



# AJOKE AYISAT AFOLABI FOUNDATION

## TEENAGE MOTHERS' EMPOWERMENT PROJECT (Teen-MEP), Abia

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**STRENGTHENING EDUCATION/  
SKILL ACQUISITION  
FOR PREGNANT AND PARENT  
TEENAGERS IN ABLA STATE**

# PROJECT SUMMARY

- This project is an advocacy to change negative policy, attitude, practice and behaviour against would-be and existing teenage mothers in 10 selected communities in Abia state
- This project plans to provide sex education, support antenatal/medical care service and food for 50 pregnant teenagers in 10 communities in Abia State.
- Ultimately, this project will return 10 girls to school and provide skills acquisition in hair dressing, sewing and trade for at least 40 teenage mothers in 10 communities in Abia state.

# About This Workbook

## INTRODUCTION

In the era of sexual literacy and availability of contraception, teenage pregnancy still remains a major problem throughout the world, perpetuating poverty and low level of education. Efforts to mitigate teenage pregnancy and its attendant public health and socio-economic problems should begin by proffering lasting and sustainable solutions to these identified factors.

A survey conducted in Abia State Teaching Hospital, Nigeria, in 2019 indicates that a total of 359 cases of teenage pregnancy were recorded. Out of these, about 263 (73.2%) fall between the age of 15-17 and were single, 210 (58.5%) were currently out of school. The prevalence of teenage pregnancy was 163(45.4%) was significantly associated with age, poverty and lack of education. In the era of sexual literacy and availability of contraception, teenage pregnancy still remains a major problem throughout the world

# PLAN OUR STRATEGY

- 100 pregnant / teenage mothers and at-risk teenagers surveyed in affected communities in Abia state
- Community gatekeepers, pregnant, teenage mothers, at-risk teenagers and their parents participate in five (5) Focus Group Discussions (FGDs) to document their perspectives at Umezeagu and Ameke communities.
- Prepare schools for 'special status' as educational facility for teenage mothers
- Enroll at least 10 teenage mothers in school.
- Mobilise stakeholders support to pilot Child-Care centre and other support programme in at least one (1) community
- Create 10 social support groups, peer coaches, counselors, and pregnancy healthcare team to support pregnant and parenting teenagers.
- Organise 10 enlightenment programmes to sustain awareness for teenage girls on sex education and reproductive health issues.
- Return at least 10 girls to school
- Strengthen at least 30 girls acquire vocational skills and start a business

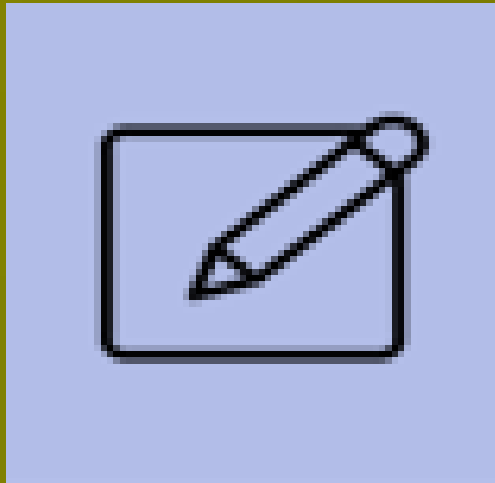
# Plan Our Strategy: Diverse Sources

	LAST YEAR
Total Operating Budget	\$125,000
Foundation/Government Grants	_____2%_____ % of total
Corporate Giving	_____68%_____ % of total
Membership Fees	_____0%_____ % of total
Individual Donors	_____25%_____ % of total
Religious Contributions	_____0%_____ % of total
Income Generating Project	_____0%_____ % of total
Other	_____5%_____ % of total

