



EARLY MILESTONES
INTERVENTION &
DEVELOPMENT
CENTRE

HEALTH PROJECT OUTLINE

WWW.EMIDC.ORG

About the Company

Our Organization, Early Milestones Intervention & Development Centre, is an Early Intervention Centre for children with Cerebral Palsy aged 0-8 years. We have been in existence for 2 years and our therapists have 10+ years of working with young Children.

Our Centre location is Kenya, Thika town, Kigio Plaza, 2nd floor

Vision Mission Goals

Our Mission

To increase the health and wellbeing (physical and mental), social and emotional skills, cognitive development and learning outcomes of children aged 0-8 years who have been diagnosed with Cerebral Palsy with the goal of reduced inequalities, improved childhood and lifelong outcomes through affordable and accessible healthcare services

Our Purpose

That All Kenyan children with disabilities can have access to quality health services and can participate and have influence in Society.



Executive Summary

DISABILITY INCLUSION:

Is there a child who does not dream of being counted, and having his/her gifts and talents recognized? No....All children have hopes and dreams including children with disabilities. Given a chance, children with disabilities are more capable of overcoming barriers to their inclusion, taking their rightful place in society and enriching the life of their communities.

But for far too many children with disabilities the opportunity to participate simply does not exist. Far too often, children with disabilities are among the last in line for resources and services. e.g Insurance Companies in Kenya do not cover Cerebral Palsy, there's Lack of investment in Quality affordable therapy services, there's lack of data for children with disabilities under 5 yrs in the 2019 census report e.t.c. Such deprivations are violations of their rights and the principle of equity.

Parental stress is also a challenge because Parents are the first to notice a developmental problem in their children. Along with this ability to identify a problem very early in life is the coinciding stress that is almost universally present in parents with a child with disability. Without proper tools to address atypical behaviors, anxious parents are likely to further descend into deeper levels of health problems, such as depression possibly interfering with their ability to effectively parent.

The Gap We're Filling

We aim to provide parents of children with cerebral palsy with the tools to address their children's symptoms at the earliest point in time giving them self-confidence and empowerment, and thus improving their own mental health along with their child's behavior. In short, including parents in early intervention treatment has significant benefits for both the child and the parents' wellbeing.

At EARLY MILESTONES INTERVENTION & DEVELOPMENT CENTRE, our goal is To facilitate the full integration and empowerment of children with disabilities aged 0- 8 years and their families in the community through affordable habilitation and rehabilitation services.

Through our mother's empowerment program, we seek to empower Mothers of Children with Disabilities as ambassadors for change and a guarantee for success of their children through in-session training. We see Mothers as the pillars of the family and empowering them means empowering the whole family

Project's Main Goal

TO FACILITATE THE FULL
INTEGRATION AND
EMPOWERMENT OF CHILDREN
WITH DISABILITIES AND THEIR
FAMILIES IN THE COMMUNITY
THROUGH PHYSICAL
REHABILITATION, MOTHERS
TRAINING AND CAPACITY
BUILDING



The project target location is in Kiandutu Slums, Thika where we shall offer 100% catered for quality therapy services to children with Disabilities mainly Cerebral Palsy and train their Mothers on how to best care for their children so that they can thrive.


Kiandutu is a slum in Thika with a high population of children with Cerebral Palsy but they cannot access therapy because their parents live on less than \$5 a day. Through our project we shall help 40+ children under 5 years for a period of 2 years and train 300+ mothers of children with disabilities. We shall also create awareness in the process.

However this will be an ongoing project that will depend on funds availability.



Objective ONE

TO PROVIDE HABILITATION AND
REHABILITATION SERVICES FOR
CHILDREN WITH DISABILITIES
AGED 0-8 YEARS FROM LOW
INCOME FAMILIES.

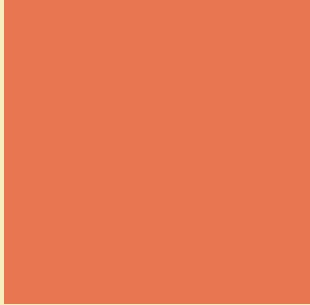


Our main focus is children with Cerebral Palsy. We shall provide physiotherapy and occupational therapy. This will help in gaining of motor skills, speech, communication and Sensory integration



Objective TWO

TO EMPOWER CHILDREN WITH
DISABILITIES, THEIR MOTHERS
AND FAMILIES THROUGH
PARTICIPATION, AWARENESS
RAISING AND CAPACITY BUILDING.



