

**VUSA
PROGRAMMES
2021**



**THE VUSA
RUGBY AND
LEARNING
ACADEMY**



THE COMMUNITY'S NEED

The VUSA Academy creates social upliftment for primary school children from the Langa community, through a structured academic, sporting and recreational programme.

VUSA (the isiXhosa word for awaken) was an initiative that began in 2002 as a part-time rugby programme for children in the Langa community. As the programme developed, greater needs were identified. The root cause of the challenges that some of our youth face, such as poor mental and physical health, poor nutrition, addiction, homelessness, crime and family breakdown are often attributed to deficiencies in early childhood. VUSA works predominantly with children from five schools in the Langa community, none of which have the staff or resources to implement effective sporting or extra mural programme for their learners.



The South African Institute of Race Relations (IRR) has released a new report on whether the current state-run school system aids or stunts the development of South African learners. "The data in this report shows that, among other things, only 33% of Grade 12 candidates 'passed' Maths with a grade of 40% or higher. A 2016 Progress in International Reading Literacy (PIRLS) study which tested reading comprehension of learners in Grade 4 found that 78% of South African pupils at this level could not read for meaning."

THE PROJECTS

VUSA employs teachers and coaches from the Langa Community – who better to identify the needs of the community than the community themselves. The programme currently supports primary school children and includes Maths and English academic support, rugby / athletics/ soccer training (and entry into the WP league), a hot nutritious daily meal, and occasional recreational days to encourage and inspire the children. Also, 2019 saw the start of a daily creche programme to assist with numeracy and literacy development for pre-school children to ensure school readiness. In 2020 VUSA hopes to elevate this programme by introducing a mobile library which will provide scheduled visits to each of the four creches we support.

ACADEMIC SUPPORT



180 children

- Each child attends the academic programme twice a week
- The programme is run by an accredited NPO - Edunova
- There are 2 classrooms which offer English and Maths support
- Progress is monitored through the online Cami Programme giving learners access to computer skills and self-directed learning
- The new 'Clipboard' programme provides each child with a daily tables & bonds worksheet - this is one area of education where rote learning and repetition is beneficial

Benefits:

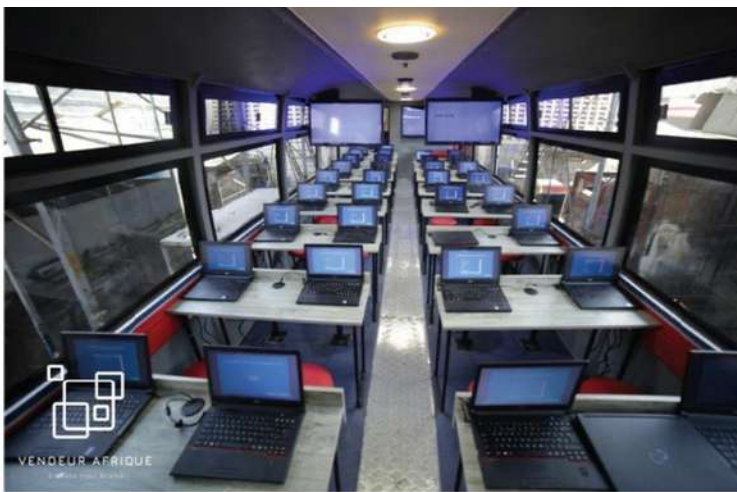
- Children receive daily academic support, and are thus supervised and safe whilst parents are at work
- Children develop confidence and this results in motivation.

THE ATLAS DIGIBUS

This project will provide a literacy programme to primary school learners from the impoverished, Langa community in Cape Town with a Digibus - a mobile classroom equipped with 40 laptops and 2 teaching stations. The Atlas Digibus will visit 5 Primary Schools in Langa every day with a digital literacy programmes that will utilise the expertise and materials of Bishops Diocesan School. The project will employ 5 staff living in ithe community and with access to this online classrooms, the possibilities to support the community become endless.

