



## QUARTERLY REPORT | BEIRUT EXPLOSION RESPONSE

<b>Organization Name</b>	<b>Alawite Islamic Charity association</b>
<b>Project</b>	<b>Kermalik ya Beirut – MHPSS Assistance</b>
<b>Contact person</b> <i>Name, email, and phone</i>	<b>Youssef Aouli</b> <b>Phone Number : 03041125    Email : Youssef.Aouli@aica-lb.org</b>
<b>Reporting period</b> <i>From – To</i>	<b>First of January 2021 to 28 February 2021</b>
<b>Submission date</b>	<b>10 March 2021</b>

## Context

To complement the Beirut explosion crisis and as an action plan for emergency response, AICA is completing a project of 39 Mental health education sessions for 109 Lebanese and Syrian youth between the ages of 18 and 29, and the topics of the sessions revolved around bullying, peer pressure, positive communication and self-respect.

With the application of hygiene and safety measures COVID-19, while respecting social distance, a number of participants (of 8 Youth in each session) were taken into consideration according to the region, and masks were distributed to all participants, and upon entering the sessions, the temperature was checked in case of infection. Anyone with a fever by the health team participating with us.

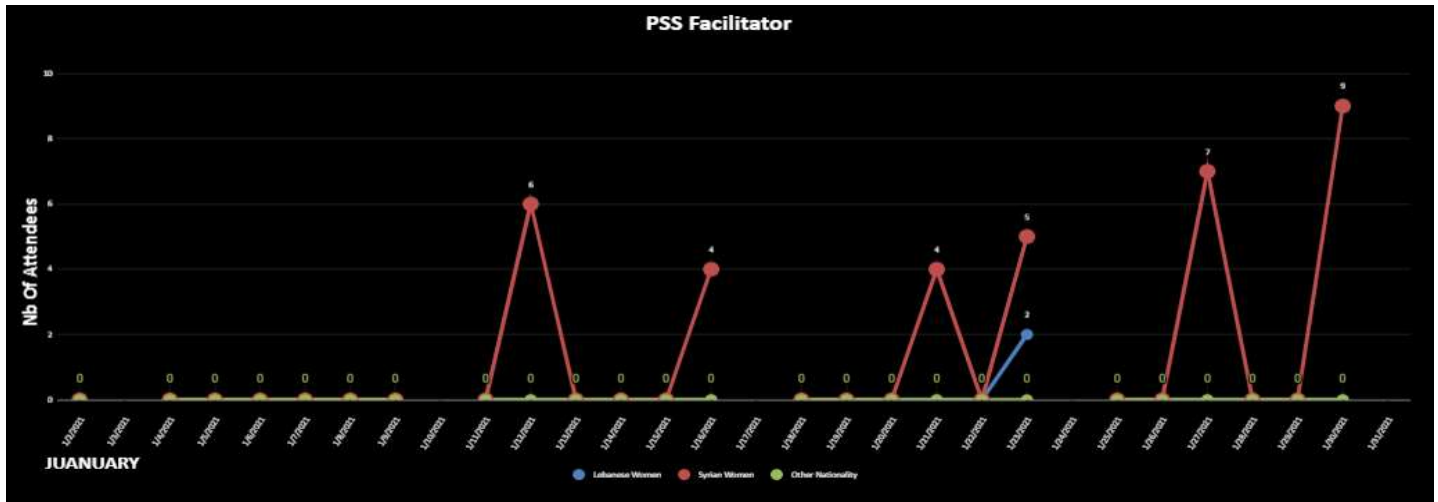
Youth in need of specialized treatment were also referred to specialized centers through case management.

The Youth in the Burj Hammoud area, in addition to their early marriage, school dropouts, most of them had a state of shock, as they fled the war in Syria to live here a war with a different face and it is psychological, especially after the Beirut explosion, which brought them back memories of fear and insecurity, so there was a need to implement Sessions with them to create a safe space through which they can unload what they conceal inside

