

CHAIRMANS REPORT

Mark Twain said that the only person who enjoys change is a baby with a wet nappy! People may not appreciate it but if we resist we do so at our detriment. Seasons come and go and we must adapt, move on and trust that with God's grace the story gets better and better. Karen Brokensha, our Marketing and Fundraising Coordinator, who served us so fervently for 5 and a half years, felt her season had come to an end, and as unsettling as this can be, we have been blessed with a gift in Melissa Leslie. A woman with a strong financial background, an ease in relationship building and a heart for the underprivileged, she has a unique combination of skills that gives me great hope for our future.

D.L Moody said that if God be your partner then let your plans be big. iThemba Lethu has always prided itself on doing the small things well with the development of a model that others could replicate. It is with great pride that we have always shared what we have. The need in our immediate neighborhood means that we must also dream big and it would seem that we have a growing capacity to increase our sphere of influence.

I would like to take this opportunity to thank the many financial partners, in kind donors, volunteers and community ambassadors who believe in us and support the work we do, the incredible people who serve at iThemba Lethu on a daily basis. And to our members - the eldership of Glenridge Church and my fellow executive board members who sacrifice their time and energy to pray and input their gifts into serving this special organization.

Mark Slaughter

OPERATIONS REPORT

Dear Friends,

This year has ebbed and flowed, with many challenges and some amazing highlights. Our house parents Ethan and Roxie, moved to Johannesburg, due to Ethan finding employment there. However, they did not leave empty handed but with a set of twins, who they adopted.

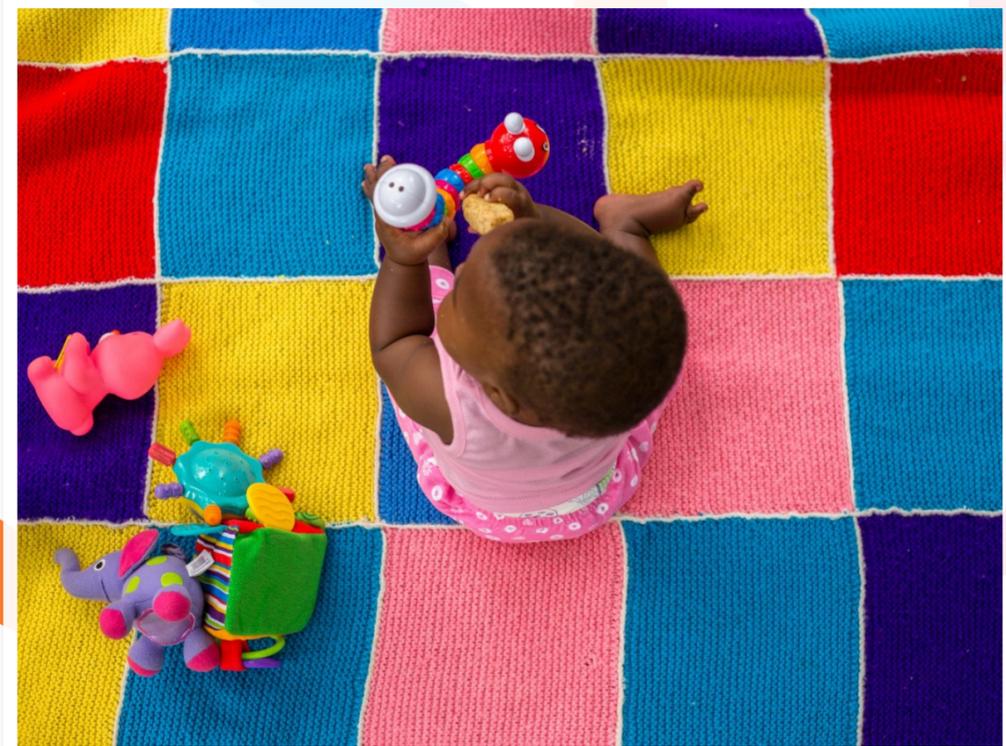
A momentous event took place in April when a set of siblings were repatriated to Nigeria to live with their biological family.

We welcomed new house parents Cyril and Sizakele into the iThemba Lethu family later in the year. Our HIV Prevention Programme continues in the community of Cato Manor, working in 7 schools, across 10 grades, reaching over 2300 students. This takes place in class, weekly youth clubs, holiday clubs and satellite activities i.e. hockey, soccer, cricket, girls clubs and sailing. Our partnership with Sail Africa has proved to be a game changer for Sifundo, a Mayville Secondary student on the Learn to Sail programme. He has been awarded a scholarship to attend Lawhill Maritime School in 2019 for grade 10 – 12. He joined Owami from Wiggins Secondary who just completed her first year and is excelling. We hope that we will be able to expand our work to more grades and all the schools in Cato Manor in the near future.

