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**Meals 4 ALL program report (breakfast, lunch and Lunch Boxes)**

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Meals one of the struggles of life in the disadvantaged community of Kliptown after the Pandemic of Covid19, it is also one of the struggles of life in Kliptown is inadequate nutrition for growing young bodies. With the high rate of unemployment in the community of Kliptown, some families cannot provide 3 meals a day for their families which is a huge problem for especially for our young people who are still in school. We as Each One Teach One have created this kind of a program that helps to support disadvantaged families who have kids.

MEALS 4 ALL- targeting young people who are going to school, providing them with lunch boxes and 3 meals a day for each child and as well as other members of the community that faces the same problem and challenges, the aim for such programs is to become supportive figures and never turn a blind eye on such situations and also to meet the needs of other disadvantaged families through providing thing such as the school uniform for kids.

In the morning before they go to school they eat breakfast, after breakfast they get their lunch boxes for lunch at school, after school they also eat their last meals for the day. These meals really play an important role in our community because some of the kids really come from poor backgrounds whereby they only eat once and that only at night.

Checking from our database, our register estimated an amount of 200 young people when we started in January 2021 with the program, after some school visits the numbers then went up month by month after some Teachers advised some of the students to join us at the centre to help them with their school work.

Currently we have a number of 380 young people and more keep on coming but due to shortage of space we have to turn down some applications.

Our meals for all program caters for +/- 300 meals for Breakfast, we give out 38

0 lunch boxes if all the kids are going to school, then we dish out +/- 300 plates for lunch before the kids start their program and their homework. Please see pictures in the second last page.

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| **Monday** |
| **Lunch Box** Bread with French polony and Butter 40 loafs of bread and 3x 3kg French polony  | **Lunch** Pap, fish and beans and cabbage Fried fish Baked Beans soupBag of cabbage  |
| **Tuesday** |
| **Lunch Box** Bread and Jam  40loafs of Bread and Jam  | **Lunch** Rice, cabbage, potatoes and Achaar 1 bag of rice, I bag of potatoes, a box of tomatoes and a bucket of Achaar  |
| **Wednesday** |
| **Lunch Box** Bread with Jam and Butter 40 loafs of bread and 1 tin of Jam and butter  | **Lunch** Rice, chicken stew and carrot salad 1 bag of rice and 1 bag of chicken  |
| **Thursday** |
| **Lunch Box** Bread and French polony and butter 40 loafs of bread and 3x 3 kg French polony  | **Lunch** Pap and Chicken livers 1 bag of Maize meal and a box of chicken livers  |
| **Friday** |
| Hot dog and fruit |

