

## **NGO Profile**

of

## **SESOBEL**

Social Service for the welfare of the child with disability and his family



## Main company contact:

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## 1. Administrative & Contact Information

## 1- Name of Organization

in English	SESOBEL-Social Service for the Welfare of Children
	in Lebanon
in Arabic	سيزوبيل - المؤسسة الاجتماعية لسلامة الطفل في لبنان

## 2- General Contacts of Organization

D. (. d)	1077
Date the organization was	1977
founded:	
Year of registration and certificate	1980- N 42/SI
number:	
Government institution with	Ministry of Interior and Municipalities
which the organization is	General Directorate of political and
registered:	refugee affairs
Address of the organization:	Ain el Rihani – str 11 - Lebanon
Phone numbers (land line and	961-9-233940 // 961-3-209076
cellular):	
Fax number:	961-9-233943
Website/Facebook/Twitter/blog	www.sesobel.org
	http://www.sesobel.org/autism
	www.facebook.com/sesobel.lb
	www.twitter.com/sesobel
Board members (or founding	Fadia Safi : President
members if you do not have a	Mireille Frem : Vice President
Board of Directors) and key staff	May Khreich: Secretary
(president, secretary general,	Dr.Ziad Khadij : treasurer
general manager, directors,	,
treasurer, etc):	
, ,	Board Members:
	Dr. Kamal Kallab – Mme.Frida Chammas
	-Mr.Labib Akiki- Mr.Selim Khoury-Dr.
	Mansour Hojeily- Mr. Fares Korkmaz
	J . J

#### a. Banking details:

Bank: Bank Audi sal

Account Number: 00071753-0039 US\$

SWIFT Code: AUDBLBBX

IBAN Code: LB59 0056 0000 0000 0007 1753 0039

Account Number: 00071753-0003 LBP

SWIFT Code: AUDBLBBX

IBAN Code: LB61 0056 0000 0000 0007 1753 0003

Account Number: 71753 462 044 012 07 EUR

SWIFT Code: AUDBLBBX

IBAN Code: LB71 0056 0000 7175 3462 0440 1207

#### 2. Activities and Services

### a. History

In 1975, at the very beginning of the 20 year Lebanese civil war, Yvonne Chami returned to Beirut after spending six years as a nurse in Vietnam working in very difficult conditions.



She accepted a position in the pediatric section of a hospital in Beirut and discovered a disturbing reality. Children were faced with disabilities that could have been prevented, their families were without support and were falling apart, and the country with its lack of resources was unable to provide a proper response to this serious situation. The raging crisis of war compounded issues of priority, produced a lack of assistance and offered little hope for children with disability and their families.

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Yvonne then envisioned and brought to life the dream of: "Supporting children with disability, from birth until death, thus allowing them to lead a life of dignity, which in turn would bear witness and carry the message to others."

#### **Yvonne Chami**

A nurse, midwife and social worker of Lebanese nationality.

In 1976, SESOBEL was founded to serve children with disability and their families in Lebanon.

In 1992, Anta-Akhi (You are My Brother) was founded to care for the persons with disability as they age.

In 2000, she founded "Handicap et Vie en Eglise" to guarantee the acceptance of the persons with disability in the life of the church.

Recipient of the "Mme Figaro" prize in 1993.

Her Motto: "Together, the impossible becomes possible."

#### b. Mission

For over 43 years, **SESOBEL** has taken all possible steps to implement a coherent and monitored service of assisting children with disability and to accompany their families as partners in facing life's challenges. SESOBEL has worked equally hard with all elements of society for them to recognize the value, dignity, and respect for children with disability.

#### The child:

Most programs for the care of disability are generally limited to specific services. At SESOBEL,, we believe in a multi-faceted approach. At SESOBEL, every child is unique and an appropriate program that meets their specific needs is designed for them. We use a holistic, interdisciplinary approach, which takes into account the child's needs on every level, be it related to

health, society, education, rehabilitation, recreation, relationships, living environment, integration, rights, or any other aspect of their lives.

SESOBEL helps children with disability lead a happy and hopeful life despite the difficulties that come with disabilities by ensuring :

- A harmonious development while taking into account the child's potential, whatever the disability.
- A development that enables the children to be in harmony with themselves, their environment and the people that surround them.

