

















25 years and shining bright



"If you build something strong on a foundation of ice, it can stand the test of time."

FLO NGALA, FSH ALUM '13 ACCLAIMED PHOTOGRAPHER AND CREATOR OF THE FSH GEMS PROJECT



LETTER FROM LEADERSHIP

Dear Friends,

The young women of *Figure Skating in Harlem* have been inspiring us every day for a quarter century! After 4, 5 or even 10 years with us, they become our Gems, alumnae who shine bright across careers and in life!

Photographer and FSH alum, Flo Ngala, focused her unique lens on our Gems. Her stunning portraits are on the cover and can be found with stories told in their own words at FSHgems.com.

Our deepest thanks to everyone past and present — team members, parents, volunteers, board members, supporters and, most importantly, our students — for building a lasting foundation on ice! Inside these pages you will experience the FSH magic and these accomplishments and more in 2021-22:

- Launching a new *Winter Dreams* program, a citywide initiative, at Wollman Rink, introducing more girls to FSH.
- Winning the International Olympic Committee's *Women in Sport Award* for the Americas, for promoting gender equity and inclusion.
- Bringing our synchronized skating teams back to competition (winning medals)
 after two years.
- Enhancing our SEL and interactive communications classes to elevate our students' literacy skills.
- Performing live with megastar Alicia Keys as she debuted her newest single at Rockefeller Center.
- Celebrating 5 amazing years of Figure Skating in Detroit!

Where do we go from here? Our new Pipeline to Power initiative will deepen our reach, providing alumnae in college and early career with mentorships, internships, financial education, personal growth workshops and more. This year, some of our current students will have an extraordinary experience, traveling to South Africa to introduce ice skating to a whole new cohort of girls from a rural community. Finally, our entire FSH family will be able to share their gifts with the world, as we film a new series with Imagine Documentaries for a major streaming platform.

Our north stars remain — **Health, Education and Leadership!** Our sisterhood will keep growing Gem by Gem. Together with your engagement, we will create a wave of new impact for our students and alums to flourish. We are deeply grateful.

With every best wish,

Sharon Cohen Tina Lundgren

Founder and CEO Chair, Figure Skating Harlem Board of Directors

Time Limdgren



OPPORTUNITY

Economic Empowerment Diversity & Inclusion Gender Equity



WELLNESS

Skating Instruction Teambuilding Fitness Health & Nutrition



EDUCATION

Academic Classes Financial Literacy Tutoring College Prep



LEADERSHIP

Mentorship Career Exploration Cultural Field Trips OUR PURPOSE IS TO HELP GIRLS TRANSFORM THEIR LIVES AND GROW IN CONFIDENCE, LEADERSHIP, AND ACADEMIC ACHIEVEMENT.

OUR GOAL IS TO EMPOWER EVERY YOUNG GIRL WITH THE SKILLS AND FOUNDATION TO ACHIEVE HER DREAMS.

WE...

KNOW

that for girls, early adolescence is a turning point.

RECOGNIZE

that academics and health education play a pivotal role in combating challenges that girls face.

BELIEVE

that every child can learn and grow.

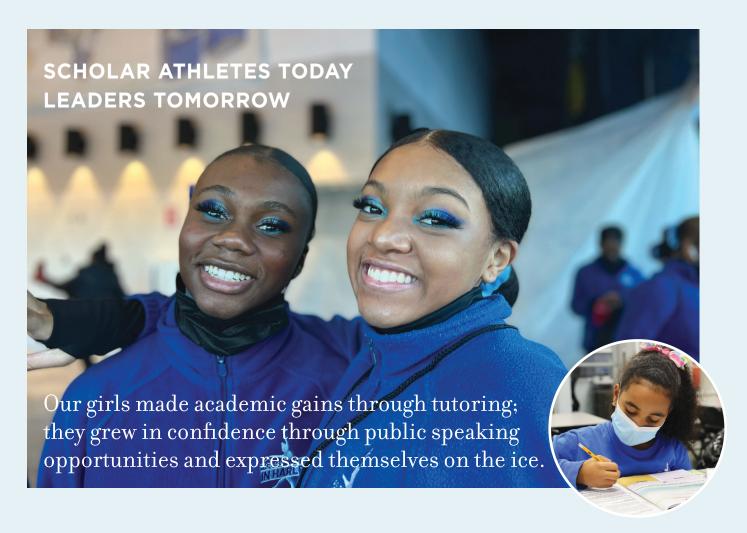
TEACH

skills that require hard work, physical coordination, mental concentration, focus and creativity.

UNDERSTAND

that through participation on and off the ice, girls develop competencies that will serve them throughout their lives.





TUTORING

improves math and reading competencies while strengthening skills in writing and critical thinking.

SOCIAL/EMOTIONAL LEARNING

supports well-being, exploring identity, self-actualization, and goal setting; intellectual, physical, and emotional development and growth.

