



**Therapies
Unite**

OUR IMPACT



May 2020

ABOUT US

Our Mission:

To improve the well-being, independence, integration and inclusion of people with disabilities living in Mexico.

- Established in 2010
- Small UK registered Charity
- Working with children and adults with physical and or mental disabilities in Puerto Vallarta, Mexico



RECOGNISING THE NEED

- An estimated 9.17 million people live with a disability in Mexico, 7.5% of the population
- Only 15% of people with a disability are receiving secondary education
- 47.2% are employed
- 45% live in poverty
- Awareness of disability rights is low among both people with and without disabilities

RECOGNISING THE NEED

- Minimal state funding for therapy and equipment for disabled people
- No National Health Service
- Poor access to medical and rehabilitation services
- Lack of services/support often leads to terrible consequences for the individual and their family



OUR APPROACH

EDUCATION • SPECIALIST TRAINING • EQUIPMENT
•
ONGOING SUPPORT

ESTABLISHING
NEW
SERVICES

DEVELOPMENT
OF EXISTING
SERVICES

LONG LASTING CHANGES

OUR KEY PRINCIPLES

Education: Therapies Unite aims to provide education at the appropriate level for its service users. This is one of the key principals to enabling long term changes. In addition to providing education for the service users, Therapies Unite is committed to educating the local community about disabilities helping to reduce prejudice and promote integration into society.

Empowerment: Therapies Unite aims to empower families, care givers and healthcare professionals to enable them to enhance the level of care they can provide and have improved knowledge and confidence to develop their skill levels.

Accessibility: This relates to being aware of what services are available locally for people with disabilities. In addition it relates to the physical and mental barriers that exist for the disabled community in accessing the services they require. Therapies Unite aims to reduce these barriers and have a central hub where people can access information about local services that are available to them.

Inspire: Therapies Unite wants to inspire change in the attitude towards and provision of services for people with disabilities within the local community. In addition we want to inspire families, students and healthcare professionals to learn more about disabilities and to think about ways they can make positive changes for people with disabilities within their community.

Inclusion: Therapies Unite believes that no one should be excluded based on their physical or mental ability level. We believe that access to rehabilitation and in particular community based activities and sports groups should be open to everyone. Therapies Unite will commit to supporting the development of such groups.

Long lasting change: This is a key aspect underpinning all of our principals. Therapies Unite strives to achieve positive changes that are long lasting and sustainable by the local community.

KEY ACHIEVEMENTS SINCE 2010



2 core programmes established: Posture Care and Aquatic Rehab



5 shipping containers of specialist equipment donated to communities in need



22 physiotherapy student placements in collaboration with Keele University



26 UK volunteers supporting us on location over the years

KEY ACHIEVEMENTS SINCE 2010



4 UK Specialist Volunteers recruited to run training programs



16 free courses for local people, covering 5 core areas



500+ local people trained



5 specialist courses funded to upskill our team in Mexico



8 children with disabilities taught how to swim

OUR TEAM

Management team



Victoria Pauling
Trustee & Chair



Laura Brown de Rodriguez
Founder and Director



Eric Brown
Trustee & Treasurer



Anthony Spencer
Trustee



David Marklew
Trustee

Puerto Vallarta, Mexico team



Nadia Ramirez
Director of Projects



Oscar Puga Cruz
Head Technician



Usiel Valladares
Technician



Laura Arce
Physiotherapist



Mariano Perez
Aquatic Therapist

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UK Registered Charity Number: 1177224