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• A development that respects their dignity as human beings and recognize their fundamental needs for a life full of love and acceptance.

## The family:

In addition, our efforts are carried out with the future in mind so that we can, together with their family, ensure a secure future for the child with disability.

SESOBEL provides sufficient family support so the children with disability remain in their family environment. It is essential to:

- Support the family, especially the mother, to lessen the burden and demands of the disability and to prevent the family from being overwhelmed.
- Support the family so they can recover the harmony, which is usually lost due to the child's disability.
- Support the family so they can overcome difficulties with joy and hope, and discover the art of living together in acceptance of each person's potential. In this way, each member will be able to fulfill each others' needs and grow in harmony.

As a partner, the family is central to SESOBEL's philosophy. From the moment the families arrive at SESOBEL, they are given support in order to strengthen and preserve their unity.

## The society:

SESOBEL works on challenging the society to respect the child with disability and acknowledge its right to a dignified life, regardless of the nature of his disability.

- Determine the needs of the children with disability and those of their families, and then advise policy makers concerning the extent of those needs.
- Collaborate and coordinate with all authorities that are capable of meeting those needs.
- Work to prevent disabilities and promote early detection.
- Raise public awareness regarding each person's responsibility to treat the children with disability with respect.

#### c- Creed

- People are much more than what they appear to be: each person possesses a mystery that shall only be revealed by acts of faith and trust.
- Each person with disability is a human being, a child of God.
- Everyone is entitled to live in dignity and Love.
- All that we have received as Gifts are meant to be shared and used for the support of one another.
- Obstacles are part of life. It is up to us to overcome them.
- Life is everlasting. Everyone is called to grow and meet their his potential.
- We are called to live as one large family, at the heart of which the weakest have their place.
- Each of us is dear to God's heart; and we are all part of His family.
- God looks at us and says: "You are my beloved children, you are all my joy."
- Love's strength triumphs over death and all its aspects.

This is why we believe that everyone's life, even with disability, is worth being lived as a celebration, because Love is enduring and because you are my brother.

#### d- Beneficiaries

SESOBEL assist approximately 1400 children and youth annually suffering from physical disability, mental disability or pervasive development disorder.

They come from every region in Lebanon and abroad.

They are welcomed regardless of community, religion or ethnic backgrounds.

## Physical disability:

- Cerebral Palsy.
- Degenerative diseases: Amyotrophic Lateral Sclerosis, Friedrich's Ataxia, Ataxia Telangiectasia, Leigh's Disease, Duchene Muscular Dystrophy, Leukodystrophy...
- Genetic Syndromes.

## Mental disability:

- Chromosomal Abnormalities : Down's Syndrome, Trisomy 13, Partial Monosomy 13, Trisomy 9Q...
- Cerebral Malformation.
- Genetic Syndromes.

## Pervasive Development Disorder:

- Autism.
- Other disorders.

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#### 3. The Action/ The Programmes

To accompany the children with disability in all dimensions of their lives : SESOBEL, a holistic approach

Most programs for the care of the children with disability are generally limited to specific services. At SESOBEL we believe in a multi-faceted approach. At SESOBEL every child is unique and an appropriate program that meets their specific needs is designed for them. We use a holistic, interdisciplinary approach, which takes into account the child's needs on every level, be it related to health, society, education, rehabilitation, recreation, relationships, living environment, integration, rights, or any other aspect of their lives.

In addition, our efforts are carried out with the future in mind so that we can, together with their family, ensure a secure future for the child with disability. Such issues as providing a place for the child to live, an occupation and supportive caregivers following the death of the parents are addressed.

SESOBEL works equally hard with all facets of society to enhance the value and dignity of the children they assist.

For the past 43 years, SESOBEL has experienced the positive results of their unique approach and the benefits it has provided for the children and their families.

