

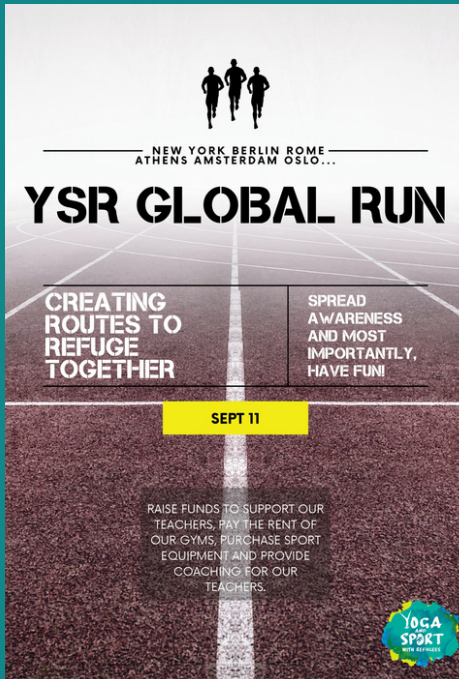


MONTHLY REPORT

JULY 2022

GENERAL UPDATES

Our first monthly report with a special section on Paris! Check it out on the page below!



YSR GLOBAL RUN

On the 11th of September the Yoga & Sport with Refugees community is getting together around the world to raise awareness and funds to support people on the move.

Let's run together!
Join us in your city:
AMSTERDAM, NEW YORK, BERLIN, ROME, ATHENS, OSLO...
and more to be announced!

ESD

HSR Coordinator Maeve held an ESD training for women on the move in Ireland in July. In total, 10 women from refugee backgrounds or from rural areas took part in the training. It was an amazing experience to share information about YSR and also to pass on the skills of Empowerment Self Defense in her home community.



In Paris

The situation in Paris is very different from what we have known so far in Greece, for two main reasons:

- people seeking asylum and refugees are very scattered in the city, many sleeping in the street in very precarious facilities, often destroyed by the police;
- unlike Greece, which is often perceived as a country of transit, France (and a fortiori, Paris) is hoped to be the final destination of the exile.

In the project

We started the YSR project in Paris in June but Yadullah, our field coordinator, Estelle, and several volunteers have already been working on it for several months! So it is with great pride and enthusiasm that we see this new antenna developing, a little bit special since it is the first one outside Greece!

This has several implications for YSR:

- it is more difficult to recruit students since they are not concentrated in a fixed location. We rely on word of mouth between exiled people and associations already well established in the field, in addition to our communication work

- we can hope to "retain" our students, since they aspire to stay in Paris and its surroundings. As YSR has done so well in its other locations, we are going to build a great community in Paris, stable in space and time!

For the moment we are training outside but we are organizing fundraising to pay for a gym! We meet at Place de la Bastille, in the center of Paris. The rest of our trainings take place in the Parc de la Villette, north of the city. We have three teachers for the moment: Rahmat for boxing, Elsa for running and Yadullah for yoga and fitness. We are trying to recruit more teachers to expand our activities!



Boxing in Bastille



Fitness at the end of the boxing class

Teachers

3 teachers:

- Yadullah (yoga and fitness)
- Elsa (running)
- Rahmat (boxing)

Coordinators

- Yadullah

Volunteers

In total 3:

- Madeleine
- Lola
- Priya

ATHENS



In Athens

In Athens it was starting to get very hot and many people from the community were leaving to other countries. Moreover many Greek people are going to the Islands to work there in the summer, so the city was calmer as usual.

However, there was also some unrest in Athens. The authorities moved forward with many transfers of people from Eleonas camp as it is meant to be close at the end of summer. The organizations inside of the camp, with residents and other NGOs in Athens started to protest the closing which led to the authorities kicking out all of the active NGOs inside of the camp.

In the project

In the project many things happened in the month of July! We got a huge truck with 9 pallets of material from Konfront Streetwear as well as furniture from Project Elea for our new office space. We did a big cleaning day and the gym was closed one full day, where we also got new tatami.

We met Gelly Aroni, the Head of the Integration Unit for Unaccompanied Minors in the Ministry of Migration who would like to work with us more closely in the future. We also started to work more closely with Respekt für Griechenland and work towards a volunteer collaboration.

The HOME Project planned an event for the residents of their shelters in Athens and our team took part in it. We had a Zumba flash-mob, a parkour show and football!

We had many changes in the team, starting with the departure of our teacher coordinator Aref! Also our female bodybuilding teacher Sara, our K1 coach Hamid and our Volleyball coach Someya left.

In the last week of the month we got many new teachers and did many job interviews to recruit a new coordinator!

We are super happy to welcome Najib, Ali, Sahel and Medine into the YSR teacher team!

The YSR team at the event of the HOME project



last photo of the TEAM!

