What is CHATS?

Delve deeper and learn more about the origins, background, and impact of AGE Africa's broadest-reaching program.

Tiyambe motere! (Let's get started!)

WHY?

Early on, AGE Africa understood that scholarships were not enough to help girls in Malawi stay in and graduate from secondary school. Introduced in 2013 and created by Malawians for Malawians, Creating Healthy Approaches to Success (CHATS) addresses the barriers girls face that prevent them from finishing school.

WHAT?

CHATS is setup as a weekly afterschool program aimed at empowering girls with the knowledge, confidence, and skills to advocate for themselves and for healthy life choices. It is open to all the female scholars in each of AGE Africa's 24 partner schools and the curriculum is taught by the girls' themselves, ensuring a peer-led approach to learning.

THREE YEAR MODEL

CHATS is a three-year program that scholars start during their second year in secondary school. The curriculum tackles different topics and builds on concepts learned as the girls advance through from one grade to the next.

YEAR 1

Life Skills, Leadership,

Sexual & Reproductive
Health, and Gender Rights
Scholars get trained as
group facilitators and
public speakers to learn
to lead CHATS sessions.
Content covered includes
self-awareness, decision
making, and conflict
management; sexual and
reproductive health; and a
review of gender, genderbased rights, and genderbased violence and
prevention.

YEAR 2

Tertiary Education and

Future Planning
Scholars prepare for their
futures by learning about core
requirements for graduation
and the transition to university
or vocational school, as well as
various career opportunities
through guest speakers.
They start goal setting and are
introduced to new skills
through small business
development, entrepreneurship
and job readiness training, and
through self-initiated smallscale, local activism projects.

YEAR 3

Entrepreneurship

Practicum
This year offers an opportunity to apply and practice the skills developed since day one.
Participants are tasked with designing and managing a local entrepreneurship project that alleviates a gap and contributes to the development of their community or school.

ADDITIONAL FACTS



CHATS is open to all the female scholars in each of AGE Africa's 24 partner schools.



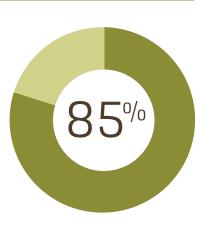
The curriculum is taught by the girls' themselves, ensuring a peer-led approach to learning.



A trained staff member at each school serves as the CHATS Faculty Advisor, helps with facilitation, especially when difficult topics are discussed, and acts as an advocate for the girls.



CHATS positively impacts girls' retention and achievement in school, improves their post-secondary transitions, and enables them to act as agents of change.



Did you know?

More than 85% of AGE Africa scholars delayed marriage and pregnancy because of CHATS