



# A Caring Education for At-risk Kids in Costa Rica

### A) GENERAL INFORMATION

1. Name of the Project: ILORI Educational Program

**2. Location:** Sector Roble Sur comunidad de la Carpio, de la segunda parada 50 m Sur y 50 Oeste. Casa ILORI, Uruca district, San José ward, San José province, Costa Rica.

3. Nombre de la organización: WWDF/BIENDEMUJER

Persona in charge and post: Maritza Ulate Sancho, Manager

Phone: (506) 2433-5973 / 8892-5291 E-mail: <u>maritza@biendemujer.org</u> Website and other social media sites:

Website: www.biendemujer.org & www.iloriworld.com

Facebook: www.facebook.com/iloriworld/ & www.facebook.com/biendemujer/

Youtube: www.youtube.com/user/iloriworld

ISSUU: <u>www.issuu.com/iloriworld</u> Instagram: <u>@fundacionbiendemujer</u>

Twitter: @biendemujer

## 4. Legal status of the organization:

WWDF / BIENDEMUJER Foundation is a non-profit organization registered in the National Registry of the Republic of Costa Rica on July 5, 2006, with legal status number 3-006-448660 and domicile in San José, Costa Rica. It is governed by the Law of Foundations No. 5338

#### 5. What we do:

We contribute to the empowerment of women and the education of children at social risk. We develop projects and programs aimed at developing their potential and capabilities from a holistic, humanistic and gender perspective. The foundation is led by an Administrative Board. 9 people work and several volunteers collaborate. The main initiatives of the Foundation are ILORI Educational Program for children and Granos Solidarios Project for women.

#### 6. Organization's experience working with children:

The ILORI Educational Program is the main program of the Foundation. It that began operating in 2011 and serves 208 children at social risk. Processes and learning spaces are facilitated to contribute to the development of skills, habits, knowledge, experiences and opportunities for their integral development. The aim is to reduce school repetition rates and complement their education with school reinforcement, technological learning, artistic development, environmental education, development of life skills and psycho-affective support. It works from Monday to Friday from 7:00 a.m. at 5:00 p.m. Two snacks and lunch are offered every day.

#### B) A CARING EDUCATION FOR AT-RISK KIDS IN COSTA RICA

#### 1. Context

- Location: Carpio community in Uruca, San José, Costa Rica.
- Carpio community: La Carpio is the largest informal settlement in Costa Rica. It is a binational community in practically the same proportion (Nicaraguans and Costa Ricans). More than 40% of the population is under 15 years of age. La Carpio is bordered by two rivers, the Virilla and the Torres, which are two of the most polluted rivers in Costa Rica. The soils are on top of filling material causing landslides on its slopes. Those factors contribute to the community being very vulnerable to natural disasters. At the end of the community there is a sanitary landfill that, despite the concessionaire's promises, emits foul odors. That landfill has already exceeded its useful life. Another major problem is overcrowding, since more than 30,000 people live on 0.6 km2. The inhabitants of Carpio do not possess property titles and have great physical and psychoemotional deficiencies, including low schooling, which discourage social mobility and deepen problems such as school dropout, domestic violence, social violence, teenage pregnancy, adult-teenage relationships, use and abuse of drugs, among others. Life for women and children in this community is not easy. In many cases, women are the breadwinners of their families, either working in low-paying jobs or devising ways to cover the basic needs of their home. For coming generations to improve their life there is one way only –education.
- **Problem**: Psychological and sociocultural aspects of education need to be considered and addressed using creative and innovative methods so that children at risk communities can have real opportunities to overcome the challenges and trial they face on daily basis and develop their potential for a brighter future.

## 2. Project:

- **Description**: Using creative, playful arts-based methods and psychosocial care BIENDEMUJER Foundation helps 200 children of the community of Carpio every year to access a caring and integral education that helps them to face their daily challenges and enhance their opportunities to have a brighter future.
- **Time**: From July 1st 2020 to July 31st 2021

### Activities

All fallowing activities are woven in a way that they address basic academic, physical and socioemotional needs of beneficiary kids and are guided by the principles of non-violent communication, respect for diversity, gender equality and caring for the environment and all beings. Teaching methodology and attention are based in creativity, innovation, ludic technics and tenderness.

Area	Goal	Importance
Reading and Writing tutoring	200 primary schoolers master reading and writing skills according to their school grade.	Mastering reading & writing is one of the most important skills in life. It is essential to other learnings, and it is the engine to develop structured thinking, language and intelligence.
Mathematic tutoring	200 primary schoolers master mathematic skills according to their school grade	Developing logical- mathematical intelligence is the first step in mastering complex skills needed in daily life. Kids that develop such skills are more likely to succeed in STEM careers and jobs. Nowadays, it is especially important to encourage girls to seek opportunities in STEM fields.
Music	200 primary schoolers have access to musical activities such as singing and learning to play the guitar	Music is the universal language. Learning music increases the mnemonic, attention and concentration capacity. It also facilitates the resolution of mathematical problems and complex mental reasoning. It promotes new ways of expression and, therefore, of channeling emotions.
Socioemotional	200 primary schoolers are	A healthy self-
care	individually monitored so that	perception and self-
	they can access socioemotional care and	management are essential to succeed in
	psychological therapy when	life. To incorporate

	needed, including sessions with their families. All of them participate in cooperative games and other activities to encourage solidarity and a sense of community.	values for a peaceful and respectful coexistence is the core to build community.
Nutrition	200 kids have access to healthy food (lunch and/or snacks) when at the program and learn healthy eating habits.	Nutrition is one of the main factors in physical and mental development. Along with individual genetics and the sociocultural environment, nutrition determines how kids grow. Healthy nutrition provides better opportunities for kids to succeed in life.
Parents school	Parents of beneficiary kids have access to workshops to approach child raising based on tenderness, affirmation and positive discipline.	Child raising is very challenging for most people. When other factors increase stress in daily life, such as poverty and undeveloped emotional skills, parents are less likely to educate with tenderness and respect. Parents schools are an excellent tool to contribute to better child raising.

## • Potential long-term impact:

Emotionally, physically and mentally balanced citizens that have a healthy self-perceptions and self-management and can access opportunities to fulfil their needs and achieve social mobility.

## • Budget Summary

Type of activity	(Contrib	ution of:)	
	Donors	WWDF/ BIENDEMUJER	Total
Direct professional			
attention to beneficiaries	\$53,724	\$44,376	\$98,100
Equipment	\$2,075	\$0	\$2,075
Administrative expenses	\$3.000	\$20.500	\$22,500
<b>Educational Materials</b>	\$580	\$620	\$1,200
Food	\$5,275	\$6,725	\$12,000
Total	\$64,654	\$72,221	\$136,875