



Save the Children®

CRISIS IN SUDAN

FEBRUARY 2026



Photo: Save the Children

Sudan's hunger crisis is deepening, putting children's lives at immediate risk.

After years of relentless conflict, families in Sudan are trapped in extreme hunger. Famine-like conditions have expanded into Zamzam camp, El Fasher, and Kadugli, with catastrophic malnutrition rising in Um Baru and Kernoï. Millions of children and women face life-threatening food shortages, and severe acute malnutrition is expected to reach 800,000 in 2026.

Families are forced to sell their only assets or eat seeds saved for the next harvest, while hospitals and clinics struggle to operate. Children are succumbing not only to starvation but also to preventable diseases that hunger makes deadly.

Together with partners, Save the Children provides life-saving assistance, reaching millions with health, nutrition, child protection, and education services. Yet despite the scale of suffering, the crisis remains underreported. Children's lives and rights are at risk every day, and urgent global action is needed to prevent more deaths.

Give to the [Children's Emergency Fund](#) to support families in Sudan and around the world.

33.7M

people in need of humanitarian aid

13.6M

people displaced as a result of the conflict

800K

people face severe acute malnutrition

Numbers as of February 2026

RESPONSE SNAPSHOT

With needs soaring and famine spreading, additional funding is urgently needed to protect children's lives during this devastating crisis.

Here is how we are responding in Sudan to address the needs of families:

LIFESAIVING NUTRITION

- We're screening and treating children suffering from severe acute malnutrition, providing life-saving therapeutic care where access is limited.
- We're helping to prevent malnutrition in mothers and babies through infant and young child feeding programs, ensuring children get the nutrition they need to survive and thrive.
- We're provide **Assida Plus**, a fortified porridge enriched with protein and healthy fats, giving malnourished children a complete, nutritious meal.
- We're expanding Assida Plus from Al Salam camp to Zalingei and other high-need areas, helping children recover before severe interventions are required.

HEALTH SERVICES

- We're delivering emergency care and routine medical services in conflict-affected areas where hospitals and clinics are damaged or severely under-resourced.

- We're conducting vaccination campaigns and providing maternal health support to protect children and mothers from preventable diseases.
- We're offering mental health and psychosocial support for children and families experiencing trauma from conflict and displacement.
- We're working to ensure children and families can access essential healthcare even in areas where humanitarian services are severely limited.

FOOD SECURITY & LIVELIHOODS

- We're helping households survive famine-like conditions by providing emergency food support and other food security interventions.
- We're providing climate-smart farming training and livestock veterinary services to protect family incomes and improve agricultural productivity.
- We're implementing youth livelihood programs, giving families additional ways to earn income and build resilience amid ongoing conflict.
- We support families in meeting basic needs while strengthening their ability to cope with future shocks and recover in the long term.

OUR RESPONSE IN SUDAN



PRESENCE IN THE REGION

We've been working in Sudan since 1983.



RESPONSE ACTIVITIES

Health, nutrition, education, child protection, food security, and livelihoods support.



RESPONSE REACH

In 2025, we reached 2.6 million people across Sudan with humanitarian aid.



2026 FUNDING TARGET

Our funding target for our response in Sudan is currently set at \$100M+.