#### **Our programmes:**

- -Family Reception Service
- -Social Service
  - \*Family-Joint Action
  - \*Sibling-Joint Action
- -Pedagogic programmes
  - \* Programme : Early Stimulation
  - \* Programme: Intellectual Disability
  - \* Programme: motor disability
  - \* Programme: Autistic Spectrum Disorder
  - \* Programme : Polyhandicap and intellectual disability
- -School Inclusion programme
- -Vocational & rehabilitation Programme
  - \* Ain el Rihani
  - \* Kfarhouna
- -Medical and Rehabilitation programme

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- \*Medical unit
- \*Speech therapy unit
- \*Physiotherapy unit
- \*Psychomotor therapy unit
- \*Occupational Therapy unit
- \*Technical-aid assistance unit
- \*Psychotherapy unit
- -Outpatient services

#### Ref annex 1 - Briefing about each programme

#### 4- The Products

- a- Confectionery
  - \*Chocolate
  - \*Decorated chocolate
  - \*Biscuits
  - \*Decorated Baskets
- b- Land product
- c-Household Linens

#### a-Confectionery - The chocolate

Life is like a chocolate box; each chocolate chunk has a different taste. Some are crunchy, some are nutty, and others are soft, but all are delicious! A range of different flavors is manufactured in collaboration with Callebaut, the manufacturer of excellent Belgian chocolate.

#### The categories:

	Roasted almonds coated with milk chocolate
On the "Rocks"	Roasted almonds coated with dark chocolate
on me Rocks	Roasted hazelnuts coated with dark chocolate
	Bitter orange coated with dark chocolate

	Milk chocolate rice crispies
	White chocolate rice crispies
The Crunch & Fudge	Caramel and crunchy wafers coated with milk chocolate
	Cracked almonds and caramel coated with milk

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	chocolate
	Toffee and cracked almonds coated with milk chocolate
	Toffee and cracked almonds coated with dark chocolate
	nougat cream coated with dark chocolate
The Smoothies	orange cream coated with milk chocolate
	Mixed plain milk and dark chocolate
	Mint flavored chocolate
	Roasted hazelnuts coated with milk chocolate suited for diabetics
	Roasted hazelnuts coated with dark chocolate suited for diabetics
	Roasted almonds coated with milk chocolate suited for diabetics
The sugar-free line	Roasted almonds coated with dark chocolate suited for diabetics
	Plain milk chocolate suited for diabetics
	Plain dark chocolate suited for diabetics
	Mixed plain milk and dark chocolate suited for diabetics
	Various flavors of milk chocolate
Medley of love	Various flavors of dark chocolate
	Various flavors of milk and dark chocolate
For the orange lover	orange slices coated with dark chocolate
	orange sticks coated with dark chocolate
Home-made truffles	Traditional dark chocolate truffles coated with cacao
The Party lover	Dark chocolate shots

Golden chest	The traditional "Marrons"
	Dates and roasted almonds covered with dark
	chocolate
The traditionals	Festive flavors
	orange with marzipan paste covered in dark chocolate
	coffee cream covered with extreme dark chocolate
	mixed dried fruits and roasted almonds displayed on
	an extreme dark chocolate base
	crepe lace coated with milk chocolate
	crepe lace coated with dark chocolate
Fruit punch	Fruit (strawberry, raspberry, coconut) covered with
	dark chocolate

## a-Confectionery - Decorated chocolate

Our decorated chocolate confections are good enough for all occasions (birth, marriage, etc.) We also make souvenirs for engagements, weddings and child birth

#### a-Confectionery - The biscuits:

You can savor our premium cookies. We've got a diverse selection of flavors to offer, and we are always updating our range to cater for all occasions and needs. But be careful, you'll get hooked!

Since 2008, our biscuit factory has offered a good deal of mouth-watering flavors!

	sea salt dark chocolate cranberry
	coffee nut
	chocolate chip
Cookies	anzac
	chocolate and orange
	dates and nuts
	chocolate freckles
	almond

UC 117.11	apricot jam
''Sablés''	Chocolate
	Pistacho
''Maamoul''	Dates
	walnut
''Kaak''	a lebanese traditional recipe
Kaak	dates
The Mix	Mixed flavored biscuits

#### In addition to,

- Chocolate brownies with special ingredients: Callebaut chocolate (70%) and brown sugar.
- Walnut Tartlets, Chocolate tartlets, Orange and chocolate tartlets
- Festive cake, Christmas-spiced cake.

The chocolate factory's clients do appreciate the brown-sugared chocolate flavored freckled biscuits we bake, and they select them for special occasions. Actually, we specifically make them ready for events like engagements, weddings and childbirth!

