



BASIZANA

*#EndMenstrualAbsenteeism*

THE BASIZANA PROJECT

# 2ND QUARTERLY REPORT 2022



PREPARED BY BUPILO FOUNDATION



# EXECUTIVE SUMMARY

The Basizana project is a non-profit initiative that was established in September 2021 by the Bupilo Foundation to focus on female reproductive health. The goal of this initiative is to bring an end to menstrual related absenteeism and ensure that marginalized girls stay in school to break the cycle of poverty. Our work is governed by the following values.

**Integrity:** Our integrity is an integral part of our campaign to bring an end to menstrual absenteeism and period poverty. As such we commit ourselves to operating in an accountable and transparent manner to comply with the international guidelines for philanthropy.

**Sustainability:** Our efforts are driven by the pursuit of sustainable solutions to completely address the challenges surrounding period poverty. These include providing reusable menstrual supplies with high durability that reduce menstrual absenteeism to 0% with little cost to the environment.

**Health and Safety:** The health and safety of our stakeholders and beneficiaries is important to us. Hence, we are committed to adhering to the appropriate national and international guidelines for health and safety.

## GOALS FOR 2022

The goal for the Basizana project this year is to expand our outreach to impact 1000 girls across western and central provinces of Zambia with plans to build water and sanitation facilities for girls and boys in Mkushi, Central Province.

The project is raising a total of US\$45,000 dollars through crowdfunding and corporate donations, to finance the project through the year 2022.

# Our Partners

We are proud to partner and collaborate with incredible organisations that support our quest to end poverty.



## Nkwashi

Nkwashi is a multi-use, multi-income real estate development that ranks among the largest of its kind in Africa.



## Zanaco

Zanaco is a leading and innovative Zambian commercial bank that offers a range of financial services and value solutions to create financial inclusion.



## Globalgiving

GlobalGiving is a nonprofit that supports other nonprofits by connecting them to donor, companies, and nonprofits in nearly every country around the world.

# Our Collaborators

We are proud to partner and collaborate with incredible organisations that support our quest to end poverty.



## TradeKings Zambia

Trade Kings Group is a wholly Zambian owned business, specialising in the creation and manufacture of innovative household products. They are the largest FMCG manufacturer in Zambia and amongst the largest in Sub Saharan Africa.



## Prudential Life Assurance Zambia

Prudential is part of the fast-growing life assurance industry with more than 120,000 clients and has presence in 9 provinces, across Zambia. They add value through our high-quality solutions, focus on economic growth, and care for the communities in which we operate.



# Basizana's SDGs

The Basizana Project's ultimate goal is to make a lasting change, and we plan to do so by carrying out our activities in a well thought out manner. It is why, we have modelled our impact strategy around the United Nations' Sustainable Development Goals (SDG). The main SDGs Basizana addresses are highlighted below.

**1** NO POVERTY



## 1 No Poverty

Basizana aims to address the issue of period poverty by providing sustainable menstrual supplies to girls in need.

**3** GOOD HEALTH AND WELL-BEING



## 3 Good Health & Well being

We provide hygienally tested menstrual supplies to protect the safety & well-being of our girls, and to prevent them from relying on unsafe methods.

**4** QUALITY EDUCATION



## 4 Equitable & Inclusive Education

Every year a girl's education is set 145 days behind her male counterparts, due to menstrual absenteeism. We are providing sustainable menstrual supplies that create a lasting solution, to keep girls in school and improve their chances of economic success by 15% to 25%.

**6** CLEAN WATER AND SANITATION



## 6.2 Sanitation & Hygiene

We pay special attention to the needs of vulnerable girls by providing frequent menstrual hygiene training to all the beneficiaries of the menstrual supplies.

**13** CLIMATE ACTION



## 13 Climate Action

Providing sustainable menstrual supplies will save the environment from years of disposable menstrual waste, approximately over half a million disposable pads.



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Thokozile Tembo



**SO FAR, WE HAVE  
DISTRIBUTED  
REUSABLE PADS  
TO 490 GIRLS,  
BRINGING US  
ALMOST HALFWAY  
THROUGH  
OUR GOAL OF  
REACHING 1000  
GIRLS.**

The project took a special focus on Chalata Secondary School in the second quarter, as the plans for the project's expansion remain underway.

We successfully distributed reusable pads to 278 girls at Chalata, bringing us to a total of 490 girls thus far! The distribution came in response to the research carried out last quarter revealing a lack in suitable menstrual supplies for the girls and the need for adequate water and sanitation hygiene (WASH) facilities at the school.

Following the new government's decision to make education free, the school has seen a spike in student enrollment, which has left an overwhelming strain on the school's facilities, more specifically the WASH facilities. Our research findings revealed that 25% of all water source platforms were broken, thus limiting available water supply to students. Due to the deteriorating condition of these, about 50% of students now rely on pit latrines for the lavatory and buckets for bathing with a reduced access to water.