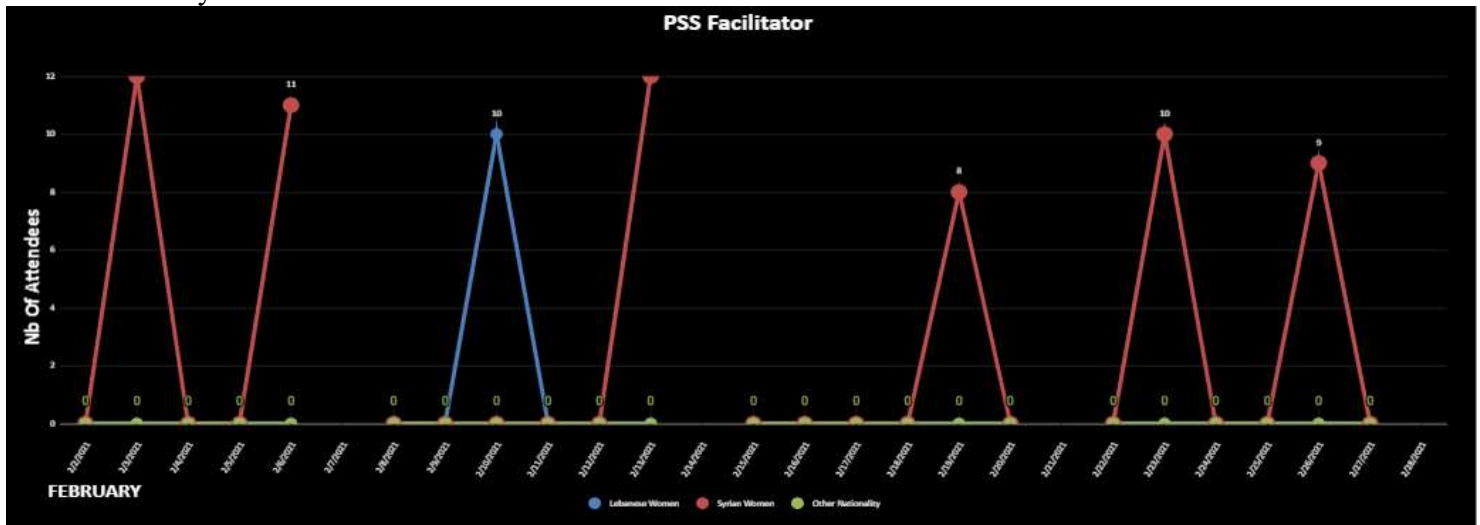
## Activities implementation

- Activity 1: A need study on the topics that youth people need to determine the session titles
- Activity 2: Preparing for the PSS Content Session:
  - Bullying (its definition, forms, types, and how to confront it)
  - \*Peers (definition, types, stressors and advice outcomes)
  - Self-esteem (the definition of self-esteem and what it takes to self-esteem)
  - Positive communication (its definition, elements, and how positive communication can be)
- Activity 3: Presenting a video on self-esteem, in addition to activities within the session, including how to convert a negative trait into a positive trait

- Activity 4: Communication: We reached 109 Youth by coordinating with “Al Hayat” center, and through volunteers from AICA.
- Activity 5: Implementing 39 educational sessions in the field of mental health. Each group includes 8 Youth (109 Youth - 12 Lebanese and 97 Syrian refugees) who take all sick precautions such as social distancing, muzzle and hand gel.



MHPSS January 2021



MHPSS February 2021

**Action plan:**

لبنان - الشمال - طرابلس - جبل محسن العالي - سكة الشمال - عيد سنتر - هاتف: ٠٦٣٨٠٦٠٦ فاكس: ٠٦٣٩١٢٣٦

Activities	Description of the activity	Modality (value, frequency...)	Location of activities	Number of individuals and number of households (if HH is relevant)
PSS group sessions	Targeting youth (aged from 18 to 29), PSS sessions will be 11 for each group, based on age, tackling 4 main topics Bullying, Peers, Self-esteem, Positive communication	3 sessions for each group	Bourj Hammoud	Number of individuals 109
Assignments	Refer youth who suffer from depression after the Beirut explosion and a state of shock to the specialized associations that have been coordinated with them	According to the cases	Bourj Hamaoud	<b>Number of individuals 16</b>

## COVID-19

*A person was assigned to take the temperature at the entrance to the center and ask questions that showed whether the beneficiary had symptoms of a COVID-19 infection, the chairs were placed in a way that the distance is 2 meters and a half between chairs, a mask was given, there was a hand sanitizer that was used all the time, Room was sterilized before the start of giving the session, there were visits by the M&E officer to make sure that all the directives were implemented, In addition to the beneficiary satisfaction form, which includes evaluation questions on compliance with protection measures.*



## Challenges

Overview of any challenges encountered during the reporting period and how they were tackled

Challenge(s)	Response(s)
Space tightness	Reducing the number of participants within the session
A need for specialized mental health services	Assignment to Orthodox movement, Acted
Lookdown decision, and people not being able to come to session	Communicate with him over the phone, Coordinate with the emergency room to obtain a permit for them

## Monitoring

The **number achieved during the reporting period** is the sum all targeted participants that have been reached in previous reporting periods and those that were reached during this report's reporting period.

