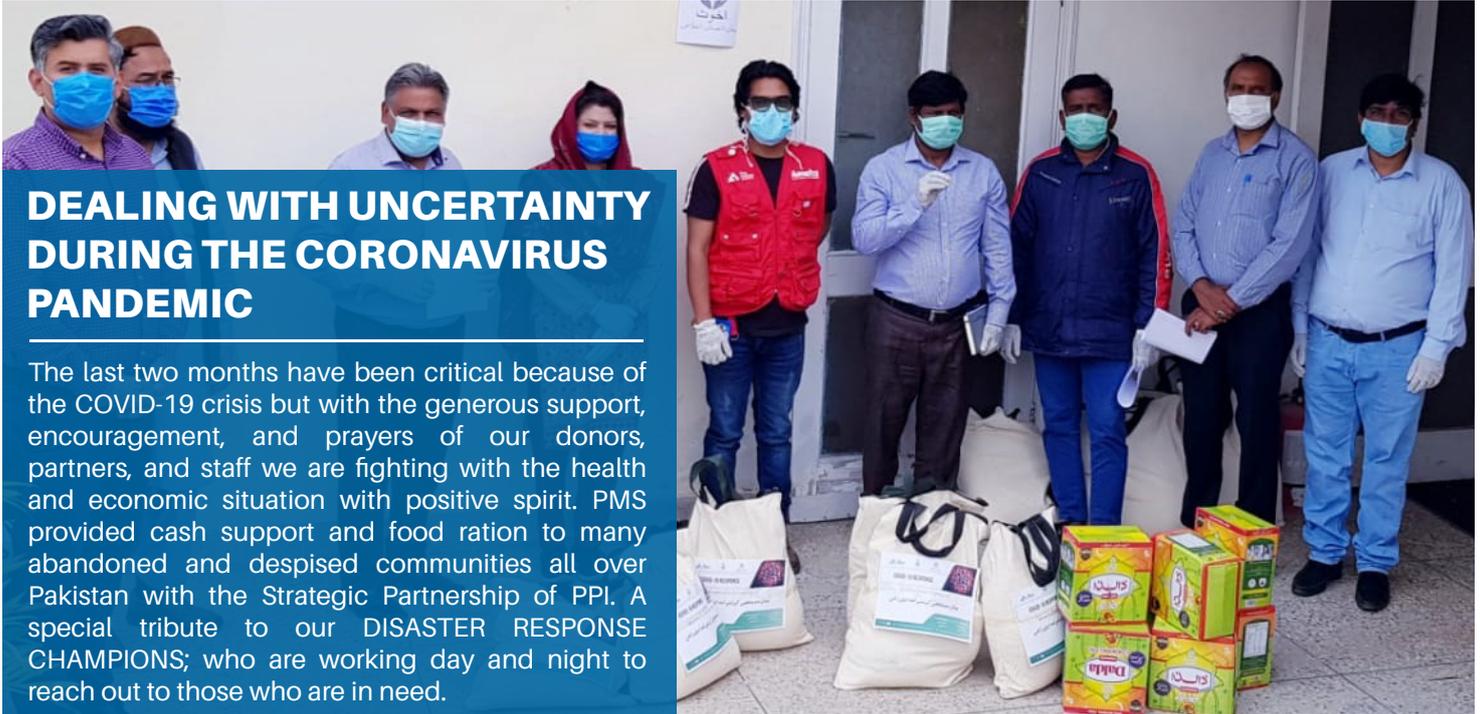


# MONTHLY BULLETIN

## APRIL 2020 - MAY 2020

“When I was hungry, you fed me” – Mathew 25:35



### DEALING WITH UNCERTAINTY DURING THE CORONAVIRUS PANDEMIC

The last two months have been critical because of the COVID-19 crisis but with the generous support, encouragement, and prayers of our donors, partners, and staff we are fighting with the health and economic situation with positive spirit. PMS provided cash support and food ration to many abandoned and despised communities all over Pakistan with the Strategic Partnership of PPI. A special tribute to our DISASTER RESPONSE CHAMPIONS; who are working day and night to reach out to those who are in need.

## COVID RESPONSE THROUGH WASH BASED ACTIVITIES

### RAJANPUR, PUNJAB

Rajanpur Champions in collaboration with the Social Welfare Department distributed 50 food ration packages among transgender and sanitary workers of Rajanpur city, to show solidarity and inclusion of those who are most neglected and ignored during this COVID situation. Mr. Aurangzeb Sandho (Assistant Commissioner, Rajanpur) and Tehmina Dilshad (Deputy Director, Social Welfare) visited the distribution point and appreciated PMS efforts for COVID-19 response. Likewise, 50 food ration packages were distributed among the affected families of targeted villages of UC Harrant and 20 food ration packages were distributed among families of UC Lundi Saidan, in collaboration with Qatar Charity. Moreover, our team also organized handwashing sessions to promote hygiene practices.



### KHIPRO, SINDH

Under Khipro 4 UCs WASH Project, 10 Hand Wash stations were installed in the public places to promote handwashing practices and prevent the spreading of COVID-19. Communities were mobilized to adopt a habit of handwashing for 20 seconds to reduce the spread. Public service messages were also displayed in the local languages to raise awareness regarding COVID-19. Moreover, 100 food packages were distributed among the affected families to save them from hunger and starvation in the lockdown.