ACADEMIC ENRICHMENT

informs girls in areas not always covered in school with classes like STEAM, financial literacy, communications, leadership and self-advocacy.

COLLEGE ACCESS AND PERSISTENCE

provides one-on-one and group counseling and a variety of resources to prepare our students for success in the high school and college admissions process.

CAREER EXPLORATION & FIELD TRIPS

broadens our girls' horizons about professions and provides opportunities for the discovery of new interests.

100%

of graduating seniors are entering college

On the ice our students learn technique, discipline, resilience, and teamwork.

Off the ice our GO-Fit program keeps our girls in shape and teaches them the elements of a healthy lifestyle. 88%

of students grew in at least one Social Emotional Learning (SEL) capacity, including confidence and leadership

88%

of students moved up at least one skating level

85%

average GPA for all I.C.E. students' winter report cards

2022 HIGHLIGHTS

A Year to Shine



Winter Dreams

Figure Skating in Harlem expanded its reach through a new pilot program at the iconic **Wollman Rink** in Central Park. This partnership allowed more girls throughout Manhattan to benefit from our youth development model. We look forward to expanding the partnership and more than doubling the number of students we serve this winter.



Alicia Keys X Harlem Ice

With poise, speed and grace, our synchronized skating team, Harlem Ice, sparkled at Rockefeller Center in a once in a lifetime opportunity to perform live with Grammy winning artist, **Alicia Keys**. This thrilling opportunity was preceded earlier in the season by their stunning performance at CHANEL No. 5's 100th birthday celebration.





The Comeback Kids

After a two-year hiatus, our synchronized skating teams were back in action and competed on the eastern seaboard.

At the Empire State Games in Lake Placid, New York, they won bronze medals and were treated to an unforgettable Olympic experience with Olympic medalist, Paul Wylie.

2022 HIGHLIGHTS

FSH WINS AWARD AT BEIJING OLYMPICS

On the eve of the Opening Ceremonies in Beijing, the International Olympic Committee awarded Figure Skating in Harlem with the 2021

IOC's Women in Sport Award for the Americas. Introduced in 2000, the award is given annually to one individual or organization from each continent for their remarkable contribution to advancing gender equity and inclusion in sport.



IOC / Greg Martin

Figure Skating in Harlem was the SOLE North American award recipient this year!



Showtime!

New York City was the inspiration of our first live show in Harlem in two years. Skating to a sold-out crowd of 1,200, our girls showed off their talent and passion on the ice in City of Dreams — A Skating Love Letter at our home rink, Riverbank State Park. Manhattan Borough President, Mark Levine, praised the girls for their incredible resilience and grace.

Next Stop: College and Career

Students received unique access to George Washington University, Howard University and Barnard College to explore the college experience. High school seniors were accepted to more than 35 schools with more than \$350,000 in scholarships. Northwestern University, New York University and Clark University were among those selected.

60 students participated in an exciting **Career Week**, exposing them to professionals in technology and real estate.





"My time with FSH is filled with incredible memories.

From long days at Summer Dreams as a young girl,
to late night practices filled with endless laughter,
and trips to unforgettable places such as the
Capitol to meet Justice Sotomayor. I have so many
memories and experiences I'm taking with me.

I have learned the importance of perseverance, love, confidence, and hard work. I will continue to embody the lessons I learned as I begin my next chapter at Northwestern University this fall.

Figure Skating in Harlem, you have shaped me into the young woman I am today. The lessons I have learned here, and the values instilled in me by my family will help me overcome any obstacle I may face. Figure Skating in Harlem will forever be home to me, and I am eternally grateful for everything it has given me."

RAVEN WILLIAMS

Ten years at Figure Skating in Harlem

CELEBRATING 25 YEARS OF EXCELLENCE & SISTERHOOD



Figure Skating in Harlem's
25th Anniversary Gala
was an extraordinary evening,
infused with passion,
authenticity, and the
power of our mission.







400 guests gathered at Gotham Hall as we honored five powerhouse women of color including Esi Eggleston Bracey, President, Unilever USA, CEO North America - Personal Care; Lorine Pendleton, Lead Partner at Portfolia Rising America Fund, and Bernice DeAbreu, the 'Godmother' of Figure Skating in Harlem. Legendary singer-songwriter, Valerie Simpson, and actor and humanitarian, Whoopi Goldberg, were honored with the inaugural Cicely Tyson Sisterhood Award. The 2022 U.S. Olympic Figure Skating team was introduced by Board Chair, Tina Lundgren with iconic designer, Vera Wang. Vlad Duthiers, CBS News correspondent, enthusiastically hosted the evening, that shined its brightest spotlight on our truly exceptional students and alumnae.

"Talent is equally distributed, opportunity is not. There is talent everywhere.

But many, especially women of color are not given this opportunity.

Figure Skating in Harlem provides this opportunity to so many young women."

