

- Sleep
- Struggles
- Mood Shifts
- Self Isolating
- Indecisiveness
- Always Unwell
- Panic & Stress
- Unexplained Injuries, etc



Look for these signs:

## DOMESTIC VIOLENCE LOOKS LIKE:

- Financial Abuse:**
- Not giving money for medical needs
  - Father refusing to pay college fees
  - No maintenance that matches her standard of living

- Denial for Residence**
- Brother not allowing her to live in her father's home

- Verbal & Emotional Abuse**
- Taunts, ridicule, and constant harassment by in-laws

- Physical Violence**
- Husband or son hitting

- Sexual Violence**
- Forced sexual relations by husband

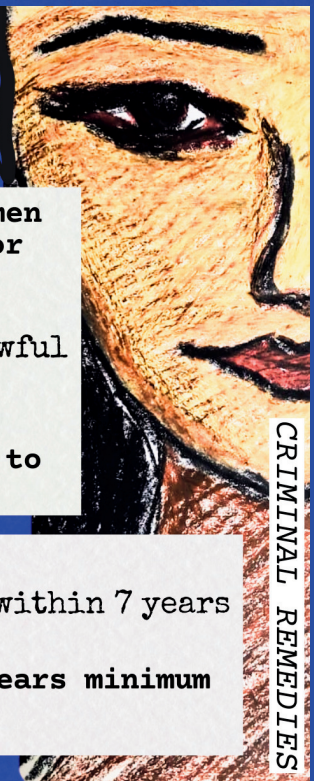
Say, someone has suffered domestic violence,  
**HOW WILL THE LAW PROTECT YOU?**

### The Bharatiya Nyaya Sanhita (BNS)

is the new criminal code that protects against offences against Women and Children, & those affecting the Human Body, among others.

**Section 85 BNS: Protects Women against Cruelty by Husband or His Family**  
Suicide, grave injury to life (physical and mental) and unlawful demand for any property or valuables by coercion.  
**Punishment: imprisonment up to 3 years or fine.**

**Section 80 BNS: Dowry Death**  
Death by burns or body injury within 7 years of marriage + for dowry  
**Punishment: imprisonment 7 years minimum or for life.**



CRIMINAL REMEDIES

**DOMESTIC VIOLENCE**

can be:

- Verbal
- Economical
- Emotional
- Physical
- Sexual

Stems from unequal treatment of genders, imbalanced power dynamics, long-standing social norms and beliefs.

**GENDER BASED VIOLENCE**

Domestic relationships from birth, adoption, joint family, marriage and women in relationships in the nature of marriage

need help?  
**CALL ON THESE NUMBERS:**

**Majlis Helpline 7506732641**  
(Mon-Fri, 11 am - 7 pm)  
Social and legal support to victims of sexual and domestic violence  
majlislaw@majlislaw.com

**Red Dot Foundation / SafeCity**  
+1 (555) 757-5102,  
info@reddotfoundation.org

**Emergency Helpline: 112**  
Immediate assistance in any emergency situation

**Women Helpline: 181**  
24 hours support and emergency response to women affected by violence

Open this sheet, turn it over, and fold again.



## GENDER BASED VIOLENCE

of violence.

urban

Some women have experienced

**about 1 in 3 women**

**Women**

STOP ABUSE AND HARASSMENT

# ARE YOU A WOMAN TRAVELING ABROAD AND FEELING UNSAFE? **Take note!**

1 Save your Consulate's contact details. If you feel unsafe, contact your nearest consulate for access to protection programs designed to help you.

2 Keep digital and printed copies of important documents - passport and visa

3 Do not share sensitive travel information on social media - room numbers / live location

5

4 Avoid overcrowded spots and secure your belongings

5 Learn the local customs, dress codes, and basic laws

6 Share travel plan and stay info with trusted friends or family only



# HOW DOES THIS ACT HELP YOU?

**Custody Order:** Children's safety first  
 Court can give temporary custody to the woman  
 • Visitations rights to the father if it is safe



**Residence Order:** Right to stay in your home  
 Court can order: Woman cannot be thrown out  
 • Alternate accommodation if staying together is unsafe  
 • Abuser cannot sell, lock, or transfer the property to push her out

**Protection Order:** Stop the violence  
 Court orders the abuser to stop physical, emotional, economic, or sexual violence.



**Compensation:** For the harm done  
 • Physical injuries  
 • Mental torture  
 • Emotional distress  
 • Long-term harm/trauma

**Interim Relief -** Temporary help during the case



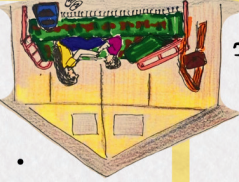
**Monetary Relief:** Financial support  
 If the woman has suffered financial loss because of the violence for:  
 • Basic needs  
 • Children's needs  
 • Medical expenses  
 • Loss of income  
 • Damage to her property

**CIVIL REMEDIES: PWDVA**

The Act is applicable to women in a domestic relationship - wives, live-in partners, sisters, mothers, or daughters.

# PEOPLE AND SYSTEMS THAT SUPPORT YOU UNDER PWDVA

**SHELTER HOME**  
 • Food, and essentials  
 • Safe temporary stay



**MEDICAL FACILITY**  
 • Treat injuries  
 • Provide medical reports (important evidence)



**POLICE**  
 • Ensure immediate safety  
 • Help file FIR  
 • It needed to enforce court orders



**MAGISTRATE**  
 • Hears the case  
 • Passes legal orders for safety, custody, maintenance



**LEGAL AID & LAWYERS**  
 • Explain rights  
 • Help file applications  
 • Represent the woman in court



**SERVICE PROVIDER/NGO**  
 • Counselling  
 • Help with forms & documentation  
 • Assist in accessing legal/medical support

# REACH OUT! Call on these numbers.

- Cyber Crime Helpline 1930**  
 Cyber-crimes (harassment, stalking, fraud) against women and girls
- Child Helpline 1098**  
 Matters relating to children
- Old Age Helpline 14567, Sun-Sat, 8am- 8pm**  
 Matters relating to Senior Citizens
- She-Box <http://shebox.wcd.gov.in/>**  
 Sexual harassment of women at workplace

**GENDER BASED VIOLENCE RESOURCES**



# PROTECTION OF WOMEN FROM DOMESTIC VIOLENCE ACT, 2005

**PWDVA** says: you are not alone.  
 People & systems work together to support you.

**PROTECTION OFFICER**

- First responder for DV
- Helps file Domestic Incident Report (DIR)
- Coordinates between all agencies
- Connects woman to shelter, medical care, legal aid