We also provide Christmas cakes and gingerbread houses decorated with candies, Smarties and marshmallow.

High quality is what we present at the chocolate house; we choose the finest raw materials and add no preservatives.

## a-Confectionery- Decorated Baskets and hampers:

In the recent years, many Lebanese companies have been ordering our decorated baskets and hampers for all occasions, including the month of Ramadan, Easter and Christmas...

#### Standards and Hygiene:

We cling to food safety and hygiene while manufacturing so that we can provide healthy products for our customers!!

# <u>b- "Mouneh"/ Land products made at Kfarhouna, Jezzine's Vocational and rehabilitation workshop:</u>

- 1-Dried, mixed thyme
- 2-Goat-milk or cow-milk yoghourt
- 3-Goat-milk or cow-milk kishk (food made of dried, milled goat yoghourt and bulgur)
- 4-Herbs: oregano, dried mint, sesame, sumac, basil, dried bay leaf, marjoram
- 5-Tomato sauce
- 6-Pickled cucumber
- 7-Pickled cornichons
- 8-Honey
- 9- Peach or cherry compote
- 10- Apple, strawberry, quince, apricot, date and pumpkin jam
- 11- Lemon & orange marmalade. Etc ....

#### **c- Household Linens**

The linen factory is among SESOBEL's most active facilities all year long. Our products, such as household linens (tablecloths, bathrobes, towels, etc...) and beach items (bags, cushions, etc...) are sold at our different exhibitions and shops.

PS. Supporting Documentation is available on request

## **Annex 1 - SESOBEL's Programmes**

#### 1- Social Service

#### OUR MISSION WITH THE FAMILIES OF CHILDREN WITH DISABILITY

## \*Provide sufficient family support so the children with disability can remain in their family environment

- Support the family, especially the mother, to lessen the burden and demands of the disability and to prevent the family from being overwhelmed.
- Support the family so they can recover the harmony, which is usually lost due to the child's disability.
- Support the family so they can overcome difficulties with joy and hope, and discover the art of living together in acceptance of each person's potential. In this way, each member will be able to fulfil each others' needs and grow in harmony.
- \* We work hard to establish a real partnership with the families.
- \* The family is central to SESOBEL's philosophy.
  - From the moment the family arrives at SESOBEL they are given support in order to strengthen and preserve their unity.
  - The family is involved at every level in the planning and decision making process for the child.
  - Parents brainstorm, plan and work with the SESOBEL team for the future of their child.

## \* Similarly, siblings are given support through:

- Information about their sibling's disability
- Support in case the presence of a brother or sister with disability is causing difficulties
- Personal enhancement; empowering siblings to assist the family and handle difficult situations
- Involvement in planning their brother or sister's future with their parents
- \* The **siblings group actively takes part**, along with SESOBEL's team, in developing SESOBEL's strategic planning

#### 2- Educational Programs

The child with disability has a right to an education just like any other child. His educational support plan has to be specific to his needs, to help him lead **a happy** and hopeful life despite the difficulties that come with disabilities.

#### **Ensuring**:

A harmonious development while taking into account the child's potential, whatever the disability.

A development that enables the child to be in harmony with themselves, their environment and the people that surround them.

A development that respects their dignity as a human being and recognizes their fundamental need for a life full of love and acceptance.

SESOBEL's interdisciplinary team first identifies the difficulties that the child or youth has, then puts together an intervention plan that takes into account the child or youth's age in order to better meet their needs, including objectives, schedules and means. This action plan is regularly evaluated and updated throughout the year.

## \*Early Stimulation program

Children with mental or physical handicap, as well as children with autism are welcome at the kindergarten. It is a safe haven for children to flourish and learn.

Beneficiaries: children of less than 6 years of age.

## **Program objectives**

- Discover the children's capacities and ensure an early stimulation that could improve the baby or young child's comfort.
- Bring support to parents and give them information on their child's disability and help them in the decision making process.

## Course of action serving the children with disability

Workshops are developed to reinforce and accelerate the learning process of the young child. These workshops include:

#### A-Multidisciplinary workshops

• Group workshop: aiming at developing the child's sensory-motor skills which are comprised of: speech and language therapy, psychomotor therapy, occupational therapy, physiotherapy, orthopedagogy

#### **B-Awareness**, pre-school and school workshops

- Initiation activities and learning how to become autonomous through daily activities
  - o Refreshments
  - o Meals
  - o Bathroom: washing hands, brushing teeth...

