



# ECP UPDATE REPORT

JULY 2021

Provide Empowering Care Packs for  
Women & Girls



# Provide Empowering Care Packs for Women & Girls : July 2021 Update Report

Thanks to our caring GlobalGiving community of supporters, GOOD TO BE GOOD has raised a total of \$9,032 (USD) for our relief assistance initiative to help women, girls, and non-binary folks in marginalized communities access supportive care and resources. The Empowering Care Packs supports (by way of goods and financial) will help women and non-binary folks meet immediate basic needs and contribute to building sustainable futures by connecting them with community-based resources. We could not do this without the generosity of every one of you — thank you for your support and solidarity!

Over the past three months since the kick-off of our project, we have been hard at work laying the groundwork to operationalize the distribution of these care packs. To ensure that we are equitably providing resources, our programs team created application forms that allow recipients to self-identify what resource support they require and enable them to give as much context as possible to their situations safely. This approach will enable us to ensure that the community we serve collaborates directly with us in determining the adequate support they request. We compassionately prioritize responses from women and folks who identify as BIPOC, racialized persons, survivors of gender-based violence, and those experiencing precarious housing and economic insecurity due to socio-economic barriers or the pandemic. The application and intake forms have been made available to applicants in cooperation with community groups, local social workers, drop-in shelters, and community partners in the GTHA area. Our trauma-informed, feminist team assists in English, French, Cantonese, Urdu, Punjabi, Greek, and Arabic.



Because of your support, Good To Be Good can provide the following resources to women and non-binary folks in our community:

- Healthy food (fruits and vegetable produce, non-perishable items, pantry essentials)
- Baby products (diapers, baby wipes, baby food)
- Wellness essentials (menstrual items, personal aid, hygiene products, beauty products)
- Assistance for phone data or phone bill
- Gift certificates (cash aid for basic needs)
- Rent or living assistance
- Assistance for counselling
- Assistance for employment or education training





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Over the next two months, our core Program Team will be working with the recipients who are confirmed to receive support through the Empowering Care Packs program, and volunteers will be delivering items to eligible individuals. As the program progresses, we look forward to sharing more updates of our efforts that you made possible.

We encourage you to reach out to us at [together@goodtobegood.ca](mailto:together@goodtobegood.ca) or visit our website, [www.goodtobegood.ca](http://www.goodtobegood.ca), if you have any further questions about the program or your donation.

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On behalf of the GOOD TO BE GOOD community, we are so grateful for your choice to embark on this journey to create a more kind, just, and equitable world with us.