



# Know Your Rights!!!

*A National Human Rights Education Program for Young People.*

*"Everyone has the right to education... Education should be directed to the full development of human personality and to the strengthening of respect for human rights and fundamental freedoms. It shall promote understanding, tolerance and friendship among all nations, racial or religious groups, and shall further the activities of the United Nations for the maintenance of Peace"*

*(Article 26 of the Universal Declaration of Human Rights)*

**Article 26 of Universal Declaration of Human Rights and various other international human rights instruments acknowledge Human Rights Education (HRE) is an integral part of the right to education.**

Human Rights Education (HRE) can be defined as education, training and information aimed at building a universal culture of human rights. A comprehensive education in human rights not only provides knowledge about human rights and the mechanisms that protect them, but also imparts the skills needed to promote, defend and apply human rights in daily life. Human rights education fosters the attitudes and behaviors needed to uphold human rights for all members of society.

**State of Human Rights Education in Pakistan:** Government of Pakistan ratified Universal Declaration of Human Rights (UDHR) on 10<sup>th</sup> December 1948. Pakistan also endorsed World Program for Human Rights Education (WPHRE) in 2004-05. At the governmental level the main emphasis was integration of HRE with formal education

system and in this regard Ministries of Education, at federal and provincial level, recommended some programs but unfortunately no meaningful intervention was designed and still a lot need to be done to make human rights education part of the formal schooling in Pakistan. Some ngos included HRE in the curriculum of schools that they run independently.

Creating a society in which human rights are not only respected but also positively promoted requires action and intervention on a variety of levels like legal, political, social, cultural, economic and, of course, educational. This is true for all societies and regions regardless of tradition or culture and similarly there is a dire need of starting a national level program for young people of Pakistan to familiarize with the whole concept of human rights.

### What is *Know Your Rights!!!* ???

*Know Your Rights!!!* is a human rights education program targeted to young people between the age of 15-35 in 18 selected districts of Pakistan covering all four provinces and also AJK region. Youth Alliance for Human Rights has already signed an MoU (Memorandum of Understanding) with Ministry of Human Rights and Youth Parliament of Pakistan to start this project in selected 18 districts of Pakistan. This program has been designed with a vision to bring human rights education into the mainstream of youth work and policy. This program has been built to properly and purposefully utilize the learning passion of young people adopting non-formal educational tools leading to mainstreaming human rights in their lives and work.

Through this project, Youth Alliance for Human Rights, in partnership with the Ministry of Human Rights and Ministry of Youth Affairs, Government of Pakistan, will also form Youth Human Rights Reporting teams and an independent Human Rights Complaint Cell will be established in Ministry of Human Rights to take effective and appropriate actions in case of any human rights violation/abuse in liaison with all the governmental departments and ministries.

### Objectives of *Know Your Rights!!!* :

The overall objectives of this proposed project are to;

- Enhance young people's knowledge about human rights, e.g., knowledge about the range of constitutionally protected human rights as well as present-day declarations, conventions and covenants;
- Enable young people to develop critical understanding of their life situation, e.g., questioning the barriers and structures which prevent the full enjoyment of their rights and freedoms;

- Provide educational means in a non-formal manner to young people to learn and work for their rights whilst protecting and working for rights of others;
- Help young people in the process of values-clarification, as people reflect on such values as fairness, equality, and justice;
- Promote general awareness and understanding of human rights amongst the youth of Pakistan (in 18 selected districts only), in order they notice, recognize and subsequently report violations of human rights.
- Prepare young people to bring attitudinal changes, e.g., teaching tolerance among and between members of different ethnic and national groups;
- Promote attitudes of solidarity, e.g., helping people recognize the struggles of others both at home and abroad as our fellow human beings seek to meet their needs and respond to violations of human rights;
- Work for behavioral change in young people leading to action that reflects people's respect for one another, e.g., men behaving in non-abusive ways toward women, government officials behaving respectfully toward citizens by honoring everyone's human rights, etc.
- Develop the skills and abilities of young people by providing them meaningful knowledge, information and training necessary for the protection of human rights to be the strong human rights advocates.

### **Methodology of *Know Your Rights!!!* :**

The methodology of this project is composed of a balanced mixture of non-formal learning methods, including energizers, getting to know each other, working group sessions and inputs by the trainers. Non-formal education is a short-hand phrase used to refer to education activity outside the formal school system by NGOs and civil society organizations to support people in developing their ideas and skills and in helping them meet their basic needs. Such programmes often have empowerment as their primary goal, but it may be interwoven with other objectives.

Youth Alliance for Human Rights has copyright of translating COPMASS, a training manual for human rights education with young people developed by Council of Europe and also available at [www.coe.int/copmass](http://www.coe.int/copmass) . During the training sessions COPMASS will be used including interaction methods, task-orientated methods, cooperation methods, game-methods, instruction methods, reviewing methods.

### **Target group of *Know Your Rights!!!* :**

This project is designed for participants who are or act as: active youth worker in non-

formal education, especially within youth organisations and associations, in youth work activities and in other NGOs concerned with human rights education. Youth Alliance for Human Rights has already partnered with Youth Parliament of Pakistan with its more than 100,000 members all over the country and they'll be the prime beneficiaries of the whole project. As the basic prerequisite of the program all participants should be motivated to develop their knowledge and competence in human rights education and to share their experiences with other participants. Participants should preferably be involved directly & actively in dealing with human rights issues and be in charge, involved or have some experiences in community based human rights interventions.

### **Target areas of *Know Your Rights!!!* :**

For year 2010-2011 the project will be implemented in following 18 districts of Pakistan.

#### **❖ Punjab**

- Lahore
- Rawalpindi
- Islamabad (Federal Capital)
- Sargodha
- Narowal
- Multan
- Bahawalpur
- Faisalabad

#### **❖ NWFP**

- Peshawar
- Abbotabad

#### **❖ Balouchistan**

- Quetta
- Khuzdar

#### **❖ Sindh**

- Karachi
- Hyderabad
- Sukkur

#### **❖ Azad Jammu Kashmir (AJK)**

- Muzaffarabad
- Mirpur
- Kotli
- Bhimber

### **Major Activities of *Know Your Rights!!!* :**

Following are some of the major activities that will be execute during this program;

- 2 trainings for Master Trainers in Lahore and Karachi (12 trainers/training)
- 54 training workshops for young people in 18 selected districts using COMPASS (3 trainings/district)
- 36 District Youth Roundtables ; District level discussion sessions about various Human Rights issues (2 Youth Roundtables/district)
- 2 National Youth Roundtables in Lahore and Karachi
- 1 National Intergenerational Human Rights Symposium

**Timeline of *Know Your Rights!!!* :**  
**(Upon availability of funds)**

Youth Alliance for Human Rights plans to kickoff this project on 10th December 2009 in conjunction with International Human Rights day and will have the concluding event of the pilot phase in 18 districts in the form of intergenerational symposium on 10th December 2010.

**Beneficiaries of *Know Your Rights!!!* :**

<b>Categories</b>	<b>Numbers of beneficiaries in 1 district</b>
<b>Direct beneficiaries (YPP members)</b>	
Youth participating in workshops	3 x 40 = 120
Youth participating in youth roundtable	2 x 50 = 100
Youth attending events tehsil level + District level	500
Government departments officials (human rights, youth affairs, education, social welfare, labor)	20
Religious/Community Leaders	10
<b>Indirect beneficiaries</b>	
Youth and other community members sensitized through media, and awareness raising and sensitization events	2000-3000

**Budget of *Know Your Rights!!!* :**

The total estimated budget of the pilot phase is around USD 180,000

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