



MAMA KEVINA HOPE CENTRE,  
P.O.BOX 222,  
SAME,  
KILIMANJARO – TANZANIA

**PROJECT TITLE: REQUEST FOR FUNDS TO FEED  
CHILDREN WITH DISABILITIES AT MAMA KEVI-  
NA HOPE CENTRE SAME KILIMANJARO ARUS-  
HA – TANZANIA.**

## **PROJECT PROPOSAL**

Project Title: Feeding children with Disabilities

Applicant: little sisters of St. Francis of Assisi.

Contact person: Sr. Eizabeth Swai.

Phone number: +255 786839897

Email: lizdidas@gmail.com

Total project cost: **34,785,000 Dollars: 15,000**

Local contribution: Dollars: 300

Exchange rate for Dollar: 1 Dollar = 2,319 Tsh.

Project duration: One year.

### **1. . INTRODUCTION**

The institute of the little sisters of St. Francis was founded in 1923 by mother Mary Kevin Kearney an Irish Missionary. Its mother house is at Nkokonjeru in Lugazi Diocese. To–date, the institute has a membership of almost 800 religious women who follow the rule of the Third order Regular of St. Francis of Assisi and the constitution and Directory of the Institute. There are five formation Houses: formation House for all aspirants and postulants at Palisa (UGANDA). Three Noviates Nkokonjeru (Uganda), Bahati (Kenya) and Baraka – Ijinyu (Tanzania) and mother Kevin spiritual center at Busowa, Uganda for ongoing formation for all the sisters in the institute.

### **SERVICES PROVIDED**

By faith the Little of St. Francis as African women following into the footsteps of St. Francis and mother Kevin have consecrated their lives to Christ leaving all things behind so as to live obedience, poverty and chastity with Gospel simplicity, concrete signs of waiting for the Lord, While promoting actions for justice and putting into practice the word of God (Luke 4: 18–19). We bear Witness to the fact that we are Christians in our communities, and in our work places we exercise our charism and the ministries to which we are called and these are education, medical care and pastoral evangelization and dedication with love to those who are lonely, depressed, marginalized or excluded and vulnerable.

- **In education:** The sisters impart knowledge at all levels beginning with the pre- primary stage, primary and senior secondary levels, tertiary colleges and other institutions of higher learning such as polytechnics, vocational and University levels.
- **In medical care ministers:** The sisters reach out to the sick through preventive and curative services. They do this as nurses, midwives, para – medics and medical areas. They also train young people in health institution.
- **In the pastoral ministry:** The little sisters gather around the teaching of Christ in prayers, in celebration of the Eucharist and in bearing witness to the truth of the gospel and following the command to bring the gospel to all creation (mark 16:15) and to fearlessly proclaim to all the joy of the resurrection of which we are faithful witnesses.

**Social Ministry:** the Little sisters cater for the well – being of the whole person. Emphasis is put on apostolates that serve the underprivileged members of the body of Christ.

**VISION:** Holistic transformation of self and the world towards the reign of God.

**MISSION:** To reach out with compassion to the marginalized in the spirit of St. Francis and mother Kevin.

### **1.1.BACKGROUND OF THE PROJECT**

Having its presence the past 26 years in Tanzania the Little sisters of St. Francis of Assisi in Same have supported the propelling of evangelization through education catechetical instructions and guidance and counselling. Mama Kevina Hope Centre for children with disabilities is located in same district in Kilimanjaro Region Tanzania. It was started in 2008 by the Little Sister of St. Francis (LSOSF). Having seen the situation of disabled children in their families and community at large very pathetic; the Little Sisters of St. Francis whose mission is to reach with compassion the marginalized took the initiative to reach out to people creating awareness that disabled persons are human being like other normal persons and their dignity has to be respected. This was because families with children who had any kind of disabilities used to hide them insi-

de the house so that they are not seen by anybody since they are regarded as a curse in a family. Earlier alone they used to be treated not as human being but like any other wild animal. A number of children with disabilities suffered and some lost their dear lives, because they were denied food or treatments when they were sick. The little Sisters of St. Francis thought it wise to start a Centre where they could take care of these God's creatures. Hope Centre is a religious non-profit making organization as it does only charitable works of taking care of this special group of children. The home provides all possible basic needs to these vulnerable children. The Centre takes care of children with all kinds of disabilities. Currently the home has 30 children and more than 600 living with their parents and guardians.

## **1.2 RATIONALE**

In Same and Mwanga Dictriets consider disability a disadvantage and a curse in the sense that most children with disabilities are exposed to violence and abuse and sometimes this abuse is justified by culture beliefs. Attitudes and behavior expressions towards children with disabilities is oppressive and negative. Most of them are denied education, health care, rights to grow up with the parents and locked inside of the houses. Most of the children with disabilities are left with the grandparents.

