# STEP OUT OF POVERTY THROUGH ENCOURAGEMENT, EDUCATION AND SUPPORT



hope for a better future

Our mission is to create an environment where the beneficiaries involved will have the opportunity to develop to their fullest potential. This environment is one where we believe in accountability, restoring dignity and providing a place where they can live out their dreams without being overly dependent on others. We want to serve the beneficiaries in such a way that creates sustainable change for the future without over-reliance on others.





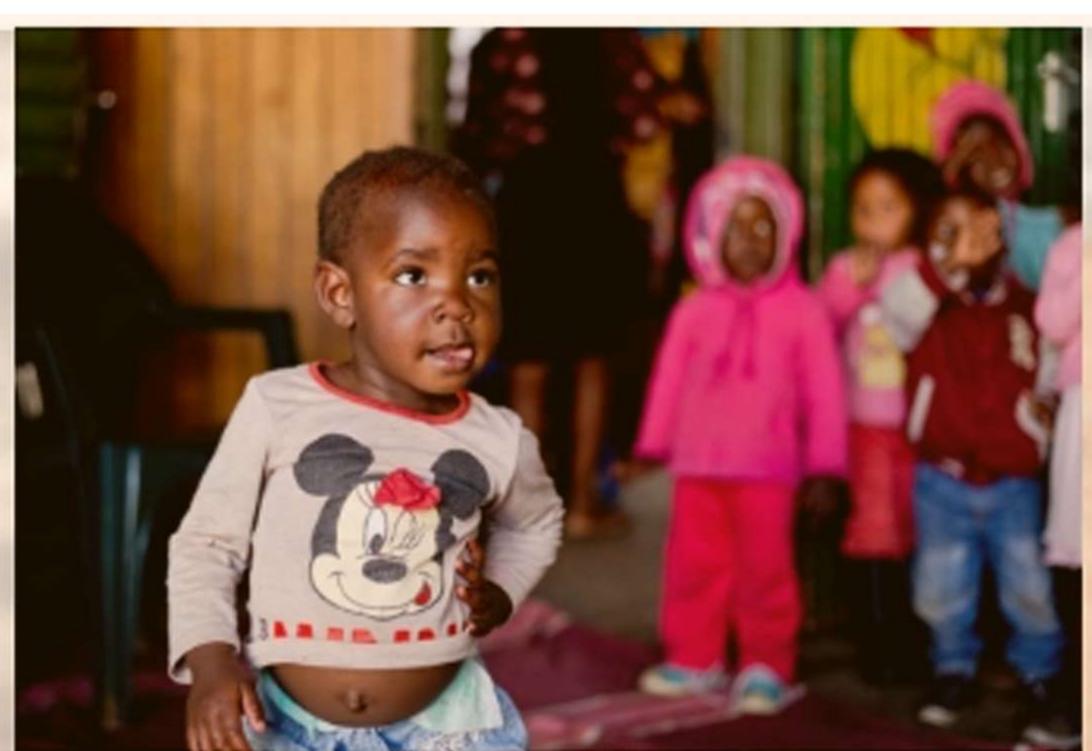
### **OUR INVOLVEMENT**

±1700 children (0-6 years old)

± 80 teachers

25 informal pre-schools
Situated in Okuryangava, Havana, Hakahana,
Otjomuise, Greenwell Matongo and Katatura







### BACKGROUND

S.P.E.S Charity (an incorporated association not for gain as stated in Article 21) was established in December 2011. The initiative originated almost 10 years earlier through the Windhoek Life Change Centre in 2001.

This charity operates under a board of directors which includes four principals from S.P.E.S schools. We have a team working on the ground consisting of 3 permanent staff members and 5 part-time staff members. As we highly value our teacher's input and rely on their help to a great extent, we have nominated leaders from our group of teachers to help our team when working with individual schools.

Our program is built on accountability and transparency. Therefore we run an annual process where each school needs to re-apply and also provide opportunity for new schools to apply for the first time.

