



Save the Children®

NEPAL FLASH FLOODS

AUGUST 2026

Save the Children distributes
emergency relief kits to
families affected by the
floods in Nepal

Photo Credit: Dil Kamal Chettri / Save the Children

A catastrophic flash flood struck northern Nepal – barreling over homes, schools, businesses, and hospitals. Rain keeps washing torrents of mud over everything. More than 900 people have died, including children, and over 4,000 are still missing.

Save the Children launched an immediate response delivering life-saving aid, in coordination with Nepal's local Disaster Management Committees and other partners.

So far, we have distributed emergency relief kits to over 2,500 families, including over 1,000 children. The kits include supplies for shelter, cooking, hygiene, babies, warmth, and more.

Children have been separated from their families. Overcrowded and chaotic holding centers have led to even more separations. Save the Children is urgently working to reunite children with their families, help centers keep families together, and protect children who are still on their own.

Save the Children has been supporting families in Nepal since 1976, working on education, gender equality, health, nutrition, and combating child poverty.

60K+
people have been
affected

19K+
children are affected
by damaged schools

24+
miles of roads have
been destroyed

Numbers as of August 2026

HOW WE'RE RESPONDING

Save the Children's humanitarian response plan is focused on meeting the immediate and long-term needs of flood-affected communities in Rasuwa, Nuwakot and Dhading and includes the following:

Shelter & Essential Household Support

- Building temporary shelters and bathrooms.
- Providing household essentials.
- Supporting the most vulnerable, including women and people with disabilities.
- Helping families prepare for colder weather.

Education

- Establishing temporary learning spaces and repairing classrooms.
- Distributing school supplies and early childhood development kits.
- Offering psychosocial support to help children recover from the trauma.

Child Protection

- Creating safe spaces where children can play, learn, and receive support.
- Providing psychological first aid and specialized services to highly vulnerable children.
- Reuniting separated children with their families.
- Supporting children with disabilities.

Water, Sanitation & Hygiene (WASH)

- Providing safe drinking water to families.
- Ensuring access to water in evacuation centers.
- Repairing community water systems.
- Installing temporary toilets and handwashing stations.
- Distributing hygiene kits to prevent disease.

Health & Nutrition

- Preventing disease outbreaks.
- Supporting healthcare services.
- Providing nutrition assistance to vulnerable children, pregnant women, and breastfeeding mothers.

Food Security & Livelihoods

- Providing cash assistance so families can meet their most urgent needs.
- Providing food to pregnant and nursing women.
- Creating cash-for-work opportunities.
- Helping farmers restore agricultural production with tools, inputs, and infrastructure support.



Amita*, 56, and her grandchildren sit outside of a holding center in Nepal.

*Name changed for privacy