### UMERKOT, SINDH

Our Umerkot Project team distributed 100 food ration packages among the families affected by the lockdown. These ration packages were distributed in coordination with Assistant Commissioner, Mr. Agha Zulkar Durani, and other stakeholders ensuring all SOPs regarding the prevention and control of COVID-19. Hand hygiene is extremely important to prevent the spread of COVID-19 so our team conducted four hygiene sessions to promote handwashing up to 20 seconds with soap and clean water. Furthermore, related Information, Education and Communication (IEC) material was distributed and displayed in public places and shops in Taluka Kunri villages for public awareness purposes; emphasizing maintaining social distancing, avoiding public gathering, adopting hygiene practices, handwashing and use of face masks.



## MOTHER AND CHILD HEALTHCARE, PATTAN

Mother and Child Healthcare Center Pattan, Kohistan is contributing towards improving health of the local community since 2012. In the month of April and May, 672 General OPD patients, 252 Anti Natal, and 14 Post Natal patients were treated at our health center. Moreover, the MCHC team joined District Health Department and District Administration in prevention and response campaign, against COVID-19 and donated oxygen equipment along with the provision of ambulance services. Mr. Khalid Khan (Deputy Commissioner) and Dr. Mohammad Geer (District Health Officer) appreciated a noble commitment of PMS towards ensuring 24/7 health services to the remote populations through the dedicated staff.



## CONNECTING DIGITALLY

### CATCH - ISLAMABAD

Our Project team held coordination meetings and follow-ups with CATCH Partner Churches via WhatsApp and phone calls. In these online meetings, the project team assessed the activities of Partner Churches; how they are engaged in community mobilization to prevent COVID-19 keeping in view the "Do No Harm Approach". It was found that Partner Churches weren't only taking care of the community's spiritual health, but were also helping them by providing ration and conducting awareness sessions. During meetings, Church Leadership expressed that they're thankful to PMS for motivating them to take steps for supporting communities in this lockdown period. One of the Church leader shared that, "PMS is a role model for all CATCH Partner Churches for reaching the unreached.

### SHARED LIVES AND LIVELIHOOD, ISLAMABAD

In the previous two months, our Shared Lives and Livelihood project team conducted 10 experiences sharing meetings on Zoom with 60-Youth Entrepreneurs, who shared their lessons learnt and how COVID-19 has impacted their business. Some of the main topics of discussion were interfaith harmony and peace, conflict resolution, behavior management and precautionary measures for COVID-19. Few students shared their experience of volunteer services during COVID-19 response. Furthermore, Entrepreneurs shared that their businesses are affected by COVID-19, but they are keeping strong coordination with their customers online.



### SAAF MAHOOL, ISLAMABAD

In the month of May, Saaf Mahool team started waste collection and removed waste piles from the targeted communities with the assistance of Metropolitan Corporation, Islamabad (MCI), and Capital Development Authority (CDA). Our Project team in collaboration with MCI, CDA, and Health Ministry organized an awareness campaign regarding Dengue, Solid Waste Management, and COVID-19 pandemic. Moreover, the Project Manager and Project Officer conducted awareness sessions for the female group of H-9 and sensitized women folks regarding preventative measures against COVID-19 and best practices for Solid Waste Management in the existing COVID-19 scenario.

### LEADERSHIP AND YOUTH DEVELOPMENT, ISLAMABAD

Leadership and Youth Development Programme is the lifeline of PMS. Since professional growth of interns, in an office environment will yield far-reaching impact in their life later on, but we do more than that; by offering personal mentorship, group dynamics including; behavior management as well as provide ample opportunities for spiritual wellbeing through faith nurturing sessions. Therefore, different e-sessions were organized to cascade best of their abilities during the incubation period in PMS. One of the sessions was led by Prof. Syed Hussain Haider, LUMS Professor and a Social Worker, it was an interactive session about stress management, self-actualization, and how to stay productive and positive during COVID-19. Moreover, our interns voluntarily worked remotely to lend a helping hand to support a cancer patient by using social media and collected PKR 16,920 for her treatment. The interns played their part in bringing a ray of hope and happiness in her life.

### PMS BELIEVES IN

DO NO HARM APPROACH

COMPLIMENTARITY

DUTY ON CARE

COORDINATION WITH LOCAL GOVERNMENT

DIGITAL CONNECTIONS (WHERE POSSIBLE)

#### FEEDBACK AND SUGGESTIONS

As always, thank you for taking the time to read our monthly bulletin. Please send your comments and suggestions to [commoffice@pakmissionsociety.org](mailto:commoffice@pakmissionsociety.org)

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**Legal Status:** Pak Mission Society (PMS) is a national relief and development organization established in 2004. PMS is registered under the Societies' Registration Act XXI of 1860 at the Office of The Provincial Registrar Joint Stock Companies & Societies, Peshawar, Khyber Pakhtunkhwa, Pakistan and signed a Memorandum of Understanding (MoU) with the Economic Affairs Division (EAD), Government of Pakistan in November, 2017.