Teachers

17 in total
New

- Najib, K1
- Ali, Boxing
- Medine, Taekwondo
- Sahel, Running
- Mina, Fitness

Coordinators

- Claude
- Fatemeh

Volunteers

10 in total:

- Audrey
- Sven
- Eva
- Yasir
- Ste
- Elyas
- Alina
- Sagan
- Shane
- Meline



On Lesbos

During the month of July there has been 268 arrivals registered on Lesbos, while 90 illegal pushbacks were conducted in the Aegean sea. Currently there are 1484 people in Lesbos. There was a big fire in Vatera (south of Lesbos) for over 5 days and it burnt more than 25 000 acres. There was a presentation of all the NGOs active on the island to the new camp manager Mr. Dimitrios Kantemnidis and Claire introduced YSR and met other organisations.

In the project

We said goodbye to our incredible Miren, she was a coordinator in YSR for 3 years and was always there for our teacher team.

Mostafa, our great football coach left to Germany and our cycling coach Zaher left to Germany.

Naia and Pascal, two long term volunteers left, all the guys and the team will miss them!!

We organised 2 swimming trips, one mixed and one only for women at Golden beach. It was an amazing opportunity to have fun, learn more swimming and enjoy spending time together.

We had salsa and zumba classes offered by Kieran and Raquel !

Right now, we are looking to start another football team in Spanos because there is over 40 people coming to play some days. To do this we need more financial support to rent the football field.

This month we reached our peak of students in the bodybuilding class: 46 early birds who came to train! This shows the motivation and energy of new people!

We gave more than 300 bags and water bottles to the students.



Our team was second in the football tournament in the camp



All together after the Muay Thai class

Teachers

Left last month

- Mostafa
- Mahmood
- Redine

Still in Lesbos

- Ali N.
- Mohammad
- Fatima
- Amanollah
- Zaher
- Estelle
- Andrea

Coordinators

- Toryalay
- Miren
- Katerina

Volunteers

- Marof
- Pascal
- Jafar and Naia
- Basil and Nefeli
- Miri and Tabea
- Katjusha
- Clara
- Sara
- Seb
- Aaron and Raquel
- Silvia

HSR IOANNINA



In Ioannina

The number of refugees in Ioannina continues to decline, although there have been a small number of new arrivals. There are also transfers to Katsikas camp from Fillipiada camp at the other side of Ioannina. As the largest camp in Ioannina, it is probable that the population in Katsikas will again increase, although as usual, there is no official plan from the authorities.

In the project

July was very eventful! Two new teachers joined the team, Parinaz for Yoga and Dance and Sanjideh for woman boxing. Kavin also joined the community volunteer team. It is really great to have some new energy and ideas in the team!

To create more of a community feeling at volleyball, we had 2 picnics, so that people can bring their children and families can enjoy being together while playing sport. It was really great, and we will continue to have them on a regular basis.

Our climbing teachers organised a really cool climbing competition, where lots of new people came to try out bouldering for the first time.

Goodbyes

We are very sad that we had to say goodbye to Massoumeh, who was an incredible teacher and community builder, working with us for almost 1 year. Ari and Sergio, two long-term volunteers, also left this month.

From everyone at Habibi and Sport, thank you all so much for all of the energy, power and love you put into the project, it is so much better, because you were a part of it.



Outside climbing



What a team!

Teachers

9 teachers in total.

New:

- Parinaz (Yoga & dance)
- Sanjideh (Woman Boxing)

Coordinators

- Maeve
- Fereshte

Volunteers

In total 6:

- Ari
- Sergio
- Katie
- Yeganeh
- Hamid
- Kavin

THE PROJECTS IN NUMBERS



Athens:

Number of activities
Number of teachers
Number of visits
Total amount of students

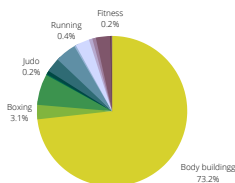
15 (-1)
17
1323 (-7)
454 (+74)

Lesvos:

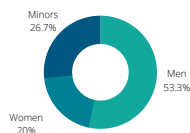
Number of activities
Number of teachers
Number of visits
Total amount of students

14 (-2)
7 (+1)
1286 (-285)
321 (-71)

Division of students over the different projects:



Number of men/women/kids in the projects:

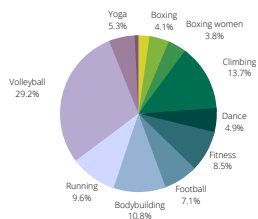


HSR Ioannina:

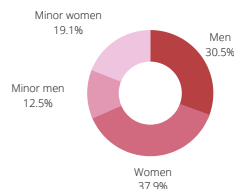
Number of activities
Number of teachers
Number of visits
Total amount of students

12
8
792 (+42)
190 (+2)

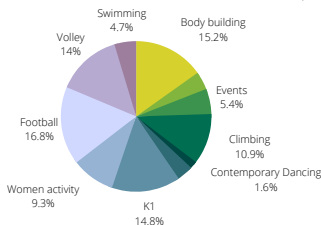
Division of students over the different projects:



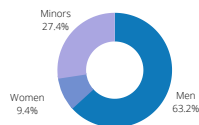
Number of men/women in the projects:



Division of students over the different projects:



Number of men/women/kids in the projects:

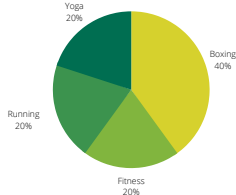


Paris:

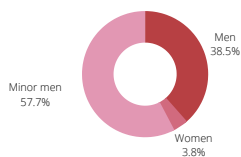
Number of activities
Number of teachers
Number of visits
Total amount of students

4
3
250
45

Division of students over the different projects:



Number of men/women in the projects:



GENERAL FINANCES



We are 100% funded through independent donations

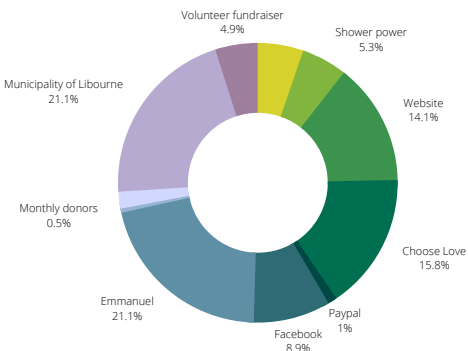
Income

Total donations (cash): 16342 (+8697,73)
Total donations (income): 19104
(+5042)

Income per category:

- 457 via former coordinator Edu
- 5000 Mediterranean Women Fund
- 2000 Municipality of Libourne
- 2000 Emmanuel
- 1500 Choose Love

In percentages:



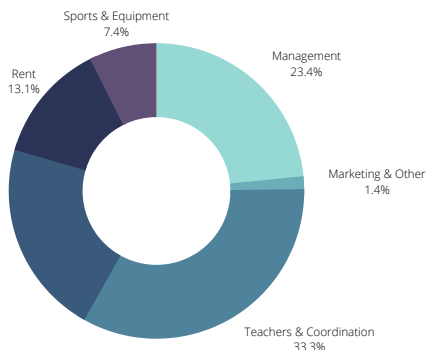
Expenses

Total expenses: 12.774 (-335)

Expenses per project:

- Lesvos: 3549 (-2168)
- Athens: 4516 (+1439)
- HSR: 1541 (+289)
- General: 3168 (-60)

Expenses per category:



Other forms of support

- 9 pallets of equipment from Green Hill, supported by KONFRONT and Less Talk Athletics

General Fundraising Update

We received money from multiple bigger sources this month, which is very important for us. It is one of the first months that we didn't have to touch our savings in 2022. We also received the money from the Mediterranean Women fund for HSR for the period of July 2022 to August 2023. The big donation of equipment was super helpful to further equip our gyms! And lastly Emma & Sabine from Hoch Hinaus came to visit the project in Athens.

Explanation of Expenses

No special expenses this month, we changed coordinator house in Athens, which makes a big difference. Besides we have the Athens office up and running now. Fortunately Three Peas is willing to cover the rent of the office.

COMMUNITY & OUTREACH

Message from our community



Katusja - Swimming coach volunteer on Lesbos

"The work YSR is doing is really remarkable. Not just by offering sport activities to the community members, but also by having a super positive, welcoming and encouraging atmosphere. It really feels like a family. I'm very happy to be back and to teach swimming."

Eisa - running coach in Paris

"I came to Paris a few months ago. After being the climbing teacher in Habibi and sport, I wanted to continue to do sports and to help others to also train. I have a humanitarian feeling and it's for me very important to provide sport activities for as many people as possible."

Social media

Facebook (YSR)

Total likes: 3.434 (+20)
Total followers: 3.706 (+25)
Total posts: 16 (-4)

Instagram (YSR)

Total followers: 4.034 (+52)
Total posts: 16 (-4)

Facebook (YSR Athens)

Total likes: 718 (+5)
Total followers: 52(+1)
Total posts: 12 (+5)

Instagram (YSR Athens)

Total followers: 1150 (+8)
Total posts: 12 (+5)

Facebook (HSR Ioannina)

Total likes: 37 (+4)
Total followers: 37 (+2)
Total posts: 6 (+5)

Instagram (HSR Ioannina)

Total followers: 866 (+25)
Total posts: 6



UPDATE ON POLICY PRIORITIES



Since last month our teams have been working on the newly set priorities at the strategy meeting in June. The main things we are working on at the moment:

- Safeguarding review: full reassessment of our safeguarding procedures, under the responsibility of Claire with the help of Haley.
- Finalization of our big self-assessment report: Expected to be finished by the end of August.
- Preparation of the meaningful participation analyses
- Development of our new narrative: we offer a long lasting solution for an ongoing problem. More to come soon!
- Teacher strategy for teaching and support





WITH THANKS TO OUR PARTNERS:



Free
movement
skateboarding



MVI



MSF



FENIX



HH4H



KONFRONT



LessTalkAthletics



Spanos



HABIBI



ONE TEAM



VidMob



IPF



Choose Love



Zaporeak



One Happy Family



Indigo



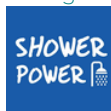
Three Peas



INTERSOS



CAC



ShowerPower



KOIZ



GAME



MWF



SOF



LKTBF



forRefugees
ForRefugees