

EARLY MILESTONES INTERVENTION &
DEVELOPMENT CENTRE

PROJECT REPORT

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PROJECT PROGRESS

EARLY MILESTONES INTERVENTION & DEVELOPMENT CENTRE'S objective is to provide early intervention therapy services to children with cerebral palsy at affordable rates to low income families so as to empower them to be independent. Mothers too are empowered through training to be able to provide appropriate care to their child living with disabilities and hasn't acquired their milestones.

what do we do: we work on the inclusion of children with disabilities mainly cerebral palsy through habilitation and rehabilitation. As a result of our services, children are able to walk, acquire speech and do other activities of daily living.

November 2020 saw one of our girls ,Alice, a 5 year old who receives therapy at our centre achieve her sitting milestone at the age of 5 years. Her mother was very elated citing "As a mother to a child with disabilities, I see the significance of early intervention and appreciate the work therapists do to help our children and teach us ways to care for our child. This is empowering and I would encourage every mother to never give up."

Damaris, a 3 year old girl from Thika, Makongeni was also able to achieve her standing milestone. Her speech also improved immensely with her parents being happy with the progress.

As at Jan 31st 2021, Despite COVID-19 in 2020 , we had 5 more children coming to the centre for therapy bringing the total to 65 children and 5 more empowered parents.

We have put measures in place to ensure safety of our children. This is because continuous therapy is important to prevent regression.

2021 STRATEGY

As an Organization, we realize the importance of working with the community leaders to ensure inclusion of children with disabilities. We have therefore embarked on outreach programs to achieve the below objectives.

Our Objective:

1. To raise awareness and advocate for the rights of children with disabilities

We work with the community to create awareness on cerebral Palsy and why Early Intervention is Important and the key to a child achieving their fullest potential

2. To continue empowering children with disabilities, their mothers and families through participation, awareness raising and capacity building.

We envision the role of mothers as an added value to the rehabilitation process of their children with disabilities. We train the mother to be the “in-house shadow therapist” for her child, the one who applies the exercises learnt once she returns back home.

Also no two children with Cerebral Palsy are the same so their development depends on severity of brain damage.

3. To provide habilitation and rehabilitation services to children with disabilities aged 0-8 years

Our main focus is very young children with Cerebral Palsy. We provide physiotherapy and occupational therapy. This helps in gaining of motor skills, speech, communication and Sensory integration

APPRECIATION

As an Organization, we would like to recognize and appreciate:

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Our Donors

Early Milestones Team