To learn how to make necessary adaptations in order to become autonomous

- Pre-school and school cognitive activities
  - Sensory stimulation
  - o Cognitive awareness
  - Body image
  - o Pre-math/math
  - Pre-handwriting/ handwriting
  - Observation
  - Sciences
  - o Civic education

To help the child with disability develop a logic

- Personal enhancement activities
  - o Trips
  - o Birthdays
  - Cooking activities
  - Puppets
  - Singing
  - Story telling
  - o Video

To expand the child's imagination and develop his or her language and selfconfidence

- Motor activities:
  - Overall motor activity/ fine motor skills
  - Painting
  - Handicrafts
  - Modeling clay

To learn how to situate him or herself within space and time limits and to develop physical and sign language skills.

#### \*Motor disability program

Beneficiaries: children and young people.

#### **General objectives**

#### Mild and moderate CP

- Help the children develop their autonomy and their cognitive, language and motor skills.
- Discover what their interests and functional capacities are in order to orient them towards a professional learning
- Favor their integration in society
- Help them lead a happy life despite the difficulties
- Involve parents in the learning process of their child with disability

### **Polyhandicap**

- Help the child learn more about oneself and the social and material environment through the Basal Stimulation approach
- Meet the child's fundamental needs
- Provide the child with a better quality of life
- Avoid an over disability

#### **Specific course of action**

#### Mild and moderate CP

- Didactic work (French, Arabic, Math, Science, Civic education, Geography and Culture)
- Interdisciplinary activities (Integrated Education)
- Personal enhancement activities (Theater, Horticulture, Pottery, Music, group games, culinary activities, artistic activities, human and spiritual animation, existential education and Choir)
- Professional activities (Culinary workshop, Warehouse, Chocolate workshop, Laundry, Computer workshop, Administrative Assistance and Threading beads)

## **Polyhandicap**

- Stimulation activities (Workshops: mobility, esthetics, music, arts, visual, storytelling and cognitive awareness)
- Interdisciplinary activities (Sensory-motor awareness, Culinary workshop)
- Personal enhancement activities (Human and spiritual activities group games and animation)

#### **Collective course of action**

### Mild and moderate CP and Polyhandicap

- Educational and recreational field trips
- Birthday celebration for each child and young person
- Internal holiday celebration (Independence Day, Halloween, Christmas, Easter)
- Collective celebrations (Back to school celebration, Christmas mass, Holy Thursday mass, First Communion and End-of-School celebration)

## \*Intellectual disability program

**Beneficiaries:** children and young people

## **Objectives**

- Discover and improve the child's capacities on the cognitive, emotional and social levels.
- Help the child discover and use his or her potential and put it to work in real everyday life.
- Develop the child's personality and promote its flourishing.
- Discover and ameliorate the child's capacities for professional orientation.

## **Specific scope of action**

#### The classroom:

Daily living skills: learning how to be autonomous: (meals, hygiene, clothing, washing etc...). A place for learning (individual or team learning) that takes into account the pace and capacities of the child and the course.

## **Workshops:**

They represent support for symbolization, a space for creativity and a bridge for establishing social relationships. Each child or young person is supported, accompanied and listened to in the choices that he or she makes in each workshop: computers, painting, handicrafts, physical activities, pottery, horticulture, music and choir.

#### **Field Trips:**

Once a month, recreational trips are organized for children to relax and release their emotions. Additionally, educational trips are organized for learning and socializing

#### \* Autistic Spectrum Disorder (autism)

**Beneficiaries**: children and young people between the ages of 4 and 25 years.

## Characteristics of persons with a pervasive developmental disorder (PDD):

People with a pervasive developmental disorder share, in varying degrees, the following characteristics:

- Qualitative alteration in social interaction, (difficulty establishing relationships with others, a person with PDD does not share pleasures, interests...)
- Qualitative alteration in communication (difficulty in or total absence of speech development...stereotyped and repetitive usage of language...)
- Repetitive and stereotyped behavior (getting attached to certain non functional habits or rituals...)