It is against this backdrop that the little sisters of St. Francis of Assisi have started a Centre for children with disabilities to accommodate them and access education in the nearby schools and rehabilitation. The rationale of this project is to get feeding for the disabled children living in the Centre and those who attend therapeutic exercise for rehabilitation, so that they are happy and get the necessities of life.

## **MAMA KEVINA HOPE CENTRE A CHILD IN THERAPEUTIC EXERCISE**



## **MAMA KEVINA HOPE CENTRE CHILDREN GOING TO SCHOOL**



### **1. PROJECT PURPOSE, EXPECTED OUTPUT AND MAJOR ACTIVITIES**

#### **1.1. PROJECT PURPOSE**

- To ensure health living of children with disabilities.
- To facilitate development of skills and talent among children with dis.
- To curb malnourishment and the diseases associated with poor diet.

#### **1.2. EXPECTED OUTCOME**

- Reduction of diseases due to improved nutrition.
- Increased literacy due to improved nutrition.
- Consistent school attendance as a result of food availability.

### **1.3. MAJOR ACTIVITIES**

- Purchase of maize.
- Purchase of Beans.
- Purchase of cooking oil.
- Purchase of sugar.
- Purchase of porridge flour.
- Purchase of Rice.
- Purchase of baking flour

### **1.4. PROJECT TIME PLAN**

The feeding programme for children is expected to take exactly one year once the funds are received. The time on which the project planned will be executed will depend on donor response and the release of the funds.

## **2.0. PROJECT JUSTIFICATION**

The children with disabilities within Same and Mwanga – Kilimanjaro region have been faced by malnourishment given that a good number of them are rejected by the parents and to their grand parent or their fathers denied them because of their disability. These children do not their rights of education, health care, parents' care and basic human needs. At the Centre some children are in primary schools, secondary schools and vocational training; in vocational training, they take courses such as computer, tailoring, mechanics, and sewing. Those whose disability cannot allow them to do the mentioned above, they do hand craft, shoe making and other activities which fits the type of disabilities. All in the every entire child in the Centre is engaged with something. This helps in building their esteem and feel that they are also part of the community.

For this Time when the schools are closed the big number of Children remained in the centre, we therefore request for financial assistance to enable us pay food for these vulnerable children so that they also feel loved and cared Some parents are willing to take their children to home for holiday but they are poor and some homes environments are not friendly to their children.

### 3.0. PROJECT DESIGN

#### 3.1 LOGICAL FRAMEWORK ANALYSIS

| Narrative summary  | Objective verifiable indicators  | Means of verification            | Importance Assumption   |
|--|--|----------------------------------|---|
| Goals: <ul style="list-style-type: none"> <li>• Improved health care.</li> <li>• Reduced diseases.</li> <li>• Increase literacy rate.</li> <li>• Alleviation of poverty</li> </ul> | <ul style="list-style-type: none"> <li>- Better health.</li> <li>- Consistent school attendance.</li> <li>- Children with disabilities empowerment.</li> </ul> | Project implementation report    | Proposal failure may affect the implementation of the proposed project. |
| Propose: <ol style="list-style-type: none"> <li>1. Purchasing food for feeding children</li> <li>2. Alleviation diseases associated to poor diet.</li> </ol>                       | <ul style="list-style-type: none"> <li>- Improved health care.</li> <li>- Improved malnutrition.</li> </ul>  | Project report<br>Project report | Proposal failure may affect the implementation of the proposed project. |

|  |   |  |  |
|--|---|--|--|
| <p>Output:</p> <ol style="list-style-type: none"> <li>1. Improved health care supported by proper feeding.</li> <li>2. Improved literacy supported by provision of food at school</li> </ol> <p>ACTIVITIES:</p> <ul style="list-style-type: none"> <li>⇒ To purchase 81 bags of maize.</li> <li>⇒ To purchase 40 bags of beans.</li> <li>⇒ To purchase 30 Jericans of cooking oil.</li> <li>⇒ To purchase 22 bags of sugar.</li> <li>⇒ To purchase 32 bags of flour.</li> <li>⇒ To purchase salt drinking chocolate and milk.</li> <li>⇒ To Purchase 20 bags of rice</li> <li>⇒ To purchase 50 bags of baking flour</li> </ul> | <ul style="list-style-type: none"> <li>- Health living for children with disabilities at Mama kevina.</li> <li>- Intellectual enlightenment for Children with disabilities</li> </ul> | <ul style="list-style-type: none"> <li>- Project implementation reports.</li> <li>- Performance monthly, quarterly and annual reports.</li> </ul> <p>Financial reports as recommended by donors.</p> | <p>Proposal failure may affect the implementation of the proposed project.</p> <p>Commodity fluctuation may affect the project plan.</p> |
|--|---|--|--|

### 3.2. PROJECT BENEFICIARIES.

There will be two categories of beneficiaries, primary and secondary beneficiaries. The primary beneficiaries will be the children with Disabilities at Mama Kevina Hope Centre in who will benefit from the feeding project. The secondary beneficiaries will be the Parents and caregivers of children with disability who bring their children for therapies at Mama Kevina Hope Centre.