In view of this, the Basizana Project has decided to collaborate with the school to build an ablution block for both girls and boys at the school to cater to the new sanitation and hygiene demands brought about by the spike in enrollment and in line with our impact strategy under SDG 6 & 6.2.

We are enthusiastic about the short and long-term impact the construction of the ablution blocks will bring. We believe we can improve their menstrual hygiene management and thus, reduce period-related infections for girl students through improved sanitation and hygiene standards. We are also confident in the job opportunities this will provide for the local community.

# Milestone

## UPDATE

We are proud of our achievements thus far and are dedicated to creating more milestones as we continue to grow and maximize our impact across rural communities in Zambia.

YAYY!



## Reached Almost 500/1000 Girls

We are pleased to share that we have distributed reusable menstrual supplies to 490 girls in the 1st and 2nd quarter.



# Highlights

## 2nd Quarter

We are proud of our achievements thus far and are dedicated to creating more milestones as we continue to grow and maximize our impact across rural communities in Zambia. As such we are excited to share the following highlights from this second quarter.

### 01

#### Distribution

Successful distribution of reusable pads to 278 girls across grades 8 to 12 at Chalata Secondary School.

### 02

#### Training

Successfully delivered menstrual hygiene training to all 278 schoolgirls.

### 03

#### Partnership

Strengthened linkage with Chalata Secondary School to continue other projects around sustainable development 6.2



# Introduction

## Overview

The Basizana project's primary mission is to alleviate the challenges that are factors of period poverty within the female populations in Zambia particularly in marginalised rural areas. Our research has found that less than 15% of girls are able to afford sanitary pads. Moreover, our research also shows that 85% of girls suffer from period related infections due to the inadequate menstrual supplies used and the hygienic state of their environment.

The Basizana project has visited a number of schools in Mkushi Central Province Zambia to conduct Monitoring & Evaluation activities to understand the challenges that arise from period poverty and menstrual absenteeism. One of the schools that the Basizana project team has visited is Chalata secondary school.

# End Period Poverty



### CHALATA SECONDARY SCHOOL

This quarter the Basizana project team took its second visit to Chalata Secondary School to distribute sustainable reusable pads and conduct menstrual hygiene training. This comes after the research carried out in the first quarter which led to identifying the essential need for proper water and sanitation hygiene (WASH) facilities for all students, more especially girls, to help them manage their period better.

This report will highlight the activities that took place during this quarter. It will also outline the expansion to the next phase of the Basizana project regarding the plan to provide WASH facilities for both the girls and boys at Chalata Secondary School.





On 21st of March 2022 the Basizana project team took its second visit to Chalata Secondary School. The purpose of this trip was to donate reusable pads to girls at Chalata Secondary School in response to the findings from previous M&E work that showed the challenges that the schoolgirls faced with menstrual absenteeism.

## Bupilo Foundation Partners with Chalata Secondary School

A total of 278 girls received reusable pads. Each girl received a pack containing two reusable pads with a durability of 2-5 years. These will sustain most of the girls throughout the duration of the secondary education. The age ranges for the girls were between 13 and 27 years across grades 8 to 12.

## Menstrual Hygiene Management Training

The distribution began with grade 9 and grade 12 girls, who were the priority primarily because they are in crucial examination grades to ensure their examination writing and attendance is not hindered by menstrual absenteeism. The distribution to grade 8, 10 and 11 then followed.

The menstrual hygiene training was conducted in Bemba and English by a menstrual health professional with 3+ years of experience. The training mainly consisted of basic knowledge and education on menstruation, feminine hygiene practice, the different types of menstrual supplies and their basic applications.





## RESEARCH

### Chalata Secondary School



The findings from the research carried out in the first quarter demonstrated that aside from the lack of proper menstrual supplies used by the schoolgirls, the poor state of the water and sanitation hygiene (WASH) facilities available contributed significantly toward the poor menstrual hygiene management for the girls at Chalata Secondary School.

A 'spot check' survey was carried out to investigate the state of the WASH facilities, and revealed their poor condition. The research showed that 75% of the platforms of the water sources in the school are not clean.



## SUMMARY

### Challenges



#### POOR WASH FACILITIES

- The water and sanitation and hygiene (WASH) facilities on the school grounds are in poor condition to allow safe and clean hygiene practices for the pupils.
- 50% of the girls rely on the pit latrines and buckets available for menstruation management.
- 25% of water source platforms are broken

#### LIMITED WATER SUPPLY

- The teachers also mention that the water source available for the students is not suitable for good hygiene practices and maintenance for good sanitation habits for menstrual management.



# CHALATA SECONDARY SCHOOL

## Ablution Project



Chalata Secondary School has been identified by the Basizana project team as the first school of focus to begin the next phase of the project's expansion. Through the project's adoption of the SDG 6.2 Sanitation and Hygiene, the project plans to address the dilapidated WASH facilities that are available for the girls.

The project's next phase is to build the necessary facilities such as bathrooms and toilets for both girls and boys. These facilities that the Basizana project plans to provide will supplement the menstrual supplies like the reusable pads that have been distributed over the duration of the project thus far.



