





## HELP 100 FAMILIES RECOVER FROM POVERTY POST COVID

#### **INTRODUCTION**

With the continuous lockdown situation, the Sri Lankan economy has already begun to slow down, compounding existing problems of unemployment, low incomes, rural distress, malnutrition, and widespread inequality. In light of this, a Rapid Assessment was conducted across 15 Districts of the country during April 17 - 20, 2020. The primary objective of the assessment was to understand the impact and implications of COVID-19 on families within World Vision Lanka (WVL) programme areas.

The Rapid Assessment observations were as follows:



78% of the household's livelihoods were highly affected (42% fully & 36% severely) and 44% of the people had lost their jobs



Having three meals a day had become a challenge for 13% of children [Age < 5] and 32% adults.

## INTERVENTION

Therefore, WVL aims to focus on livelihood interventions to align with the government's programme for Food Security, Livelihood & Economic Development in collaboration with key government institutions, the UN, non-governmental and the private sector.

As such, a HOME GARDENING programme has been launched in partnership with the Department of Agrarian Development to promote household food security.

The aim of the intervention is to train, equip and provide all the necessary raw materials for home gardening to 100 Women-Headed Households (WHHs) in Northern Sri Lanka to tackle hunger during COVID-19 and beyond.

#### **BENEFICIARY SELECTION CRITERIA**

- Extremely vulnerable women-headed households will be given high priority
- Suitable land for agriculture / place:
  - At least 25 x 25 feet of land available
- Access to a water source at least during the rainy season to allow for cultivation 9 out of 12 months of the year
- Adequate time to regularly devote to home gardening activities (2 hours a day), or demonstrated access to support for maintenance of home garden (e.g. support from relatives)
- Time and willingness to attend all training sessions



## Other guidelines

- Provide a comprehensive package containing a range of seeds and seedlings to provide balanced nutrition, including supplying the required carbohydrates (sweet potato), protein (long bean, sesbania), lipids (most of the plants) and vitamins and minerals (pumpkin, ponnankanny, amaranthus, spinach, peanuts, cabbage)
- Provide a number of seeds which also have the potential to be used as cash crops (chilli, peanuts)
- Distribution of the tools and equipment to be done progressively from the start of the project, in line with the different steps of the establishment of the home gardens

## **INTERNAL MONITORING SYSTEM**

Internal monitoring will be carried out continuously throughout the project implementation period.

# **Process Monitoring**

- Home Gardening Assistant will closely monitor beneficiaries and participate in trainings conducted by Agriculture Instructor
- Home Gardening Assistant will use a monitoring checklist on their frequent visits to the home gardens
- The checklist will be used to track progress on planting, obstacles encountered (if any) and growth/survival rates of plants, and be used to recommend remedial activities
- All production will be kept recorded in a logbook for verification purposes and Development Facilitator and MEAL officer will validate weekly
- Beneficiaries will also keep record books provided by WVL that will be regularly checked and updated by field staff, DF, MEAL officer and ZTS to monitor progress
- The Zonal Technical Specialist will participate in all training sessions and conduct monitoring visits to all beneficiaries, providing technical advice and support when needed, with the support of other field staff who will also monitor progress on a regular basis
- Technical Adviser and DME Specialist will select a household randomly and conduct the monitoring visit jointly with relevant Zonal Technical Specialist, MEAL Coordinator, DF and Home Garden Assistant

# Monitoring Tools

- Training records
- Monitoring Checklist of Home Garden Assistant
- Records of beneficiary
- Monitoring report



# BUDGET

1. Planting Seeds			
Details	Qty per household	Description	Total Cost per Household
Amaranthus	10 g	Seeds	
Chilli - MI-2	10 g	Seeds	
Long bean - HAWARI ME	10 g	Seeds	
Bitter gourd - Thinnaveli	10 g	Seeds	\$10
Brinjal - Thinnaveli	10 g	Seeds	
Pumpkin	10 g	Seeds	
Okra	10 g	Seeds	
Tomato - KC 1	10 g	Seeds	
Snake gourd	10 g	Seeds	
Peanuts	250 g	Seeds	
Capsicum	10 g	Seeds	
Kankun	10 g	Seeds	
2. Planting Seedlings			
Morunnga (Indian)	4	Seedlings	
Sesbania seedlings	4	Seedlings	
Spinach (Sadaiyan)	5	Cuttings	
Ponnankanny (Alternanthera sessilis)	1	Bundle	
Sweet potato (Gunnoruwa white)	1	Bunch	
Coconut	5	Seedlings	\$15
Pomegranate	2	Seedlings	
Lime	2	Seedlings	
Sweet Orange	2	Seedlings	
Passion fruit	2	Seedlings	
Papaya	2	Seedlings	
3. Tools and Accessories			
Bucket (Plastic)	50 Lit.	Item	
Bucket (Plastic)	5 Lit.	Item	
Тар	0.5' Plastic	Item	\$20
PVC Socket		Item	
Stainer (Big)	Metal	Item	
Readymade compost	Packet	Item	
Watering can	Plastic	Item	
4. Land Preparation & Fencing			
Land Preparation & Fencing	Labour & Materials	HR & Items	\$25
5. Technical Training			
Technical Training	Labour & Materials	HR & Items	\$30
Total Cost for 1,2,3,4,5 per women headed household			\$100
Total Cost for 1,2,3,4,5 for 100 women headed household			\$10,000