Once they are approved S.P.E.S schools, we commit to support them and also keep them accountable to our SPES Charity Pre-school Standards. (This includes amongst others, the government ordained standards and regulations as well as child protection policies.) Regular visits, evaluation and mentorship takes place to support and help the teachers.

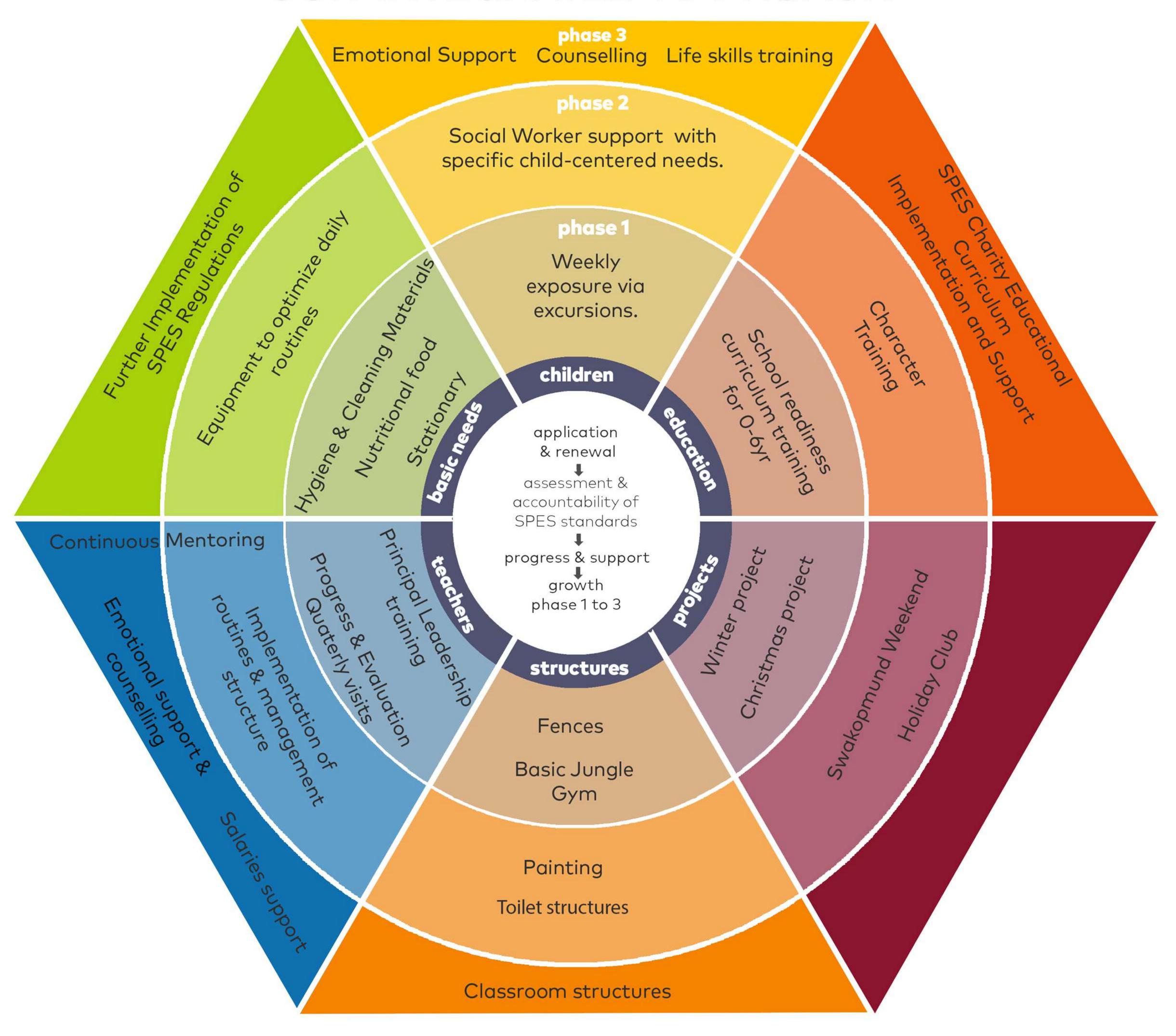
We further ensure sponsorships are used for the intended purpose. Our management group in return provide our donors with quarterly reports, feedback and marketing material to follow through on our transparency policy. PWC Namibia are our appointed auditors.