LORINE PENDLETON, HONOREE



FIVE YEARS OF FIGURE SKATING IN DETROIT

Thriving in the classroom and on the ice, with remarkable partnerships including Athleta, the Detroit Red Wings, Detroit Pistons, Detroit PAL organization and Detroit Public Schools Community District, FSD is poised to enter a new era of impact for the lives of girls in and around the city of Detroit.



Hundreds from the Detroit community cheered on our skaters at sold-out community events including the **Skating with the Stars** benefit, and **Sugar and Spice**, the vibrant spring showcase. With energy in the air, events featured VIPs like skater, **Starr Andrews**, Lieutenant Governor **Garlin Gilchrist** and more.

Athleta featured FSD in a national content series celebrating Black History Month. Celebrating a shared vision to empower girls and women, and to fuel their confidence through movement and connection, the **Power of She** feature was an amazing opportunity to highlight FSD on a national stage.



"Figure Skating in Detroit makes you feel cared for, listened to, and considered.

They have created beautiful young ladies who have self-respect, know they are beautiful inside and out and instill in the girls that they can do and be whatever their hearts desire — no matter what."

MIRANDA, FSD PARENT

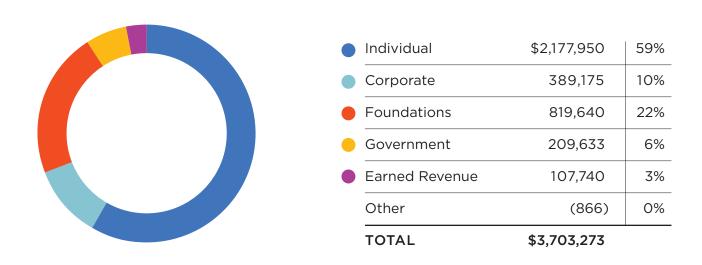


FINANCIALS

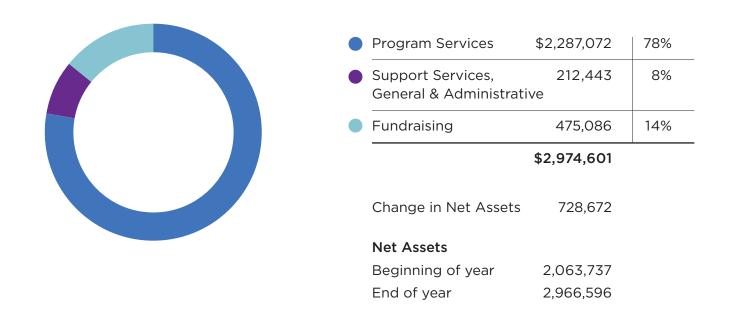
In our 25th anniversary year, NYC and Detroit were thriving. Our annual gala beat all records and the support of our corporate and foundation partners continued to be vital to our programmatic initiatives. To celebrate our milestone, the Board of Directors launched a new 3-year \$2.5 M campaign to bolster college access and support our alumnae in college and early career. We are more than a third of the way to our goal.

SUPPORT AND REVENUE

Fiscal Year Ending June 30, 2022



EXPENSES



DONORS

Our heartfelt appreciation to all of our supporters.

NEW YORK

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SUPERSTAR \$50,000 - \$99,000

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Citywide Girls Initiative **PIMCO**

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GOLD MEDALIST \$5,000 - \$9,999

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"Seeing FSH students learn vital life skills and form lifelong friendships, both on and off the ice, is an inspiration and a reminder of what's possible when our donors put dreams within their reach."

BRIAN EGGER, FSH SUPPORTER & BOARD MEMBER



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OLYMPIC CHAMPION \$100.000 AND UP

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SUPERSTAR

\$50,000 - \$99,000

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GUIDING STAR \$25,000 - \$49,999

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SILVER MEDALIST \$2,500 - \$4,999

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BRONZE MEDALIST \$1,000 - \$2,499

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"Being a girl—and a girl of color—makes it very tough sometimes to be seen. And so, they feel seen—when they're on that ice. They feel free. They feel like they can do anything. We teach that being a champion means you're working hard. It doesn't mean you don't fall. It doesn't matter that you fall—

LORI WARD, EXECUTIVE DIRECTOR, FIGURE SKATING IN DETROIT

it matters that you get back up."

THANK YOU

Flo Ngala,
for your bold and beautiful
photography on our cover.
Flo explores through
her lens, the incredible
achievements of our
alumnae in education,
law, finance, technology,
media, medicine,
and more.



Flo (right) at the Foot Locker Foundation's On Our Feet Gala

Thanks to our rink
partners, Riverbank State
Park, Rockefeller Center,
Wollman Park Partners
and Chelsea Piers,
and to the dozens of
Educators, Skating
Coaches, Tutors,
Counselors and Volunteers
who make our amazing
program come to life
each year.

Ben Wolkon

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