We envision the role of mothers as an added value to the rehabilitation process of their children with disabilities. We train the mother to be the “in-house shadow therapist” for her child, the one who applies the exercises learnt and any other knowledge once she returns back home.

No two children with Cerebral Palsy are the same so their development depends on severity of brain damage.

Objective **THREE**

TO RAISE AWARENESS AND
ADVOCATE FOR THE RIGHTS OF
CHILDREN WITH DISABILITIES

We shall work with the community to create awareness on cerebral Palsy and why Early Intervention is Important and the key to a child achieving their fullest potential

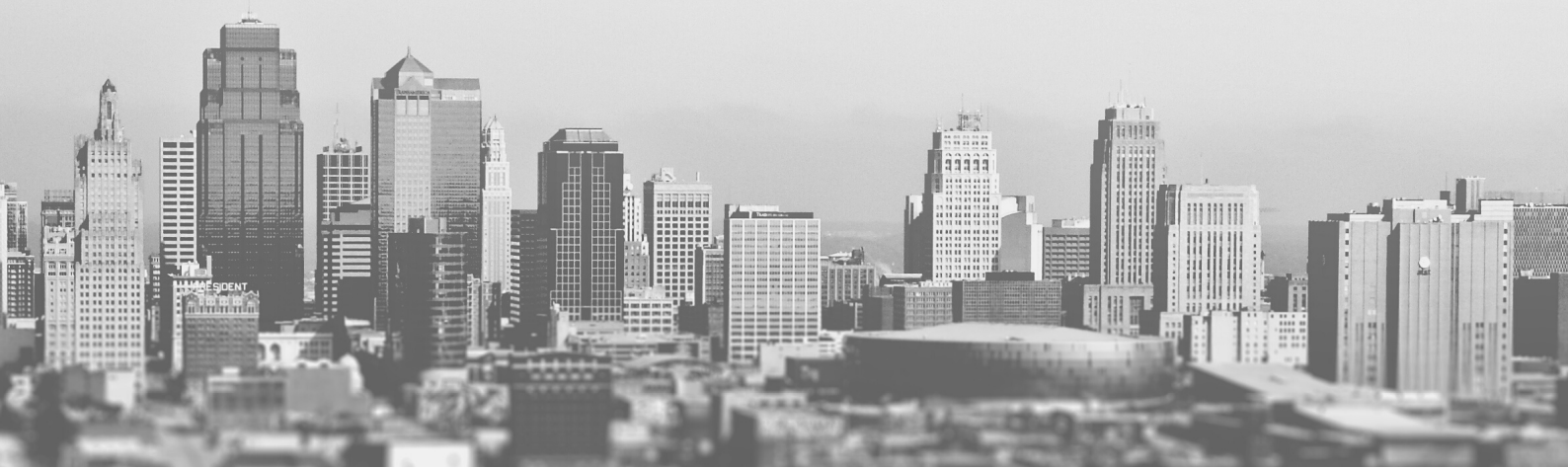
This shall be through events and workshops

Project Outcomes



- As a result of our services, children enrolled in our program will acquire their delayed milestones. Our services are transformative in nature. We take a child who can barely sit, walk or even do anything for themselves because of a brain damage and help him/her achieve their potential through our therapeutic services.
- Empowered Parents and Strengthened Families. To empower means to give power to someone or a group of persons to make them stronger and more confident, especially in controlling their life and claiming their rights. In our case, the intended meaning is to empower parents especially mothers of children with disabilities to play their roles in the family and society. Mothers are the heart of the family, hence empowering them means empowering all members of the family.

Project Outcomes



- Increased awareness of Cerebral Palsy through our use of social media and community gatherings
- Inclusion of children with disabilities and their families so they can have influence and participate in society.

The Team

AN INTRODUCTION TO OUR IN-HOUSE TEAM

C.E.O

Juliet Muhia

Secretary

Jackline Njari

Communications & Treasurer

Edwin Gikonyo

Projects

William Ngari

Projects

Stephen Njuguna