THE PILOT

This programme will support the five primary schools in Langa with the initial intervention focusing on Grade 4 learners. From Grade 4, learners shift from learning in their mother tongue (isiXhosa) to English, Many learners fall behind due to the language barrier and it becomes difficult to catch up. This leads to high drop-out rates and perpetuates the cycle of poverty.



RUGBY



180 children

- Rugby coaching offered 4 days a week with matches played on Saturday mornings through the Western Province Schools' League (Bishops, SACS, WPPS, RBPS, WBJs)
- Athletics and social soccer offered out of season

Benefits:

- Team sport teaches children self-discipline, teamwork, leadership and sportsmanship
- Promotes a physical, healthy lifestyle
- Gives children confidence
- Provides children with the opportunity to interact with those from different cultures, backgrounds and religions

FOOD



Each child who attends the VUSA programme receives a hot daily meal. For many this is their only meal of the day.

VUSA Ambassador and Springbok Captain, Siya Kolisi, has often spoken about hunger in the townships. A hungry child can think of nothing else and without proper nutrition, children cannot learn, develop or function optimally.

Outside of COVID lockdown, VUSA feeds between 120 and 180 children each day. A recent survey determined that 21% of beneficiaries primary reason for attendance of the programme is to receive access to a daily hot meal.

RECREATION



This programme creates recreational opportunities for the children we work with. Many have never gone on a hike or been to the beach. They live 9 km away from some of the most beautiful beaches in the world.

Cape Town has so much natural beauty and there is so much for children to see and learn and exposing them to new opportunities and experiences not only aids in their development but inspires passion and purpose.

CRECHE



300 children

- Early intervention is key
- VUSA works with four registered creches in Langa
- Focus is on numeracy and literacy development through movement and play
- In 2021 VUSA launched a mobile library and activity centre which will provide pre-school children with access to the greatest learning tool ... books.

Benefits:

- Provides young children with basic language development in a second language and a concept of numbers and colours
- Provides additional stimulation
- Creche children will be better equipped to begin Grade R

STAFF



VUSA coaches are employed from the Langa Community. Staff support children with sports coaching, teaching, feeding and recreation but most importantly, these men and women offer the children mentorship, support and a safe space to learn, play and grow.

Staff Development

- **Boksmart:** A national rugby safety programme focusing on medical protocols and concussion.
- **WR level 1:** Provides coaches and officials with the opportunity to develop and obtain acknowledgement and training so that they may realise their potential
- **Internal training session:** offered by Brendan Fogarty
- **Cool Play :** Training to teach life skills to children through sport
- **Wordworks:** Every Word Counts certificate

In 2021 we will offer coaches a series of workshops which will better equip them to identify and work with vulnerable children who have experienced trauma and live in stressful environments

Bishops staff currently administer the programme on a voluntary basis. The Bishops financial department monitor the accounts and the books.

MONITORING & EVALUATION

Sport evaluation

- Daily roll call using the Waves for Change, 'Coach Assist' App to evaluate numbers of beneficiaries.
- Stats of victories and losses recorded
- Number of female attendees monitored
- Questionnaires

Education

- Student progress is monitored through a series of online evaluations using the CAMI system.
- Monitoring of school report results
- Base line tests & Questionnaires
- Questionnaires
- Correspondence with schools

Food

- Coach Assist App measures attendance patterns which assists with catering needs.



VUSA BRAND AMBASSADORS

"I truly believe that the VUSA Academy is well equipped in ensuring that young boys in the township not only become better men in society but also better human beings. The resources that the academy dedicated to me have provided me with invaluable lessons. As a Stormers and Springbok player, I can proudly say that I am a product of the VUSA Academy."

