and transform the lives of ex-inmates and giving them a second chance to be better individuals and citizens of this country. We hope you join and be part of this impactful project. Everyone is deserving of a second chance.