

A story of sister Yary

Sister Born Yary is 32 years old and her husband's name Phut Moeurn, 34 years old. They live in Char village, Prey Romdung commune, Mesang district, Prey Veng province, Cambodia. They have two young children, the son is 10 years old and daughter is 7 years old. The both children learn in primary school. The boy learns in grade 3 and the girl learns in grade 2.

Before participating in ODOV project, Yary's family was poor. After rice cultivation, Yary always free at home. She did not have income work to do. She was depending on little income from her husband side who was a construction worker inside the district where he could get little money around 20,000 Khmer Riels (\$5) per day. This income was not sufficient to meet their daily family's needs such as purchase foods or cover other expenses. Their family was difficult, they did not have enough food to eat. They did not have enough money to support their daily expenses as family needed. Sister, Yary did not help the family to earn any incomes because she did not know what she could do.

In August 2020, ODOV project staff went to her community to disseminate the project to community members. Sister, Yary was invited to participate in ODOV project's promotion. After learning about ODOV project, she is interested and she decides to participate in ODOV project because she thinks that the project benefit her family by the way of growing own food production.



After joining in ODOV project, sister, Yary received training in sustainable agricultural techniques (growing vegetables, raising chickens and raising fish). After completing the course, she was interested to grow vegetables, raise fish and poultry. Therefore, her land was not appropriate to dig fish pond, then ODOV project staff

introduced her to raise fish in plastic tent and she was interest it. ODOV project staff helped her to assess the necessary required inputs to start her farming. She also helped her to connect with Agriculture Cooperative for the supports. Then, she communicated with the leaders of the Agricultural Cooperative to request for a loan to purchase agriculture inputs. She received 500,000 Khmer Riles (\$125) loans from Agriculture Cooperative and she purchased necessary inputs such as Plastic tent, fish fingerlings, vegetable seeds as well as other necessary tools/materials. With adequate agricultural inputs through a loan from the cooperative and agricultural technique supported by ODOV project staff, sister, Yary, and her husband were able to practice in raising fish, vegetables and raising chickens. ODOV project staff helped them to set up plastic tent to raise fish,

set up vegetables garden, set up poultry shelter as well as other necessary technical supports as required.



After everything was installed, ODOV project staff often conducted visits at her house to provide follow-up and technical support as required. Yary and her husband followed all the technical advices. With their efforts and high commitment, Yary's family has received success in their raising fish, vegetables and chickens. Through participating in

OODOV project, Yary's family has improved their living conditions. Yary's family has enough food to eat. They earned extra money from selling surplus production they produced. They reduced family's food expenses. They have money to purchase many necessary household items,

"In the past, I have never been interested in raising fish in a plastic tent or growing vegetables on this small plot of land because it does not seem to be a good option for my family. Now, I know that even in small plot, we can do farming. I am happy that my family has fish, chicken and vegetable to eat. I am happy that I can earn money from selling surplus food produce" said by sister, Yary.