

Urban Poor Women Development

Project proposal

Project title: To save women and children during Covid-19 pandemic

Project summary: The 100 poor and at risk children and women in the urban poor communities of Phnom Penh will be saved with the immediate assistance for food and sanitation reliefs. They will have better hygiene practices and can adapt themselves to the Covid pandemic. The community based organization (CBO) will be organized to raise, plan and include their basic need services in the commune development plans of local commune councils. The children and women will live with food, safety and hope for future.

Challenges: Being affected by the Covid 19 pandemic, several thousands of poor urban children, women and families in Phnom Penh have been struggling to survive without sufficient food due to loss of jobs, no incomes and shortage of food and sanitation supplies. Children and women live in severe hunger and are more vulnerable without sanitation items to prevent the infection of Covid. They loosed their labor jobs and incomes because many businesses and schools have been closed through out Cambodia.

Solution: You and UPWD will save the lives of 100 the poor and at risk children, women and their families in 5 poor urban communities in Phnom Penh, Cambodia through food relief, sanitation relief, hygiene awareness raising, community based organization (CBO) organizing and lobbying the local governments to include them in the commune development plan. Children and women from 100 families will have food to eat and stay safe from Covid infection with sanitation items including masks and alcohol.

Long term impact: 100 poor and at risk children and women who live in the urban poor communities will receive the immediate assistance for food and sanitation reliefs. For long term solution, they will have better hygiene practices and can adapt themselves to the Covid pandemic. Equally important, they will be organized as the collective community based organization (CBO) to raise, plan and include their basic need services in the commune development plans of local commune councils in Phnom Penh city. They will live with hope.

Activity:

1. **Provide food, mask, alcohol to those women and children who hunger during Covid-19 pandemic to 100 families.** The activity will provide rice 20 Kilogram, noodle, mask and alcohol to each family.
2. **Support community for conduct awareness on Hygiene and sanitation:** At the same time of providing food, PDD will conduct awareness for people on hygiene, sanitation and develop community planning for submit to local authority for claim the basic need like clean water, waste management, infrastructure or health and education etc. the budget will be used for snack for meeting, venue and transportation , per-dream for PDD facilitation.
3. **Support community advocacy to improve their basic services through meeting with commune Chief to integrated their plan in to Commune Investment Plan (CIP):** The meeting will conduct at Commune office, around 10 people will be attending the meeting to present their plan and ask for integrating in to commune investment plan (CIP). The budget will be used for transportation, snack, venue and materials.

4. **Support People Organization Community Development for facilitate community organizing process: POCD will mobilized community members to the meeting and follow up activity.** The budget will use for transportation, per-dream and communication.
5. **Reflection of the project:** POCD will be prepare document for reflection by using SWOT analyze to find out what they have done after end of project and using the good method and experiences to apply with new target areas. The budget will use for material for meeting, venue, transportation, food and snack.

Activity Plan

N0	Activity	10	11	12	1
1	Provide food, mask, alcohol to those women and children who hunger during Covid-19 pandemic to 100 families in 5 communities				
2	Support community for conduct awareness on Hygiene and sanitation				
3	Support community advocacy to improve their basic services through meeting with commune Chief to integrated their plan in to Commune Investment Plan (CIP)				
4	Support People Organization Community Development for facilitate community organizing process: POCD will mobilized community members to the meeting and follow up activity				
5	Reflection of the project				

Target communities

No	Communities	Number of Family	Village	Commune	District	City
1	Plov Rotplerng	150	Chong Ksach, Toul Sangke	Toul Sangke1	Rousey Kov	Phnom Penh, Cabmodia
2	Toul SangkeA	89		Boeung Kak 2	Toulkork	
3	Phum 23	93	Derm Sleng	Chbar Ampov2	Cbar Ampov	
4	Sma San	120				
5	Cham Roen	85				
		537				

Propose Budget

From October,2021 To January,2022

	Activities	Price
1	will support one community leader to mobilize their members	\$10
2	will organize one meeting with one community	\$15
3	will organize one hygiene awareness raising meeting	\$20
4	will distribute food and sanitation reliefs to one family for one month	\$35
5	will support project's operation costs.	\$40
6	will organize one meeting to include basic needs services in commune development plans	\$80

Budget Detail

- 1 100 family in the project will get support to received set of support include rice 20kg, instant noodle, hygiene support; mask, alcohol by estimate \$35 Pax per family and 1 times support.
- 2 Estimate 10 times meeting in 5 community. Each meeting cost for refreshment, material hygiene with cost \$20 per time.
- 3 CIP meeting cost for refreshment, material meeting, venue fee, lunch allowance, estimate \$80 per meeting with 15 people in 3 communes.
- 4 Support POCD focal team to work in grassroot community. This cost covers their travel, phone card, allowance. Estimate 5 POCD working for 10 times.
- 5 One-time reflection with cost cover on refreshment, food allowance, venue fee, transport for community. Cost estimate around \$470 total with 20 participants for one whole day.
- 6 Phone card allowance for staff member. Estimate 5 staff to get 4 times to work in project.
- 7 Travel include fuel for staff field visit, per-diem. Estimate 4 staff member, with 4 times visit.

Monitoring and evaluation

Monitoring: The Project Managers will undertake of coordinate POCD on how to develop planning for field visits and implement activities. Weekly will be conduct regularly in UPWD office. The result and challenge will be present by POCD and develop next plan.

Evaluation plan: The project will be do the reflection and evaluation by UPWD and POCD group. The result will use for a sample for apply with other arears which similarity issue.

Financial Monitoring: will be has their own system for financial and conduct the audit 2 time a year. i) accounting system and verification; ii) Cost / Budget control on monthly and quarterly basis. UPWD will be responsible for financial monitoring. An external audit will be conducted at the end of the project according to donor requirements.

Sustainable:

Ensuring the sustainability of the positive effects of the project is a major challenge. UPWD's efforts are focusing on building the community capacity and its members and to improve their livelihood, advocacy for improve basic needs. We hope that if the communities are provided with appropriate knowledge and skills, access to social services then their living conditions will be improved and poverty will be reduced. The other aspect for sustaining the positive effects of the project is that a strong sense of community, partnership among communities, local authorities, and NGOs and even the private sectors has been established in the course of project implementation so that they can maintain the activities and their benefits after the end of the project.