The **progress towards target** is a percentage calculated as follows = (Number achieved during the reporting period) ÷ (Overall target) × 100

Indicators	Number achieved during the reporting period	Overall target	Progress towards target
MHPSS activity 1: TOT for two MHPSS Female Facilitators	2 Lebanese female facilitators took training about MHPSS	2	Has been accomplished
MHPSS activity 2: Implementation of psychosocial support sessions for 400 Lebanese and Syrian women over 40 years old	109 Youth Lebanese and Syrian who benefited from AICA, between 15 - 29 years old.	109	Has been accomplished
Activity 3 : Refer youth they have a trauma after the explosion	16 youth Syrian and Lebanese	30	Has been accomplished

Monitoring tools used (satisfaction surveys, discussions with beneficiaries...)	Sample size	Primary findings from these tools	Actions taken/to be taken in response to these findings
Complaints Box	4	There was 90% satisfaction from the youth. There was a proposal to increase the number of sessions and They requested the implementation of life skills sessions, awareness of their rights and how to achieve them and what	Prepare to write a project and refer people to a center located in Nabaa

		organizations are concerned in the event of exposure to violence	
Hot line	300	Very satisfied with the services.	We will present through the Civil Directory on opportunities to submit a project proposal
Individual interviews.	230	There was 90% satisfied and But there are also recommendations for specialized services in the area (mental health), and they have requested food aid	We will present through the Civil Directory on opportunities to submit a project proposal

## Coordination and communication

Please list any coordination meetings or communication with national response actors (Government of Lebanon, municipalities, local community, NGOs, INGOs...)

Date [dd/mm/yyyy]	Response actor	Type of coordination [meeting, email, phone call][i] and purpose
3/1/2021	The Greek Orthodox Social Health Center	Email and phone call
3/1/2021	Acted	Email and phone call

## Budget

[https://drive.google.com/file/d/1Nxo1yS5YhAlpZ0e26T2evD\\_iXhO8Z0d7/view?usp=sharing](https://drive.google.com/file/d/1Nxo1yS5YhAlpZ0e26T2evD_iXhO8Z0d7/view?usp=sharing)

## Annexes A

## Annexes

## Annex I: Pictures, videos



The first activity was the facilitator introducing the activities provided at the center and registering the names who needed a service or would like to attend psychological support sessions



*The session was started with the activity of the spider network, which is done by defining the rules of the session (group agreement).*



*After agreeing on the rules of the session, the facilitator begins by giving the key words to encourage the youth to empty and share stories and present a video to discuss the topic of the session in order to extract information from it and give advice.*

[https://www.youtube.com/watch?v=m381t5\\_gX\\_w](https://www.youtube.com/watch?v=m381t5_gX_w)



*At the end of the session, the facilitator holds one-on-one meetings with the youth who need a specialized service to diagnose before referral.*



## Referral of youth who suffer from trauma after the Beirut explosion and are suffering from depression

### Annex II: Success Story

During the sessions there were frequent expressions that the facilitators tell the reality, they accurately describe the psychological state we are suffering from, and they were calling for an increase in the number of sessions.

Among the most prominent lessons that have been mentioned:

“I am very happy that for the first time I am sharing my story without fear. I am relieved to tell about myself.”

Among the success stories is a girl who was married at the age of 13 minors without being informed by a man older than her, who is her cousin. She spent her life subjected to physical and verbal violence from her addicted husband who was stealing the expense that his mother sends to buy the drink, she came to the center after he convinced her husband that she came to get help and money. She is a joy, according to her saying, because for years she has not gone out of her house, which is a tent, and today she sees the rays of the sun and the sky, especially since after the explosion of Beirut she lives in a state of depression as a result of her memory of her escape from the Syrian war. She faced a more difficult war here, which is an economic and psychological war, according to her saying. She was always asking for a divorce, but no one from her family would support them because of the bullying that she would be exposed to because she was divorced and because of the shame that would befall her. Her dream was to study and major in computers, she did not live in childhood or adolescence, and after the bombing in Beirut, she feared for her children because she did not want to live the same experience in a country she described as a safe person. Today, she is looking for a shelter outside this country where security and peace would be her demand. the only.

Sessions have helped her in that she knew how to value herself and strengthened her flexibility to be able to cope with the situation she was living in and also helped her to express more freely what was inside so that she could overcome it.