The schoolgirls that are hosted by the makeshift boarding houses use the buckets in their designated area and day scholar school girls rely on the mono pumps if they are comfortable enough to attend school whilst on their period

**Research showed that 75% of the platforms of water sources in schools are not clean and 25% of them were broken.**



# ABLUTION COST

## Bill Of Quantities Summary



The purpose of the ablution project is to build WASH facilities in the school that promote better hygiene and sanitation habits for all students. More specifically the girls for them to experience less period related infections. Moreover, part of this project is to provide the same facilities seperately, for both the girls and the boys in order to maintain privacy for each of them.

Standard Toilet Block Costs	Girls Block (ZMW)	Boys Block (ZMW)	Combined Total Amount (ZMW)
Foundation	44,437.50	44,437.50	88,875.00
Superstructure	88,544.25	88,544.25	177,088.50
Roof Level	38,671.50	38,671.50	77,343.00
<b>Total</b>	<b>171,653.25</b>	<b>171,653.25</b>	<b>343,306.50</b>

The Ablution project will provide two blocks containing toilets and showers for both boys and girls respectively. This WASH facility will enhance good hygiene and sanitation practices for the students of Chalata Secondary and will ultimately allow the schoolgirls to practice good menstrual hygiene and reduce period-related infection rates. The table above summarises the cost breakdown for the planned building of WASH facilities.

GRADE	BOYS	GIRLS	TOTAL
8	60	77	137
9	58	65	123
10	88	89	177
11	75	85	160
12	61	44	105
<b>Total</b>	<b>342</b>	<b>360</b>	<b>702</b>

Chalata Secondary School being the first school of focus for this phase of the Basizana project, the planned WASH facilities would cater to a total of **702** students. The school population consists of students from grade 8 to 12, the table above presents the school's demography in further detail.



# IMPACT

## Second Quarter



The goal for the Basizana project moving forward is to continue project expansion through the construction of new water and sanitation hygiene (WASH) facilities under the ablution project at Chalata Secondary School. This is set to launch in the remainder of the year pending successful fundraising to finance the project. The following outlines the extent of the impact that will arise from the ablution plans.

### ACTIVITIES

- Establishing key relationships with Chalata Secondary School to implement the ablution project.
- Fundraising for the next phase of the Ablution project.
- Construction of the WASH facilities.
- Monitoring the stages of the construction of the WASH facilities.

### OUTPUTS

- Job creation for local community members in the construction of the WASH facilities.
- The planned WASH facilities will promote good hygiene habits for menstrual hygiene management.
- Reduce period infection rates down to 0%.
- Promote and enhance the hygiene levels of the students in the school.

### OUTCOMES

- Creating awareness of the hygiene and sanitary issues that arise with in period poverty.
- Cultivating good habits that promote and enhance SDG 6.2 for impacted communities.
- File of construction monitoring creates a template for future considerations and efficiency for other construction related projects.
- Growing the local economy through the creation of jobs in the construction of the WASH facilities.



# CONCLUSION

## Second Quarter



Throughout the progression of the project thus far, the Basizana project has shown growth in the quest to end period poverty and continues to expand across our sustainable development goals. Its expansion has grown to prioritise SDGs 3 & 6 which focuses on good health and sanitation & hygiene. In the three months of this second quarter, the Basizana project has achieved the following.



### Period Poverty Relief

- Successfully distributed reusable pads to 278 girls at Chalata Secondary School
- Successfully delivered Menstrual Hygiene Training to 278 beneficiaries



### Collaboration

- Successfully fulfilled our commitment toward our key donors and stakeholders
- Strengthened relationship with Chalata Secondary School in Mkushi Central Province.



### Goal Update

- Successfully distributed menstrual supplies to almost 500 girls in the first 5 months of the year.
- Met 50% of our goal to reach 1000 girls in 2022.

Moving forward, our focus for the next phase of the project is to implement plans to construct new WASH facilities at Chalata Secondary School. The new facilities will replace the old dilapidated ones that are in poor condition to provide a space at the school for all students, especially girls, to improve their menstrual hygiene management. The fundraising to finance this project will be carried out over the third and fourth quarters of the year.

# Acknowledgements

The work we do would not be possible without the support and contribution of many of our partners, supporters and donors. We express our deepest gratitude:

To **Nkwashi** for support through the provision of resources to operate successfully.

To **Globalgiving** for vetting and partnering with the BuPilo Foundation to help raise funds toward the Basizana Project

To **Zanaco** for generously donating and supporting through partnership.

To **TradeKings Zambia** for generously donating and supporting through collaboration.

To **Prudential Life Assurance** for collaborating to donate feminine hygiene products to beneficiaries of the Basizana Project's Women's Month Donation Drive.

To **Esther Chungu** for participating in the Basizana Project's Women's Month Donation Drive

To everyone else who has supported and donated toward this cause.

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We thank you for your continued support in our effort to end period poverty in Zambia.

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