The sudden passing of our Youth Team Leader, Zama Gumede, came as a shock to us all and left us devastated. Zama, a mother of four, was a wonderful, caring leader and is sorely missed. The impact of our programmes is directly related to the people who work with our beneficiaries and so a big thank you to all our staff without whom this work would not be possible. We are most grateful to all our partners. There is power in partnership!

I conclude with these words by Dr Martin Luther King, Jr. "Life's most persistent and urgent question is, 'What are you doing for others?'" We continue onwards and upwards.

Craig Bouchier



ANNUAL REPORT

JANUARY - DECEMBER 2018

iThemba
Lethu | i have a destiny

Investing in Children Threatened by HIV/AIDS

NPO Number: 014 699 NPO

Physical Address:
26 Archer Crescent, Manor Gardens, Durban

Postal Address:
PO Box 41138, Rossburgh, 4072,
KwaZulu-Natal, South Africa

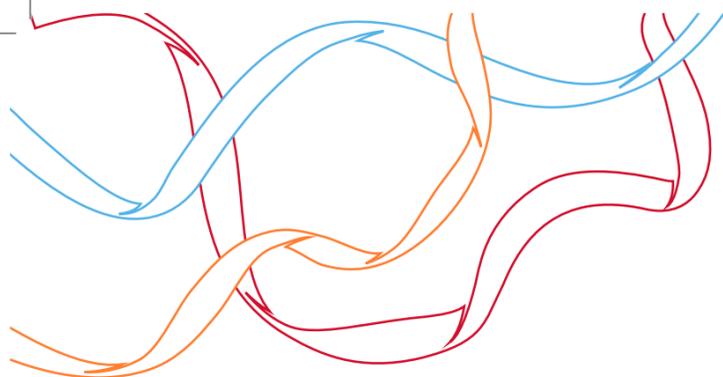
Community Office:
1 Grammar Rd, Mayville Library Complex, Cato Manor

Registration details:
Non-Profit Registration: 014-699 NPO
Public Benefit Number: 13 00 00 725
Vat Registration: 4210213650

Contact details:
Tel: +27 (0) 31 261 7723
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HIV Prevention Programme

HIV PREVENTION PROGRAMME - LEARNERS

18 Youth Workers equipped to impact and influence 2,366 youth in 7 schools in Cato Manor, Peri Urban Community, in Durban with life skills education.

This was the 10th 5 year cycle of HIV Prevention Programme from Grade 5 – 9 with pre-adolescent youth since 2001.

1,149 males & 1,217 females engaged in:

- weekly class sessions
- afternoon youth clubs
- bi-annual holiday clubs
- one on one meetings
- peer leadership events

PARTNERS

Thank-you to these partners who served to strengthen and unify community projects:

- FRESH BOX - Cato Crest Primary School learners benefitted from regular fruit and veg deliveries.
- EDGE SCHOOLS LEADERSHIP DEVELOPMENT – 350 learners engaged in a Peer to Peer Leadership Development Programme to enhance their influence and impact within their community.
- GIRL'S CLUBS – in partnership with the Cato Manor Area Based Management, 20 female youth role models were taken on a camp and equipped with knowledge, support and encouragement to empower their community sisters and mothers.
- SAIL AFRICA – 1 male youth received a full bursary to complete his Grade 10 -12 at the Lawhill Maritime School in Simonstown.
- IN CONTACT – successful role out of 11 mobile devices to all youth and parent workers to enable them to collate beneficiary data with increased efficiency and accuracy.

HIV PREVENTION PROGRAMME – CAREGIVERS

508 Home visits to listen to and learn about needs of the families and to refer community support services .

126 Parents/caregivers received counselling throughout the year.

158 Women were involved in Self Help Groups to build fellowship, community support, small businesses, financial independence and time management.