Sikhumbuzo Notshe



Scarra Ntubeni



Siya Kholisi



Sikhumbuzo Notshe



Programme Expenses

PROJECT BUDGET 2021

PROGRAMME EXPENSES

Rugby Coach Salaries	R 515 200
Academic Staff Salaries	R 515 200
Staff Development	R 130 000
Transport	R 84 000
Outings	R 72 000
Stationary	R 10 000
Food	R 80 000
Edunova	R 200 000
Library - books & puzzles	R 20 000
Digibus	R 615 000
Total Programme Expenses	R 2 221 400

POST-COVID EXPENSES

Rugby Transport	R 105 000
Medics	R 7 000
Laundry	R 12 000
Kit	R 20 000
Total Programme Expenses	R144 000

OPERATIONAL EXPENSES

Bank Fees	R 2 400
Consultant Fees	R 24 000
Xero Subscription	R 4 500
Audit Fees	R 18 300
Container Rental	R 6 000
Insurance	R 60 000
Gifts	R 5 000
Total Operational Expenses	R120 250

TOTAL EXPENSES

Total Expenses

R2 485 650

COMPANY DETAILS

CONTACT

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NPO No: 229-180 NPO

PBO No: 930066707

BEEE : Procurement Level 1

Trustees

Brendan Fogarty

Anthony Reeler

Simon Peile

Greg Brown

Geoff Brownell

Richard Evans

Charmaine Cheminais

Delene Mark

Mak Kahla

Sean King



VUSA'S Goals

SUSTAINABLE DEVELOPMENT GOALS



Vusa contributes to the eradication of growing poverty communities through implementing education & employment opportunities.



Part of the daily programme is a warm meal at 5pm. This amounts to 500 meals served per day by Vusa



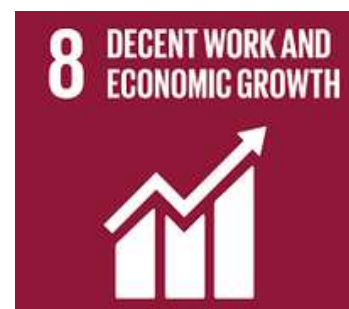
A core focus of the programme is promoting the benefits of exercise, nutrition, education



Vusa employs and trains community locals as mentors and coaches. As a team, Vusa offers Maths & English support. Vusa also offers an ECD Programme.



As a progressive organisation, Vusa aims to have a mixed gender rugby and education programme.



Vusa aims to employ coaches and volunteers from Langa and surrounding areas. Vusa has recently employed 13 staff members.



The peer learning program between Bishops and Vusa bridges inequality gaps. Exposure to various recreational activities that create future opportunities.



Vusa implements clean up days as part of their activities and environmental educational programmes.



Vusa's partnership with Bishops and many other partners have allowed Vusa to have an enormous impact on their students and surrounding communities.

VUSA

12-MONTH TIMELINE



JANUARY

FEBRUARY

MARCH

APRIL

22nd Launch tuk tuk
24th WBSJ / Bishops

MAY

- 8th - Ubumbo writing
- 15th - WPPS Away
- 15th Dalekhanyo painting
- 22nd - Coach Mindfulness course
- 29th Soccer Day

JUNE

- 5th RBPS - Home
- 5th Ubumbo Writing
- 12th - WBSJ Home
- 19 Bishops Home
- 9th Ubumbo Writing
- 16th Youth Day Event

JULY

- 3rd - KPS Away
- 3rd - Ubumbo Writing
- 17th - Ubumbo Writing
- 18th Mandela Day
- 24th - Outing Science Centre
- 31st Bishops - Home
- 31st - Ubumbo Writing
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AUGUST

- 7th Long weekend
- 14th - Primrose Away
- 21st - KPS - Home
- 21st - Fire Station
- 24th Ubumbo Writing
- 28th WPPS Home
- 28th Ubumbo Writing

SEPTEMBER

- 11th Ubumbo Writing
- 18th Outing SA Museum
- 24th Heritage Day Ubumbo
- 25th Ubumbo Writing

OCTOBER

- 9th - Ubumbo Writing
- 16th Outing Beach?
- 23rd Ubumbo Writing

NOVEMBER

- 5th Fun Sports day / in Langa / Kirstenbosch
- 6th Ubumbo Writing
- 20 Ubumbo Writing
- 26th Christmas Party

DECEMBER