#### **General objectives**

#### A- Objectives related to people with PDD:

- Develop their communication and social interaction skills.
- Promote the development of socio-emotional skills such as the regulation of emotions and the management of feelings of anxiety.
- Promote the development of cognitive skills and functional learning as related to their needs and abilities.

## **B-** Objectives related to the family:

- Acknowledge and reinforce the family members' competence to support the child and to preserve their unity.
- Promote the involvement of members of the family in accompanying and following the learning process of their disabled child
- Nourish any thoughts that family members might have; inform and accompany them when making decisions related to their child's progress.

## The program of action:

It is divided into two big parts:

## **Daily living skills:**

- Time and place of welcoming, exchange, animation, socializing and accompanying.
- how to be autonomous
- Pre-school, school and professional learning
- Physical activities (swimming...) Field Trips: Education / Leisure

## **Sheltered Workshops:**

- Painting and handicrafts
- Pottery
- Horticulture
- Cooking
- Music and singing
- Sewing
- Sports
- Computers

## These workshops aim at:

- Promoting the child's occulo-manual coordination skills
- Developing his or her personality
- Stimulating his or her imagination
- the child express himself or herself freely
- Developing his or her creativity and sense of esthetics
- Preparing him or her for future professional integration

#### 3- School Inclusion at Jezzine's Public School

The SESOBEL program in the South of Lebanon is also part of the organization's mission. It focuses on school inclusion, professional learning and integration of the person with disability in the workplace. It also efficiently contributes to the lasting development of the region.

At the heart of the elementary school in Jezzine, two parallel classes are dedicated to children with a mental and motor disability to hone their learning on the educational and social development levels. The children learn in a very favorable environment comprised of a multidisciplinary team (educators, speech therapists, physical therapists, ...) and of a school program appropriate for their integration in the school life.

## **Specific objectives:**

Related to the children with disability:

- Receive daily life teachings
- Receive therapeutic assistance
- Maintain contact with society
- Develop their human and spiritual side

#### Actions with children

- Partial integration in recreational school activities such as:
  - Music
  - Physical activity
  - o Painting
  - Recreations

Pre-school and school program adapted to each child with disability and which aims at:

- o The reinforcement of already acquired cognitive behavior
- Socializing

Today, the benefits for both children can be seen:

- The child with disability is developing among other children and not in a confined atmosphere
- Awareness and acceptance is growing among non-disabled children
- Socialization is increasing in every child
- There is a better understanding of disabilities and academic problems in the educational community.

### 4- VRP: Vocational Rehabilitation Program

Beneficiaries: Youth, ages 20 or more

#### The objectives of the Vocational Rehabilitation Program are to:

- Help admitted children develop their physical, motor and intellectual potential to the fullest, in order to be able to integrate in the socio-professional life.
- Make them as socially autonomous as possible.
- Give them the chance to conduct a remunerated professional activity in adapted conditions. This will permit them to flourish on the job and to integrate in social life.

## The VRPs are comprised of various professional workshops.

Chocolate/cookies
Sewing
Laundry
Warehouse
Gardening
Pre-press
Permanent expositions
Technical assistance Shredding

Secretariat

Recycling

**Existential Training** 

Hospitality

(The same child can work in one or more workshops)

#### **Supporting activities:**

These are non professional activities which aim at:

- Maintaining what has already been learned and acquired
- Developing autonomy
- Encouraging personal expression

#### **Types of activities:**

- Communication and expression activities
- Sports and cultural activities
- Socializing activities, trips, etc...

#### 5- VRP: Kfarhouna

At the Kfarhouna village, Kaza de Jezzine, at the heart of the parochial complex of the Greek Melkite Catholic community, a Vocational Rehabilitation Center was created for the purpose of making artful recipes that the Lebanese village is renowned for. Young people with disability work at the center with a group of professionals.

**Beneficiaries**: Youth, ages 20 or more.

#### **Objectives:**

- Let the people with disability evolve and develop their general capacities and broaden their experiences.
- Make each of the children feel useful to themselves and to others.

• Promote socializing between young adults to encourage them to meet people and to share.

#### **Course of action:**

Seasonal practical work is provided to the children as well as daily accompaniment: pots of jelly, bags of thyme, etc...

