

Transforming Lives from the Inside: Up2Me's Impact on Our Youth

Thanks to your support, this quarter we promoted the Up2Me program, strengthening the self-knowledge and life projects of young people in our community.

Hello to all of our amazing donors!

During this last quarter, at SOLFAMI we have focused our efforts on strengthening the emotional and relational fabric of young people and families through our flagship program: **Up2Me**. Thanks to your constant support, we have provided practical tools and safe spaces for personal growth.



What did we achieve this quarter? Thanks to their contributions, we carried out the intensive cycle of Up2Me workshops, where we focus on three fundamental pillars:

- **Self-knowledge:** Sessions to explore individual identity and potential.
- **Strengthening of Bonds:** Communication dynamics to improve trust within the family nucleus.
- **Facilitator training:** We prepare new leaders to expand the scope of our methodology.



A story of impact We want to share with you the case of a young woman who at the beginning of the term felt disconnected from her environment. After participating in our "Life Project" workshops, she told us: *"Before I felt that things just happened to me; Now I understand that I have the power to decide who I want to be."* Seeing her transition to a leadership attitude is the greatest achievement of this period.



How were the funds used? Your donations were entirely used to produce exclusive teaching materials for the Up2Me programme. The logistical costs of food and transportation for the facilitators and the adaptation of the meeting and accompaniment spaces for the participants were also covered.

What's next? Up2Me's impact is profound, but we're just getting started. To continue with the next cycles, we need to maintain our financial sustainability. We invite you to share this report with your friends and family, or consider making your donation monthly to ensure that no youth is left out of the program due to lack of resources.

Thank you for believing in the potential of our young people and for being the engine of this change!

With gratitude,

The SOLFAMI Team