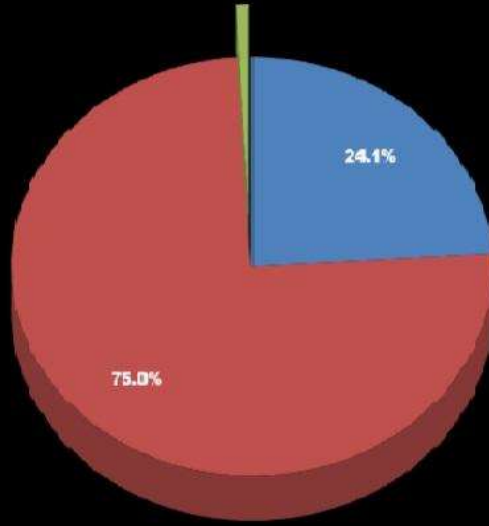
Also another girl came with her sister who was supporting her, since the Beirut bombing, and she does not listen to anyone, thoughts are distracted, she lives in a state of fear. Most of the time spends her time in her room sleeping, during the session she spoke and said: I live in a state of fear, I need help For a specialist, and her sister said that it was the first time after an explosion, she speaks and asks for help.

### Annex III: Other supporting documents

Q	R	S	T	U	V	W	X	Y
<b>PSS</b>					<b>STD PSS</b>	<b>STD CRS TARGET</b>	<b>% of STD CRS TARGET</b>	
Oct	Nov	Dec	Jan	Feb				
33	139	150	53	49	424	7,504		
0	252	151	37	72	512	6,042	91.10%	
-33	113	1	-16	23	88	-662	-8.82%	
<b>Total PSS / Nationality</b>					<b>% Of Total</b>	<b>Total</b>	<b>% of total</b>	<b>% of target</b>
88					17.19%	1646	24.06%	21.93%
422					82.42%	5130	74.98%	68.36%
2					0.39%	66	0.96%	0.88%
					100.00%	6842	100.00%	91.18%

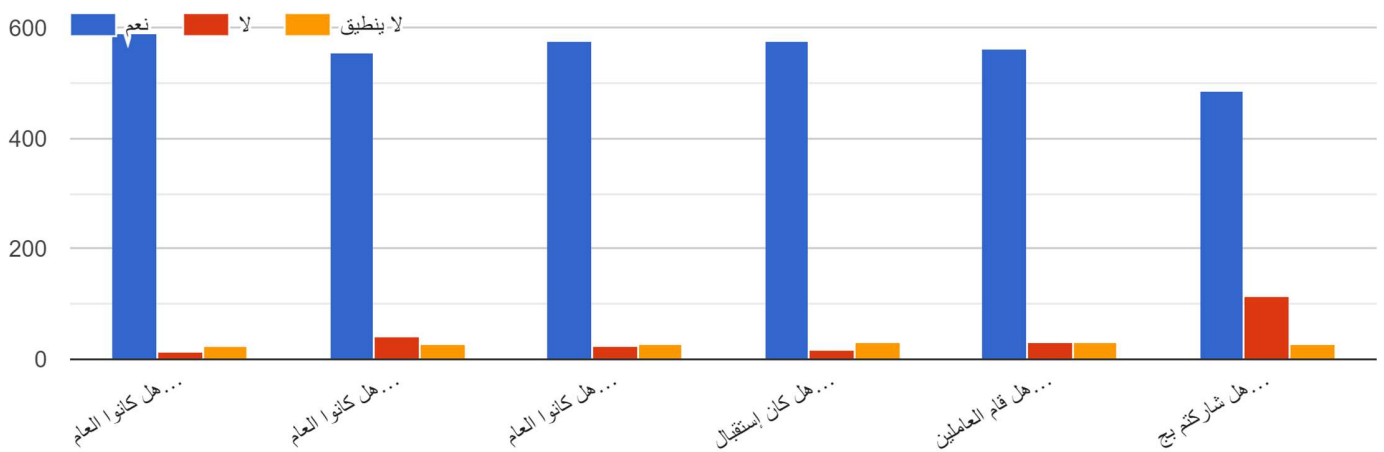


## Percentage Of Nationality



### statistique evaluation

أسئلة حول أداء العاملين الإجتماعيين ؟



**This is a statistic that applies to facilitators of mental health sessions and case management:**

**Are social workers wearing medical masks?**

**Are social workers wearing medical gloves?**

**Are social workers wearing association uniforms?**

**Did the social workers receive you well?**

**Did the social workers give you enough time to explain your ne?**

**Have you participated in social support session?**