### 3.3. PROJECT COVERAGE.

The project coverage will cover Mama Kevina Hope Centre and Same and Mwanga area which has over 600 families with children with disabilities.

### 3.4. PROJECT SUSTAINABILITY.

The sisters will ensure that food is used economically by using proper measurements for the children available to avoid unnecessary pouring of the food. The sisters will preserve the food in air tight silos to prevent it from weevils and other insects which destroy grains.

### 3.5. KEY SUCCESS FACTORS.

- Maize and Beans require proper preservation from weevils and the sisters at Same have silos for preserving maize and beans from weevil infestations.
- In Same there are many wholesales for selling foods stuffs hence it will be easy for the sisters to compare the prices and choose the most favorable price for corn, beans and sugar.

### 3.6. PROJECT BUDGET.

|  | ITEM        | QUANTITY    | @           | T O T A L<br>(Tsh) | TOTAL<br>(Dollars) |
|--|-------------|-------------|-------------|--------------------|--------------------|
|  | Corn        | 81 bags     | 70,000Tsh   | 5,670,000          | 2,445              |
|  | Beans       | 40 bags     | 150,000Tsh  | 6,000,000          | 2,587              |
|  | Cooking oil | 30 jericans | 66,000 Tsh  | 1,980,000          | 854                |
|  | Sugar       | 22 bags     | 150,000 Tsh | 3,300,000          | 1,423              |

|                            |                           |                     |                    |                   |               |
|----------------------------|---------------------------|---------------------|--------------------|-------------------|---------------|
|                            | <b>Flour for porridge</b> | <b>32 bags</b>      | <b>150,000 Tsh</b> | <b>3,300,000</b>  | <b>1,423</b>  |
|                            | <b>Fish</b>               | <b>201 Kg</b>       | <b>10,000</b>      | <b>2,010,000</b>  | <b>866</b>    |
|                            | <b>Beef</b>               | <b>281 Kg</b>       | <b>7,000</b>       | <b>1,967,000</b>  | <b>848</b>    |
|                            | <b>Chicken</b>            | <b>221 Kg</b>       | <b>12,000</b>      | <b>2,652,000</b>  | <b>1143</b>   |
|                            | <b>Rice</b>               | <b>20 bags</b>      | <b>100,000Tsh</b>  | <b>2,000,000</b>  | <b>862</b>    |
|                            | <b>Baking Flour</b>       | <b>50 bags</b>      | <b>35000Tsh</b>    | <b>1,750,000</b>  | <b>754</b>    |
|                            | <b>Milk</b>               | <b>2,213 liters</b> | <b>1,200Tsh</b>    | <b>2,655,600</b>  | <b>1145</b>   |
| <b>G r a n t<br/>Total</b> |                           |                     |                    | <b>34,784,600</b> | <b>14,999</b> |

### **3.7. REQUEST**

We are appealing for financial support to purchase food for feeding children with disabilities.

### **3.8. REPORTING AND ACCOUNTABILITY.**

As soon as we get the funds we shall sent the proforma invoice, original receipts and a comprehensive report on the use of the funds along with the relevant photos concerning the feeding exercise.

### **3.9. BANK DETAILS.**

**ACCOUNTANT NAME: LITTLE SISTERS OF ST. FRANCIS OF ASSIS,**

**ADDRESS : P.O. BOX 222,  
SAME – TANZANIA,**

**NAME OF THE BANK: NATIONAL MICROFINANCE BANK (NMB) SAME**

**ADDRESS OF THE BANK: P.O. BOX 74,  
SAME – TANZANIA,**

**BANK ACCOUNT NUMBER: 40510007140**

**S. W. I. F. T – Code: NMIBTZZT**

#### **4.0. CONCLUSION.**

Dear friends, am sure after reading this project proposal you will realize the importance of feeding the Children with Disabilities and their parents and caregivers. Most of these children are malnourished and prone to all kinds of diseases.

Our request therefore is to kindly ask you to assist us with the feeding of these children to improve their health and curb malnourishment and diseases.

Your kind response will go a long way in helping us realize this project for feeding children.

Thanking you in anticipation and looking forward to collaborating with you in this very important project for feeding children.

May God who is never outdone in generosity reward you profusely.

Yours Sincerely,

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Sr. ELIZABETH SWAI

Administrator Mama Kevina Hope Centre.