# VALUES & APPROACH

approach

our values and RESPONSIBILITY are build INTEGRITY TRANSPARENCY CONSISTENCY SECURE RELATIONSHIPS

### OUR INTEGRATED APPROACH



# INTEGRATED APPROACH

### **BASIC NEEDS**

We provide four tons of food to the pre-schools every month, including dry food, fruit, vegetables and proteins. Through our food program we can ensure that the children receive one healthy meal per day. To promote responsible parenting and sustainability we still expect the parents to provide other daily meals. We also provide stationary and teaching aids to the pre-schools for all educational needs. As a stepping stone we provide certain equipment to optimize daily routines. The pre-schools are furthermore provided with cleaning materials to help them keep the pre-schools clean and hygienic.

#### success stories:

Meal plans were developed by a registered dietician. Our food program provides around 1700 children with access to a healthy meal each day.

Children are more receptive to learning because they receive nutritional food.

### CHILDREN

We create opportunities of growth and exposure for the children outside their normal circumstances and routines. The aim is to encourage them to dream and reach their full potential. This includes weekly outings with the children to nurseries, restaurants, the zoo and other exposure opportunities.

Through our involvement we also attend to the children's emotional, physical, social and health needs. Our social worker on our team specifically focuses on addressing these needs.

#### success stories:

Many of our children have never been out of their immediate community at the age of 6. On outings it is their first time to drive in a car or see another part of town.

The children are amazed to see that the things they learn in their books are real. Statements like "Teacher, you did not tell me fish are NOT made of paper!" clearly show their amazement.







### **EDUCATION**

Through training, the teachers help the children in their care to receive a better education and learn, grow and have a chance for a better future. They are committed to teaching them in the light of God's purpose and love for them.

Our educational programs include: Character Transformation training (Biblical based values), School readiness curriculum training (0-6 years)

#### success stories:

Feedback from an Educational Psychologist in 2015 who assessed one of our educational programs being implemented since 2014 at four of the schools, showed positive growth in areas of cognitive development, IQ, auditory, perception, visual perception and "draw-a-person."

Teachers received positive feedback from primary schools regarding the quality of education at the pre-schools, thus making it easier for children to receive placement in grade 1.

We are busy writing our own school readiness program for children 0-6 years.

### **TEACHERS**

Our program involves mentorship and training to promote personal growth of the teachers. Through personal interaction and training on different levels we help the teachers reach their individual potential.

Continuous visits, evaluation and mentorship takes place to support and help the teachers implement the training received.

Training and mentoring includes:

- -First Aid training
- -Financial training
- -Leadership training
- -Identifying abuse and neglect

#### success stories:

Four of our principals are on our Board of Directors, playing a very valuable role.

Our core mentorship group, teachers showing great leadership potential, grew from 8 (2016) to 30 (2018). Through different training/mentoring events 295 teachers have expanded their knowledge since 2016.

## INTEGRATED APPROACH

### STRUCTURES

The school facilities are sometimes just a corrugated little house, with limited structural resources. We run building projects throughout the year to support different schools with their structural needs, including building classrooms, ablution facilities, basic jungle gym or supplying tables and chairs for the children. We promote sustainability through expecting the teachers to participate in getting the job done. In return, this encourages ownership and responsibility.