# Plan Our Strategy: fundraising Calendar

QUARTER/ MONTH	FUNDRAISING GOALS	FUNDRAISING ACTION
2022 Q3	\$25K 100 new donors	<ul style="list-style-type: none"> <li>▪ In-Kind Donations</li> </ul>
2022 Q4	\$35k 150 new donors	<ul style="list-style-type: none"> <li>▪ Global Giving little by little</li> <li>▪ Cash Donations</li> </ul>
2022 Q1	\$50k 150 new donors	<ul style="list-style-type: none"> <li>▪ Investment Income</li> <li>▪ Crowd funding</li> </ul>
2022 Q2	\$50k 200 new donors	<ul style="list-style-type: none"> <li>▪ Matching Grant</li> <li>▪ Program Service Revenue</li> </ul>





# TELL OUR STORY

Outline the story of your work, then  
adjust your key messages based on  
donor audience

# Strengthening Education for Pregnant And Parent Teenagers in Abia State

*Summary: AAAF is aimed at alleviating poverty through education, skills and financial support for vulnerable persons.*

## Challenge

Patriarchy / cultural bias /  
stigmatisation

GBV / SRHR issues

Lack of education among  
teenage mothers

Poverty

## Solution

Advocacy to change cultural  
beliefs / practice / support  
networks

Awareness on sexual and  
reproductive rights and  
access to services

Identification and enrolment  
of at least 50 pregnant and  
parenting teenagers back to  
school / vocation

Access to Education / Skills

## Long-term Impact

Change of practice / Inclusion and  
social integration and support

Access to services and rights to  
report

Drastic reduction in lack of  
education among pregnant or  
parenting teenagers

Ability to exercise agency, own  
assets and improve decision-making

# Photo Gallery



Name: Peculiar  
Age: 18 Years old  
Education Status: Primary Education

My parents started having issues after they found out about my pregnancy, after a short while they separated. I had to leave the house out of shame and because my mother couldn't handle taking care of me and my younger ones. As a pregnant girl my friends left me on my own, and I have to do menial jobs, such as clearing farms for people. I can't even go back to school anymore because I had already stopped school when I was living with my parents due to financial problems.





Name: Mary

Age: 19 Years old

Educational Status: Secondary Education

I was working as a sales girl before I became pregnant. The father of my child intended marrying me but unfortunately he died. I wanted to abort the pregnancy because his family didn't want the child and I didn't know what to do. But my mother refused me aborting the child, and as the first child of four from a single parent I had to work harder to help my mother. I lost my sales girl job after my Employer found out I was pregnant, and being a teenager, he felt it would affect his business. I left home to live elsewhere, doing minor jobs that can help me at the moment to take care of my self and send to my mother.





Name: Joy

Age: 18 Years old

Educational Status: Secondary education

I was supposed to write my WAEC exams this year, but I left school because my younger brother was sick and needed money take care of him. While at home, I got involved with a man who impregnated me. When he told his family, they refused to accept the pregnancy and stopped all contact with me. Living with my parents has not been easy, the shame and stress they have to go through, they refused me leaving the house but instead, I am not allowed to touch or have any contact with my father even washing or cooking for him, as this is considered a taboo in my community. I have lost my friends and out of shame, I always have to wear big sized gowns to hide my belly whenever I go out. My church gave my entire family the back seat of the church.





Name: Jane

Age: 19 years old

Educational Status: Secondary Education

I lived in Rivers State as a house help, while I was there I got pregnant for a young man who was from the state. It turned out that he was also a house boy living with another family in the state., I had to come back home to stay with my mother. After I gave birth the weight of taking care of me and my little siblings became hard for my mother, so I left home to look for where I can stay, I was working for a man at the time as a sales girl, but due to bad business he closed down and I had to start looking for new jobs. Right now, I don't have a house, I just rotate my sleeping environment . I have lost a lot because of it, no job or friends. I always have to bear the side comments people make about me, its really hard even to eat.



# Grow Our Network

We count on you to help us make a difference!





AAAF with the pregnant and parenting teenagers



# Let's Nurture Our Relationship

Thank You!