409 Parents/caregivers attended the 6 parent workshops
90% Women & 10% Men

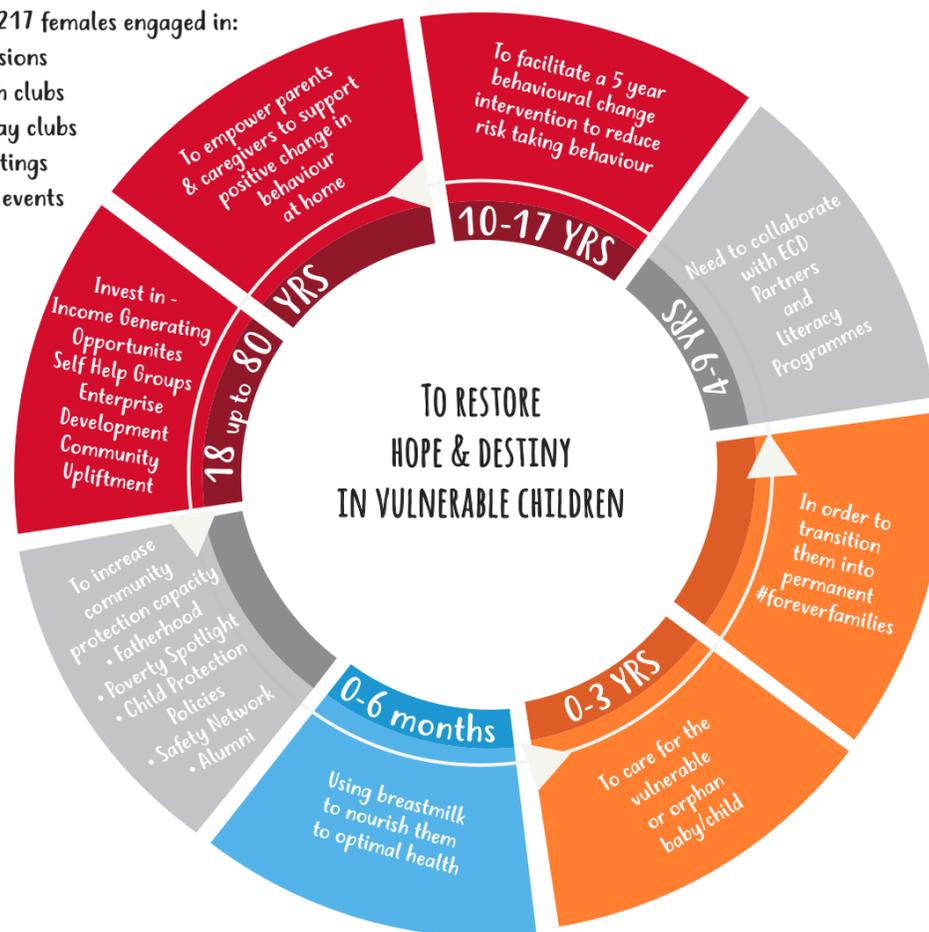
PARTNERS

Thank-you to these organizations for partnering with us:

- Sinamandla Self Help Groups
- R.A.U.F – Rehab Center
- Hope World Wide – Early Child Hood
- DramaID – Parenting/ HIV Programme
- DSD – Department of Social Development
- SAPS - Child Protection Unit

Focus areas for 2019

- Strengthen monitoring and evaluation systems
- Pilot fatherhood workshops
- Invest in our HIV prevention programme Alumni group



Family Integration Programme

15 vulnerable/abandoned babies & children loved and cared for in 2018, in the two transition homes in Manor Gardens, Durban



7 little boys

8 little girls



10 LIVES CHANGED:

- ♥ 2 children, sisters were relocated to an alternative children's home in Durban.
- ♥ 2 children, brother and sister were reunited with family in Nigeria.
- ♥ 2 toddlers, brother and sister were adopted by previous house parents Roxie and Ethan van der Linde.
- ♥ 4 toddlers - 2 boys and 2 girls were adopted.



Thank you to all our donors and financial partners. We value your support. Please see our website for a complete list.

FINANCIALS 2018	R '000s			
	HIV	FIP	BMB	TOTAL
Income	2 744	1 526	1 033	5 303
Expenses	2 690	1 155	594	4 439
Surplus*	54	371	439	864

*transferred to sustainability reserves

Audited Financial Statements available on request, please email accounts@ithembalethu.org.za

Breastmilk Bank

Every Drop Counts



No. of litres collected: 309
 Number of donor moms: 41
 Number of babies fed at iTL: 4
 Number of litres consumed: 474

(including USA milk from 2017/2018)

- Hospitals in Durban which benefited:
- Addington Hospital NICU
 - Alberlito Hospital NICU
 - Crompton Hospital NICU
 - Ethekewini Hospital NICU
 - RK Khan Hospital NICU
 - The Bay Hospital NICU
 - Westville Hospital NICU

- Other baby homes in Durban which benefited:
- Fairhavens Baby Home
 - Holah House
 - Hope House
 - Isaiah 54
 - La Lucia Baby Home
 - The Baby Home Durban North
 - Westville Baby Home

Thank you to following partners for your contribution to this programme:

- International Breast Milk Project
- Quick International Courier
- Etlin International (Pty) Ltd