



EMPOWERING CARE PROGRAM

AUGUST 2022

40+

women and gender-diverse people and families supported the program

7

referrals + community partnerships created to address priority issues + needs

125+

hours of Peer Support and outreach services provided from Jan - Aug 2022

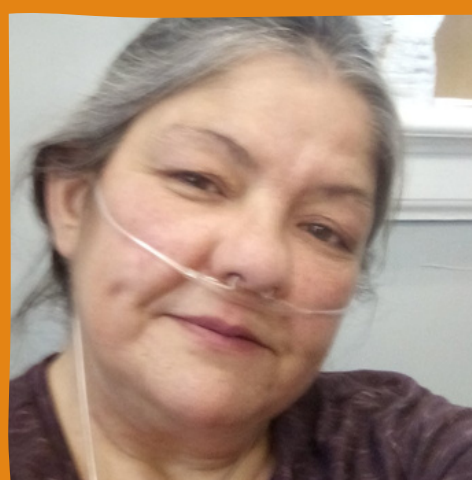


PEER SUPPORT WORKERS

Our Peer Support Workers offer case-by-case non-clinical support and referrals, and are trained to high standards to provide the proper support and services in a non-judgemental and anti-oppressive way.

EMPOWERING CARE

We believe every woman has the right to meet their basic needs without discrimination. Besides providing supports, we focus on personalized care that is specifically tailored to their individual immediate challenges.



Among the top requests for assistance were:

- Electric Service Payments
- Gift Cards
- Healthy Food Pantries
- Rent Payments
- New Clothing

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"The financial support I received helped me more than I can say! As a human trafficking survivor and living in poverty, trying to get ahead and rebuild my life the right way, it was at times very tempting to go back to high risk situations. I was able to go and pay the reinstatement fee and cost of my G1 to get my license which is invaluable! Because I live in a rural area and recently became the caregiver to my mom who was diagnosed with stage 4 cancer, this will help me to improve the quality of both our lives. It also will help me access medical care, food, and basic needs as well as make memories with my mom and help her to see more beauty in the world. And it helps with safety and gives peace of mind. And after all the cracks I fell through, this was so empowering to reclaim my freedom on another level once again. And it truly showed me that when we are on the right path, and do good, we are rewarded and provided for. It was more than financial assistance you gave me- you gave me hope and empowerment- which are priceless."

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— ECP Recipient + Community Member

ABOUT US

GOOD TO BE GOOD is an intersectional, community-wide, grassroots humanitarian and advocacy nonprofit organization with a mission to serve women and marginalized communities and help build a kind and equal world.

OUR GOAL

The *Empowering Care Program* provides essential and restorative supports and relief such as cash transfers and basic items for women, girls, and gender-diverse folks who have experienced gender-based violence, economic hardship, social isolation, and other structural and social barriers affecting equity. Our goal is to provide relief to those whose unique needs are not met in a way that empowers women to make the best decisions for themselves.

To learn more, visit:

<https://goodtobegood.ca/programsandresources/>