#### 6- Medical and Rehabilitative support

Appropriate and early medical and rehabilitative support has been proven. Children with disability may have epilepsy, personality disorders, hearing problems, intellectual deficiency, speech or vision problems, or motor disorders, etc. If these problems are not treated, they can lead to serious consequences: dependence on others, isolation, complications and pain, or irreversible deformities.

#### Health: Medical Care

- **Diagnosis:** Examinations, consultations, medical and paramedical checkups.
- Continuing Care
- Medical consultations and examinations, assessments and evaluation for monitoring purposes.
- Surgery.

## SESOBEL works with around 55 volunteer doctors from approximately 20 specializations:

- Pediatrics
- Neurology- Genetics
- Ophthalmology
- Dermatology
- Endocrinology
- Psychiatry and child psychiatry
- Neurosurgery- Child neurology
- Child endocrinology
- Pneumology- ENT specialist
- Audiology
- Child gastroenterology
- Child cardiology- Heart & Vascular (Cardiology)
- Internal medicine
- Child nephrology- Urology

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- Obstetrics and Gynecology
- Nutrition & Dietetics
- Orthopedics- Radiology

# SESOBEL works equally with the most known and prestigious Lebanese university hospitals along with paramedical centers in Lebanon.

#### Rehabilitation

Eliminate or decrease deficiencies caused by the disability in order to prevent complications or any deterioration of the child's capabilities.

#### Physiotherapy:

- Develop, uphold or maintain the motor abilities of the child.
- Respiratory Physical Therapy: Prevent and/or treat ventilator disorders. Maintain respiratory capacities in order to avoid deterioration.

## Occupational Therapy:

- Develop or maintain the self-sufficiency and independence of the child in their daily, scholastic, job training, leisure and other activities.
- Speech & Language Therapy:
  - Overcome communication difficulties. Oral and written language and voice disorders are also addressed.
  - Intervention for feeding and swallowing problems.

## Psychomotor Therapy:

- Prevent or rehabilitate mental, motor, behavioral, instrumental retardation or difficulties using a therapy based on physical intervention.

## Psychological Care:

Evaluation and treatment of behavioral, psycho-emotional and cognitive disorders.

#### Technical Assistance:

- Specific adaptations and equipment which allow for optimal autonomy and an improved quality of life.
- Positioning: Wheelchair, customized seat, equipment to facilitate standing posture, etc...

- Specific adaptations for daily life: clothing, writing, communication, walking aids, etc.
- Orthosis: Splint, corset, etc.
- Special handicap accommodations in the home

#### 7- Outpatient Services

#### Who are we?

Having launched the outpatient services programme in October 2009, we seek to expand our services and help more children benefit from our experience.

Thousand of beneficiaries are taken care of annually. Consequently, we have established agreements with more than 300 therapists, who work for SESOBEL around the country.

We consider these "outside" therapists part of SESOBEL's team; they can undergo training at our "Continuous Training Centre" and benefit from our multi-lateral expertise.

## **Concerned public:**

The under aged who need ambulatory services:

The beneficiaries might be:

- Children under 6 years of age, who:
  - \*are waiting to join the Early Stimulation Unit or one of SESOBEL's Pedagogic Programmes
  - \*are already integrated into one of SESOBEL's units but need further rehabilitation (children who've undergone a surgery operation, for example)
- 6-18 year-olds
  - \*beneficiaries in need for assessment and rehabilitation
  - \* children attending "ordinary" schools but showing learning or behavioral disorders

Note that every year around 30% of the beneficiaries stop receiving services because for most of them, this is a one-time support.

#### What and where are the services provided?

- Assessments and rehabilitation: physiotherapy, respiratory therapy, occupational therapy, psychomotor therapy, speech and communication therapy, as well as special educational and psychological monitoring
- Medical examinations: Gait analysis (the study of human motion) and respiratory examinations (domestic nocturnal examinations plus exploration of respiratory functions)
- Positioning assessment and technical-aid tools: Standard technical-aid tools could be demanded. Adaptable technical-aid tools or simulating ones could be made, too.
- Coordination / link between therapists and preschool and school institutions at the request of parents.
- Parental Guidance

## **Services might be provided:**

- at SESOBEL, where some therapists will stay after the daily schedule is fulfilled
- at authorized therapists' clinics
- at the patients' homes