#### success stories:

During 2017-18 we have built four classrooms, one fence and one wall. We restored three jungle gyms and repainted two schools

The majority of our schools do not have running water or electricity, but still they provide the children with healthy meals, a clean and tidy environment and a proper education.

Building projects help schools to accommodate more children with a better education.

### **PROJECTS**

Throughout the year we run different seasonal projects based on the needs identified through our involvement at the pre-schools.

These projects also give the children the opportunity to feel special and loved.

These include: Winter project (Giving a blanket or warm clothing to every child), Holiday Club (A week filled with child-centered activities), First time sea experience (Taking one pre-school to Swakopmund) and Christmas Gifts and/or Party at the end of the year.

#### success stories:

Every year we witness children and teachers seeing the ocean for the first time. For some the warm clothes provided by SPES Charity is the only pair of clothes they will have for the whole winter.

Local companies and organisations are involved in sponsoring and distributing the goods of our seasonal projects and thereby creating a culture of caring.



### EMOTIONAL & MEDICAL

Growing up in disadvantaged circumstances unfortunately gives way to emotional challenges such as abuse, neglect and other psychological issues. Our heart and dream is to be more involved on this level, to support and help the children and the teachers to receive counseling and healing. This will help them to build resilience regardless of their difficult circumstances. Healthy emotional development is vital to sustainable change and growth.

#### success stories:

We have formed relationships with speech therapists, dentists and optometrists who take our hands in helping children and teachers.

Two four-year-old girls received glasses in 2018. Both had such bad eyesight that it hindered their everyday life. They are now seeing clearly for the first time in their life. Thanks to regular speech therapy a little boy was able to attend a main-stream school for grade 1 in 2019. His initial diagnoses indicated that he needed to attend a special needs school.

### LIFE SKILLS

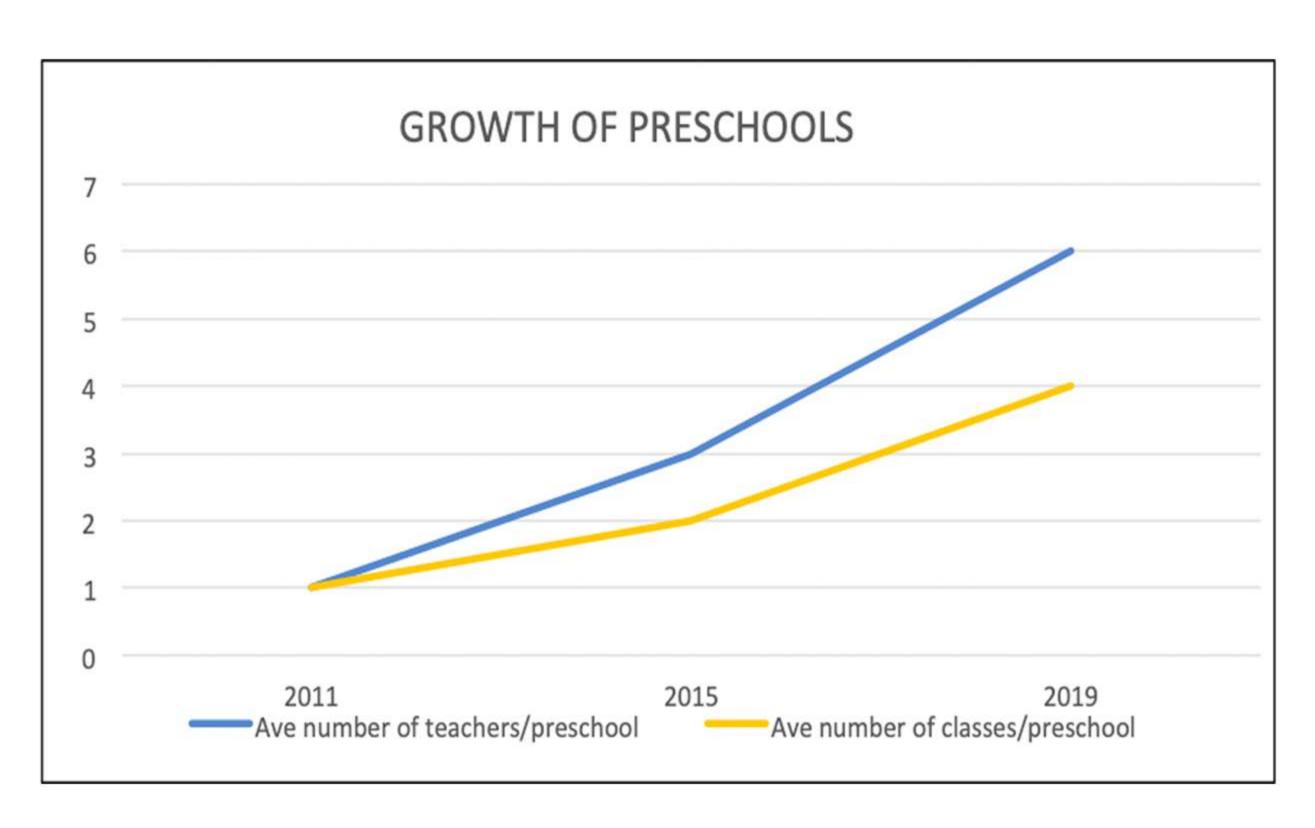
We believe that prevention is better than cure. We therefore believe in helping the kids develop good characters based on strong values and that this will help them grow into well balanced adults that can contribute to a better society. Our dream is to be involved on this level, planting seeds on fertile soil for strong trees to grow and make a positive impact.

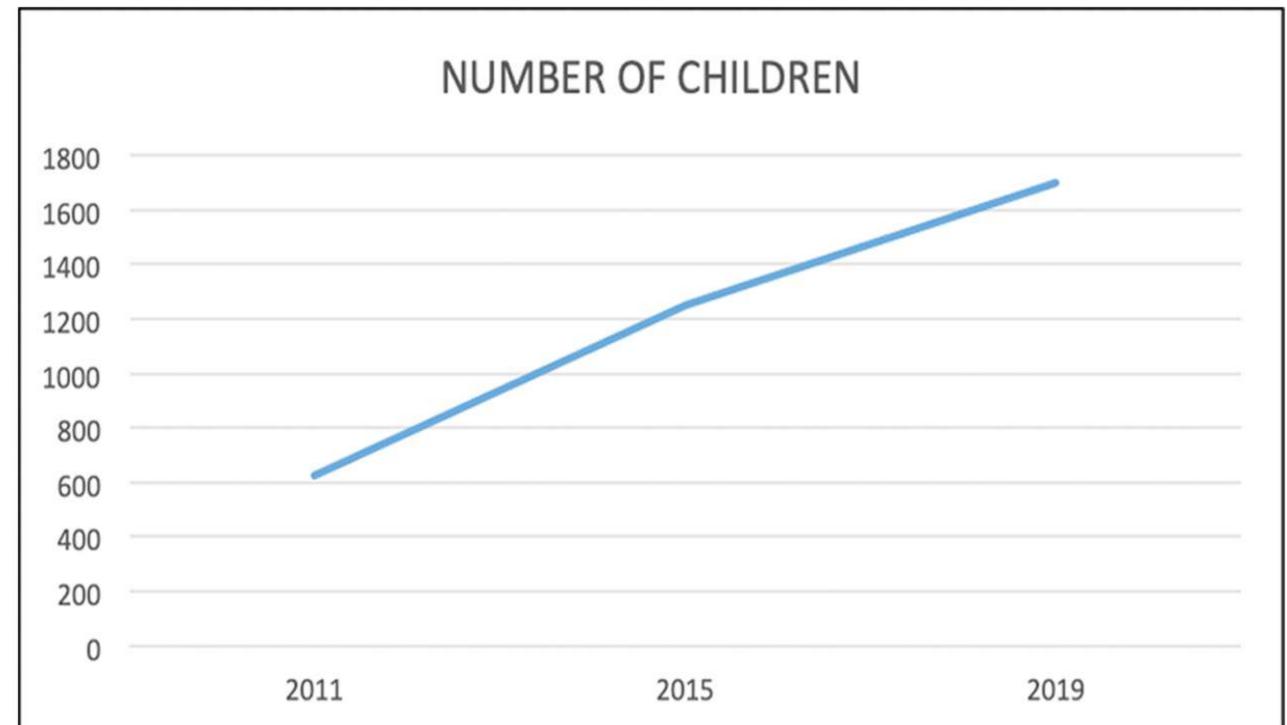
#### success stories:

"In 2003 I was a learner at Feed my Lambs, teacher Martha treated me as her own child with love and care. We were as brothers and sisters. My personal foundation started here because everything has a beginning and now I am a science student at NUST. Thanks to teacher Martha whom laid a firm foundation." -Charmaine-

# GROWTH



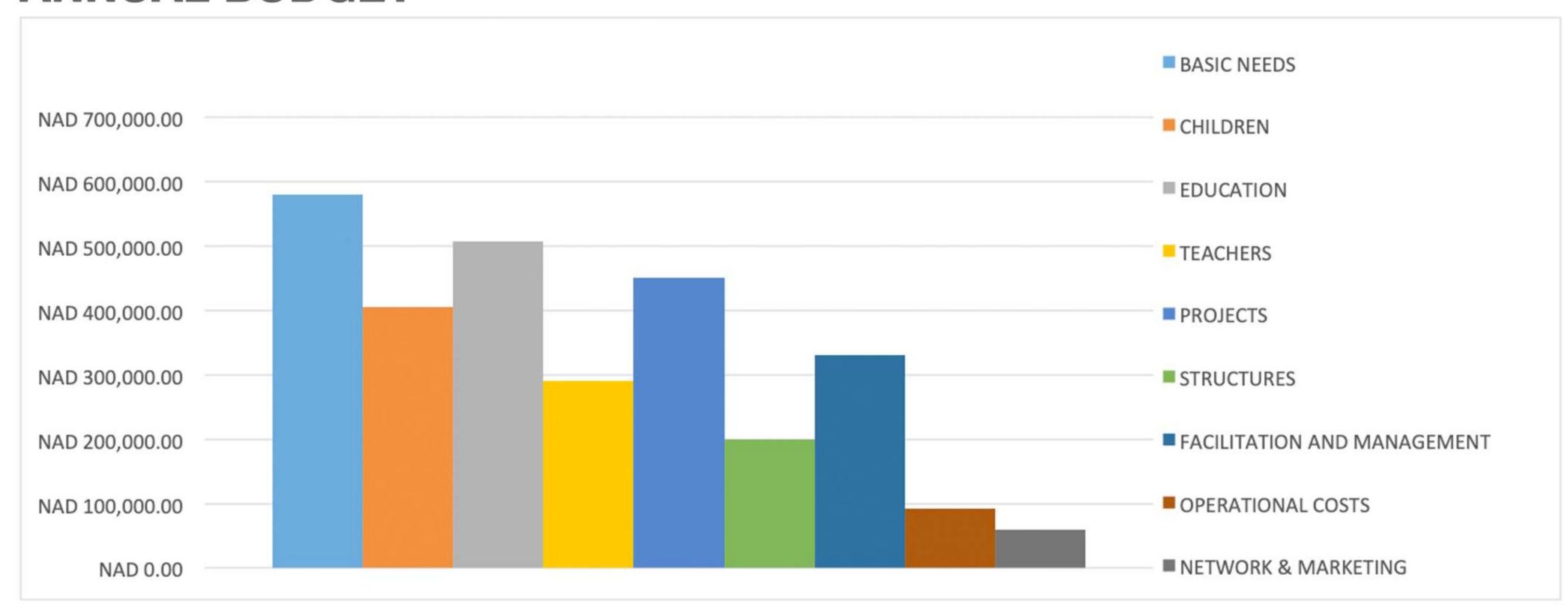




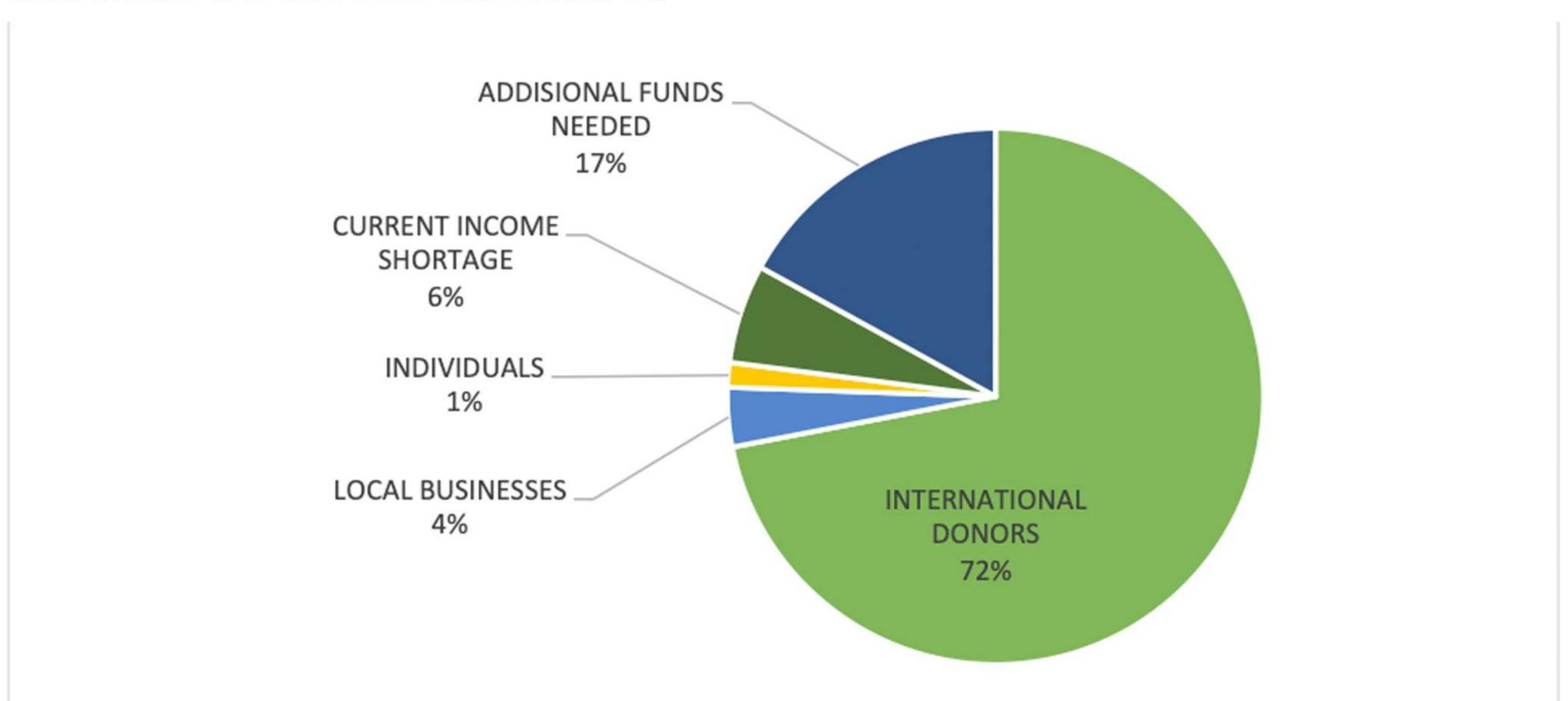


# THE NUMBERS

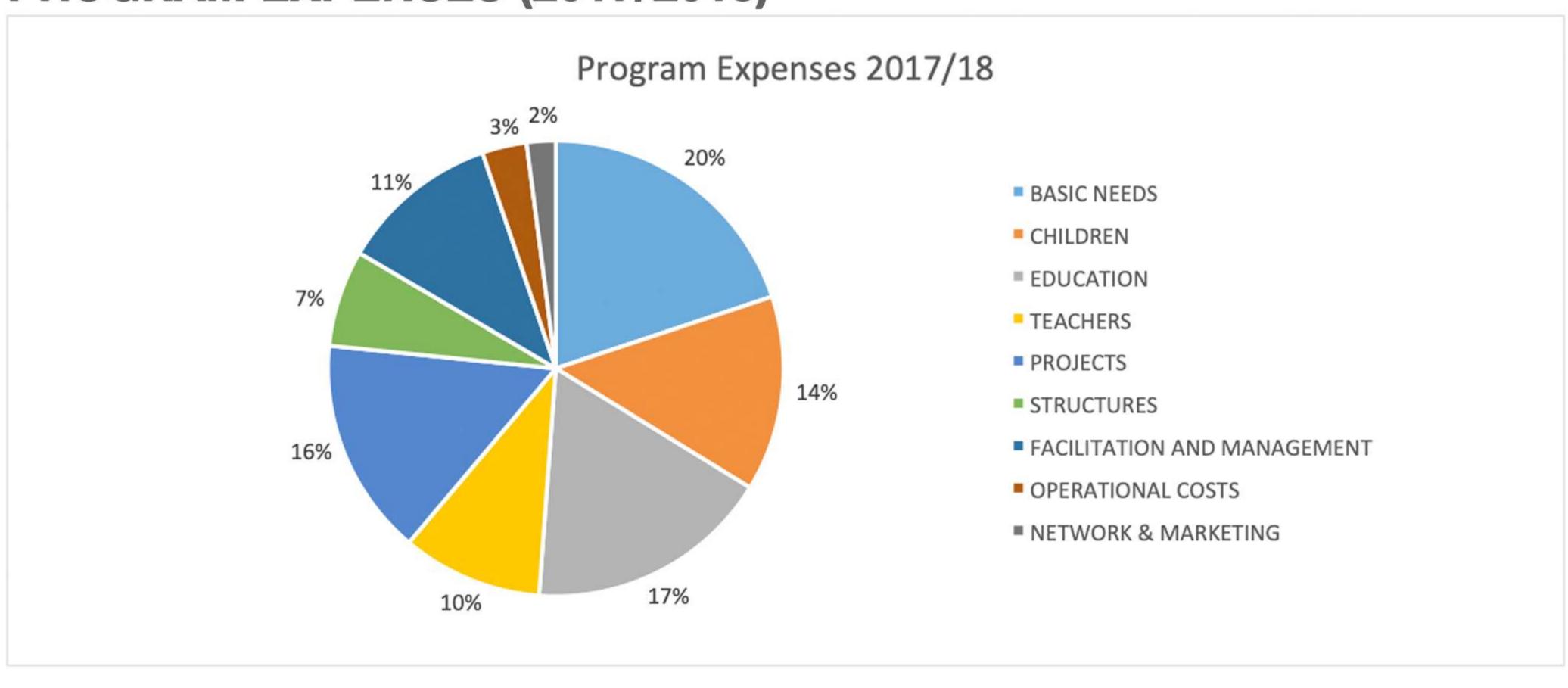
### **ANNUAL BUDGET**



### **INCOME SOURCES 2017/2018**



### **PROGRAM EXPENSES (2017/2018)**



### CONTACT US

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## BOARD MEMBERS

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ESTER NGHIIMBWASHA - PRINCIPAL OF PATRICK IYAMBO PRE-SCHOOL
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